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giveaway**

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Jessica Mulhall (centre) with a QPD officer and foreign seafarers.



Volunteer Greg Bray with a gift box for visiting seafarers.

Ready to help

By Jamie McKenzie

Gladstone Seafarers Centre stands ready to help if a logging ship due to dock in Gladstone Port in mid-March is left stranded without a local quarantine facility for seafarers to come to shore. The ship requires all people onboard to disembark so the boat can be loaded with timber and fumigated. Over three days, poisonous gas will be pumped into the ship to kill any bugs in the timber onboard.

Regional harbourmaster John Fallon warned there would be nowhere to put the sailors unless accommodation was organised soon. However, a solution is expected, and

Maritime Safety Queensland general manager Angus Mitchell said the body was working on a possible quarantine site with Queensland Health and the Queensland Police Service.

"The Gladstone Seafarers Centre stands ready for whatever eventuates," he said.

Gladstone Seafarers Centre is a locally run Human Rights and Welfare charity servicing the Port of Gladstone.

With its connections to Mission to Seafarers and through its worldwide association of chaplains, staff and volunteers, it meets the physical, emotional and spiritual needs of seafarers regardless of their nationality or faith.

Gladstone Seafarer Centre general manager Jess Mulhall said the centre reached out to seafarers by visiting them on their ships and by welcoming them to the local seafarers' centre where they could do some shopping, contact home or just simply relax away from the work pressures of the ship.

"Of the over one million seafarers around the world approximately 400,000 are now having to work past the end of their contracts due to Covid travel restrictions," she said.

"Those vessels that visit the port of Gladstone are some of the lucky ones. Through the support of the Gladstone Seafarers Centre's

welfare packages program sponsored by Rio Tinto all crews receive a gift whilst they're in Gladstone. A gift of hygiene items, snacks and chocolates and something to encourage the crew to interact and play together in hopes of stimulating their mental health after such a long period of time at sea.

"In addition to this, in an Australian first, WIFI is being made available to vessels within the Gladstone Anchorage area with the launch of the new WIFI device on March 2nd. A collaboration of Maritime Safety Queensland, Insite People and Technology, The Gladstone Seafarers Centre and the Gladstone Ports Corporation."

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WEATHER




TODAY
Partly cloudy
23° - 29°




FRIDAY
Mostly sunny
23° - 29°




MONDAY
Possible thunderstorm
22° - 30°




SATURDAY
Sunny
24° - 30°



TUESDAY
Possible thunderstorm
22° - 27°



SUNDAY
Sunny
23° - 31°



WEDNESDAY
Possible thunderstorm
22° - 28°

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GRC's lucky apprentice and trainee intake crew for 2021.

Apprentices get the nod

By Jamie McKenzie

In a tight labour market, it's encouraging to see there are still opportunities for youth and mature jobs for highly sort after trades and professions in our local Gladstone economy.

Just this week Gladstone Regional Council (GRC) put 16 new apprentices and trainees through their paces as part of its 2021 intake in a highly competitive job market.

Council's 2021 apprentices and trainee intake has been assisted by the First Start program under the Skilling Queenslanders for Work initiative.

First Start provides wage subsidies to local councils and community-based organisations to employ additional trainees.

The program offers opportunities to young people and disadvantaged job seekers to gain nationally recognised qualifications and 12 months employment by undertaking a traineeship.

Mayor Burnett said the 2021 intake covered several business units including community.

Development and events, finance governance and risk, operations, customer experience and people culture and safety were areas of expansion.

"The 2021 intake covers a variety of roles and includes 12 business trainees, two horticulture trainees, a live production trainee and event trainee," Cr Burnett said.

"Council takes pride in helping facilitate the upskilling of the hard-working people in our region across a diverse range of roles at a variety of locations.

"I'd like to thank everyone who took the time to apply and wish the successful applicants the best of luck on their GRC journey."

Visit www.gladstone.qld.gov.au/jobs-council to find out further information on how to apply for available positions within Gladstone Regional Council.

Exhibition 100 years strong

By Jamie McKenzie

A powerful new exhibition is now on display at Gladstone Regional Art Gallery & Museum (GRAGM) with an opportunity available to attend a formal exhibition opening next week.

Women: A Century of Change is a photography exhibition celebrating the publication of a new book from National Geographic.

On display now until May 22, the exhibition features stunning images and powerful profiles documenting the changing roles of women around the globe through the lens of National Geographic's world-class image archive.

A formal exhibition opening will take place on Friday, 12 March from 6pm-7.30pm and is open to the public.

Patrons will see a glimpse of women through time, covering topics such as how women have been perceived, how they have been treated, how much power they have had or did not have, how they have faced challenges and how they have filled their days from the turn of the 20th century to the present.

Gladstone Region Councillor Natalia Muszkat said Women: A Century of Change explores the challenges and triumphs women may find in the future, as well as those they have experienced in the past.

"This exhibition delves deep into the archives to illuminate the inspirational, moving, and extraordinary stories of women who have pushed boundaries, overcome adversity and carved new pathways for themselves and others," Councillor Muszkat said.

"In the exhibition you'll encounter the stories and portraits of several accomplished and insightful women, including some of National Geographic's own women of impact.

"There will be a limited number of copies of the new book from National Geographic available for purchase in the exhibition.

"Patrons who attend the formal opening can also explore the exhibition in a different way via an interpretative exploration through the exhibition."

Women: A Century of Change is organised and travelled by the National Geographic Society.

CQToday

The editor's desk

Autumn is upon us

Autumn is my favourite season in Gladstone. Not only does it start to cool down a bit, but the sun doesn't rudely awaken me at 4.30am anymore. That means the birds aren't squawking at an unsavoury hour making one feel guilty for not being up and enjoying the sunrise when there's still four hours to go before you need to head off to work.

Also on the upside is Gladstone Easter and the Harbour Festival. Two of my favourite events of the year compacted into one four-day weekend.

Autumn in Australia begins on March 1 and lasts until May 31, marking when the days begin to shorten as it cools towards winter.

Our Australian seasons have been simplified by starting each season on the first day of each season's starting month. So, summer begins on December 1, autumn on March 1, winter on June 1, and spring on September 1.

Whatever the rationale behind how the seasons begin and end in Australia, simply think of the Australian autumn as the months of March, April, and May.

Daylight saving time ends on the first Sunday in April in the Australian Capital Territory, New South Wales, South Australia, Tasmania, and Victoria. The Northern Territory and the states of Queensland and Western Australia do not observe daylight saving time.

Autumn is a cracker for public holidays and great events. It's like someone had some forethought and wanted to ease us back into work life from summer.

We've just seen International Women's Day celebrated and we're now expecting a big turnout for Parks Week kicking off at Toondoon Gardens.

We'll celebrate Neighbour Day at the Neighbourhood Centre, then there's the Rotary Charity Markets at Toondoon Gardens and Eat Street on the Field at Boyne Island – a monthly market and festival.

This is just a few things coming up on the calendar and for more information on details of Autumn events go to <https://www.gladstone.qld.gov.au/news/article/180/autumn-events-guide-available-online-now>.

- Jamie McKenzie



Worker walk-offs

By Matthew Pearce

Rockhampton business owners have spoken out about their difficulties finding and retaining staff, saying it's a problem affecting many nationwide.

Doblo's Fruit Market owner Dominic Doblo said his business had faced issues for the past six months.

"You'll hire someone and they just won't show up on their first day," he said.

"I haven't got a clue what the problem is, but if you come in for a job interview and you're given a job, you should at least turn up and give it a go. No-one's being forced to the interview."

Mr Doblo said people who were 'no-shows' should be penalised.

"I think there should be national register that employers can ring and say, 'this person agreed to a job but never showed'," he said.

"They should be investigated as to the reason why they never turned up and should lose their payments until they've given a sufficient answer."

The long-time business owner said he'd also had trouble finding a skilled florist to work at the market.

"There are too many people on JobSeeker making too much money," he said.

"I asked a couple of florists that I know in Sydney if they knew of any people who wanted a job in Rocky, or even a working holiday for a few months, but they said they couldn't find florists themselves.

"This is a problem across the country. I've been at the wholesale fruit market in Sydney this week and they're having trouble getting workers as well."

CocoBrew Rockhampton owner Robin Adams said his problem wasn't finding staff, but finding staff that wanted to commit long-term.

"It's difficult to find people that see hospitality as a career, most people see it as a stopgap. And that's something I totally understand," he said.

"But its also hard to get experience without getting a go as well, it's a difficult trade to be in."

Mr Adams said there was no 'university de-



CocoBrew Rockhampton owner Robin Adams says his business has difficulty retaining staff long term.

gree' for people who wanted to be a barista.

"It's a job that takes a lot of time and a lot of care, it's a trade in its own right and there should be some sort of trade recognition."

Capricornia Chamber of Commerce president Phil Henry said employers' difficulty finding workers could be traced to JobSeeker payments and, on the higher end, a lack of skills training.

"The lack of skilled workers is an issue that's Australia wide, although the skills demand here may be a little higher than elsewhere, simply because we have a lot of projects on the go," he said.

"Agriculture going quite well, as is mining in the Bowen basin where there's a lot more exploration going on and the output is up. But the big one is infrastructure and construction projects, that's where all the real skills gaps are at the moment," he said.

Mr Henry said generous JobSeeker payments had 'undoubtedly' made some people less likely to take lower paid jobs.

"This is particularly the case with casuals in the hospitality area. Cafes and restaurants around the region have been screaming out for chefs and wait staff," he said.

"To a lesser extent, it's also true of other lower paid jobs as well, where somebody simply makes an informed decision that 'I'm getting more out of JobSeeker than I'm getting by being at work'."

He said the end of Covid benefits to businesses would also pose challenges.

"We don't really know how it's going to work out when things like JobKeeper end because there's a definite risk to small businesses who may not be well capitalised," he said.

Mr Henry said CocoBrew's problem retaining staff was one that was endemic to the hospitality trade.

The JobKeeper wage subsidy is due to finish at the end of March. The JobSeeker rate will increase by \$50 a fortnight from April 1 after the Federal Government phases out its coronavirus supplement.

Lea Taylor passes on

By Duncan Evans

Former Rockhampton mayor Lea Taylor passed away early Saturday morning at the age of 66 following a battle with cancer.

His passing was announced by Shannon Butterworth, Mr Taylor's daughter, in a Facebook post published at 8.12am on the day.

Ms Butterworth wrote: "The Family of Lea Taylor wish to let all his Family and Friends know that he lost his battle with cancer and slipped away peacefully early hours of this morning, we will post information for his funeral when it has been arranged, Thank you regards Svetlana Taylor, Glenn Taylor, Ryan Taylor & Shannon Butterworth and Families."

Mr Taylor served as mayor from 1991 to 1997. Following his service at council, Mr Taylor was the managing director of Lea Taylor Pastoral, a real estate company specialising in rural properties.

Community leaders across the region have expressed their sorrow at the news and have offered up fond memories of Mr Taylor.

Local business guru Dick MacNevin served with Mr Taylor on council during the 1990s and spoke highly of Mr Taylor's service to the region in a telephone call with CQ Today.

"He'd do anything for anyone. He would really look after the people that were down and out a bit," he said.

"He did a good job in those years he was at the council. I think the council was probably better for the town in Lea's six years."

Mayor Tony Williams and Deputy Mayor Neil Fisher reflected on Mr Taylor's service on Monday and expressed their condolences to Mr Taylor's family and friends on behalf of Rockhampton Regional Council.

"Lea was a very passionate leader. He always wore his heart on his sleeve," Mayor Williams said.

"He was on Rockhampton city council from 1991 through to 1997 so he led the council through one of the major natural disasters that we had here, a flood in 1991. And Lea's legacy is still felt today through many of the projects and initiatives that he undertook while he was mayor."

Mayor Williams highlighted Mr Taylor's contribution to Rockhampton's underground infrastructure as one of his central achievements.

Deputy Mayor Fisher said Mr Taylor had a bigger-than-life personality.

"His passion for Rockhampton was something that was second-to-none," he said.

"And as a councillor and someone that had worked with him, he was always looking at what was in the best interests of Rockhampton."

Councillors held a minute's silence at their meeting on Tuesday to honour Mr Taylor's service to the community.

Mr Taylor was grandfather to ten grandchildren: Courtney, Taylor, Clayton, Grace, Cooper, Cruz, Cash, Chase, Tallis and Tatum.

A funeral service for Mr Taylor will be held at the Rockhampton Baptist Tabernacle Chapel at 650 Norman Road, North Rockhampton, on Friday, March 12, from 11 am.

Arrest: Alleged stabbing at Depot Hill

By Matthew Pearce

A Depot Hill woman has been taken into custody after allegedly slashing her neighbour's arm with a knife.

Detective Senior Sergeant Luke Peachey said the Rockhampton CIB were called to an Arthur Street address at 10pm Monday, March 9, where they found a man, 28, with a large laceration to his forearm.

A woman, 42, was taken into custody at her home and charged with one count of assault occasioning bodily harm whilst armed. The woman had suffered a head injury, al-

legedly from a brick.

Snr Sgt Peachey said the alleged incident, which occurred at the man's home, had resulted from an 'ongoing neighbourhood dispute that had been escalating for a while'.

Both parties were taken to Rockhampton Hospital for treatment.

Snr Sgt Peachey said the incident was 'very concerning' for police.

"People just need to take a breath and think about their actions, this is something that's spilled over from something that, we allege, was quite simple and has now ended

with somebody in court and possibly facing prison time," he said.

"Our advice to just take a breath, if you're facing a neighbourhood dispute call police or one of the other agencies out there that can support you," he said.

"The last thing we want to be doing is investigating an incident like this. There's a lot of other avenues to go down before you reach this sort of circumstance."

The woman was denied police bail and was due to appear in the Rockhampton Magistrates Court on Tuesday morning.

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Xtreme on weather radar

By Jamie McKenzie

Local engineering firm, Xtreme Engineering is amid completing a project that will help weather forecast technology by teaming with the Bureau of Meteor to deliver four massive new towers that will support the latest Doppler radar technology.

For the past five months Xtreme Engineering has been manufacturing four doppler radar towers for the Commonwealth Bureau of Meteorology.

The first of the four towers were transported to Xtreme Engineering's blasting and painting facility in Callemondah on Thursday 4 March.

The transportation was conducted in three individual trips with the assistance of local transport provider TRANZQIP, who will also

see the towers to their final destination.

Construction and installation of the towers will be completed in collaboration with several Gladstone-based industrial companies, engaged by Xtreme Engineering.

The towers will be blasted, painted and preassembled by Xtreme Engineering over the next few months.

Local electrical contractor I&C Electrical will fit the towers with their electronic components.

Once completed two towers will be transported to Greenvale and Taroom in Queensland and the remaining two towers transported to Perth and Dampier in Western Australia.

Once delivered they will be installed by Xtreme Engineering.



Radar towers under construction.

Setting the record straight

By Matthew Pearce

When she went to the city to attend university, Marmor's Laura Rutherford found herself challenging stereotypes of country people.

Laura is one of 12 rural women selected to attend the National Rural Women's Coalition's four-day Canberra Muster leadership Program on March 14-18.

The Canberra Muster brings rural women together to work toward strengthening rural communities.

And strengthening rural communities is something Laura hopes to do, through the power of social media.

"When my friend Julie Orr and I went to uni, we were told that we were too pretty to be from the bush, too smart to be from the bush. We were told that we're ruining the environment," she said.

"We thought, if social media's where the people are. then that's where we'll go."

With The Rural Conversation, a social media advocacy and education mission, the pair hope to combat the discrimination and misinformation they encountered being from the bush.

"People in the city don't realise the issues country people face and they're the majority of the vote," she said.

"I broke my finger when I was on holidays at Aramac and I just didn't get it fixed because I was four hours from the nearest doctor," she said.

"That's something that happens daily out in the bush."

She said the misconceptions people in the south-east corner had about those in the country were vast.

"Gender issues are a big thing in the city, but I've grown up on a property where everyone does the same amount of work," she said.

"People want to talk about how backwards

farming and agriculture is but it's literally a 50-50 industry."

Laura said mental health was a huge issue facing people in rural areas.

"You've got all these men working fly-in, fly-out who never see their families and you've got mental health being a huge burden with that," she said.

"But people in Brisbane have no idea about that; they vote for green energy and then jobs just shut down and whole families just lose out."

Laura posts regularly on Facebook, Instagram and TikTok about rural living, issues and some cute cow photos.

Eventually the goal is to become 'everything a good country chat should be', a source of information, a helping hand and a friendly pat on the back for everyone, from those on the land to those just interested in food, industry, education and healthcare.

"If you have questions, hit us up, we can put you in contact with the right people," she said.

"If there's rural kids that want to go to uni but don't know how to do that, we've been there, we can help them out, tell them where to go, what bursaries to apply for."

Laura likes to keep busy, working two jobs and studying at university as well as pole dancing and helping out the SES, the Rural Fire Brigade and RACQ Capricorn Helicopter Rescue.

"In Marmor, where I grew up, the Fire Levy says we've got 300 people in the town, but my dad and my mum were half of the fire brigade. The moment I turned 16 I joined because I thought, that's it, we need a fire brigade," she said.

"That's just something you do in the country."

Laura's ultimate goal is to become a small town physiotherapist and personal trainer with her own cattle property - all while continuing to serve the community.



Marmor's Laura Rutherford wants to challenge stereotypes of people on the land.



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Councillor Donna Kirkland (right), Mayor Williams (centre) and councillor Cherie Rutherford (left) listen to Dr Jason Plumb (far left), the manager of Fitzroy River Water, following a press conference at Rockhampton Town Hall concerning the water crisis engulfing Mount Morgan.

Water security concerns

By Duncan Evans and Matthew Pearce

Residents of Mount Morgan are confronting a near-term water crisis as the No. 7 dam hits a capacity level of just 9.9 percent.

At this level, residents have 3-6 months of quality water remaining before the township runs dry.

To prepare for this scenario, Rockhampton Regional Council has begun trialling the movement of water from Gracemere to Mount Morgan via water tankers in the event that the dam can no longer provide a stable source of water.

March 4 saw the first trial run and Councillor Donna Kirkland, responsible for the Water and Supporting a Better Environment portfolio, said it was a success.

“We took 25,000 litres of water from Gracemere up to the treatment plant in Mount Morgan without a hitch,” she said in a media release.

“Pumping the water in and out of the truck took even less time than we originally thought, which is great news.”

“For residents, accessing the water will be no different: the water goes straight into the storage reservoir at the treatment plant and is then sent to homes and businesses as usual.”

If the Mount Morgan catchment area doesn't receive rainfall over the next few months to replenish volumes at the dam, it is hoped that this process of trucking water will offer a temporary solution to the community's water crisis.

Each truck would carry up to 30 kilolitre of water and some 17-20 trucks would make the run each day to provide the necessary water.

Since December last year, Mount Morgan residents have been operating under Level 5 water restrictions.

Arlene Roberts, whose property adjoins the dam, said living under Level 5 restrictions was a challenge.

“A lot of us have tanks, if we get a little bit of rain it tops them up but the tanks are going to run dry eventually,” she said.

“The water restrictions have been harsh for a while, being Level 5, and a lot of the gardens are going downhill very quickly.”

“In all honesty if we don't get a decent rain system come through soon, this town is going to be in trouble with water in the next couple of months.”

There is no relief in sight. On Tuesday, it was announced that restrictions would be tightened to Level 6 from March 15 onwards. Level 6 means daily usage must be kept below 0.8 ML.

“The calling of Level 6 is to heighten residents' stewardship of their water usage, it is imperative that daily usage continues to be limited as much as possible,” Cr Kirkland said in a statement.

At a media conference at Rockhampton Town Hall last week, Mayor Williams said council was working diligently towards developing a long-term solution to the problem and had already conducted a workshop to consider the range of possible options.

“Some of those options went from a new dam at Nine Mile Creek, Fletcher's Creek dam as well. Looking at options in there. Also doing a desalination plant and a blend going back into the Mount Morgan No. 7 dam. And a Hydro scheme as well. So there was a whole suite of options with different price tags and different timing on the introduction of those, should they be something the community would like to see and something that council supports,” he said.

“From those options, we'll be going back to the community to talk about that. From that, we'll be doing more detail about those options and the costings and the timelines.”

In the January mayoral by-election, Councillor Shane Latcham raised the possibility of constructing a pipeline up to Mount Morgan

to pump water into the community. State One Nation member for Mirani Stephen Andrew is also pushing for a pipeline to Mount Morgan.

“It's one of the solutions,” Mr Andrew said in a telephone call with CQ Today.


Mr Andrew also said he was open to other options and was willing to work with Mayor Williams and other stakeholders in the region to find the most cost effective long-term solution for the township and the surrounding area.

“I know Mayor Williams has looked at different types of solutions to solve this issue,” he said.

“I'm right behind him.”

At the press conference, Mayor Williams said the pipeline option would be prohibitively expensive.

“We need to bear in mind the cost. Because we've got a low socio-economic community at Mount Morgan, it's very important that we don't out-price the water for them, the supply to them. Some of those options of a pipeline from Gracemere to Mount Morgan, pumping water up a hill, not only the cost to produce the pipeline, but also the operation costs of that really is cost prohibitive. We want to provide that information to the community so they are aware of what those costs are. But there are cheaper options, and ones that we will be able to provide.”



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Workers protest IR bill

By Duncan Evans

Dozens of workers protested outside the offices of Federal LNP member for Capricornia Michelle Landry on March 4 calling for the rejection of the federal government's proposed Industrial Relations Bill currently before the Senate.

Mick White, a portly gentleman wearing a red Queensland Labor t-shirt, sunglasses and sandals, said the bill threatened the rights his father and grandfather had fought for.

"The conditions we have today are because of what they fought for. The bosses haven't given us compensation, haven't given us holiday pay. They didn't give us uniforms," he said with considerable passion.

The protestors were led on the day by Queensland Council of Unions General Secretary Michael Clifford. Mr Clifford began by leading the protestors in a loud chant of 'No To Paycuts' before transitioning to 'The Workers, United, Will Never Be Defeated.'

Mr Clifford then gave a speech in which he claimed the Bill would lead to the expanded casualisation of the workforce by overturning two federal court cases which establish definitions for casual and permanent employees.

The issue of casualisation is a pertinent one in Central Queensland. A sizable portion of the region's workforce is employed in the mining sector and of those employed in this sector, the Australian Bureau of Statistics (ABS) has revealed that 25.28 percent are casuals, or employees without paid leave entitlements, as of the 2020 November quarter.

The November figures, however, present an unusual spike.

Looking at consecutive August quarters over a six year period beginning in 2014, ABS data shows that employees without paid leave entitlements in Queensland's mining sector constituted 15.16 percent of the sector's total workforce in 2014, 15.59 percent in 2015, 14.37 percent in 2016, 16.72 percent in 2017, 23.64 percent in 2018, 16.25 percent in 2019 and 13.34 percent in 2020.

Of the 26 quarters of data recorded since August 2014, 20 registered a proportion of employees without paid leave entitlements below 20 percent of the total workforce.

The proposed Bill offers a new definition of a casual in section 15A and embeds a casual conversion mechanism in sections 66b and 66c to regulate how workers can move from casual positions into permanent employment. Section 66b states that an employer must make an offer of permanent employment to a casual if the employee has worked for the employer for 12 months and during that period, has worked a regular pattern of hours during at least the last six months of that period.

In a separate interview with CQ Today, Mr Clifford conveyed his sharp criticisms of these sections of the Bill.

To begin with, he argued that the definition-al framework tilts power too favourably towards the employer at the initial point of contact.

"There's a section in the Bill that says the pattern of hours is not going to determine what the engagement is, whether it's permanent or casual. What's important is what you



Protestors call for the rejection of the government's proposed IR bill outside the offices of Michelle Landry on Denham Street in Rockhampton on March 4. Mr Clifford is fourth from the right and Mr White is third from the left.

agree at the time of engagement," he said.

"That's where we say, the employer gets to decide."

Secondly, Mr Clifford argued that the conversion mechanism is flawed because section 66c offers employers a set of escape routes to avoid transitioning workers to a permanent position through the reasonable grounds provisions written into the section.

"You get to the 12 month point and yes, you have to look back six months, and if you're working a regular pattern of hours then you must convert," he acknowledged.

"That's where we say that, if you look at the Bill again it talks about, unless you've got a reasonable reason not to. And the reasonable reason might be that you're not sure if you're going to be employing that person in 12 months' time, or you might be changing their hours. We've had experience of this in general protections cases. Any law that requires you to get inside the mind of the employer to try and work out whether that decision is genuine or not, is rubbish."

Mr Clifford also said the Bill lacks an effective appeals mechanism for workers should they wish to dispute the real-world application of the conversion process.

Ms Landry offered a systematic refutation of Mr Clifford's arguments in a series of statements released to CQ Today.

In regards to section 66c, she states: "The legislation makes it clear that reasonable grounds for refusal by an employer need to be genuine and based on facts that are known, or reasonably foreseeable at the time of making the decision. The grounds for refusal in the Bill reflect the reasoning of the independent expert umpire, the Fair Work Commission (FWC), when the FWC developed the model casual conversion clause in awards following many years of submissions from employers and unions. That is, the independent expert umpire has already taken into account the views of the union movement on this issue and decided upon a model clause, which the Bill reflects and strengthens by placing the onus on employers to offer."

Ms Landry also argues that the Bill shifts power to employees by ensuring that the right to request a pathway to full-time employment is enshrined into law.

"Importantly, a casual employee retains the right to request after they have been employed for 12 months and where they meet the eligibility criteria, ensuring there is always a genuine pathway to full-time or part-time employment."

"The Bill also contains specific anti-avoidance provisions to prevent employers changing a casual's work pattern to avoid the conversion obligation."

In regards to the issue of enforceability, Ms Landry was dismissive of Mr Clifford's arguments.

"The rights are enforceable in the same way as every other National Employment Standards (NES) entitlement has been since the Fair Work Act commenced in 2009," she said.

"It's also important to note that the new casual conversion entitlement is enshrined in the NES – something Labor chose not to do in 2009 and which it is opposing for the second time now. This means that that if employers fail to comply with the casual conversion obligations employers can be subject to penalties under the Fair Work Act, just as they are with other elements of the NES. That is, employers who do not comply with their obligations under the new NES casual conversion provisions face the same civil penalties as employers who do not comply with other NES rights, such as annual leave and paid personal and carer's leave."

The Bill has passed the House of Representatives and a vote in the Senate is expected sometime in March. However, the recent maelstrom brought on by the Christian Porter allegations and dissatisfactions with the Bill signalled by some key crossbenchers means a vote could be shelved and postponed until later in the year.



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PETstock's Jacquelyn Bunge and Capricorn Animal Aid's Bernadette Witton celebrate Pet Adoption Month with two rescue kittens.

Pets need loving home

By Matthew Pearce

March is National Pet Adoption Month and there's never been a better time to welcome a new four-legged friend to your family.

An initiative of PETstock, National Pet Adoption Month aims to find new homes for pets, educate Australians and celebrate the entire rescue community - including animals that have been rescued, the owners that have committed to giving them the best life possible and the foster carers.

Capricorn Animal Aid's Bernadette Witton said the group had 140 cats on their wait list.

"This is well over what we should have, it never stopped over Covid, it's just been continuous," she said.

"Adoptions have been good but we just can't keep up with the volume.

"When people were at home (because of Covid restrictions) they were adopting more but now that people are starting to go back to work, things have changed."

Ms Witton said the group welcomed donations and had plenty of cats and dogs that

needed adoption or foster care.

"Our animals are fully vaccinated, desexed and microchipped, everything is taken care of through Capricorn Animal Aid," she said.

PETstock's Jacquelyn Bunge said she believed the high numbers could be attributed to people not getting their pets desexed.

She said the Rockhampton PETstock store tried to be as involved with Capricorn Animal Aid as possible and show their support for the group.

"Even when people can't foster we've got a donation box here for Capricorn Animal Aid. If people have something at home that they can do without or if they're here doing shopping and want to buy some extra treats, extra food, extra litter, anything that they can donate will help," she said.

PETstock's National Adoption Day will be held on Sunday, March 13.

Go to capricornanimalaid.org.au/ to check out the pictures of cats and dogs that need adopting or drop into PETstock at the corner of River Rose Drive and Yaamba Rd to find out how you can help.

Byfield nabs \$495,000

By Duncan Evans

A key access road in Byfield National Park will be upgraded at a cost of \$495,000 to improve accessibility to the popular tourist destination.

Stoney Creek Road will be sealed and sections of it will be widened as part of a joint commitment from the state and federal governments to make the park more bushfire resilient.

State Labor member for Keppel Brittany Lauga has welcomed the funding commitment.

"Stoney Creek Road is a vital access route to get in and out of Byfield National Park, and by upgrading it we can ensure better accessibility in times of crisis," Ms Lauga said.

"Crucially the work will generate local construction jobs as part of Queensland's plan for economic recovery."

The Stoney Creek Road upgrade is part of a wider \$36.8 million infrastructure boost filtering through the state under the Local Economic Recovery (LER) program.

The LER program aims to support projects that contribute to local and regional economic and social recovery in the areas most severely impacted by the 2019 Queensland bushfires.

According to the Queensland Reconstruction Authority, the 2019 bushfires burned up more than 7 million hectares across the state with devastating effects across a range of metrics.



Byfield National Park.

Picture: CHRIS WHITELAW

Twenty-one state schools were closed and 71 firefighters were injured in the fires. Forty-nine homes were destroyed and hundreds more damaged. Over 230 hectares of high-value horticulture crop were impacted and in Livingstone Shire alone, the fires had an estimated \$17.9 million impact of the agricultural industry. Bushfires raged across 173 national parks and state forests and 39 koalas were injured along with possums, birds and reptiles.

Within Central Queensland, Livingstone Shire and the Gladstone region were both eligible to apply for funding.

Other projects in Central Queensland include \$500,000 for the Wreck Point Walking Trails in Livingstone Shire, \$2 million for the Emu Park West Reservoir and \$1,612,320 for the replacement of a timber bridge on Bindaree Road in Miriam Vale.

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Artist Roxanne Oakley at presenting some of her work.



The Duaringa CWA hall now home to Woorabinda Arts.

Artists’ fresh horizons

By Jamie McKenzie

The Duaringa CWA Hall has had a makeover and is set to become a major tourist attraction, art gallery and shop for Central Queensland tourists and locals alike.

The establishment of the new centre is part of a collaborative project between Woorabinda Aboriginal Shire Council (WASC), Yoonthalla Services Woorabinda, and CQUniversity to create an education, enterprise, and research hub in the Woorabinda community that supports local economic development.

CQRASN Regional Arts Manager Julie Barratt said the new centre was a significant milestone for First Nations artists in Woorabinda.

“Currently there is no arts centre that has a specific focus on Indigenous arts in Central Queensland,” she said.

“Both state and federal government funding supports the operations of art centres that are in the north of the state; however, there is limited access to training or profiling Indigenous arts in the CQ region, even though a range of reports have identified the arts and culture as key mechanisms for strengthening Indigenous communities, building pride and engagement.

“Many artists in Woorabinda and other regional communities have some capacity and experience in the arts sector but have not had the impetus or outlets for their work, often working independently in their homes without access to quality art materials or support.”

She said the Centre would create vital career pathways, increasing employment for

Indigenous people and building capacity for community.

“The WACC will be a major investment in the arts and cultural sector in CQ, paving the way for an Indigenous and Torres Strait Islander-led Arts and Cultural Centre,” she said.

An ongoing partnership between CQUniversity, the Woorabinda Aboriginal Shire Council (WASC) and BHP Mitsubishi Alliance (BMA) places emerging First Nations artists in the spotlight with the opening of the Woorabinda Arts and Cultural Centre (WACC) from today.

With the support of CQUniversity through the Central Queensland Regional Arts Services Network (CQRASN), and funding from BMA, Woorabinda artists worked together with local contractors to refurbish the former Duaringa CWA Hall into an art gallery and shop that aims to serve as a major tourism attraction for the area.

WASC Mayor Joshua Weazel said “the significance of the Arts Centre broadly means our community has exposure to an industry that elevates and supports local artists’ providence to their artwork and provides the freedom and choice to step into another level within the vibrant industry of arts.

“Ongoing workshops and regional tours have allowed artists from our community to become aware of what is available to them within the industry, the varying degrees of production, sales, and meaningful use of their story through art.

“WASC envisage that local talent will be supported and nurtured to become proficient



Woorabinda Aboriginal Shire Mayor Joshua Weazel welcoming visitors.

in business acumen, within this industry locally and regionally, with true potential for national and international markets and broader regional collaboration, whilst enhancing and building an enterprise-driven circular economy for our community.

“Support from its partners (BHP, WASC and CQUni) make this venture possible. The drive of many individuals with this vision is rewarded and makes a dream more attainable, with the establishment of the Woorabinda Aboriginal Cultural Centre.”

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Rhodes Watson

Newest face

By Duncan Evans

Councillor Tanya Lynch resigned from Livingstone Shire council on 4 March and her egress will see the ascension of a new councillor for the shire.

Cr Lynch held the Vibrant Community (Tourism, Events and Culture) portfolio and was instrumental in shepherding through many cultural activities and initiatives across the shire.

CQ Today covered funding rounds for the Regional Arts Development Fund and was in contact with Cr Lynch on a number of occasions to discuss the details and benefits of the rolling program. CQ Today found her to be a keen advocate for the arts community in Livingstone shire and someone who worked hard to respond to requests from reporters.

Mayor Andy Ireland has praised Ms Lynch's service to her community.

"Among Councillor Lynch's many achievements over the past 12 months was her dedication to improving the liveability of Shire by working closely with the business community

to improve their operations," Mayor Ireland said in a statement.

"For some time Tanya has been juggling her various councillor, business and family duties and has decided that it would be best for all if she stepped back from her public role."

"Her contribution has been invaluable and she will be missed by all. On behalf of my fellow Councillors and the staff of Livingstone Shire Council, we wish Tanya and her family all the best for the future, he said.

Councillor Lynch said it had been an honour to represent and serve the Livingstone Shire community.

"I've done my best each day to help make our community a better place. To listen to and act on residents' concerns, to advocate for those in need and to focus council, always, on the needs and aspirations of its residents," Mrs Lynch said.

Council has since approached 2020 election runner-up Rhodes Watson to fill the vacancy.

Mr Watson has said he would like to take on the role and he will be appointed Livingstone's new councillor over the coming days.

Cancer roadshow visits

By Jamie McKenzie

As part of Cancer Council Queensland's 60 years of operation, formed in 1961 from a small band of volunteers, the world-renowned organisation has been travelling through the state visiting some of our regional centres.

Having just visited Gladstone on part of their roadshow, the crew still has several places to attend over the coming months including the Sunshine Coast, Bundaberg, Hervey Bay, Toowoomba, Rockhampton and Brisbane.

The roadshow allows the Cancer Council to connect with dedicated volunteers and communities and thank them for their commitment and support.

Chair of the Gladstone branch for 25 years as a volunteer, Ros Newberry is one of the people at the heart of the work of driving the vision of a cancer free future.

The achievements of the Queensland Cancer Council wouldn't be possible without the support of the Gladstone community according to their CEO.

Chief executive officer, Chris McMillan said, "we've always been able to rely on the CQ community to rally and take part in fundraising campaigns such as Relay for Life, Australia's Biggest Morning Tea, Daffodil Day, Pink Ribbon and the Christmas Wrap fundraiser."

"The Gladstone Branch continue to engage the local community in their own unique methods of fundraising, including

the talented busking of Reg Sutton, and the generous support of Drakes IGA, who donate a cent to Cancer Council Queensland, from every dollar spent at their store."

"Funds raised have helped Cancer Council Queensland support the Gladstone community in reducing its skin cancer risk by providing shade grants to local not-for-profit organisations catering to children, and through our SunSmart Schools program. We are dedicated to ensuring the next generation are practicing sun safe behaviours."

"Gladstone locals have also greatly benefitted from the dedicated community members who have provided breast cancer support and prostate cancer support, to those affected, for many years. This has ranged from monthly support groups to information sessions and house visits in the past. From those who offered peer support, to those who ran our 'look good, feel good' workshops, each person has played a vital role in shaping the past, present and future of Cancer Council Queensland," concluded Ms McMillan.

Central Queensland Cancer Statistics:

- There are 1345 new cancer cases recorded in Central Queensland each year
- 421 people from Central Queensland die from cancer each year
- Prostate cancer is the most diagnosed cancer in Central Queensland with 210 males diagnosed each year
- There are 169 new cases of Melanoma each year in Central Queensland

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A full week of park life

By Jamie McKenzie

There will be no shortage of outdoor options to explore and be involved with as Gladstone Regional Council celebrates Parks Week 2021.

Parks Week is about hundreds of organisations across Australia and New Zealand holding events to celebrate the vital role parks play in creating liveable cities and thriving communities. Parks Week 2021 will focus on the how spending time in our parks and open spaces positively influences our wellbeing.

The week runs from 6-14 March and will be hosted at Tondoon Botanic Gardens and at other parks and open spaces located across the Gladstone Region.

Activities on offer include guided tours of Tondoon Botanic Gardens, a health and fitness bootcamp, outdoor yoga, outdoor play events designed for children, coffee in the park and much more.

Gladstone Region Mayor Matt Burnett said

parks and open spaces are valuable to our region and help support physical and mental wellbeing through healthy and active lifestyles.

“Visiting parks can be very beneficial to your physical and mental wellbeing and there is plenty of parks and open spaces to visit in our beautiful region,” Councillor Burnett said.

“Our location gives us diversity in our parklands ranging from beach locations to river foreshores, bush reserves and botanical collections.

“Parks can also help in building stronger and more connected communities by providing places for people to gather for business or leisure.

“We hope to see you out and about enjoying our beautiful parks and gardens during Parks Week 2021.”

Please visit <https://www.gladstone.qld.gov.au/parksweek> to view the full list of activities on offer during Parks Week 2021.



A tour of Toondoon Botanical Gardens.

Right to the top rung, QFES women blaze a trail

By Matthew Pearce

Many little boys grow up wanting to be firefighters, but Queensland Fire and Emergency Services wants girls to know that they can be fires too.

With International Women's Day on Monday, March 8, QFES is showcasing the talents of its female officers.

Firecom officer Carol Wrage, who is also a secretary and brigade trainer with the Alton Downs Rural Fire Brigade, is proud of her family's 80 years of fire service.

“I've been a volunteer for more than 20 years, since starting off in Gin Gin,” she said.

“My uncle was captain of our local fire brigade in Victoria and it was the passion that he had for the fire service that inspired me.”

Ms Wrage said she'd seen the importance of women rise in QFES over the years.

“When I was young there were very few women in the fire service, now there's women right through the ranks from volunteers to

paid staff, to firefighters, training officers and high ranking inspectors,” she said.

“It's great because women have that passion for the fire service as well, they have great skills, great abilities.

“Within Firecom it is a majority of women and I believe that is because they are great multitaskers and can handle the pressure.”

Ms Wrage said her favourite part of her job was helping those in need.

“Working on the 000 line we get to speak to many people at their worst possible times, guiding them through the information we need to get our crews there to help them in the best way possible,” she said.

“International Women's Day is great because it highlights that we're out there. People don't always see behind the scenes and there are a lot of women in QFES that aren't seen because they aren't out there with fire hoses.

“Getting the message out that there are roles in the fire service for women is absolutely brilliant.”

Working at Firecom comes with a lot of stress but she said it's worth it.

“When it's all go, you don't realise how much pressure you're under because you just don't stop,” she said.

“You're going from one thing to another, you're taking calls on the radio but you're typing as well as talking, as well as making phone calls to get all the assistance that's needed.

“But at the end of the day you know you've done good for the community and for the safety of our firefighters.”

Julianne Webster-Scott, who has worked at the QFES regional office as a community engagement officer for 15 years, said she couldn't imagine a better job.

“I have a lot of family who are in emergency services and just seeing the joy that they get out of the work that they do, giving back to the community, I wanted to have a piece of that,” she said.

“There's never one day that's the same and I love being able to help empower people to

understand their local risks and give them the tools and education about how they can be more prepared and more safe.”

Ms Webster-Scott said International Women's Day highlighted the hard work that had been done by previous generations.

“It's just really great to be part of a wonderful organisation like QFES and see the growth that has happened over the years. We've even had a female commissioner, Katarina Carroll.

“It's really good working together, we're just all the same.”

And her advice to women who want to join the QFES, but are worried about it being too male-dominated?

“Go for it, absolutely. If you want to join the service, just pop onto our website, there's a test that will give you an idea of what area you may be more suited towards,” she said.

“It's the pure love of helping people that keeps me coming back every day. It's a wonderful job, I never want to leave, it's my life, it's my career and I just love it.”



Rural volunteer and Firecom officer Carol Wrage and community engagement officer Julianne Webster-Scott celebrate the role of women in the QFES.

It's all on at CQU campus

By Jamie McKenzie

This is the first time in 12 months that orientation activities for new students have been held on-campus at CQU, since COVID-19 forced the university's Term 2 and 3 programs online last year.

More than 70 new students participated in orientation week activities ahead of Term 1 with various online and on-campus information sessions, and social activities delivered.

The top five courses in the Gladstone region for Term 1 are Bachelor of Nursing, Bachelor of Social Work, Bachelor of Education (Secondary), Bachelor of Engineering and Bachelor of Business.

Overall new student numbers across the entire university footprint are up by around 30 percent on 2020 figures.

The most in demand undergraduate courses across the entire CQUniversity regional footprint are nursing, paramedic science, medical science, IT and business.

As part of the orientation program, on-campus introduction and social activities were also planned across the university footprint including attractions such as campus tours, live music, games, market stalls, giveaways, photobooths and food.

Associate Vice-President of the CQUniversity Gladstone region, Mr Luke Sinclair said that university staff were looking forward to students returning to campus in 2021.

"We are looking forward to welcoming all of our new and existing students back to campus."

"The COVID situation in 2020 forced universities to transition their delivery to online for much of last year.

"It is great that we will soon start to experience a more normal life on campus.

"For us at CQUniversity, this essentially means we are going back to our pre-pandemic delivery model that includes both on-campus and online delivery (depending on the unit and course of study a student is enrolled in)," Mr Sinclair said.

He also explained that the return to campus would be done in a COVID safe way to help protect the health and wellbeing of all staff and students.

"We will manage the return to campus in 2021 in COVID safe way with classes scheduled in rooms to accommodate social distancing wherever possible, and extra hygiene resources such as hand sanitiser and wipes available around campus."

The new CQUniversity term officially started on Monday, 8 March with thousands of new and returning students commencing their studies.

CQUni Gladstone has begun term 1 activities back on campus.



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Pilot Mitch Vernon, CT Harris and Company principal Chris Harris and community engagement officer Kim Moss are proud to display the CT Harris logo on the RACQ Capricorn Rescue helicopters.

New logo for chopper

By Matthew Pearce

If you spot the RACQ Capricorn Rescue helicopter this year, you'll find a new logo emblazoned on the side.

As a member of the Rescue300 club, CT Harris and Company was drawn at random in September to have its logo appear on both of RACQ Capricorn Rescue's helicopters.

Every year, a different Rescue300 member is highlighted.

Chris Harris, principal of CT Harris and Company Chartered Accountants and Harris Financial Planning, said he had always been a supporter of the service due to its vital role in saving lives.

"We've been members of Rescue300 for a number of years and just really appreciate the great work they've done," he said.

"In a regional area like Rockhampton, everyone knows someone who's benefited from the RACQ Capricorn Rescue services. At CT Harris, we've had a lot of employees, clients or relatives that used the service in their time of need over the last few years and we just can't support them enough."

Mr Harris said it was a great comfort to know that help was just a phone call away, no matter where or when people find themselves in dire circumstances.

"I encourage all businesses in CQ to join the Rescue300 club or support the service in whatever way you can," he said.

RACQ Capricorn Rescue community engagement officer Kim Moss encouraged all local businesses to consider the tax deductible donation to support the local, lifesaver rescue helicopter.

"We cannot continue our lifesaving service without the support of our community, by joining the Rescue300 you are helping to keep us flying and joining an amazing array of like minded businesses who care about CQ," she said.

"I am so pleased to see Chris win the opportunity to have his company proudly displayed on our helicopters and encourage others to join the club that saves lives."

For more information about Rescue300 contact Kim Moss on 4922 9093 or kimm@chrs.org.au

Stories and laughter help to celebrate Women's Day

By Matthew Pearce

The QCWA Capricornia Division celebrated International Women's Day at the Mount Morgan Dam on Monday, March 8, with members sharing stories and laughter.

Mount Morgan branch president Arlene Roberts said members from a variety of branches attended the event, including Mount Morgan, Mount Larcom, Gracemere, Kalapa, Yeppoon and Emu Park, as well as representatives from Relationships Australia, Durumbal Indigenous Corporation, and guests from as far afield as Gayndah.

"This is about letting women have a voice, it's about equality for women and freedom, showing that ladies are out there and can do the jobs equally to anyone else."

Ms Roberts said guests shared how they felt about International Women's Day and the work of the QCWA and and enjoyed having a get-together and morning tea.

"As just one of the things we do, the QCWA sends birthing kits go to Papua New Guinea, the Port Moresby Hospital relies on our kits for their maternity ward," she said.

"If we can save one woman or one baby's life with such a program its worth every effort to do so."

QCWA Capricornia Division president Margaret Laughton said it was important for women across the world to be recognised for what they do on International Women's Day.



Decorated tea towels showcases the QCWA's Countries of Study over the years.



Donna Anderson and Arlene Roberts (back row), with Tammy Alden, Mai Thi Tran and Sirirat Priabran.

"We are so lucky in Australia with what we have, but I know I have travelled in Third World countries and the women aren't as lucky as they are here," she said.

"I feel that we should have equality across the world."



Marj Buchanan (sitting), with Irmi Khan (middle), Jocelyn Greenaway, Karryn McClintock and Fay Burchardt at the QCWA's International Women's Day event at Mount Morgan.



Mount Morgan QCWA branch president Arlene Roberts with Chaille Twine from Gayndah and Marylin Berrie from Mount Larcom.



Alanah Moynihn from the Mount Larcom QCWA branch and Margaret Grieves from Emu Park.

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Sports upgrade pledge

By Duncan Evans

Division 3 candidate Christian Shepherd has promised to commit resources to Rockhampton's substandard sporting infrastructure if elected councillor in the 13 March by-election.

Division 3 hosts a number of facilities and clubs and serves as the epicentre of the region's sporting community. Rugby League, Rugby Union and Aussie Rules football clubs host games across the division and the Stapleton Park Skate Park, the Frenchville Sports Club, the Rockhampton Cricket Grounds, Callaghan Park and Norbridge Park are also important zones of recreational activity. Together, these and other facilities across the city host thousands of men, women and children each week as they pursue their love of sports.

In a media release, Mr Shepherd claimed many of these facilities were underfunded and under-utilised. He raised the lacklustre state of All Blacks Park by Lakes Creek Road as a symbolic representation of Rockhampton's broader failure to properly attend to sporting life.

"Our region should be a breeding ground for future NRL talent and All Blacks should have a quality field to reflect the potential of our athletic youth. Council must provide a well-maintained pitch to these outlying suburbs," the statement reads.

Speaking with CQ Today, Mr Shepherd detailed what he would like to see for All Blacks Park and the other facilities spread throughout the city.

"If that field were to get upgraded, ideally there would be new goal posts and match-grade lighting, as well as the field. All fields fluctuate in quality, but really upgrading it so actual games can get played there," he said.

His focus on deteriorating conditions has touched a nerve in the campaign.

"I've been approached by countless people heavily involved with sports, who want to see things put up in places," Mr Shepherd said.



All Blacks Park by Lakes Creek Road.

"Aside from the Frenchville Sports Club, which is in good nick, and the Rockhampton Cricket Grounds, pretty much aside from those two and Brown Park, pretty much every other conceivable sports field or club or organisation in Rocky is pretty desperately shouting out for something," he said.

"Rocky can't host any state-level carnivals. State or above. Basketball can't, we don't have enough indoor courts. Soccer can't, we don't have enough quality fields, like Norbridge Park. Norbridge Park is pretty much the same as it was when it was first built, around 1975. The total lack of facilities there, it's barely adequate for Saturday junior soccer, which it gets used for, let alone a carnival. And that example pretty much carries across."

Mr Shepherd argues that upgrade costs would easily pay for themselves with the expanded economic activity such improvements would likely deliver.

"Any three-day or two-day carnival is going to pump millions of dollars into the local community," he said.

In addition to inhibiting economic growth,

Mr Shepherd claims that Rockhampton's ageing facilities have transcended their capacity levels, affecting the basic quality of life for thousands of sports lovers across the region.

He said that the Oztag enthusiasts who play at the Saleyards Park in Allentown cannot grow their numbers because of a lack of adequate fields.

"They've got about 700 people as part of their organisation," Mr Shepherd said.

"They really can't grow. They're locked in."

Treasurer of Rockhampton Oztag Shane Corley seconded Mr Shepherd's critiques in a telephone call with CQ Today.

"We don't have enough fields," he said.

"We're a growing sport and there are not enough fields with lighting."

Oztag enthusiasts play in the night and share their fields with Fitzroy Senior and Fitzroy Junior Rugby League.

"Over 1,000 people a week that use that field," he said.

Over the last few years, a planned lighting upgrade has never eventuated. What's more,



Candidate Christian Shepherd at the Stapleton Park Skate Park.

Mr Corley claimed that the toilets and changing room facilities were subpar.

"The toilets aren't nice and there's no wheelchair access. No changerooms for the women. We've got over 300-400 women on a weekly basis," he said.

Ideally, Mr Corley would like to see four full rugby fields with lighting, which would offer eight Oztag fields.

The lack of fields and lighting has crimped the ability of the sport to grow.

"I had to knock back teams. I run up to 8.30 pm. I simply couldn't fit them in the time slot," he said.

Mr Shepherd argues the council has not allocated its money sensibly to respond to these realities.

"I think junior soccer has something between 1,200 and 1,700 people. We're talking about pretty sizable organisations of athletes, whereas investment that council has done in the past. Let's use the example of the art museum. I don't think there's an arts society that can boast 1,000 plus members. Sports is pretty important," he said.



ANCHOR SHORES

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CQU students file through the arena.



Kate Thomas with a VR headset.

Doors open for taste of uni

By Duncan Evans

Hundreds of Queensland's brightest students filed through the Sports Centre at the North Rockhampton campus of Central Queensland University (CQU) on 4 March for a special orientation week gathering.

Orientation weeks, or O-Weeks, are a common university tradition in which new students are invited onto campus before the beginning of term to get to know their new home and begin to make friends and connections with their peers and lecturers.

In the CQU arena on a dark and rainy afternoon, dozens of stalls were set up to introduce the students to the manifold possibilities on offer to them through CQU and the broader Rockhampton community.

The Frenchville Sports Club, Central Queensland Legal Centre, Queensland Country Bank, QSTARS Tenants, the Labor and Liberal parties and CQU bodies such as CQU Indigenous Student Support, CQU Nursing, Midwifery and Social Sciences and School of Education and the Arts were just some of the many stalls attending to student inquiries.

The atmosphere in the arena was lively and relaxed.

Alongside the stalls, a live band, stacks of free pizza and David Lim's Gelatissimo enlivened the scene. Mr Lim said the university had contracted him to supply ice cream for the day. For the students, this meant free ice cream on tap alongside the pizza and the music.

Birdy, the CQU mascot, even made an appearance.

Kate Thomas, a student volunteer, showed off a virtual reality headset and could be seen gesturing at things that only she could see.

Standing by Ms Thomas was Senior Lecturer in the School of Education and the Arts Dr Linda Pfeiffer, who spoke with CQ Today about the importance of Science, Technology, Engineering and Mathematics (STEM) in education.

"We're represent the STEM leadership team. We have a leadership team made up of university staff and students and we engage local community and schools in STEM and the careers of the future," she said.

"We have a diverse range of students, which is fabulous, for innovation to occur we need diversity in the teams. So we are looking at targeting every single student here today. So science and technology, or STEM, is not just the engineers and the techies, it's for everyone. STEM is important because all the jobs of the future will require STEM skills."

Crime and Justice student and Project Officer in the University Life Team Gabrielle Jeffs, meanwhile, stood by her booth to talk with students about the assistance on offer to them throughout their study journey.

"We're promoting the variety of university life programs that we have on offer to our students. We have our peer-assistance study sessions, which is great for first year students tackling those first units that they're not too

sure about. It provides a group study environment. We've also got some peer support on offer for our students with the CQ Uni Student Mentor Program, where they connect with an existing student that can help them navigate the university," she said.

"We run activities like our sporting programs. E-Sports is new. Offering that online gaming community as well."

For 18-year-old James Fanning, the afternoon gathering was his first day on campus.

"I'm doing Paramedic Science," he said in a conversation with CQ Today.

Originally from Gladstone, Mr Fanning chose CQU after hearing the university offered the best courses around.

Asked when he hoped for over his four years of study, Mr Fanning replied laconically:

"Pass my classes, hopefully."

Meanwhile, 18-year-old engineering student Keanu Sarcia milled about with his friends and spoke briefly with CQ Today about his aspirations for the next four years.

"First year, you get to try out all the different engineering, and then after the first year you decide what you want to be," he said.

"I was thinking of civil, mechanical, electrical and then the new one mechatronics."

Mechatronics engineering is a mix of robotics and electrical engineering.

Mr Sarcia chose CQU because he lives in Rockhampton and study at the university will keep him close to home and his family.

Mr Sarcia's mother is also an engineer and he joked that this might help him crack the labour market after he graduates.

"My mum's also an engineer. She's like, 'once you graduate I can help you get a job.' So I was like, 'alright.'"

Pandemic-induced lockdowns upended university life across the world beginning in March last year and many universities remain ensnared in online-only interactions.

The sight of hundreds of young students happily milling about together served as a reminder of how lucky and successful Queensland has been in comparison with other states and indeed other countries over the last few months in suppressing the virus and permitting life to return to a state of relative normality.

Associate Vice-President of the Rockhampton region Kim Harrington said that CQU staff were looking forward to students returning to campus in 2021.

"We are looking forward to welcoming all of our new and continuing students back to campus," she said.

"The Covid situation in 2020 forced universities to transition their delivery to online for much of last year," she said.

"It is great that we will soon start to experience a more normal life on campus."

The most in demand undergraduate courses at CQU are Nursing, Paramedic Science, Medical Science IT and Business.

The new term officially started on 8 March.



Keanu Sarcia (far right) mills about with his friends.



Crime and Justice student and Project Officer in the University Life Team Gabrielle Jeffs.



CQU mascot Birdy makes a special appearance.

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Business is taking shape

By Jamie McKenzie

Shannue Ongheen is looking to literally print her dreams into reality with a printmaking business in Gladstone. Shannue will look to launch her venture, Imbue Letterpress Printmaking, while part-way through a Diploma of Visual Arts at CQ University - a dream she's worked on for years.

"Having also been an artistic person, I realised that for me to feel fulfilled in an occupation, I need to be in a creative industry," she said.

Shannue is enrolled in the Certificate III in Visual Arts, which she studies online.

"At first, I found it difficult to get accustomed to online study. I was also sceptical as to how I was going to learn this online when visual arts is so very hands-on and practical," she said.

"However, living in the information age has its advantages and one of them is the access of knowledge via the internet. As I progressed with my studies, I soon found that I preferred studying online at my own pace, in the comfort of my own home. As someone who had once detested online studying, this came as a surprise."

Over time she built a rapport with her teacher, Carmen Gray and realised she wanted to go even further with her studies.

"I wanted to indulge myself further and study the field of visual arts at a more extensive level," she said.

"The Diploma of Visual Arts also enables me to specialise in an area which relates to my practice, which in my case is printmaking."

Shannue has since purchased a cast-iron 19th Century letterpress machine.

"Currently, I'm using linoleum carvings as the basis of my illustrations. I have recently received decorative moveable lead type from overseas which I'm looking forward to working with," she said.

"However, at some stage I would like to experiment with polymer plates as well, which will create sharper lines in my illustrations, thus allowing me to print unique business cards and labels.

"I love experimenting with hand-lettering and I draw a lot of inspiration from our native flora and fauna, so my work often reflects that."

Determined to get her business off the ground, Shannue has completed a Certificate III in Business Administration in addition to the Visual Arts courses.

"The structure of learning has helped me to get started on the right foot. In addition, the mentorship has provided me with support every step of the way. The (Visual Arts) course itself contains invaluable insight not only on practical study, but also an understanding on art theory and art appreciation.

"The content of the material is engaging and the depth of knowledge that I have acquired has been rewarding.

"Similarly, learning about the expectations of how an artist should conduct their business, has helped me to understand the aspect of professionalism that goes along with being an artist.

Student Shannue Ongheen with her 19th century letterpress machine.



Going the distance: Bands back after Covid break

By Matthew Pearce

It's been a long year, but Capricornia Silver Band's three bands will finally come together again on Saturday, 20 March.

Secretary Sandra Stock said Capricornia Silver Band, Capricornia Winds and Capricornia Academy Band would perform together for the first time since Covid at their Winds of Change concert.

"The only opportunity we had for a performance last year was at the Rockhampton Regional Council's Carols by Candlelight," she said.

"We usually do a concert at the end of every school term and we were all set for our first concert last year when we had to pull the pin on rehearsals because of Covid.

"It was disappointing because a lot of work goes into preparing each concert."

The bands were allowed to practice again from July following the easing of restrictions, but Covid meant things looked a little different.

"Instead of sitting in band formation we were in a checkerboard pattern and took up our whole hall instead of taking up about a half of it," Ms Stock said.

"We've been able to go back to a closer formation since but have still been spread out a lot more than a traditional band would be."

A brass band, Capricornia Silver Band was formed in 1969 before adding Capricornia Winds and Capricornia Academy Band later on.

"Capricornia Academy Band is a combination of younger players, older players who are picking up a second or third instrument and some adults who are returning to music after many years of not playing," Ms Stock said.

Capricornia Winds was launched in 2016



Capricornia Winds at the 2019 National Band Championships, the last under the baton of conductor Jeanette Douglas.

by conductor Jeanette Douglas who recently stepped down from the role.

"In 2015 Jeannette started to talk about the lack of bands around for people once they finished school," Ms Stock said.

"If they weren't going into the traditional brass band scene or into a rock band, there was nothing around for them, and she was really keen to get that up and running for wind players."

"Jeanette has truly been at the forefront of keeping the band going for all those years. As a life member, she'll continue with the band playing clarinet and is enjoying that side of it."

A former student of Ms Douglas, Jody Ohl has taken up the baton as conductor just in time for Winds of Change.

Ms Stock encouraged anyone interested in joining one of Capricornia Silver Band



Jody Ohl conducts Capricornia Winds.

Inc's three bands to come and see them in person or check out the details on their Facebook page or website, www.capsilver.org.au/

"We have about 80 members all up, with some of our members playing across all three bands," she said.

"Winds of Change will feature a wide va-



Capricornia Winds conductor Jody Ohl.

riety of music from across different genres, including marches and upbeat, well-known pieces. We hope to see you there."

Winds of Change will be held at the Yepoon Town Hall on Saturday, 20 March, at 1.30pm. Admission to the Covid-safe event is \$10.

Welcome to new legatees

By Duncan Evans

Two new legatees were officially welcomed into the Legacy organisation's family of volunteers in a moving induction ceremony at Tobruk House in Rockhampton last week.

Bev Hensley and Beth Tennent were sworn in by Brian Hollins OAM, Chairman of Legacy Rockhampton and Central Queensland, and received special badges marking their new responsibilities.

Legacy is a non-profit enterprise originally founded in 1923 to support the widows and children of fallen Australian servicemen in World War One.

Since its birth in the 1920s, Legacy has grown to encompass 45 clubs spread across the country along with a club in London. The clubs provide various forms of support to the families of veterans, and presently assist some 65,000 widowers and 1,800 children and dependants with a disability.

The Central Queensland chapter of Legacy opened up in 1947 and presently supports just under 400 people across the region, including 15 children and five adults with disabilities.

Ms Hensley and Ms Tennent both have long and intimate experience with the majesties and challenges associated with military service.

At the age of 23, Ms Hensley lost her first husband when he passed away in a military training accident in Townsville.

"Bev's first encounter with Legacy was soon after that," Mr Hollins said in his remarks to the gathering.

Ms Hensley's late grandfathers, her father and husband all served in the army, and one of her sons is currently serving as a warrant of-

ficer in the army.

Ms Tennent was raised in Mackay. Her mother, still living, is a war widow and Ms Tennent is a legacy child.

Ms Tennent's father was a warrant officer in 2/2nd machine gun battalion and served in Africa and the Pacific.

Ms Tennent tragically lost her own husband during a holiday in New Zealand. She now has three adult boys, and before retirement, worked as an associate dean in learning and teaching at Central Queensland University.

"These two ladies are going to bring a lot of life experience and skills to Legacy," Mr Hollins said.

To consecrate the induction, Mr Hollins read out the Charter of Legacy.

"Safeguarding the interests of dependents, especially children, is a service worth rendering," he read.

"In so much as these are the activities of Legacy, it's our privilege to accept the legacy of the fallen."

Mr Hollins then inducted the two ladies into their newest form of service.

"So Bev and Beth, you've read our rules, heard our charter, do you now accept the legacy of service and sacrifice we claim we have inherited from those of our comrades who gave their lives on active service or who have died since? Do you pledge yourself to assist Legacy in its work?"

"I accept the legacy," Ms Hensley said, her voice breaking slightly.

"I accept the legacy," Ms Tennent said.

With the induction completed, the gathering broke into applause and Mr Hollins hugged Ms Hensley and Ms Tennent.



Mr Hollins (centre) stands with new legatees Beth Tennent (left) and Bev Hensley (right).

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Current Affairs

Matt Canavan



Great country of promise

Some days I wonder why I put my hand up for a job that typically sees me away from my wife and five kids for more than 200 nights a year. Then there are other days when I remember why it is all worthwhile.

Last week I had the privilege of travelling to the Adani Carmichael mine.

This was my third visit to the site and previously I was always struck by it being in the middle of nowhere. You can draw a circle, of 150 kilometres in radius, around Carmichael and you won't encompass a single substantial town.

Now it is a hive of activity. The camp is full - a bed had to be freed up to house a young pilot who arrived at the same time we did. The mine pit is now 25 metres deep and with only another 30 metres to go, first coal should be hit around mid year.

I meet Ferg whose concrete company at Capella has 12 blokes on the site constructing massive big valves to funnel coal into the trains. He has never worked on a job this big and the project will make his company more experienced not just more solvent.

A Mackay based company is ramping up on the preparation plants, massive big factories that crush and wash the coal before it is shipped out. Altogether there are 2000 people working on the mine, almost all of them from Central and North Queensland. That's 2000 families in which someone has a job thanks to Adani finally getting off the ground.

Don't believe what you read on social me-



The Coal Handling and Preparation Plant construction site at the Carmichael mine.

dia, I did not see a single robot truck (all of Adani's trucks are manned) nor an Indian worker on site. In Australia, Adani does not employ anyone on visas.

The first coal should be shipped to India within two years of construction starting. There are still 300 million people in India without access to electricity and this coal will help them get the basic necessities that we take for granted.

It took 10 years to approve Adani's paperwork and just two years to build the whole

thing. We have to get rid of the bureaucracy and regulation that holds us back as a nation.

As I fly out I get a great view of the railway line, 200 kilometres long, snaking its way across a distant and undeveloped plain. Once completed this line will open up the first coal basin in Australia for 50 years. It will help other mining, gas and agricultural opportunities get going in an area that has previously been undeveloped.

There are five other proposed mines in the Galilee and altogether 16,000 coal jobs could

be created from the Galilee coal basin.

I fly back to Emerald. Before the Bowen coal basin was opened up Emerald was barely a town. Now it is a growing city thanks to the mines that were opened in the 1960s and the Fairbairn dam built in the 1970s.

We live in a great country with so much potential. Sometimes you wonder why it takes so much effort to just do simple things. But then when you see them happen and it encourages you to just fight that much harder to do more.

Current Affairs

Robert Swarten



Eye-popping numbers: Aged care, not corporate welfare

Scott Morrison has more balls in the air than an obsessive-compulsive juggler but the one that appears to be getting the least attention is the report on the Royal Commission into aged care.

Reading some of it gives credibility to my aged parents trying to avoid that outcome much as a rat avoids a python.

Fact is that within the next 30 years the numbers needing it will go from 500,000 to 1.5 million, a five-fold increase in demand on a system in which according to Chair Briggs has affected one in three people who need it. We are talking here about seven out of 10 current nursing home residents suffering some form of malnutrition according to the report. The RSPCA would heave a dog owner before the courts for less.

As the report finds, this is not pointing the finger at any political party, reality is its priority has been overwhelmed by education, general health funding and other seemingly more urgent needs. But Morrison is the captain and the ball is at his feet.

For a start if I was him I would be telling Crank Christensen to shut up. According to the sometime member for the Philippines we cannot afford to accept resident to carer ratios.

Has gaining experience in a third world country has conditioned him to accept a model that means if your family cannot look after you you die in the street? The report thankfully is much more humane.

Unsurprisingly the commissioners were split on the recommendations.

That is not surprising and may well be a good thing. It shows how complex the solution is. But there is no escaping reality. Aged care is underfunded, that has been true under both sides of government.



Robert Swarten says money spent on 'corporate welfare' should be put into the aged care kitty.

But what should our PM do? Wisely he has tried to buy time to do the political maths to see if he can get some form of solution in the budget.

I am an avid supporter of the Medicare levy. A Labor initiative it has created one of the modern wonders of the world, a well funded

health system. Another example is the Labor inspired NDIS.

John Howard even used the Medicare levy to buy back guns when he introduced the popular laws to make gun ownership subject to scrutiny.

But a recent story regarding Harvey Norman

knocked the chocks from under my wheels on the issue of funding. Gerry Harvey, the chief shareholder who trousered \$78 million of the company's annual profit, said he had not "given much thought" to repaying the taxpayer the \$22 million his company and franchisees got from taxpayers by way of Jobkeeper.

According to Gerry, who does not blink at spending millions on racehorses, "It's a tiny amount of money and our thoughts are all about the business going forward."

That may be an honest remark but it personifies the seriously wealthy minority in Australia's opinion about taxes and taxpayers. Clearly deaf and blind to the fact that his employees, the pay as you go taxpayers, stumped up the \$22 million he now regards as his. Someone needs to remind him of that fact. These same PAYG taxpayers will be hit with a levy to fund their parents' dignity and health needs after they can no longer fend for themselves.

Gerry and his billionaire mates have nothing to worry about, they can afford the best of care before the meter on their mortal coil expires. Kerry Packer once said he was proud to pay as little tax as he could get away with and that seems to continue to be the prevailing attitude.

It is not an ideological claim to say the rich are getting richer in Australia and I invite my critics to prove me wrong there.

Surely that cohort has the obligation to pay the same level of tax that the rest of us do. I do not know how anyone could spend \$78 million in a year but I am sure the \$22 million handed over to Gerry et al, plus all the other corporate welfare, is not needed and should be put into the aged care kitty. So too should be a fair percentage of the \$78 million which the taxpayer helped him make.

Q&A

GLENN BUTCHER is the Member for Gladstone.

What is the best advice you've ever received?
Surround yourself with good people.

What is something you do in your spare time?
Having a work life balance. When not at work, you will most likely find me on the back patio with a cold beverage in hand and the rugby league on being a mad keen sports follower or mowing the yard.

What is something most people don't know about you?

I am an identical twin and I do not like coriander.

What do you do for work and what do you enjoy about it?

I am the Member for Gladstone, Minister for Regional Development and Manufacturing and Minister for Water. I enjoy supporting and assisting the local community by providing a fair share of infrastructure investments and funding, especially given the vast income Gladstone had generated for successive state governments.

What is your favourite spot in the Central Queensland region?

My favourite spot in Central Queensland is Agnes Water.

What would be your last meal if you could choose?

The last meal I would choose to eat is curry prawns with no tails on the prawn and no coriander.

What is something you think CQ needs?

CQ has excellent potential for regional manufacturing and new initiatives such as a high purity alumina plant and renewable hydrogen. I would also like aluminium manufacturers to set up in Gladstone to support the Boyne Smelter.

What guests (dead or alive) would you invite to a dinner party?

My family.



Gladstone MP Glenn Butcher is a big supporter of the Central Queensland region.

with Glenn Butcher

THREE ...

things you can watch on Netflix

1

Roman J Israel, Esq.

Anything with Denzel Washington in it is worthy of attention and in this film, Mr Washington plays the role of Los Angeles criminal defense attorney Roman J. Israel. Israel moves through life with a tight and unyielding moral code. He dedicates his entire being to serving the interests of the poor and downtrodden.

2

Lucy

A French science-fiction film directed by Luc Besson and starring Scarlett Johansson, Lucy follows the conceit of what would happen if we could utilise 100 per cent of our brain. Lucy unwittingly congests a drug that works to amplify cognitive power and the film follows her as her capacity level rises to its zenith.

3

Pride and Prejudice

Based on the classic 1813 novel by Jane Austen, this 2005 adaptation directed by Joe Wright features Keira Knightley in the role of Elizabeth Bennet and Matthew Macfadyen in the role of Mr Darcy. The film is known and celebrated for an unforgettable confrontation scene between Ms Bennet and Mr Darcy.

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OPINION

Letters: editorial@CQToday.com.au
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Thoughts on local government

Sir,

I read with great interest Rob Swarten's story on local government in your last issue.

I don't know whether a section of paragraph six stating: "to get rid of local governments and set up a corporation, pay them a king's ransom and let them do as they please like all big corporations do" was a 'tongue in cheek' statement or an honest critique of his beloved state Labor government, being that our state government and treasury has been corporatised?

Also in paragraph seven, Rob Swarten has corroborated the political treason and treachery that I have been saying for years, that local government and the local government act does not have the right to exist under our Constitution and electoral laws by ignoring the will of the people in a 1988 Referendum. Also, the corporatisation of governance is illegal under our Constitution (Federal) as there is no wording allowing governance by a corporation.

It is a damn pity that many Australians do not have a clue about our Constitution, which should be taught in schools or displayed in government buildings

N W H Timms,
Bungundarra 4703

Councils: Just all happy families

Sir,

Having read Robert Swarten's Current Affairs column from March 4, I cannot help but agree with his final conclusion that Council elections and rate payer interest have deteriorated into: "simply going through the motions".

In level 4 Councils, the Mayor is pulling about \$200,000 and Councillors \$120,000, including bits and pieces, so why would they want to rock the boat?

Anything contentious to be discussed is done in the committee room and out of the hearing of the press. It's now just 'happy families' all around and nothing much leaks out, unless sanitised by Council's PR branch.

An example: Gladstone Council borrowed \$68 million, in one hit, to do up the airport, and originally gave rate payers the impression not to worry because the loan repayments were under control. By June 30, 2030 the Council will have payed back about \$120 million including \$50 million in interest to the



Mr Belot offers his views on Great Keppel Island this week.

State government that never gave one cent.

If things keep going the way they are, the airport (GAC) would have put in \$50 million from airport taxes, and the lion's share of \$70 million is having to be collected from rate payers to make up the short fall. Of course, all this has an affect on the level of Council rates.

Coming back to Schwarto's take on all this.

Nowhere has the Council come out and explained to rate payers the reasons rate payers are now faced with the sharp end of the stick that came about out well prior to Covid 19 happening.

Due to this, most rate payers don't have a clue about the airport debt. And sadly, due to the absence of any organised opposition sitting on the Council, the press is kept in the dark.

Finally, isn't running a Council with just a group of well paid 'happy family' members no different to a Council being run by a Corporation? Don't ask any questions, we just sit back and wait for the bill to come, because we can't do anything anyway. No doubt Schwarto could come up with a name for this behaviour.

John Blake,
(Rate Payer)

Better access to Keppel

Sir,

I think currently the focus of the situation facing Livingstone Shire council (LSC) on Keppel should be: how do we get better access to the island? Keppel is not meant to be a haven for a few, it's meant to be for everyone to enjoy.

For 10 years we have been assured that the Queensland government will spend 30 million on improvement. It was going to be power and water but now that seems to be in the too hard basket, but we are assured that the money is still there.

A suggestion by a group of interested parties was to build a jetty and a breakwall to help assist visitors to access the island.

That would seem simple, the state government will pay for it and we will all benefit.

How on earth our council found that too hard to pass as law beggars belief.

The LSC needs to listen to the wider community and give us assurance that they are there to serve the ratepayer. After all, the ratepayer supplies their weekly income.

We voted them in to do our will, which in

this case obviously is to provide better access to the island for the day tripper.

The idea of better walking tracks is a good one once you get to the island but it is the mode of travel from boat to the shore that is in dire need modernising, surely a jetty to step onto and be safely moved from the boat to the shore is an obvious improvement that we badly need?

To sum up, we don't want council to be seen as not taking action in fear of perceived opposition. Rather, we need a council to proceed to produce what is obviously needed.

Doug Belot,
Cooee 4703

Thoughts on Royal affairs

Suicidal? And the Academy award goes to... Megan Markle!

What a load of rubbish. A woman with her background and life experiences is suicidal? Come on!

Megan Markle had no intention of doing her duties in the Royal family right from the beginning, so this performance has been staged.

As for the racist bit, how much more could the Royal family have done for her when they gave Harry and Megan that lovely wedding?

They welcomed her into the fold, as did the people of Britain.

I read in a paper some time ago that Megan's mother was even invited to have Christmas dinner with the Royal family shortly after they were married.

The Royal family must be devastated. I find it hard to understand how Harry could do this. I think it is a case of him being besotted with Megan and cannot see past it. Megan is too strong for him and I hope he does not regret it in years to come.

MCF Frenchville

Texts to Editor

PM YEPPPOON: Michelle, why aren't you calling for a vaccine hub in Rockhampton with a federal funding share?

Joke of the Week

Twenty years ago we had Johnny Cash, Bob Hope and Steve Jobs. Now we have no Cash, no Hope and no Jobs. Please don't let Kevin Bacon die."

- Bill Murray

ON THIS DAY

March 11 is recognised as World Plumbing Day.

On this day in history:

843: Icon veneration officially re-instated in Hagia Sophia Cathedral in Constantinople.

1502: Ismail I, founder of the Safavid dynasty, crowned Shah of Persia (rules till 1524).

1918: Moscow becomes capital of revolutionary Russia.

1966: Military coup led by Indonesian General Suharto breaks out.

1985: Mikhail Gorbachev replaces Konstantin Chernenko as Soviet leader.

2011: 9.0 magnitude earthquake strikes 130km (80 miles) east of Sendai, Japan, triggering a tsunami killing thousands of people and causing the second worst nuclear accident in history at Fukushima nuclear plant.

2018: China's National People's Congress approves removal of term limits for a leader, will allow Xi Jinping presidency for life.

2020: Covid-19 declared a pandemic by the head of the World Health Organization Tedros Adhanom Ghebreyesus, with 121,564 cases worldwide and 4373 deaths.



Lynch's Joke of the Week

A priest, a minister, and a rabbi want to see who's best at his job.

So they each go into the woods, find a bear, and attempt to convert it. Later they get together. The priest begins: "When I found the bear, I read to him from the Catechism and sprinkled him with holy water.

Next week is his First Communion."

"I found a bear by the stream," says the minister, "and preached God's holy word. The bear was so mesmerized that he let me baptize him."

They both look down at the rabbi, who is lying on a gurney in a body cast. "Looking back," he says, "maybe I shouldn't have started with the circumcision."

Hank's thriving now

Toddler Hank Death has come a long way in his short life.

Born at the Mater Mothers' Private Hospital Rockhampton in October 2018, Hank suffered a massive stroke impacting 25 per cent of his brain.

Mum Cassandra Marree said his first few months of life were 'incredibly scary', with her newborn immediately flown to the Mater Mothers' Hospital in South Brisbane where he spent time in the Neonatal Critical Care Unit.

"It was a very scary moment, he began having seizures and couldn't breathe, he was placed on a life support flight where I could not be with him as the seat had to go to a criti-

cal care doctor," Cassandra said.

"My husband and I had to drive from Rockhampton to Brisbane which is safe to say was the longest drive of our lives."

"Anyone who has done that drive knows you don't get great phone reception on the roads, so we had no idea how Hank was doing. Not to mention I had just given birth and had to sit in a car seat with a seat belt over my lap for seven hours.

"We arrived in Brisbane at 3am where we were confronted with the sight of our newborn child attached to a wall of machines and cords, it was incredibly confronting. He eventually opened his eyes on day five and was able to

breathe on his own at day seven."

Cassandra said Hank received amazing care in the NCCU until it was time to finally go home to Rockhampton.

Today he's a happy two-and-a-half-year-old toddler, who loves cars, planes, trucks and farm animals, but still has some hurdles to go through.

Big W is running a token campaign from 15 March to 11 April.

Proceeds from all \$2 tokens will be donated to the Mater Mothers' Neonatal Critical Care Unit, which helps more than 2000 premature and critical ill babies from all over Queensland each year.



Cassandra Marree with son Hank Death, who suffered a stroke after birth impacting 25 per cent of his brain.

Covid study

A team of Rockhampton researchers has completed an international research project on Covid-19 outbreaks in residential aged care facilities.

The research has been published in the Lancet Group open access journal EClinicalMedicine.

CQ Health director of public health and director of clinical research Professor Gulam Khandaker and his research team identified 49 studies from 14 countries across four continents, reporting data on 214,380 residents in 8502 care homes, with 25,567 confirmed cases of Covid-19.

One of the researchers, joint CQ Public Health Unit and CQUniversity PhD student Rashidul Hashan, was writing the paper from his hospital bed in Bangladesh while being treated for Covid-19.

"We have a very modest team working in Rockhampton and we've led the largest study in the world of Covid-19 outbreaks in aged care," Prof Khandaker said.

"It shows that regional public health units can do good quality and valuable research with the right support, and we thank the Director-General and Queensland Health for their support to allow us to do this study."

CQ Health chief executive Steve Williamson said the team's work was of global significance.

"It is fantastic that our CQ Health team is at the leading edge of important Covid research to protect some of the most vulnerable in society," he said.

In 2019 Prof Khandaker was awarded a Queensland Advancing Clinical Research Fellowship by Queensland Health's Health Innovation, Investment and Research Office (HIIRO), through the Office of the Director General, to establish an active regional disease surveillance mechanism to investigate the burden and preventive strategies for vaccine preventable infectious diseases in aged-care facilities.

His study began looking into surveillance of aged-care facilities of infectious diseases and their impact, including influenza, shingles, pneumonia and whooping cough.

"When Covid came, as a group we were best prepared to answer some of the questions that were arising about the behaviour of the virus in aged-care facilities," Prof Khandaker said.

"While we had an outbreak at North Rockhampton Nursing Centre with one case identified, we knew we had to look at the bigger picture to get meaningful data."

The study shows that aged care residents form a distinct vulnerable population with Covid-19 attack rates of 45% and case fatality rates of 23% during outbreaks. Nearly one-third of cases during aged-care outbreaks were asymptomatic and more than one-third of confirmed cases required hospitalisation.

Prof Khandaker said the data could be used in developing prevention strategies, royal commissions and inquiries.



AUSTRALIA'S COVID-19 VACCINATION PROGRAM IS UNDERWAY.

COVID-19 vaccines will keep Australia safe and protect our way of life. The people most at risk of serious illness and those most likely to be exposed to the virus in our communities will be vaccinated first, including:

- Quarantine and border workers
- Frontline health care, disability and aged care workers
- People living in aged and disability care accommodation

Vaccination offers the best protection from COVID-19, but it's also important we all continue to remain COVIDSafe.

To find out when it's your turn, visit australia.gov.au or call the National coronavirus and COVID-19 vaccine helpline **1800 020 080**.

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Thursday, 11 March, 2021 **CQ TODAY 21**

Greenshank braves crocs

On a visit to our local Koorana Crocodile Farm, out in the middle of one of the major pens, on the edge of a sandy area above the water level, was a water bird with mottled grey coloured upper feathers and white underneath right through to its tail.

The bird was a Greenshank. It stands about 35cm high which is quite large for the family of waders.

Like the majority of our migratory species, the Greenshank arrives back in Australia in early Spring from the Northern Hemisphere where this species breeds.

It actually spends its time here in our warm months of Spring and Summer, then heads back north to have its young while it is warmer there.

The main food items eaten by the Greenshank are aquatic animals and insects as well as less frequently, small fish and frogs. Therefore, to be standing where it was, would be an ideal place for its food supply.

I could see a number of crocodiles in the water and a couple sunning themselves on

BIRDS IN
OUR WORLD

KEITH IRELAND



the far side of the dry land where the bird was standing, seemingly quite unconcerned by its nearby neighbours.

I couldn't help hoping that the bird would keep alert in case one of the crocs might decide to try to make it, its next meal.

Safely outside the fence, I moved to where I had a clear view to photograph it. With such a clear day, my photos turned out well and the Greenshank seemed to be totally ignored by all of the reptiles.

Keith Ireland snapped this photo of a Greenshank at the Koorana Crocodile Farm.



The essentials: Firies drop by to scout out new recruits

QFES firefighters dropped in to the Mount Archer Scout Group on Wednesday, 3 March, to talk all things fire safety.

The Cubs also had a great time having a look over the truck.



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Mindfulness meditation

Mindfulness and compassion meditation is held every Saturday from 4.30pm to 5.30pm at the Women's Health Centre at 225 Bolsover St, Rockhampton.

Run by Sama, a Buddhist nun in the Theravada tradition, the sessions focus on the Buddha's 'Four foundations of mindfulness': mindfulness of body, feelings, thoughts and mental states.

Sama has practiced mindfulness for more than 20 years and has studied with a range of mindfulness teachers.

The Women's Health Centre is located at the corner of Bolsover St and Derby St.

BYO cushion, chairs provided. Attendance is free but donations to the Women's Health

Centre are very welcome

Contact: bmsmetta@gmail.com 0478 630 888, text preferred.

Senior Citizens Easter celebrations

The North Rockhampton Senior Citizens Club will host their annual Easter celebrations with a Easter bonnet/hat parade on Friday, 26 March at the Frenchville Sports Club, from 9.30am until 1.30pm.

The club will provide a morning tea and a two course luncheon with entertainment.

Cost is \$15 per person and bookings are essential by Friday, March 19. Contact Joyce on 4928 3688 or Annette on 0499 265 992. Raffles,

lucky door prizes and prize for best bonnet/hat.

Senior Citizens luncheon

The North Rockhampton Senior Citizens Club will host a Seniors Luncheon on Friday, April 23, at the Frenchville Sports Club, featuring Anzac Day celebrations, a morning tea and a two-course luncheon with entertainment, raffles and lucky door prizes.

Cost is \$15 per person and bookings are required by Friday, April 16. Contact Joyce on 4928 3688 or Annette 0499 265 992.

Capricorn Coast Historical Society

Want to do some family research or know more

about your local community?

Have some historical photos, maps or documents to share? Or just need a new calendar full of historic photographs? Capricorn Coast Historical Society has you covered.

The Bunker, located behind the Town Hall in Normanby Street, is open to the public from 9.30am to 12.30pm Tuesdays and Saturdays. Friendly volunteers are on hand to help with your family research enquiries.

They're also available to scan and return your historical photos, documents and maps to include in their highly significant collection.

Membership costs \$10 for a single and \$15 for a couple, and brings a discount on purchases of books and on historical bus trips.

Young and old clean up

Emu Park Lions Club update

Emu Park Lions were extremely pleased with the roll up of 31 people who stepped up for their annual Clean Up Australia Day with ages ranging from the young to the more mature.

Volunteers scoured the main roads on the outskirts of town, throughout the town and the beaches.

Lions Co-ordinator Denis Ratcliffe said that although there was still a large amount of rubbish collected, it was pleasing to note it was down on previous years

It was particularly noted that there are fewer cans and bottles being collected most likely as a result of the container exchange program.

Denis stated there are still too many tyres being disposed of along roadsides instead of being taken to the tip and there was quite a bit of steel located. One syringe was also found along a main road.

Following a two-hour clean up, volunteers returned to a deserving cold drink and sausage sizzle provided by an appreciative Emu Park Lions Club to say thank you for their great efforts.



Emu Park Lions Club were pleased with their haul for Clean Up Australia Day.



Volunteers enjoyed a sausage sizzle after the Emu Park Lions Club's annual clean-up.



Socialising after the clean-up.



Rolling up for registration.

HERE WE GO AGAIN! BACK BY POPULAR DEMAND!



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THURSDAY
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AND SOME SONGS WITH STIG ANDERSON

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Entertainment

WHAT'S ON IN CQ



Families won't want to miss Bluey at the Gladstone Entertainment Centre.



Mamma Mia! is back at the Pilbeam Theatre.

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Every Saturday Yeppoon Community Markets, 6am to 10am, Park Street Yeppoon

The Yeppoon Community Market is held each Saturday morning at the Yeppoon Showgrounds from 6am to 10am. Arrive early for your choice of the freshest local fruit and vegetables the Capricorn Coast has to offer.

Every Sunday Rocky Racecourse Markets, Callaghan Park, Rockhampton, 6am to noon

Rocky Racecourse Markets are held every Sunday and have a variety of stall, local fresh fruit and veggies, and good range of organic fruit and exotic fruits, locally made cakes and biscuits, chutneys and preserves, jewellery, bric-a-brac, ladies and children's fashions, collectable coins and notes, plants, and timber craft.

A recent addition to the markets is organic pork, beef and dairy products, and for a relaxing change try reflexology. Disney character appearances throughout the year will keep the kids entertained.

Tram Rides at Archer Park Rail Museum, Denison Street, Rockhampton

The Archer Park Rail Museum in Denison Street, Rockhampton is open Sundays 9am-1pm. Bring the family along to look through the carriages and steam and diesel engines, change the train signals, see the Morse code table and lots more. You can also enjoy a morning tea in the refreshment room and take a ride on the Purrey Steam Train. Starts at 10am.

March 19 to 28 Mamma Mia! at the Pilbeam Theatre, Rockhampton

Here we go again! The Covid-19 pandemic forced the closure of the record breaking run of Mamma Mia in March 2020, disappointing cast and audiences. Now, by popular demand, the production is being remounted featuring your favourite company members from the 2020 season!

Sunday, March 28 Causeway Lake Markets, Causeway Lake

The Causeway Lake Markets are held on the fourth Sunday of every month from 10am to 12pm at Causeway Lake, at the northern end of the causeway. The stalls have a variety of fresh fruit and vegetables and other home-made products.

Wednesday, March 31 Pete Smith and Bruce Lavender

Pete Smith and Bruce Lavender will be singing at the CDCMA Hall, at the corner of Robinson Street and Diggers Lane, North Rockhampton, on Wednesday, 31 March, starting at 1 pm. Bookings: Ailsa 4927 7282.

Sunday, April 4 Fig Tree Creek Markets, Ross Creek Roundabout, Yeppoon

Fig Tree Creek Markets are organised by Kepel Coast Arts and held on the first Sunday

each month, adjacent to the Capricorn Coast Tourist Information Centre at Ross Creek Roundabout, Yeppoon.

Fig Tree Creek Markets stallholders display, demonstrate and sell unique, handmade, locally designed, home baked and home grown products. Celebrate the local creativity and enjoy live entertainment each month.

Proceeds from the stallholders fees collected also help KCA in other arts related activities within the community.

April 7 to April 14 Archer Park Rail Museum school holiday activities

School holiday activities will be held at Archer Park Rail Museum from Wednesday, April 7 to Wednesday, April 14, 10am to 1pm.

Bring the kids down to enjoy a Purrey Steam Tram ride and wander through the museum.

The older children can collect APRM questionnaires and the adults can supervise them as they go through the museum finding the answers. There are 50 cent colour-in-packs for the younger children and there will be food on sale.

Saturday, 10 April, 8pm at the Pilbeam Theatre Rockhampton

Queen 50th Anniversary - Bohemian Rhapsody

Following a hugely successful 2019 sell-out tour, Queen -Bohemian Rhapsody are returning with a brand new show in 2021 combining Queens greatest hits and a few of the most popular songs on their albums.

Australian Freddie Mercury impersonator Thomas Crane and his hot band Bohemian Rhapsody bring back to life the visual excitement, sound and stage energy as witnessed at a Queen concert.

April 10-11 Bluey's Big Play, Gladstone Entertainment Centre

See Bluey, Bingo, Mum and Dad as you've never seen them before. Join The Heelers in their first live theatre show created just for you with puppetry, live actors and iconic Australian sets. It's a little bit different and a little bit beautiful.

Sunday, 11 April Ben Elton Live, 7.30pm at the Pilbeam Theatre, Rockhampton

Ben Elton announced back in 2019 that he would tour Australia in 2020 with a brand-new stand-up show, Ben Elton Live. But we all know what happened next.

With the country just now opening back up Ben will hit the stage from March 2021 and has added new dates and eight new stops across Australia. He last performed stand up in Australia in 2006 but returned to the stage with a totally sold out 75 date UK tour in 2019, drawing rave reviews.

Various dates Carl Barron: Skating Rink for Flies, Gladstone Entertainment Centre, April 15, Pilbeam Theatre April 13, 14, 17

Voted number one comedian two years running, come along and see Carl's brand new show - Skating Rink for Flies. A night where he ponders things we all think about but never mention. Things like plastic bags, peanut butter and the possible emotions of an ant.

There is no point to this show other than to make you laugh as much as possible. Funny stories from a bloke with a funny head. What more could you ask for.

Legally Blonde, the music

By Jamie McKenzie

Q: With 18 songs in The Musical, which has been the most challenging for you to bring together as an orchestra?

To be honest they have all been equal due to the incredible number of key changes throughout. Mostly I would have to say the Overture and Entract that requires an attachment to all the themes within the musical.

Q: How important is the orchestra in helping convey the energy and inspiration for the cast and audience?

Extremely! Imagine a musical such as Legally Blonde that is using a backing track – the emotional connection between actor to conductor to musician is priceless. It's both seen and heard.

If the audience knows that the actors and the orchestra are performing together in sync, the music has so much more significance than if the actors were performing to a cold mechanical backing track.

The orchestra often sets the scene for parts of the show. People feel a real connection with a live orchestra. A live orchestra can help bring a show to life and has the bonus of being flexible to any on-stage hold-ups or unexpected happenings.



Legally Blonde The Musical orchestra

The cast lift and reenergise immediately they sing with the orchestra. There is a synergy between them that is vital to the show. Also, if there are any issues on stage the orchestra can deal with and cover these immediately. This

would be impossible with a recording. A live orchestra is also important to the audience because they can see and hear musician performing to a professional standard as well as supporting the cast on stage.

Q: What advice would you have for aspiring musicians thinking about getting into theatrical production and musicals?

Be involved with as many events as possible, put yourself out there and give it a go – audition, put your name in the ring. Practice hard, try to be versatile, audition/apply for everything. You never know when you'll get your break.

Advice – practice, commit to your music, have fun with your music and show you are willing to give it a go.

Being a part of an orchestra or stage show cast always builds your skills, and helps you become more in tune with other musicians and performers. It's a great feeling being a part of a beautiful sound made by a team of talented musicians.

Practice, practice, practice! These shows are not ones where you rehearse for 12 months like a team. Hone your technical work and sight-reading skills as they are vital. Be prepared to make mistakes during rehearsals and note these to take home and fix. Then some more practice. Apply for as many auditions as you can.

Q: The obvious question – what is the orchestra's favourite song from the entire performance?

So Much Better

CQToday.com.au **ENTERTAINMENT**

Dancing queens to delight

The return of Mamma Mia! is shaping up to be the hottest ticket in town, with an extra show announced to cater for public demand.

Presented by Rockhampton Regional Council and sponsored by the Friends of the Theatre, Mamma Mia! is inspired by ABBA's timeless songs.

The production was already a hit at the Pilbeam Theatre in 2020 when the Covid-19 pandemic forced its cancellation in its second week.

The extra show is scheduled for Thursday, 25 March at 7.30pm.

Mamma Mia! is directed by Joy Philippi, with musical director Jeanette Douglas, choreographer Lita Hegvold and vocal director Jacinta Delalande. It features all local cast, orchestra, creative and production teams.

Rockhampton Regional Council Community Services portfolio spokesperson, Cr Drew Wickerson, said the additional performance was great news for theatregoers.

"If you haven't already bought tickets,

then I urge you to get in as soon as you can," he said.

"At the moment there are still good seats available for all performances, but the extra show, which has just gone on sale, has a better range of available seating.

"I am pleased to hear that demand has been so strong.

Mamma Mia! features Amanda Hock as Donna, Maddison McDonald as Sophie, Aleah Dillon as Tanya, Lisa Kibblewhite as Rosie, Grant Wolf Whitfield as Sam, Jason Plumb as Bill, Peter Bothams as Harry and Jacob Goves as Sky.

An additional 27 people make up the ensemble.

The show features hit ABBA songs including Dancing Queen, Knowing Me Knowing You, Take a Chance on Me, Money Money Money, SOS, and Mamma Mia.

Show times are: Friday, 19 March, 7.30pm; Saturday, 20 March, 7.30pm; Sunday, 21 March, 1.30pm; Thursday, 25 March, 7.30pm; Friday, 26 March, 7.30pm.



Aleah Dillon, Amanda Hock and Lisa Kibblewhite star in Mamma Mia! at the Pilbeam Theatre.

ST PATRICK'S DAY

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13 MARCH 2021

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Catholic Education
 Diocese of Rockhampton

Good News



Peter Doherty will attend the first assembly of Australia's Fifth Plenary Council later this year.



Catherine Simmonds with Husband Neil.

Plenary Council appointee

Catholic Diocese of Rockhampton has announced one additional new delegate, Mr Peter Doherty, attending the first assembly of Australia's Fifth Plenary Council later this year. He will be joining the current delegation consisting of Bishop Michael McCarthy, Vicar General, Fr. Bryan Hanifin, Mrs Catherine Simmonds and Ms Loretta McKeering.

The Fifth Plenary Council for the Australian Catholic Church is a journey that the Catholic community in Australia is taking to listen, dialogue and discern with one another and, guided by the Holy Spirit, about the future, the role and relevance of the Catholic Church in Australia.

The Plenary preparation, Australia wide, has involved over 220,000 individuals' responses to questions from the initial Listening and Dialogue phases of the journey. One hundred seventy delegates from throughout our vast Diocese attended the Rockhampton Diocesan Assembly 2019, representing the regional 'listening gatherings' held in 2017 and 2018. Bishop Michael said that the listening

and planning in these local gatherings had created a significant amount of anticipation within the Diocese for the opportunity to engage in the broader conversation happening within the Church in Australia, remarking, 'I wish I could take with me in person the whole diocese!'

Archbishop Timothy Costelloe SDB, Plenary Council President, said that Council. "provides a catalyst for the Church to renew the journey of prayer and discernment toward the first assembly in October."

Mr Doherty, from Bundaberg and a third-year seminarian for the Diocese of Rockhampton, said he was, 'humbled to have been considered and now appointed to be a Plenary Council Delegate for the Diocese of Rockhampton'. As a delegate, he said he would be bringing to mind his various visits to the communities in Rockhampton, Gladstone, Baffle Creek, Longreach, Barcaldine, Blackall, Emerald, Tambo, Aramac, Clermont, Moranbah, Mackay, Sarina, Farleigh Walkerston, Finch Hatton, Mirani and Marian; as well as

his recent pastoral placements in Yeppoon and Bundaberg.

Current delegate and local to the Capricorn region, Mrs Simmonds, said she had valued the experience of being involved in both the regional and diocesan assemblies, which has given her, "a good understanding of the challenges and opportunities that our Diocese faces".

Mrs Simmonds remarked that part of this Council's importance is that, "We must read and respond to the signs of the times and creatively embrace new ways of engaging in the evangelising mission of the Church in Central Queensland. The Catholic church has, to quote St Mary of the Cross Mackillop, "never seen a need without doing something about it."

This Plenary Council, she said, is the process of preparing to do just that, "Firstly, to proclaim the Good News of Jesus Christ but also to live the Good News".

Mr Doherty said that he hoped the Plenary Council, "serves not simply, or only, as a vehi-

cle which looks at the exterior procedural architecture and structures of the Church in Australia, but also a, renewal, to be first ourselves evangelised, or, re-evangelised, which having in us begun, becomes that nourishment to fuel and propel the mission which all of us can share with all those others whom we encounter, going out to the spiritual, social, economic, relational and pedagogical peripheries of our communities".

Archbishop Costelloe said prayer, dialogue and discernment have been foundational pillars of the Plenary Council journey and will continue to be so.

"I encourage everyone to read the discernment papers and to take some time in prayer, asking the Holy Spirit to continue to guide our path toward the assemblies and beyond," he said.

Both Mrs Simmonds and Mr Doherty encouraged anyone belonging to the Diocese to continue to reach out to them and the broader Plenary Council process as they head towards the first assembly in October 2021.



CATHOLIC DIOCESE OF ROCKHAMPTON

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From around the Catholic Diocese of Rockhampton

A community of believers witnessing the good news of the Kingdom

St Ursula's College head

St Ursula's College, Yeppoon, began 2021 by welcoming its new principal, Mrs Deborah Ryan, to the campus, and to the Capricorn Coast.

Mrs Ryan, formerly the Assistant Principal – Identity and Culture at St Ursula's College Toowoomba, was appointed by the College Board to commence as Principal in 2021, after the retirement of the College's long-serving Principal, Mrs Catherine Dunbar, in 2020.

Mrs Ryan said she was honoured to have the opportunity to lead St Ursula's, well-known as the only all girls Catholic Boarding and Day Secondary College in Central Queensland, with rich tradition and heritage in the Presentation charism.

"This year, St Ursula's will focus on the value of Compassion, and our theme for the year will be, 'When compassion meets action, lives change.'"

"Along with the teachers and staff of the College, I will work diligently to continue the legacy of success established by the Presentation Sisters," Mrs Ryan said, "I thank Mrs Catherine Dunbar for her extraordinary leadership of the College."

Mrs Ryan and her husband, Brendan, relocated to Yeppoon during the Christmas/New Year period, after spending the past 13 years in Toowoomba.

"I look forward to fostering, in collabora-

tion with students, staff and families, an environment where personal spirituality is developed in order to nurture young women who are strong and confident in being change agents in their world."

"At St Ursula's College, students feel comfortable, self-assured and supported in their learning, and grow as young women of the 21st century; students and staff are encouraged to be bold in their choices and aspirations, and are nurtured to develop a positive growth mindset to achieve personal excellence," Mrs Ryan said.

Mrs Ryan said her vision for the staff and students of the College was to foster an environment that empowered students to engage authentically in the learning process.

Mrs Ryan understands the importance of being a lifelong learner and holds a Bachelor of Education (Hons) and Master of Education from USQ, a Bachelor of Applied Science (Hons) UQ, and is currently completing her studies in a Master of Theology and Leadership at the Broken Bay Institute.

"In 2021, I encourage the College community to look beyond ourselves and strive to develop a sense of concern for others and a spirit of service," Mrs Ryan said.

"May we personally and collectively take to heart the values and strengths of Nano Nagle as we venture forward, continuing to live, love, learn and lead with her vision guiding us."



Mrs Deborah Ryan is the new principal at St Ursula's College, Yeppoon.

Value recognised: Parishioner is a Living Treasure

The Zonta Club of Rockhampton has awarded an annual Living Treasure Award since 2003.

A local woman is identified each year who has made a significant contribution to the community over many years. The Living Treasure Award is judged on the basis of the recipient's achievements in any of the following area(s): social, environmental, economic, professional, financial, political, cultural, spiritual, sporting, education and business.

The criteria used in selecting the recipient include:

- The contributions to the community and achievements of the nominee
- How the nominee has brought about positive change
- How the nominee has inspired or influenced others by her achievements • how the nominee has shared, empowered and or lead others by her achievements and skills
- Other community activities that the nominee is/has been involved with
- How long and with what frequency the nominee has been involved in her community activities

Marg Whitchurch learnt the importance of community early in life as. Although

she was born in Brisbane, her family moved to the small township of Yeppoon when she was two years of age. She was enrolled at St Ursula's College and completed her entire education there, experiencing first-hand the sense of community that Boarding School develops. Marg's care and concern for others was evident in her subsequent career choice; she trained as a nurse at the Mater Hospital in Rockhampton.

Married life presented Marg with two sons – and a move to Emerald but, while there, Marg's first marriage ended so she returned to nursing at the Emerald Hospital. She subsequently met her second husband, Charlie and, with his two daughters, they formed a family of six. With this extended family, Marg no longer worked full-time but any spare time she had was soon spent volunteering. The school Tuckshop, Charlie's Rotary Club, the local Ambulance and Agricultural Show



Marg Whitchurch has been named a ZONTA Living Treasure.

were beneficiaries of her time and generosity as was the newly formed Inner Wheel Club.

In 1986, with their children grown, Marg and Charlie moved to Rockhampton where Charlie started work in Accident and Emergency and Marg took up work in Real Estate, while also devoting time to a small business she had started with a friend. Nevertheless, her efforts with Inner Wheel increased and in time she became President of Inner Wheel Australia and also served on the International Board. Marg's outstanding efforts earned her the prestigious Margarette Golding Award for community service – but her efforts didn't stop there. When Charlie started working for the RFDS, Marg volunteered with the Auxil-

iary and went on to serve as President for 10 years.

Sadly, Charlie passed away in 2007 – but, instead of feeling sorry for herself, Marg poured more time and energy into community service. Her efforts have been amazing. She has been Lifeline Volunteer Counsellor for 27 years and has also been a Team Leader with Lifeline Community Recovery, deployed to assist with the personal aftermath of natural disasters.

Her efforts with the victims of floods, cyclones and bushfires were recognized National Emergency Services Medal.

For the last 26 years also, Marg has volunteered her time for Christmas gift wrapping

on behalf of the Heart Foundation. She has also given great service to her 'old' school, recently completing a six year term as a director of the St Ursula's College Board – an honorary position. Marg is also active in her Church and is a member of the Bereavement Team of St Joseph's Cathedral Parish. Despite all her accomplishments, however, Marg says she feels privileged to serve the community and believes she has gained more than she has given. We sincerely thank and congratulate you, Marg.

Marg was presented with her award by Zonta Club of Rockhampton President, Catherine Dunbar, at the Zonta International Women's Day Breakfast on 8 March.

Verdict in, musical magic

By Jamie McKenzie

The judge's gavel has fallen on Legally Blonde The Musical and the verdict was very positive with the Gladstone Regional Council production, presented by CQ Today, found guilty for being one of the best community musicals to date.

Performed across five nights (25-27 February and 5-6 March) in front of a combined audience of 2945 people at the Gladstone Entertainment Convention Centre (GECC), Legally Blonde The Musical left a lasting impression on attendees who did not object and left the venue with a glowing smile on their face.

The evidence of that was clear with audience testimonials proving nothing but positive: "Best show I've been to for as long as I can remember. Really good choice for audience engagement and something to take away from it all at the end."

"What an amazing show! Such a great night out, it's hard to believe that this is a Community Musical and not a Broadway production!"

"A great job of helping people forget about their trials and tribulations for a few hours and carry them off to an energetic and electric tale."

"I don't know anyone who didn't come out of there smiling."

Piecing together a community musical is no easy feat, requiring a combined effort from the cast, crew, production team, orchestra, staff and ushers – in excess of 100 people – to make each night run as smoothly as possible.

Gladstone Region Mayor Matt Burnett said rehearsals took up to 10 hours per week, with most of the cast and crew giving up every Wednesday night and Sunday for nearly six months. "This was an enormous commitment for the cast and crew, who had to balance their day-to-day lives and work commitments in order to chase their passion for stage performance," Councillor Burnett said. "That commitment proved to be well and truly worth it as the audience witnessed an absolutely fantastic performance."

"Director Jeannine Butler has a knack of bringing the best out of her cast with the support of her Creative Crew, led by Hannah McMillan (Elle Woods), but it's also important to acknowledge the other 40 cast members and the team behind the curtain who help make productions such as Legally Blonde The Musical run like clockwork."

Cr Burnett said the GECC team is currently in the process of planning for the 2022 Combined Schools Musical, with clues to be dropped closer to Easter as to what the production will be.

"All I can say is that it is every exciting and a golden oldie that families will love," he said.

"The 2020 Combined Schools Musical took us on a journey down the yellow brick road with the production of The Wizard of Oz and I'm expecting next year's musical to be just as magical."



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Brothers' Kangaroos with the Large Club of the Year trophy in hand.



The CWA ladies won the Small Club of the Year award and were heavily represented at the dinner.

Sports club celebrates

By Liam Emerton

The Rocky Sports Club celebrated its third annual dinner on Friday night with a great crowd made up from their 97 partner clubs.

The club hosted a buffet style dinner for their patrons and presented awards for employee of the year, small and large clubs of the year.

The honour of Small Club of the Year went to the Country Women's Association while the Large Club of the Year was handed to the Brothers' Kangaroos AFL Club.

The Employee of the Year had the biggest applause of the night with chef Roberto Gabriel presented with the trophy.

Senator Pauline Hanson and Capricornia MP Michelle Landry were both in attendance having partnered to help bring the future Rocky Sports Stadium funding to the club.



Chef Roberto Gabriel walked away with Employee of the Year for Rocky Sports Club. Roberto Gabriel is pictured with club manager Jack Hughes.



The Guide

TOP PICKS OF THE WEEK



SUNDAY MINISERIES: FLESH AND BLOOD

7TWO, 8.30pm

Secrets, lies and betrayal are embellished with an enjoyably humorous and sunny twist in this stylish four-part British thriller. The plot follows three grown-up siblings. Their lives slowly begin to crack apart after their recently widowed mother falls head over heels with a retired GP who, of course, arouses suspicion. Starring Imelda Staunton (pictured, *Vera Drake*), it becomes apparent that the siblings' idyllic childhood, growing up in a gorgeous home on the Sussex coast, wasn't their golden ticket to happiness.



SUNDAY THE LORD OF THE RINGS: THE FELLOWSHIP OF THE RING

7MATE, 8.30pm

From the opening scenes that masterfully detail the back story of J.R.R. Tolkien's tale, to the seamlessly integrated special effects, director Peter Jackson presents a powerful and thoroughly engrossing tale that never lets up on its frenetic pace. Managing to keep the heart of the novel, with only minor tailoring to trim the mammoth detail, Jackson presents a marvellous realisation of mythical Middle-earth. However, the real triumph lies in the casting: Elijah Wood (pictured above) is a revelation as the reluctant hero, hobbit Frodo, Ian McKellen revels in his role of the enigmatic wizard Gandalf, and Viggo Mortensen's consummate depiction of Aragorn/Strider, the noble king-in-waiting, consistently threatens to steal the show.



SATURDAY DEATH IN PARADISE

ABC TV, 7.30pm

Kind of like the *Doctor Who* of detective series, we get a new DI every few seasons of *Death in Paradise*, which keeps this entertaining and not-too-gruesome British comedy-crime drama ticking along just nicely. In series nine, DI Neville Parker (Ralf Little) has landed on the island of Saint Marie, but his debilitating allergies, creepy-crawly phobias and general neurosis has meant this plum job in paradise is more of a living nightmare for him. Luckily, there is always plenty of work to keep him busy. Tonight, Parker and the team investigate after the leader of a survival training course is found dead in the remote forest of a neighbouring island, aptly named 'mosquito island'.

Ralf Little is the new detective in *Death in Paradise*.

FRIDAY RHOD GILBERT: STAND UP TO SHYNESS

SBS VICELAND, 8.30pm

Public speaking is often ranked as one of the biggest fears we can imagine, but for most of us in daily life, standing up and talking in front of large groups of people is not a regular occurrence, so we can get on just fine. But for a surprisingly large portion of society, small group interactions – even just one-on-one – can be equally as terrifying and debilitating. Comedian Rhod Gilbert (pictured) is no stranger to the stage, but it masks his crippling social anxiety and shyness that is no laughing matter. Here, he attempts to get to the bottom of what makes him so shy in the first place and what the experts suggest can be done to reduce its impact.



Friday, March 12

ABC TV (2)

6.00 News Breakfast. **9.00** ABC News Mornings. **10.00** Q+A. (R) **11.00** The Pacific: In The Wake Of Captain Cook With Sam Neill. (Final, PG, R) **12.00** ABC News At Noon. **1.00** Back Roads. (PG, R) **1.30** Outback Ringer. (PG, R) **2.00** Poldark. (PG, R) **3.00** ABC News Afternoons. **4.10** Antiques Roadshow. (PG, R) **5.10** Grand Designs: House Of The Year. (R)

6.00 The Drum. Analysis of the day's news. **7.00** ABC News. Takes a look at today's top stories. **7.30** Gardening Australia. Jane Edmanson explores a natural oasis. **8.30** Vera. (Mav, R) Part 3 of 4. DCI Vera Stanhope investigates a hit-and-run and a stabbing death. **10.00** Mum. (M) Pauline has a visitor. **10.30** State Of The Union. (PGL, R) Tom and Louise discuss their relationship. **10.45** ABC Late News. **11.00** The Vaccine. (R) **11.15** The Weekly With Charlie Pickering. (R) **11.45** Aftertaste. (Final, Mdls, R) **12.15** Rage. (MA15+adhlmsv)

ABC TV PLUS (22) **6am** Children's Programs. **6.10pm** Brave Bunnies. **6.20** Bluey. **6.30** Kiri And Lou. **6.35** The Adventures Of Paddington. **6.45** Andy's Dinosaur Adventures. **7.00** Dino Dana. **7.15** Odd Squad. **7.30** Spicks And Specks. **8.00** Doctor Who. **8.45** Geoffrey Atherden's Liberty Equality Fraternity. **10.15** Anh's Brush With Fame. **10.40** To Be Advised. **11.45** George Clarke's Amazing Spaces. **12.35am** Catalyst. **1.35** Parks And Recreation. **1.55** Reno 91! **2.20** Chewing Gum. **2.45** News Update. **2.50** Close. **5.00** Bing. **5.05** Little Princess. **5.20** Sarah & Duck. **5.25** Hoot Hoot Go! **5.35** Late Programs.

NITV (34) **6am** Morning Programs. **7.20** My Animal Friends. **7.35** Molly Of Denali. **8.00** Little J And Big Cuz. **8.10** Aussie Bush Tales. **8.20** Waabiny Time. **8.45** Wapos Bay. **9.05** Kagagi. **9.30** Bushwhacked! **10.00** Skindigenous. **11.00** Vote Yes For Aborigines. **Noon** Ella. **1.30** Water Is Life. **2.00** Intune O8. **3.00** Wapos Bay. **3.25** Bushwhacked! **3.55** Little J And Big Cuz. **4.00** Musomagic. **4.30** Move It Mob Style. **5.00** Fraggles Rock. **6.00** Pete & Pio's Kai Safari. **6.30** On Country Kitchen. **7.00** NITV News: Nula. **7.30** **MOVIE:** Parenthood. (1989, M) **9.40** First Nations Bedtime Stories. **9.50** Sisters In League. **10.50** Late Programs.

SBS (3)

6.00 WorldWatch. **9.30** Greek News. **10.30** German News. **11.00** Spanish News. **11.30** Turkish News. **12.00** Arabic News F24. **12.30** ABC America: World News Tonight. **1.00** PBS NewsHour. **1.55** How Reagan And Thatcher Saved The World. (PGav, R) **3.00** NITV News: Nula. **3.30** Great British Railway Journeys. (PG, R) **4.00** Great Indian Railway Journeys. (R) **5.05** Jeopardy! (PG) **5.30** Letters And Numbers. (R)

6.00 Mastermind Australia. (PG) **6.30** SBS World News. **7.30** Mystery Of Rome's Sunken City. (Ma, R) **8.30** Going Places With Ernie Dingo. (PG) Ernie Dingo visits Longreach. **9.00** Who Do You Think You Are? **UK: Olivia Colman.** (PG, R) Olivia Colman explores her ancestry. **10.10** The Royals And The Nazis. (M) **11.10** SBS World News Late. **11.40** Travel Man. (R) **12.15** Cycling. UCI World Tour. Paris-Nice Race. Stage 6. **2.15** VICE Guide To Film. (Malv, R) **3.05** Great British Railway Journeys. (R) **4.50** Destination Flavour: Japan Bitesize. (R) **5.00** CGTN English News. **5.15** NHK World English News. **5.30** Deutsche Welle English News.

VICELAND (31) **6am** WorldWatch. **Noon** Figure Skating. ISU Grand Prix. 2020 NHK Trophy. Replay. **2.05** Gaycation. **3.00** Climate Crisis: Make The World Greta Again. **3.40** WorldWatch. **5.05** The Joy Of Painting. **5.35** Shortland Street. **6.05** If You Are The One. **7.05** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** Rhod Gilbert: Stand Up To Shyness. **9.35** Mums Make Porn Germany. **11.25** 24 Hours In Police Custody. **12.20am** News. **12.45** **MOVIE:** The Husband. (2013, MA15+) **2.10** The Movie Show. **2.40** NHK World English News. **3.00** Thai News. **3.30** Bangla News. **4.00** Punjabi News. **4.30** Late Programs.

SBS MOVIES (32) **6am** Black Narcissus. Continued. (1947, PG) **7.30** Forever Enthrall. (2008, PG, Mandarin) **10.10** The Importance Of Being Earnest. (1952) **11.55** Swallows And Amazons. (2016) **1.45pm** The Eagle Has Landed. (1976, PG) **4.15** The Tale Of Despereaux. (2008, PG) **5.55** Hotel Salvation. (2016, PG, Hindi) **7.50** Phantom Of The Paradise. (1974, M) **9.30** Red Joan. (2018) **11.25** Girl. (2018, M, Flemish) **1.25am** The Chef. (2012, M, French) **3.00** White Tiger. (2012, M, Russian) **5.00** The Eagle Has Landed. (1976, PG)

SEVEN (7)

6.00 Sunrise. **9.00** The Morning Show. (PG) **11.30** Seven Morning News. **12.00** **MOVIE:** The Perfect Boss. (2013, Mav, R) Jamie Luner. **2.00** House Of Wellness. (PG) **3.00** The Chase. Hosted by Bradley Walsh. **4.00** Seven News At 4. **5.00** The Chase Australia. Contestants race to answer quiz questions.

6.00 Seven Local News. **6.30** Seven News. **7.00** Better Homes And Gardens. Tips for updating kids' bedrooms. **8.30** **MOVIE:** Ladies In Black. (2018, PGL) A young woman learns about life and love while working at a department store in '50s Sydney, at a time where immigration was booming and multiculturalism was in its formative days. Angourie Rice, Julia Ormond, Rachael Taylor. **10.50** To Be Advised. **12.30** Travel Oz. (PG, R) **1.00** Harry's Practice. (R) **2.00** Home Shopping. (R) **4.00** My Greek Odyssey. (PGL, R) **5.00** NBC Today.

7TWO (72) **6am** Home Shopping. **6.30** Travel Oz. **8.00** Harry's Practice. **8.30** Million Dollar Minute. **9.30** NBC Today. **Noon** House Of Wellness. **1.00** Miniseries: Madoff. **3.00** Million Dollar Minute. **3.30** Weekender. **4.00** Better Homes And Gardens. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Highway Cops. **8.30** Escape To The Country. **9.30** Selling Houses Australia. **10.30** Property Ladder UK. **1am** The Fine Art Auction. **4.00** My Road To Adventure. **4.30** Escape To The Country. **5.30** Home Shopping.

7MATE (73) **6am** The Next Level. **6.30** Fishy Business. **7.30** Creek To Coast. **8.00** American Pickers. **9.00** Pawnography. **10.00** America's Game: The Super Bowl Champions. **11.00** A Football Life. **Noon** Doodson's Preppers. **1.00** Pawn Stars. **1.30** Storage Wars. **2.00** Gold Fever. **3.00** Billion Dollar Wreck. **4.00** Timbersports. **4.30** Pawnography. **5.00** Shipping Wars. **5.30** Storage Wars. **6.00** Football. AFL Women's. Round 7. Gold Coast Suns v Richmond. **8.00** **MOVIE:** Men In Black 3. (2012, PG) **10.10** **MOVIE:** Predators. (2010, MA15+) **12.20am** Billion Dollar Wreck. **1.30** Pawnography. **2.00** Late Programs.

NINE (5)

6.00 Today. **9.00** Today Extra. (PG) **11.30** Morning News. **12.00** The Ellen DeGeneres Show. (PG) **1.00** Amazing Grace. (Ma, R) **2.00** Desperate Housewives. (M, R) **3.00** Tipping Point. (PG) **4.00** Afternoon News. **4.30** Millionaire Hot Seat. (R) **5.30** Nine News Local. The latest news, sport and weather.

6.00 Nine News. **7.00** Rugby League. NRL. Round 1. Brisbane Broncos v Parramatta Eels. **8.55** Golden Point. A post-Brisbane Broncos versus Parramatta Eels match news and analysis. **9.40** **MOVIE:** The Mechanic. (2011, MA15+sv, R) An elite hit man teaches his trade to an apprentice who has a connection to one of his previous victims. Jason Statham, Ben Foster. **11.30** Law & Order: Criminal Intent. (Mav, R) **12.30** Tipping Point. (PG, R) **1.30** TV Shop: Home Shopping. (R) **4.00** Global Shop. **4.30** TV Shop: Home Shopping. (R) **5.30** A Current Affair. (R)

9GEM (52) **6am** TV Shop: Home Shopping. **7.00** Creflo Dollar Ministries. **7.30** TV Shop: Home Shopping. **10.30** The Ellen DeGeneres Show. **11.30** My Favorite Martian. **Noon** Miracle Hospital. **1.00** Days Of Our Lives. **1.55** The Young And The Restless. **2.50** Antiques Roadshow. **3.25** **MOVIE:** Charley Moon. (1956) **5.20** Heartbeat. **6.30** Rugby League. NRL. Round 1. Brisbane Broncos v Parramatta Eels. **7.00** Antiques Roadshow. **7.30** David Attenborough's Seven Worlds, One Planet. **8.40** **MOVIE:** Shooter. (2007, MA15+) **11.10** Lethal Weapon. **12.10am** Antiques Roadshow. **12.35** Late Programs.

9GO! (53) **6am** Children's Programs. **11.00** Dance Moms. **Noon** Royal Pains. **1.00** The Mindy Project. **2.00** Snog, Marry, Avoid? **3.00** Malcolm. **4.00** The Nanny. **4.30** Young Sheldon. **5.30** **MOVIE:** Ella Enchanted. (2004, PG) **7.30** **MOVIE:** Stick It. (2006, PG) **9.35** **MOVIE:** Bring It On. (2000, M) **11.35** Big Heads. **12.35am** Lethal Weapon. **1.30** Surfing Australia TV. **2.00** Snog, Marry, Avoid? **3.00** Beyblade Burst Turbo. **3.30** Ninjago: Masters Of Spinjitzu. **4.00** Pokémon. **4.30** Pokémon Journeys. **4.50** Power Rangers Beast Morphers. **5.10** Bakugan: Armored Alliance. **5.30** Yu-Gi-Oh! Classic.

WIN (8)

6.00 Headline News. **7.30** Entertainment Tonight. (PG, R) **8.00** Studio 10. (PG) **12.00** Dr Phil. (PGal) **1.00** The Living Room. (PG, R) **2.00** Entertainment Tonight. **2.30** Everyday Gourmet With Justine Schofield. (R) **3.00** Judge Judy. **3.30** Freshly Picked With Simon Toohey. **4.00** Farm To Fork. (PG) **4.30** The Bold And The Beautiful. (PG) **5.00** 10 News First.

6.00 WIN News. **6.30** The Project. A look at the day's news. **7.30** The Living Room. (PG, R) The team renovates a cabin. **8.30** The Graham Norton Show. Graham Norton chats with Vicky McClure, Adrian Dunbar, Daisy Ridley, Bryan Cranston and Chiwetel Ejiofor. **9.30** To Be Advised. **10.30** Just For Laughs. (MA15+ls, R) Hosted by Tommy Little. **11.00** WIN's All Australian News. **12.00** The Project. (R) **1.00** The Late Show With Stephen Colbert. (PG) **2.00** Home Shopping. (R)

BOLD (81) **6am** Home Shopping. **8.00** Star Trek: The Next Generation. **9.00** Diagnosis Murder. **10.00** Star Trek: Voyager. **11.00** Jake And The Fatman. **Noon** Nash Bridges. **1.00** WIN's All Australian News. **2.00** Diagnosis Murder. **5.00** JAG. **7.00** Bondi Rescue. **7.30** NCIS. **8.30** Law & Order: SVU. **10.30** CSI: Crime Scene Investigation. **12.30am** Home Shopping. **2.00** Nash Bridges. **3.00** JAG. **4.00** Star Trek: The Next Generation. **5.00** Jake And The Fatman.

PEACH (82) **6am** Frasier. **7.00** Friends. **8.00** Everybody Loves Raymond. **9.00** Frasier. **10.00** Becker. **11.00** Frasier. **Noon** WIN's All Australian News. **1.00** Medium. **3.00** Everybody Loves Raymond. **4.00** Becker. **5.00** Frasier. **6.00** Friends. **6.30** Neighbours. **7.00** Friends. **8.00** The Big Bang Theory. **9.30** The Conners. **10.30** Charmed. **11.30** The Big Bang Theory. **Midnight** Home Shopping. **1.30** Medium. **3.30** Frasier. **4.30** Home Shopping.

Saturday, March 13

ABC TV (2) 6.00 Rage. (PG) 7.00 Weekend Breakfast. 10.00 Rage. (PG) 12.00 ABC News At Noon. 12.30 Dr. Seuss' The Grinch Musical! (R) 1.55 Last Drinks At Frida's. (PG, R) 2.10 Old People's Home For 4 Year Olds. (R) 3.10 Princess Margaret: The Rebel Royal. (PG, R) 4.00 Soccer. A-League. Round 12. Sydney FC v Newcastle Jets. From Netstrata Jubilee Stadium, Sydney.	SBS (3) 6.00 WorldWatch. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Destination Flavour China Bitesize. (R) 2.05 Soccer. Indigenous v National Premier Leagues. Indigenousroos v Queensland. Highlights. 2.35 Sportswoman. 4.05 Travel Man. (R) 4.35 The Story Of God With Morgan Freeman. (PGavw, R) 5.35 Hitler And Churchill. (PGA, R)	SEVEN (7) 6.00 NBC Today. 7.00 Weekend Sunrise. 10.00 The Morning Show: Weekend. (PG) 12.00 Horse Racing. The All-Star Mile Raceday and Chandon Ladies Day. 4.30 Border Security: Australia's Front Line. (PG, R) 5.00 Seven News At 5. 5.30 Creek To Coast.	NINE (5) 6.00 Easy Eats. (R) 7.00 Weekend Today. 10.00 Today Extra: Saturday. (PG) 12.00 Surfing Australia TV. 12.30 Destination WA. 1.05 My Way. 1.35 MOVIE: Annie. (2014, PGA, R) Quvenzhané Wallis, Jamie Foxx, Cameron Diaz. 4.00 The Pet Rescuers. (PG) 4.30 The Garden Gurus. 5.00 News: First At Five. 5.30 Getaway. (PG)	WIN (8) 6am Morning Programs. 12.00 GCBC. (R) 12.30 Destination Dessert. (R) 1.00 10 Minute Kitchen. 1.30 My Market Kitchen. (R) 2.00 Three Blue Ducks. (PGI, R) 2.30 Australia By Design: Innovations. (PG) 3.00 10 Travlr Northern Territory. (R) 3.30 Everyday Gourmet. (R) 4.00 Freshly Picked With Simon Toohey. (R) 4.30 Farm To Fork. (PG, R) 5.00 News.
6.00 Ask The Doctor: Alcohol Risks. (PG, R) The team takes a look at alcohol. 6.30 Landline. Presented by Pip Courtney. 7.00 ABC News. Takes a look at today's top stories. 7.30 Death In Paradise. (Madv) DI Neville Parker investigates the death of a survival expert on a remote island near Saint Marie. 8.30 Call The Midwife. (PG) May's adoption by the Turners comes under threat when someone from her past appears in the UK from Hong Kong. Kevin returns to work with Dr Turner. Valerie's cousin gets some bad news about her baby. 9.30 Harrow. (Mav, R) As Harrow's attempts to reconnect with his son are frustrated, Fern and James grow closer. 10.25 Miniseries: Apple Tree Yard. (Malv, R) Part 3 of 4. 11.20 Press. (Mls, R) Amina feels defeated. 12.20 Rage. (MA15+adhlmsv)	6.30 SBS World News. 7.35 The World's Most Scenic Railway Journeys: South Africa. (Return, PG) Narrated by Bill Nighy. 8.30 MOVIE: Monty Python's Life Of Brian. (1979, Maln, R) During the Roman occupation of Judea, a young man's actions lead to him being mistaken for the Messiah. Graham Chapman, John Cleese. 10.10 Kubrick In His Own Words. (MA15+av, R) An insight into the work of Stanley Kubrick. 11.20 Cycling. UCI World Tour. Paris-Nice Race. Stage 7. 1.20 VICE Guide To Film. (MA15+alv, R) 3.00 Great British Railway Journeys. (R) 4.45 Destination Flavour: Japan Bitesize. (R) 4.55 Destination Flavour: Singapore Bitesize. (R) 5.00 CGTN English News. 5.15 NHK World English News. 5.30 Deutsche Welle English News.	6.00 Seven News. 7.00 Border Security: Australia's Front Line. (PG) A student says he has nothing to declare to biosecurity, but an X-ray of his bag reveals otherwise. 7.30 MOVIE: Shazam! (2019, Mav) A young boy's life takes an unexpected turn when he inherits the superpowers of a wizard. Zachary Levi, Mark Strong, Asher Angel. 10.30 MOVIE: Lone Survivor. (2014, MA15+lv, R) Four US Navy SEALs are dropped behind enemy lines in Afghanistan to locate a Taliban commander. Mark Wahlberg, Taylor Kitsch. 1.00 Andrew Denton's Interview. (Ma, R) Hosted by Andrew Denton. 2.00 Home Shopping. (R) 4.00 Get Arty. (R) A showcase of art projects. 5.00 House Of Wellness. (PG, R)	6.00 Nine News Saturday. 7.00 A Current Affair. 7.30 Space Invaders. (PG) Experts help people declutter their lives. 8.30 MOVIE: The Bourne Identity. (2002, Mlv, R) A man sets out to discover his identity after being hauled from the ocean with amnesia. Matt Damon, Franka Potente, Chris Cooper. 10.45 MOVIE: The American. (2010, MA15+lsv, R) A contract killer designs a sniper rifle. George Clooney. 12.35 Surfing Australia TV. (R) 1.05 Australia's Top Ten Of Everything. (Mls) 2.00 TV Shop: Home Shopping. (R) 4.30 Global Shop. 5.00 TV Shop: Home Shopping. (R) 5.30 Wesley Impact. (R)	6.00 To Be Advised. 8.00 Ambulance. (Return, Mal) Takes a look at the London Ambulance Service as it deals with all manner of crises. Amid stabbings, overdoses, accidents and heart attacks, dispatcher Mandy reflects on losing her son. 10.20 To Be Advised. 11.50 Inside The Children's Hospital. (PG, R) David Tennant narrates a behind-the-scenes look at the Royal Aberdeen Children's Hospital, one of Scotland's busiest medical institutions, by exploring the lives of the young patients and staff. 12.30 Home Shopping. (R) 5.00 Hour Of Power. Religious program.

ABC TV PLUS (22) 6am Children's Programs. 7.15pm Sir Mouse. 7.30 Spicks And Specks. 8.00 QI. 8.30 Live At The Apollo. 9.20 Ross Noble: Stand Up Series. 9.50 Would I Lie To You? 10.25 Why Are You Like This. 10.50 High Fidelity. 11.15 Penn & Teller: Fool Us. Midnight Escape From The City. 12.55 Would I Lie To You? 1.30 This Country. 2.25 News Update. 2.30 Close. 5.00 Bing. 5.10 Little Princess. 5.20 Late Programs.	6am WorldWatch. 8.30 To Be Advised. 11.30 WorldWatch. Noon MOVIE: St. Trinian's. (2007, M) 1.50 Ralph. 2.00 New Girl. 3.00 Insight. 4.00 WorldWatch. 4.30 Basketball. NBL. Brisbane Bullets v Sydney Kings. 6.30 PBS News. 7.30 Australia In Colour. 8.30 The X-Files. 9.20 Romulus. 11.20 The Sunny Side Of Sex. 12.15am Vogue Williams: Wild Girls. 1.15 Late Programs.	7TWO (72) 6am Morning Programs. 10.00 Animal Rescue. 11.00 Horse Racing. The All-Star Mile Raceday and Chandon Ladies Day. Noon Weekender. 12.30 Creek To Coast. 1.00 House Of Wellness. 2.00 Sydney Weekender. 2.30 The Great Australian Doorstep. 3.00 Property Ladder UK. 5.30 The Great Outdoors: Greatest Escapes. 6.30 The Yorkshire Vet. 8.30 Escape To The Country. 11.30 Late Programs.	9GEM (52) 6am Newstyle Direct. 6.30 TV Shop. 10.00 My Favorite Martian. 10.30 Edgar Wallace Mysteries. 11.50 Hitchcock. 12.20pm MOVIE: The Small Voice. (1948, PG) 2.05 MOVIE: Pacific Destiny. (1956) 4.05 MOVIE: Shane. (1953) 6.30 Rugby Union. Super Rugby. Round 4. Brumbies v Queensland Reds. 8.45 Super Rugby Post-Match. 9.00 MOVIE: 21 Grams. (2003, MA15+) 11.30 Late Programs.	BOLD (81) 6am Home Shopping. 9.00 Star Trek: Voyager. 10.00 Diagnosis Murder. Noon JAG. 1.00 The Doctors. 2.00 Jake And The Fatman. 4.00 iFish. 4.30 Mighty Machines. 5.00 Escape Fishing With ET. 5.30 Scorpion. 7.30 NCIS. 8.30 NCIS: New Orleans. 10.20 To Be Advised. 11.20 L.A.'s Finest. 12.15am Hawaii Five-0. 1.10 48 Hours. 2.10 Elementary. 3.10 The Doctors. 5.00 Home Shopping.
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NITV (34) 6am Morning Programs. 2.30pm Basketball. Indigenous C'ships. Replay. 3.30 Boxing Night To Remember. 4.00 Rugby League. Koori Knockout. 2019. Men's. Googars v Castlereigh All Blacks. Replay. 5.00 On The Road. 6.00 Going Places. 7.00 Sisters. 7.30 News. 7.40 Through The Wormhole With Morgan Freeman. 8.30 For My Father's Kingdom. 10.15 MOVIE: Vai. (2019, PG) 11.45 Late Programs.	SBS MOVIES (32) 6am The Eagle Has Landed. Continued. (1976, PG) 7.30 The Importance Of Being Earnest. (1952) 9.15 The Tale Of Despereaux. (2008, PG) 10.55 Hotel Salvation. (2016, PG, Hindi) 12.50pm Forever Enthralled. (2008, PG, Mandarin) 3.30 The Red Turtle. (2016, PG, No dialogue) 5.00 Esio Trot. (2015, PG) 6.40 Swallows And Amazons. (2016) 8.30 Boys Don't Cry. (1999, MA15+)	7MATE (73) 6am Morning Programs. 9.00 Billion Dollar Wreck. 10.00 Motor Racing. TCR Australia Touring Car Series. Round 2. 2pm Pawn Stars. 2.30 Fish'n With Mates. 3.00 Rides Down Under: Workshop Wars. 4.00 Football. AFL Women's. Round 7. Brisbane Lions v Fremantle. 6.00 Megastructures. 7.00 Building Giants. 8.00 Mighty Ships. 9.00 Mighty Cruise Ships. 10.00 Air Crash Investigation. 11.00 Late Programs.	9GO! (53) 6am Children's Programs. 1.45pm Xtreme Collxion. 2.45 MOVIE: Big Mommas: Like Father, Like Son. (2011, PG) 5.00 MOVIE: Evan Almighty. (2007) 7.00 MOVIE: Despicable Me 3. (2017, PG) 8.45 MOVIE: The Spy Who Dumped Me. (2018, MA15+) 11.00 Big Heads. Midnight A Night With My Ex. 1.00 After The Raves. 2.00 Xtreme Collxion. 3.00 Power Rangers Dino Charge. 3.30 Late Programs.	PEACH (82) 6am Frasier. 7.00 Friends. 8.00 Everybody Loves Raymond. 9.00 Frasier. 10.00 Becker. 11.00 The Middle. 11.30 The Amazing Race Australia. 2pm Everybody Loves Raymond. 3.30 Friends. 6.00 Columbo. 7.30 Kojak. 8.30 Spyforce. 9.30 The Big Bang Theory. 10.30 The Middle. Midnight Home Shopping. 1.30 2 Broke Girls. 4.00 Mom. 4.30 Home Shopping.
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Do you have an event coming up?

We want to know!

Send the details to editorial@cqtoday.com.au and we'll publish it in our weekly Events Calendar.

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Sunday, March 14

ABC TV (2) 6.00 Rage. (PG) 7.00 Weekend Breakfast. 9.00 Insiders. 10.00 Offsiders. 10.30 The World This Week. (R) 11.00 Compass. (PG, R) 11.30 Songs Of Praise. (R) 12.00 ABC News At Noon. 12.30 Landline. 1.30 Gardening Australia. (R) 2.30 The Mix: The Music. (R) 3.00 Soccer. W-League. Round 12. Melbourne City v Newcastle Jets. 5.05 Australia Remastered. (R)	SBS (3) 6.00 WorldWatch. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 Destination Flavour China Bitesize. (R) 1.15 Space Shuttle: Triumph And Tragedy. (PGA, R) 3.00 Beach Volleyball. ABVT Tour. Finals. 5.00 Sportswoman. 5.30 Hitler's Last Year. (PGA, R)	SEVEN (7) 6.00 NBC Today. 7.00 Weekend Sunrise. 10.00 The Morning Show: Weekend. (PG) 12.00 House Of Wellness. (PG, R) 1.00 Beach Cops. (PG, R) 1.30 Highway Patrol. (PG, R) 2.00 MOVIE: The Maltese Falcon. (1941, PGav, R) Humphrey Bogart, Mary Astor, Gladys George. 4.00 Better Homes And Gardens. (R) 5.00 Seven News At 5. 5.30 Weekender.	NINE (5) 6.00 Easy Eats. 7.00 Weekend Today. 10.00 Sports Sunday. (PG) 11.00 NRL Sunday Footy Show. (PG) 1.00 Women's Footy. (PG) 2.00 Rugby League. NRL. Round 1. Canberra Raiders v Wests Tigers. 5.00 News: First At Five. 5.30 My Way. (PG) Hosted by Tim Blackwell.	WIN (8) 6am Morning Programs. 8.00 GCBC. (R) 8.30 My Market Kitchen. (R) 9.00 Australia By Design: Innovations. (PG, R) 9.30 St10. (PG) 12.00 All 4 Adventure. (PGI, R) 1.00 The Offroad Adventure Show. 2.00 Taste Of Australia. (R) 2.30 Farm To Fork. (PG, R) 3.00 Freshly Picked With Simon Toohey. (R) 3.30 Roads Less Travelled. (R) 4.00 The Amazing Race Australia. (R) 5.00 News.
6.05 Antiques Roadshow. Hosted by Fiona Bruce. 7.00 ABC News Sunday. 7.40 Grand Designs New Zealand. Hosted by Chris Moller. 8.30 Harrow. (Mv) Harrow investigates the deaths of a teenager and a teacher, who both died from similar causes. 9.20 Silent Witness. (Madv) Nikki investigates when the body of a woman is found on railway tracks, badly damaged from electrical burns. 10.20 Miniseries: Patrick Melrose. (Madls, R) Part 2 of 5. 11.25 Line Of Duty. (Mav, R) 12.25 Wentworth. (Madlv, R) 1.15 Rage. (MA15+adhlmsv) 4.10 Wentworth. (Madlv, R) 5.00 Insiders. (R)	6.30 SBS World News. 7.35 Michael Palin In North Korea. (R) Part 1 of 2. 9.20 Burger Wars: Burger King Vs McDonald's. (MI, R) Examines Burger King and McDonald's. 10.10 Meat: A Threat To Our Planet? (Ma, R) 11.15 24 Hours In Police Custody. (Mal, R) 12.10 Michael Mosley: A History Of Surgery. (PGA, R) 1.10 Cycling. UCI World Tour. Paris-Nice Race. Final stage. Nice to Nice. 110.5km hilly stage. From France. 3.10 Great British Railway Journeys. (R) 4.55 Destination Flavour: Singapore Bitesize. 5.00 CGTN English News. 5.15 NHK World English News. 5.30 Deutsche Welle English News.	6.00 Seven News. 7.00 7NEWS Presents: Ivan Milat – Buried Secrets. Part 1 of 2. 9.10 MOVIE: Kingsman: The Golden Circle. (2017, Mlsv, R) After the Kingsmen are attacked by a mysterious enemy, Eggsy and Merlin are the organisation's sole survivors and must join forces with their US counterpart, the Statesman, to defeat the villain's plan. Taron Egerton, Colin Firth, Mark Strong. 12.25 The Guardian. (Madv, R) A judge rules against one of Nick's clients. 1.25 Medical Emergency. (PG, R) 2.00 Home Shopping. (R) 3.30 Million Dollar Minute. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.	6.00 Nine News. 7.00 Married At First Sight. (PGIs) The social experiment continues. 8.40 60 Minutes. Current affairs program, investigating, analysing and uncovering the issues affecting all Australians. 9.40 Nine News Late. Takes a look at the latest news and events from Australia and around the world. 10.10 Australian Crime Stories: The X Factor. (M, R) A look at the case of Nicola Gobbo. 11.20 Forensics: The Real CSI: The Harvest. (Ma, R) Part 1 of 3. 12.30 Young, Dumb And Banged Up In The Sun. (MA15+adlv) 1.30 TV Shop: Home Shopping. 4.00 Take Two. 5.00 News Early Edition. 5.30 Today.	6.30 The Sunday Project. Panellists dissect, digest and reconstitute the daily news, events and hottest topics. 7.30 The Amazing Race Australia. Starting in Hobart, the teams head back in time at the historic town of Ross where they must compete in a gruelling challenge of strength and stamina while shackled and dressed as convicts. Hosted by Beau Ryan. 8.30 FBI: Most Wanted. Follows agents of the Fugitive Task Force as they pursue criminals on the FBI's Most Wanted list. 10.30 The Sunday Project. (R) Panellists dissect, digest and reconstitute the daily news, events and hottest topics. 12.00 Home Shopping. (R) 3.30 CBS This Morning. Morning news and talk show. 5.00 Headline News Early.
ABC TV PLUS (22) 6am Children's Programs. 7.15pm Sir Mouse. 7.30 Spicks And Specks. 8.00 Compass. 8.30 Louis Theroux: African Hunting Holiday. 9.30 Mambo: Art Irritates Life. 10.30 Catalyst. 11.30 Harry Seidler: Modernist. 12.25am You Can't Ask That. 1.00 Restoration Australia. 1.55 Would I Lie To You? (Final) 2.25 This Country. 2.55 News Update. 3.00 Close. 5.05 Little Princess. 5.20 Sarah & Duck. 5.25 Late Programs.	6am WorldWatch. 7.30 To Be Advised. 10.30 WorldWatch. 11.00 Motorcycle Racing. Austn Superbike C'ship. 2pm New Girl. 3.00 WorldWatch. 3.30 Basketball. NBL. Perth Wildcats v Adelaide 36ers. 5.30 The Movie Show. 6.00 The Pizza Show. 6.30 Brooklyn Nine-Nine. 7.00 Monty Python's Flying Circus. 7.35 Abandoned Engineering. 8.30 Planet Expedition. 9.30 Wet Markets Exposed. 10.20 Late Programs.	7TWO (72) 6am Morning Programs. 7.30 Leading The Way. 8.00 David Jeremiah. 8.30 Shopping. 9.00 The Great Australian Doorstep. 9.30 Your 4x4. 10.00 Motor Racing. TCR Australia Touring Car Series. Round 2. 2pm House Of Wellness. 3.00 The Zoo. 3.30 The Yorkshire Vet. 4.30 Escape To The Country. 8.30 Miniseries: Flesh And Blood. (Premiere) 9.30 Bodyguard. 10.40 Late Programs.	9GEM (52) 6am Morning Programs. 8.30 The Incredible Journey. 9.00 TV Shop. 10.00 My Favorite Martian. 10.30 Avengers. 11.30 Rainbow Country. Noon Hitchcock. 12.30 Garden Gurus. 1.00 Getaway. 1.30 MOVIE: Three Hats For Lisa. (1966) 3.30 MOVIE: Southwest Passage. (1954, PG) 5.00 MOVIE: How To Murder Your Wife. (1965, PG) 7.30 Death In Paradise. 8.40 Chicago P.D. 9.40 Chicago Fire. 10.40 Late Programs.	BOLD (81) 6am Home Shopping. 7.30 Key Of David. 8.00 Bondi Rescue. 8.30 Star Trek: Voyager. 10.30 Escape Fishing With ET. 11.00 Scorpion. 1pm The Doctors. 2.00 Australia By Design: Innovations. 2.30 Buy To Build. 3.00 Fishing Edge. 4.00 Fishing Australia. 5.00 iFish. 5.30 Bondi Rescue. 6.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 9.25 NCIS: Los Angeles. 10.20 48 Hours. 11.20 Late Programs.
NITV (34) 6am Morning Programs. 10.00 Softball. SA Premier League. 11.30 Rugby Union. NT Monsoon Rugby Union. 1pm Bowls. SA Super League. 1.30 Boxing Night To Remember. 2.00 Football. CAFL. 3.45 Football. Monsoon AFL. 5.45 African News. 6.00 APTN National News. 6.30 Art + Soul. 7.30 NITV News Update. 7.40 Going Places With Ernie Dingo. 8.40 I Am Ali. 10.35 Intune 08: The Flood Concert. 11.35 Late Programs.	SBS MOVIES (32) 6am Hotel Salvation. Continued. (2016, PG, Hindi) 7.35 Swallows And Amazons. (2016, PG) 9.25 The Eagle Has Landed. (1976, PG) 11.55 The Red Turtle. (2016, PG, No dialogue) 1.25pm Tom Thumb. (2001, PG, French) 3.05 Wadjdja. (2012, PG, Arabic) 4.55 Belle And Sebastian 3. (2017, PG, French) 6.35 The Ash Lad. (2017, PG, Norwegian) 8.30 Capernaum. (2018, M, Lebanese Arabic) 10.50 Late Programs.	7MATE (73) 6am Morning Programs. 10.00 Buccaneers & Bones. 11.00 The Fishing Show. Noon Football. AFL Women's. Round 7. North Melbourne v Melbourne. 2.00 Shipping Wars. 3.00 Mighty Ships. 4.00 Graveyard Carz. 5.00 Counting Cars. 6.00 Last Car Garage. 6.30 Border Patrol. 7.00 Border Security. 8.30 MOVIE: The Lord Of The Rings: The Fellowship Of The Ring. (2001, M) 12.05am Late Programs.	9GO! (53) 6am Children's Programs. 1.30pm Liquid Science. 2.00 Dance Moms. 4.00 MOVIE: Open Season: Scared Silly. (2015, PG) 5.40 MOVIE: Alvin And The Chipmunks: The Road Chip. (2015, PG) 7.30 MOVIE: Star Trek. (2009, M) 10.00 MOVIE: Star Trek: Generations. (1994, PG) 12.20am Liquid Science. 1.20 Dance Moms. 3.00 Power Rangers Dino Charge. 3.30 Thunderbirds. 4.30 Pokémon. 4.50 Late Programs.	PEACH (82) 6am The Brady Bunch. 8.00 The Big Bang Theory. 9.00 Neighbours. 11.30 Everybody Loves Raymond. 1pm The Amazing Race Australia. 2.00 Everybody Loves Raymond. 3.30 Friends. 6.00 The Big Bang Theory. 9.00 Friends. 10.30 2 Broke Girls. Midnight Home Shopping. 1.30 Mom. 3.30 Everybody Loves Raymond. 4.30 Home Shopping.

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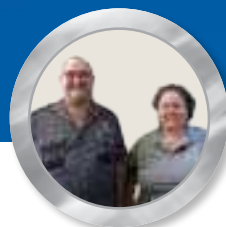
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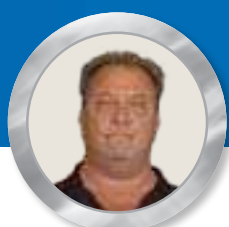
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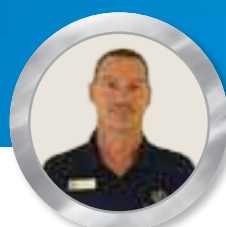
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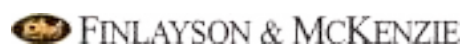
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Storm V Rabbitohs

Knights V Bulldogs

Broncos V Eels

Warriors V Titans

Roosters V Sea Eagles

Panthers V Cowboys

Raiders V Tigers

Dragons V Sharks

Monday, March 15

ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Landline. (R) 11.00 Grand Designs New Zealand. (R) 12.00 ABC News At Noon. 1.00 Death In Paradise. (Madv, R) 2.00 Parliament Question Time. 3.15 ABC News Afternoons. 4.10 Antiques Roadshow. (R) 5.10 Grand Designs New Zealand. (PG, R)	SBS (3) 6.00 WorldWatch. 6.30 This Week. 7.30 WorldWatch. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 Al Jazeera News. 2.00 Destination Flavour China Bitesize. (R) 2.05 Elizabeth I And Her Enemies. (Ma, R) 3.00 Who Do You Think You Are? (PG, R) 4.00 Great Indian Railway Journeys. (PG, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)	SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: Dark Desire. (2012, Masv, R) 2.00 Criminal Confessions: Gainesville. (Malv, R) 3.00 The Chase. 4.00 Seven News At 4. 5.00 The Chase Australia.	NINE (5) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Ellen DeGeneres Show. (PG) 1.00 Explore. (R) 1.15 Married At First Sight. (PGIs, R) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 Nine News Local.	WIN (8) 6.00 Headline News. 7.30 Entertainment Tonight. (PG, R) 11.00 63rd Annual Grammy Awards. 2.30 Entertainment Tonight. (PG) 3.00 Judge Judy. (PG) 3.30 Freshly Picked With Simon Toohey. 4.00 Farm To Fork. (PG) 4.30 The Bold And The Beautiful. (PG) 5.00 10 News First.
6.00 The Drum. 7.00 ABC News. 7.30 7.30 . Presented by Leigh Sales. 8.00 Australian Story. Austral-ians tell personal stories. 8.30 Four Corners. Investigative journalism program that leads national debate and confronting issues that matter. 9.15 Media Watch. (PG) Paul Barry takes a look at the latest issues affecting media consumers. 9.35 Being Frank: The Frank Gardner Story. (Ma) Frank Gardner explores disability. 10.25 ABC Late News. 11.00 Catalyst: Kill Or Cure – The Story Of Venom. (Final, PGm, R) 11.55 Wentworth. (Madl, R) 12.50 Parliament Question Time. 1.50 Rage. (MA15+adhlnsv) 3.40 Wentworth. (Madl, R) 4.30 The Drum. (R) 5.30 7.30. (R)	6.00 Mastermind Australia. (PG) Presented by Marc Fennell. 6.30 SBS World News. 7.35 The Secret Life Of Lighthouses. (PG) Part 2 of 3. 8.30 24 Hours In Emergency: Someone To Lean On. (M) An elderly woman is rushed to St George's Hospital after falling while out walking her dog. 9.25 The Story Of The Songs: Rod Stewart. (M) Takes a look at three tracks that cemented singer, songwriter Rod Stewart as a musical icon. 10.20 SBS World News Late. 10.50 Outlander. (Mav) 11.50 Berlin Station. (Malsv, R) 3.40 Great British Railway Journeys. (R) 4.50 Destination Flavour: Japan Bitesize. (R) 5.00 CGTN English News. 5.15 NHK World English News. 5.30 Deutsche Welle English News.	6.00 Seven Local News. 6.30 Seven News. 7.00 Home And Away. (PG) 7.30 Ultimate Tag. (PG) A high-octane physical competition that takes the popular childhood game of tag to new heights. 9.00 9-1-1. (M) The 118 come to the aid of a man pinned under a four-wheel drive, and a garage band in distress. 10.00 The Rookie. (M) A rookie is involved in a shooting. 11.00 The Latest: Seven News. 11.30 Station 19. (Ma) Jack and Maya treat people stuck in a train. 12.30 The Guardian. (Madv, R) 1.30 Medical Emergency. (PG, R) 2.00 Home Shopping. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.	6.00 Nine News. 7.00 A Current Affair. 7.30 Married At First Sight. (Mal) The social experiment continues. 9.10 Under Investigation: Putin's Poison. (PGa) Experts take a look at claims that Russian President Vladimir Putin's agents have been poisoning his enemies. 10.10 100% Footy. (Return, M) Features the latest rugby league news. 11.10 Nine News Late. A look at the latest news and events. 11.40 The First 48: 10th Anniversary Special. (Mav) 1.20 Explore. (R) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. 3.00 TV Shop: Home Shopping. (R) 4.00 Take Two. (R) 5.00 News Early Edition. 5.30 Today.	6.00 WIN News. 6.30 The Project. A look at the day's news. 7.30 The Amazing Race Australia. The teams compete in a series of quirky challenges to reach their next clues in the race. 9.00 Hughesy, We Have A Problem. Dave Hughes is assisted by Becky Lucas and Nazeem Hussain, as well as a panel of celebrities, to discuss solutions to problems experienced in modern Australian life. 10.00 The Graham Norton Show. (R) Guests include Bryan Cranston. 11.00 The Project. (R) A look at the day's news. 12.00 WIN's All Australian News. 1.00 The Late Show With Stephen Colbert. (PG) 2.00 Home Shopping. (R) 3.30 CBS This Morning. 5.00 Headline News Early.

ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. 8.00 Doctor Who. 8.45 Earth's Tropical Islands. 9.45 George Clarke's Amazing Spaces. 10.35 Escape From The City. 11.35 Adam Hills: The Last Leg. 12.15am Would I Lie To You? 12.45 Parks And Recreation. 1.10 Reno 911! 1.30 Chewing Gum. 1.55 Josh. 2.25 News Update. 2.30 Close. 5.00 Grandpa Honeyant. 5.05 Late Programs.	VICELAND (31) 6am WorldWatch. Noon To Be Advised. 2.00 The Curse Of Oak Island. 2.50 DNA Nation. 3.55 WorldWatch. 4.20 This Week. 5.15 The Joy Of Painting. 5.45 Shortland Street. 6.15 Forged In Fire Latin America. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 Taskmaster: Champion Of Champions. 9.25 RockWiz. 10.20 Hamilton's Pharmacopeia. (Return) 11.10 ZeroZeroZero. 12.15am Late Programs.
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NITV (34) 6am Morning Programs. 1.55pm Art + Soul. 2.55 Anthem Sessions Interstitials. 3.00 Jarjums. 4.30 Move It Mob Style. 5.00 Fraggie Rock. 6.00 Pete & Pio's Kai Safari. 6.30 On Country Kitchen. 7.00 Our Stories. 7.20 News. 7.30 Ralph. 7.40 Through The Wormhole With Morgan Freeman. 8.30 Karla Grant Presents. 9.20 Power Meri. 10.15 Relentless: The Sylvia Scharper Story. 10.50 Late Programs.	SBS MOVIES (32) 6am Morning Programs. 6.05 The Red Turtle. (2016, PG, No dialogue) 7.35 From Up On Poppy Hill. (2011, PG) 9.15 Esio Trot. (2015, PG) 10.55 Alpha. (2018, PG) 12.40pm The Ash Lad. (2017, PG, Norwegian) 2.40 The Circle. (2000, PG, Farsi) 4.20 Thunderbirds. (2004, PG) 6.05 Tom Thumb. (2001, PG, French) 7.45 The Mermaid. (2016, M, Mandarin) 9.30 The Boxer. (1997, M) 11.35 Late Programs.	7MATE (73) 6am Morning Programs. 8.00 Shipping Wars. 9.00 Graveyard Carz. 10.00 America's Game. 11.00 A Football Life. Noon Doomsday Preppers. 1.00 Ax Men. 2.00 Gold Fever. 3.00 Counting Cars. 4.00 Last Car Garage. 4.30 Billion Dollar Wreck. 5.30 Storage Wars. 6.00 American Pickers. 7.00 Pawn Stars. 7.30 Pawn Stars South Africa. 8.00 Pawn Stars UK. 8.30 MOVIE: Rampage. (2018, M) 10.40 Late Programs.	9GO! (53) 6am Children's Programs. 11.00 Dance Moms. Noon Royal Pains. 1.00 The Mindy Project. 2.00 Snog, Marry, Avoid? 3.00 Social Fabric. 4.00 Dance Moms. 5.00 Baywatch. 6.00 Malcolm. 7.00 The Nanny. 7.30 RBT. 8.30 MOVIE: Under Siege 2. (1995, MA15+) 10.30 Paranormal Caught On Camera. 11.30 The Nanny. Midnight Generation X. 1.00 Big Heads. 2.00 Snog, Marry, Avoid? 3.00 Late Programs.	PEACH (82) 6am Everybody Loves Raymond. 7.00 The Middle. 8.30 Everybody Loves Raymond. 10.00 The Big Bang Theory. 11.00 Frasier. Noon WIN's All Australian News. 1.00 Medium. 3.00 Everybody Loves Raymond. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 Two And A Half Men. 11.00 Late Programs.
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WIN A RARE SPARES ROCKYNATS

General Admission 3-day passes

See page 38 for details

Tuesday, March 16

ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Four Corners. (R) 10.45 Water. (PG, R) 11.00 Antiques Roadshow. (R) 12.00 ABC News At Noon. 1.00 Call The Midwife. (PG, R) 2.00 Parliament Question Time. 3.15 ABC News Afternoons. 4.10 Antiques Roadshow. (R) 5.10 Grand Designs New Zealand. (PG, R)	SBS (3) 6.00 WorldWatch. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Destination Flavour China Bitesize. (R) 2.10 Elizabeth I And Her Enemies. (Msv, R) 3.00 Who Do You Think You Are? (PG, R) 4.00 Great Indian Railway Journeys. (R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)	SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: High School Lover. (2017, Madsv, R) 2.00 Criminal Confessions: Eunice. (Madlv, R) 3.00 The Chase. 4.00 Seven News At 4. 5.00 The Chase Australia.	NINE (5) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Ellen DeGeneres Show. (PG) 1.00 The Garden Gurus. (R) 1.30 Married At First Sight. (Mal, R) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 Nine News Local.	WIN (8) 6.00 Headline News. 7.30 Entertainment Tonight. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGal) 1.00 The Amazing Race Australia. (R) 2.30 Entertainment Tonight. (PG) 3.00 Judge Judy. (PG) 3.30 Freshly Picked With Simon Toohey. 4.00 Farm To Fork. (PG) 4.30 The Bold And The Beautiful. (PG) 5.00 10 News First.
6.00 The Drum. Analysis of the day's news. 7.00 ABC News. Takes a look at today's top stories. 7.30 7.30 . Presented by Leigh Sales. 8.00 Foreign Correspondent. International affairs program. 8.30 EXPOSED: The Ghost Train Fire. (Ma) Part 1 of 3. Caro Meldrum-Hanna exposes the truths behind the tragic 1979 Ghost Train fire at Sydney's Luna Park. 10.00 The Truth About Boosting Your Immune System. (PG) 10.55 ABC Late News. 11.25 Q+A. (R) 12.40 Wentworth. (Malv, R) 1.30 Parliament Question Time. 2.30 Rage. (MA15+adhlnsv) 3.40 Wentworth. (Malv, R) 4.30 The Drum. (R) 5.30 7.30. (R)	6.00 Mastermind Australia. (PG) 6.30 SBS World News. 7.30 Great Australian Railway Journeys: Canberra To Melbourne. (PGa, R) Hosted by Michael Portillo. 8.30 Insight. (Return) Adults ranging in age from their 20s to their 50s discuss what it is like to be diagnosed with ADHD later in life. 9.30 Dateline. (Return) A look at proliferation of child pornography. 10.00 The Feed. (Return) Takes a look at social media influencers. 10.30 SBS World News Late. 11.00 The Point. (R) 12.00 The Pier. (MA15+as) 1.00 Borgen. (Mls, R) 4.25 Great British Railway Journeys. (R) 5.00 CGTN English News. 5.15 NHK World English News. 5.30 Deutsche Welle English News.	6.00 Seven Local News. 6.30 Seven News. 7.00 Home And Away. (PG) 7.30 Ultimate Tag. (PG) A high-octane physical competition that takes the popular childhood game of tag to new heights. 9.00 The Good Doctor. (Ma) A wealthy patient's obsession with a long life could cost more than he can afford. 10.00 The Resident. (M) Conrad gets a call from his former commander. 11.00 The Latest: Seven News. 11.30 Station 19. (Ma) A surprise delivery arrives at reception. 12.30 Kiss Bang Love. (PG, R) 2.00 Home Shopping. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.	6.00 Nine News. 7.00 A Current Affair. 7.30 Married At First Sight. (Mls) The social experiment continues. 9.10 Botched. (Mamn) The doctors help a woman with three breasts and work to correct a car accident victim's mangled nose. 10.10 Australian Scandal: Power And Passion. (Mdls) Takes a look at Australian scandals. 11.10 Nine News Late. 11.40 Labour Of Love. (PGI) 12.30 Our Lives: Extraordinary People: The Solar Boys – Extraor-dinary Coma Boys. (PGa, R) 1.30 TV Shop: Home Shopping. (R) 4.00 Take Two. (R) 5.00 News Early Edition. 5.30 Today.	6.00 WIN News. 6.30 The Project. A look at the day's news. 7.30 The Amazing Race Australia. A final road block forces the teams to walk across a suspended ladder bridge that hangs 80 metres off the ground. 8.45 NCIS. The team is immersed in the competitive world of food trucks after a man is found frozen to death in the back of one. 10.45 The Project. (R) A look at the day's news. 11.45 WIN's All Australian News. 12.45 The Late Show With Stephen Colbert. (PG) Hosted by Stephen Colbert. 1.30 Home Shopping. (R) 3.30 CBS This Morning. 5.00 Headline News Early.

ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. 8.00 Doctor Who. 8.50 Why Are You Like This. (Final) 9.15 Extras. 9.45 High Fidelity. 10.20 Brassic. 11.05 Live At The Apollo. 11.50 Ross Noble: Stand Up Series. 12.20am Parks And Recreation. 12.45 Reno 911! 1.05 Chewing Gum. 1.30 Josh. 2.00 News Update. 2.05 Close. 5.05 Little Princess. 5.20 Sarah & Duck. 5.25 Late Programs.	VICELAND (31) 6am WorldWatch. Noon To Be Advised. 2.00 The Curse Of Oak Island. 2.50 Planet In Peril. 3.45 WorldWatch. 5.10 The Joy Of Painting. 5.40 Shortland Street. 6.10 Asia's Next Top Model. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 VICE Investigates. 9.25 The Black Full Monty. 10.20 Miniseries: The Salisbury Poisonings. 11.15 News. 11.40 Brooklyn Nine-Nine. 12.05am Late Programs.
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NITV (34) 6am Morning Programs. 2pm Urban Native Girl. 3.00 Jarjums. 3.55 Little J And Big Cuz. 4.00 Musomagic. 4.30 Move It Mob Style. 5.00 Fraggie Rock. 6.00 Pete & Pio's Kai Safari. 6.30 On Country Kitchen. 7.00 News. 7.10 Our Stories. 7.30 The Point. 8.30 Celtics/Lakers: Best Of Enemies. 10.20 News. 10.30 Basketball. NBL. Round 9. New Zealand Breakers v South East Melbourne Phoenix. 12.30am Late Programs.	SBS MOVIES (32) 6am Thunderbirds. Continued. (2004, PG) 7.05 Tom Thumb. (2001, PG, French) 8.45 The Ash Lad. (2017, PG, Norwegian) 10.45 Lassie. (2005, PG) 12.40pm Belle And Sebastian 3. (2017, PG, French) 2.20 From Up On Poppy Hill. (2011, PG) 4.00 Alpha. (2018, PG) 5.50 The Circle. (2000, PG, Farsi) 7.30 Elementary. (2016, M, French) 9.30 Calvary. (2014, MA15+) 11.25 Late Programs.	7MATE (73) 6am Morning Programs. 9.00 Billion Dollar Wreck. 10.00 America's Game. 11.00 A Football Life. 12.20pm Ultimate Tag. 2.00 Gold Fever. 3.00 Rides Down Under: Workshop Wars. 4.00 Al McGlashan's Fish'n With Mates. 4.30 Billion Dollar Wreck. 5.30 Storage Wars. 6.00 American Pickers. 7.00 Pawn Stars. 7.30 Highway Patrol. 8.30 Outback Opal Hunters. 10.30 Mighty Rivers. 11.30 Late Programs.	9GO! (53) 6am Children's Programs. 11.00 Dance Moms. Noon Royal Pains. 1.00 The Mindy Project. 2.00 Snog, Marry, Avoid? 3.00 Malcolm. 4.00 Dance Moms. 5.00 Baywatch. 6.00 Malcolm. 7.00 The Nanny. 7.30 MOVIE: Sherlock Holmes: A Game Of Shadows. (2011, M) 10.05 MOVIE: Role Models. (2008, MA15+) 12.05am Generation X. 1.00 Urbex: Enter At Your Own Risk. 2.00 Snog, Marry, Avoid? 3.00 Late Programs.
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Wednesday, March 17

ABC TV (2) 6.00 News. 9.00 ABC News Mornings. 10.00 Foreign Correspondent. (R) 10.30 Kurt Fearnley's One Plus One. (R) 11.00 Aussie Inventions That Changed The World. (PG, R) 12.00 ABC News At Noon. 12.30 National Press Club Address. 1.35 Media Watch. (PG, R) 2.00 Parliament Question Time. 3.15 ABC News Afternoons. 4.10 Antiques Roadshow. (R) 5.10 Grand Designs New Zealand. (PG, R)	SBS (3) 6.00 WorldWatch. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Dateline. (R) 2.30 Insight. (R) 3.30 Celebrate St Patrick Concert 2020. (PG) 4.30 Great British Railway Journeys. (PG, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)	SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: Bringing Ashley Home. (2011, Mad, R) 2.00 Criminal Confessions: Boone County. (Mav, R) 3.00 The Chase. 4.00 Seven News At 4. 5.00 The Chase Australia.	NINE (5) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Ellen DeGeneres Show. (PG) 1.10 Married At First Sight. (Mls, R) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 Nine News Local. The latest news, sport and weather.	WIN (8) 6.00 Headline News. 7.30 Entertainment Tonight. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGa) 1.00 To Be Advised. 2.00 Entertainment Tonight. 2.30 Everyday Gourmet With Justine Schofield. (R) 3.00 Judge Judy. (PG) 3.30 Freshly Picked With Simon Toohey. 4.00 Farm To Fork. (PG) 4.30 The Bold And The Beautiful. (PG) 5.00 10 News First.
6.00 The Drum. 7.00 ABC News. 7.30 7.30 . 8.00 Hard Quiz. (PG) Presented by Tom Gleeson. 8.30 The Weekly With Charlie Pickering. A satirical news program. 9.00 Fisk. (Premiere) A woman takes a job at a law firm. 9.30 Why Are You Like This. (Final, Mals, R) Penny's idol's problematic past surfaces online. 9.55 Qi. (Ml) 10.25 Staged. (Ml, R) 10.50 ABC Late News. 11.20 Four Corners. (R) 12.10 Media Watch. (PG, R) 12.25 Wentworth. (MA15+av, R) 1.15 Parliament Question Time. 2.15 Rage. (MA15+adhlnsv) 3.40 Wentworth. (MA15+av, R) 4.30 The Drum. (R) 5.30 7.30. (R)	6.00 Mastermind Australia. (PG) Presented by Marc Fennell. 6.30 SBS World News. 7.35 Tony Robinson: Britain's Ancient Tracks: Offa's Dyke. (PG, R) Part 2 of 4. 8.30 Australia In Colour. (PG) Part 2 of 4. A collection of colourised archival footage focusing on sport and the arts in Australia. 9.30 Departure. (Ma) The search for wreckage continues as the team learns more about Captain Donovan's secret life. 10.20 SBS World News Late. 10.50 Romulus. (MA15+av, R) 12.50 The Night Manager. (Mav, R) 1.45 Counterpart. (Malv, R) 3.45 Arming America's Teachers. (MA15+av, R) 4.50 Destination Flavour: Singapore Bitesize. (R) 5.00 CGTN English News. 5.15 NHK World English News. 5.30 Deutsche Welle English News.	6.00 Seven Local News. 6.30 Seven News. 7.00 Home And Away. (PG) 7.30 Border Security: Australia's Front Line. (PG) Biosecurity officers bust a tour guide. 8.30 Ambulance: Code Red. (Ma) After a motorcyclist is thrown from his bike, Midlands Air Ambulance is dispatched to give lifesaving treatment. 9.30 Born To Kill? Fred West. (Mav, R) Takes a look at the crimes of Fred and Rose West, who abducted, tortured, assaulted and murdered a number of girls. 10.30 The Latest: Seven News. 11.00 The Front Bar. (Return, M) 12.00 Code Black. (Mad, R) 1.00 Andrew Denton's Interview. (PG, R) 2.00 Home Shopping. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.	6.00 Nine News. 7.00 A Current Affair. 7.30 Married At First Sight. (Mls) As the social experiment continues, a shock arrival at the dinner party stirs up the evening. 9.00 Amazing Grace. (Ma) Grace and Kirk struggle to deal with Sophia's adoption plans. Grace sees a surprising new side to Max when they attend a chaotic home birth. 10.00 New Amsterdam. (M) A doctor sets out to reform his hospital. 11.00 Nine News Late. A look at the latest news and events. 11.30 The Enemy Within. (Mav, R) A US traitor helps track down a criminal. 12.20 Tipping Point. (PG, R) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. 3.00 TV Shop: Home Shopping. (R) 5.00 News Early Edition. 5.30 Today.	6.00 WIN News. 6.30 The Project. The hosts and guest panellists take a look at the day's news, events and hot topics. 7.30 The Cube. Game show in which twins Kasey and Keats put their skills to the test by completing tasks in a perspex cube. 8.30 Bull. Izzy asks Bull for help petitioning the court to have her best friend's body exhumed. The woman's son alleges she was murdered, despite her death already being ruled accidental. 10.30 The Project. The hosts and guest panellists take a look at the day's news, events and hot topics. 11.30 WIN's All Australian News. 12.30 The Late Show With Stephen Colbert. (PG) Hosted by Stephen Colbert. 1.30 Home Shopping. (R) 3.30 CBS This Morning. 5.00 Headline News Early.

ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. 8.00 Doctor Who. 8.45 Laura's Choice. 9.45 Restoration Australia. 10.45 Louis Theroux: African Hunting Holiday. 11.45 Parks And Recreation. 12.05am Reno 91! 12.30 Chewing Gum. (Final) 12.55 Josh. 1.25 Paul Chowdhry: PC's World. 2.10 News Update. 2.15 Close. 5.05 Little Princess. 5.20 Sarah & Duck. 5.25 Late Programs.	VICELAND (31) 6am WorldWatch. Noon Figure Skating. ISU Grand Prix. 2020 NHK Trophy. Replay. 2.05 The Curse Of Oak Island. 2.55 North Korean Labour Camps. 3.45 WorldWatch. 5.10 The Joy Of Painting. 5.40 Shortland Street. 6.10 Vs Arashi. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 Wellington Paranormal. 9.00 MOVIE: Watchmen. (2009, MA15+) 11.55 Late Programs.	7TWO (72) 6am Home Shopping. 6.30 Travel Oz. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. Noon House Of Wellness. 1.00 World's Most Amazing Videos. 2.00 Harry's Practice. 2.30 Million Dollar Minute. 3.30 Make It Yours. 4.00 Better Homes And Gardens. 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 Frankie Drake Mysteries. 8.30 A Touch Of Frost. 10.50 Dog Patrol. 11.20 Late Programs.	9GEM (52) 6am TV Shop. 7.00 Creflo Dollar Ministries. 7.30 TV Shop: Home Shopping. 10.30 The Ellen DeGeneres Show. 11.30 My Favorite Martian. Noon New Tricks. 1.10 Days Of Our Lives. 2.05 The Young And The Restless. 3.00 Antiques Roadshow. 3.30 MOVIE: Loser Takes All. (1956, PG) 5.20 Heartbeat. 6.30 Antiques Roadshow. 7.30 As Time Goes By. 8.50 Midsomer Murders. 10.50 Silent Witness. 12.10am Late Programs.
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NITV (34) 6am Morning Programs. 2.50pm Bamay. 3.00 Wapos Bay. 3.25 Bushwhacked! 3.55 Little J And Big Cuz. 4.00 Musomagic. 4.30 Move It Mob Style. 5.00 Fraggie Rock. 6.00 Pete & Pio's Kai Safari. 6.30 On Country Kitchen. 7.00 Our Stories. 7.20 NITV News Update. 7.30 Wellington Paranormal. 8.00 Yokayi Footy. (Return) 8.35 Over The Black Dot. (Return) 9.30 NITV News Update. 9.40 Football. NTFL. Replay. 11.30 Late Programs.	SBS MOVIES (32) 6am From Up On Poppy Hill. Continued. (2011, PG) 6.45 Alpha. (2018, PG) 8.35 The Circle. (2000, PG, Farsi) 10.15 Thunderbirds. (2004, PG) Noon Esio Trot. (2015, PG) 1.40 The Bookshop. (2017, PG) 3.45 Lassie. (2005, PG) 5.40 The Assassin. (2015, PG, Mandarin) 7.40 Song Of Granite. (2017, PG, Gaelic) 9.30 Calm With Horses. (2019, MA15+) 11.25 Elementary. (2016, M, French) 1.25am Late Programs.	7MATE (73) 6am Morning Programs. 10.00 America's Game. 11.00 A Football Life. 12.20pm Ultimate Tag. 2.00 Gold Fever. 3.00 Classic Restos: USA Edition. 3.30 Blokesworld. 4.00 Al McGlashan's Fish'n With Mates. 4.30 Billion Dollar Wreck. 5.30 Storage Wars. 6.00 American Pickers. 7.00 Pawn Stars. 7.30 The Simpsons. 9.00 Family Guy. 9.30 American Dad! 10.30 Family Guy. 11.00 Late Programs.	9GO! (53) 6am Children's Programs. 11.00 Dance Moms. Noon Royal Pains. 1.00 The Mindy Project. 2.00 Snog, Marry, Avoid? 3.00 Malcolm. 4.00 Dance Moms. 5.00 Baywatch. 6.00 Malcolm. 7.00 The Nanny. 7.30 Paranormal Caught On Camera. 8.30 MOVIE: Sicario: Day Of The Soldado. (2018, MA15+) 11.00 Police Ten 7. 11.30 The Nanny. Midnight Generation X. 1.00 The Horn. 2.00 Snog, Marry, Avoid? 3.00 Late Programs.
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CQToday

12/26/21 3:00PM AEST

HAVE YOUR SAY WITH OUR LETTERS TO THE EDITOR

Email: editorial@cqtoday.com.au or text 0487 024 124

Thursday, March 18

ABC TV (2) 6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Australian Story. (R) 10.30 Compass. (PG, R) 11.00 The Truth About Boosting Your Immune System. (PG, R) 12.00 ABC News At Noon. 1.00 Hard Quiz. (PG, R) 1.30 The Weekly With Charlie Pickering. (R) 2.00 Parliament Question Time. 3.15 ABC News Afternoons. 4.10 Antiques Roadshow. (R) 5.10 Grand Designs New Zealand. (PG, R)	SBS (3) 6.00 WorldWatch. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Destination Flavour China Bitesize. (R) 2.05 Elizabeth I And Her Enemies. (Ma, R) 2.55 Who Do You Think You Are? (PGa, R) 4.00 Great Continental Railway Journeys. (PG, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)	SEVEN (7) 6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: Trouble With The Curve. (2012, Mal, R) 2.30 Motorbike Cops. (PG, R) 3.00 The Chase. 4.00 Seven News At 4. 5.00 The Chase Australia.	NINE (5) 6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Ellen DeGeneres Show. (PG) 1.00 Getaway. (PG, R) 1.30 Married At First Sight. (Mls, R) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 Nine News Local.	WIN (8) 6.00 Headline News. 7.30 Entertainment Tonight. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGa) 1.00 The Amazing Race Australia. (R) 2.15 Entertainment Tonight. 2.30 Everyday Gourmet With Justine Schofield. (R) 3.00 Judge Judy. (PG) 3.30 Freshly Picked With Simon Toohey. 4.00 Farm To Fork. (PG) 4.30 The Bold And The Beautiful. (PG) 5.00 10 News First.
6.00 The Drum. 6.55 Sammy J. (PG) 7.00 ABC News. 7.30 7.30 . 8.00 Back Roads: Local Heroes Special. (PG) Heather Ewart embarks on a road trip. 8.30 Q+A. Hosted by Hamish Macdonald. 9.35 Kurt Fearnley's One Plus One. Long-form interview show. 10.05 Aussie Inventions That Changed The World. (PG) 10.55 ABC Late News. 11.25 Princess Margaret: The Rebel Royal. (Final, PG, R) 12.20 Wentworth. (MA15+aln, R) 1.10 Parliament Question Time. 2.10 Rage. (MA15+adhlnsv) 3.45 Wentworth. (MA15+aln, R) 4.30 The Drum. (R) 5.25 Sammy J. (PG, R) 5.30 7.30. (R)	6.00 Mastermind Australia. (PG) 6.30 SBS World News. 7.35 The World's Busiest Stations: New York. (R) Part 1 of 4. 8.30 Michael Mosley: What's My Diagnosis. (M) Part 2 of 4. The experts diagnose an army veteran who has been living with a potentially lethal skin condition. 9.35 Shadowplay. (MA15+) Karin saves Marianne's life. 10.40 SBS World News Late. 11.10 24 Hours In Police Custody. (M) 12.25 The Good Fight. (Mals, R) 1.20 SS-GB. (MA15+v, R) 4.10 Great British Railway Journeys. (R) 4.45 Destination Flavour: Singapore Bitesize. (PG, R) 5.00 CGTN English News. 5.15 NHK World English News. 5.30 Deutsche Welle English News.	6.00 Seven Local News. 6.30 Seven News. 7.00 Home And Away. (PG) 7.30 Wife Swap Australia. (PGI) A selfie-obsessed mother and a no-frills country mum swap lives. 8.45 MOVIE: Fool's Gold. (2008, Msv, R) A clue to the whereabouts of lost treasure rekindles a couple's estranged relationship. Matthew McConaughey, Kate Hudson, Donald Sutherland. 11.05 The Latest: Seven News. 11.35 MOVIE: A Million Ways To Die In The West. (2014, MA15+sv, R) A woman turns a man's luck around. Seth MacFarlane. 2.00 Home Shopping. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.	6.00 Nine News. 7.00 Rugby League. NRL. Round 2. Parramatta Eels v Melbourne Storm. 8.55 Thursday Night Knock Off. Post-match NRL news and analysis of the Parramatta Eels versus Melbourne Storm match. 9.40 Nine News Late. A look at the latest news and events. 10.10 Manifest. (Madv) Grace suspects a local mum is in danger. 11.10 Law & Order: Criminal Intent. (Mav, R) 12.00 Tipping Point. (PG, R) 1.00 A Current Affair. (R) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. 3.00 TV Shop: Home Shopping. (R) 5.00 News Early Edition. 5.30 Today.	6.00 WIN News. 6.30 The Project. A look at the day's news. 7.30 Bondi Rescue. (PGa) Lifeguards are on high alert to help surfers. 8.00 Territory Cops. Police chase a stolen vehicle. 8.30 Gogglebox. TV fanatics open up their living rooms to reveal their reactions to popular and topical TV shows. 9.30 Law & Order: SVU. (Mav) Benson teams up with the Bronx SVU to track down a serial rapist with victims in both boroughs. 11.30 WIN's All Australian News. 12.30 The Project. (R) 1.30 The Late Show With Stephen Colbert. (PG) 2.30 Home Shopping. (R) 3.30 CBS This Morning. 5.00 Headline News Early.

ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. 8.00 Doctor Who. 9.05 Penn & Teller: Fool Us. 9.45 Hard Quiz. 10.15 The Weekly. 10.45 You Can't Ask That. 11.15 Earth's Tropical Islands. 12.15am Parks And Recreation. 12.35 Reno 91! 1.00 Finding Joy. 1.25 Qi. 2.00 Brassic. 2.45 Josh. 3.10 News Update. 3.15 Close. 5.05 Little Princess. 5.20 Sarah & Duck. 5.25 Late Programs.	VICELAND (31) 6am WorldWatch. Noon Panic: Untold Story Of The 2008 Financial Crisis. 2.00 Brainwashed By Westboro Baptist Church. 2.50 Jungletown. 3.45 WorldWatch. 5.10 NBL: Overtime. 5.40 Shortland Street. 6.10 Taskmaster Norway. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 The Curse Of Oak Island. 9.20 American Runestone: A Viking Mystery. 10.10 Late Programs.	7TWO (72) 6am Home Shopping. 6.30 Travel Oz. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. Noon House Of Wellness. 1.00 World's Most Amazing Videos. 2.00 Harry's Practice. 2.30 Million Dollar Minute. 3.30 Creek To Coast. 4.00 Better Homes And Gardens. 5.30 Escape To The Country. 6.30 Bargain Hunt. 7.30 Father Brown. 8.30 Murdoch Mysteries. 11.30 Late Programs.	9GEM (52) 6am Morning Programs. 11.30 My Favorite Martian. Noon As Time Goes By. 1.00 Days Of Our Lives. 1.55 The Young And The Restless. 2.50 Antiques Roadshow. 3.20 MOVIE: On The Fiddle. (1961) 5.20 Heartbeat. 6.30 Rugby League. NRL. Round 2. Parramatta Eels v Melbourne Storm. 7.00 Antiques Roadshow. 7.30 Taronga: Who's Who In The Zoo. 8.30 The Equalizer. 9.30 Call The Midwife. 10.40 Late Programs.
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NITV (34) 6am Morning Programs. 1.20pm Wellington Paranormal. 1.50 Message From Mungo. 3.00 Wapos Bay. 3.25 Bushwhacked! 3.55 Little J And Big Cuz. 4.00 Musomagic. 4.30 Move It Mob Style. 5.00 Fraggie Rock. 6.00 Pete & Pio's Kai Safari. 6.30 On Country Kitchen. 7.00 Our Stories. 7.20 NITV News Update. 7.30 Going Places With Ernie Dingo. 8.30 MOVIE: White Men Can't Jump. (1992, M) 10.30 The Point. 11.30 Late Programs.	SBS MOVIES (32) 6am Song Of Granite. Continued. (2017, PG, Gaelic) 7.15 Lassie. (2005, PG) 9.10 Big Fish. (2003, PG) 11.30 The Assassin. (2015, PG, Mandarin) 1.30pm Fame. (2009, PG) 3.45 Coming Home. (2014, PG, Mandarin) 5.45 The Bookshop. (2017, PG) 7.50 The Drummer And The Keeper. (2017, M) 9.30 Philomena. (2013, M) 11.20 Someone Else's Happiness. (2005, M, Dutch) 1.15am Late Programs.	7MATE (73) 6am Morning Programs. 9.00 Billion Dollar Wreck. 10.00 America's Game. 11.00 A Football Life. Noon Doomsday Preppers. 1.00 Ax Men. 2.00 Gold Fever. 3.00 The Simpsons. 4.00 Al McGlashan's Fish'n With Mates. 4.30 Billion Dollar Wreck. 5.30 Storage Wars. 6.00 Football. AFL. Round 1. Richmond v Carlton. 9.00 AFL Post-Game Show. 9.30 MOVIE: Chain Reaction. (1996, M) 11.45 Late Programs.	9GO! (53) 6am Children's Programs. 11.00 Dance Moms. Noon Royal Pains. 1.00 A Night With My Ex. 2.00 Snog, Marry, Avoid? 3.00 Malcolm. 4.00 Dance Moms. 5.00 Baywatch. 6.00 Malcolm. 7.00 The Nanny. 7.30 Young Sheldon. 8.30 MOVIE: Transformers: Revenge Of The Fallen. (2009, M) 11.30 Police Ten 7. Midnight Generation X. 1.00 Xtreme Collition. 2.00 Snog, Marry, Avoid? 3.00 Beyblade Burst Turbo. 3.30 Late Programs.
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Open 1st Place - Col Stevenson - Lillie.



Masters 1st Place (Tie) - Rex Boggs - Water Lily



B-Grade 3rd Place - Ken York - Dinner Is Served.

Monthly winners go wild

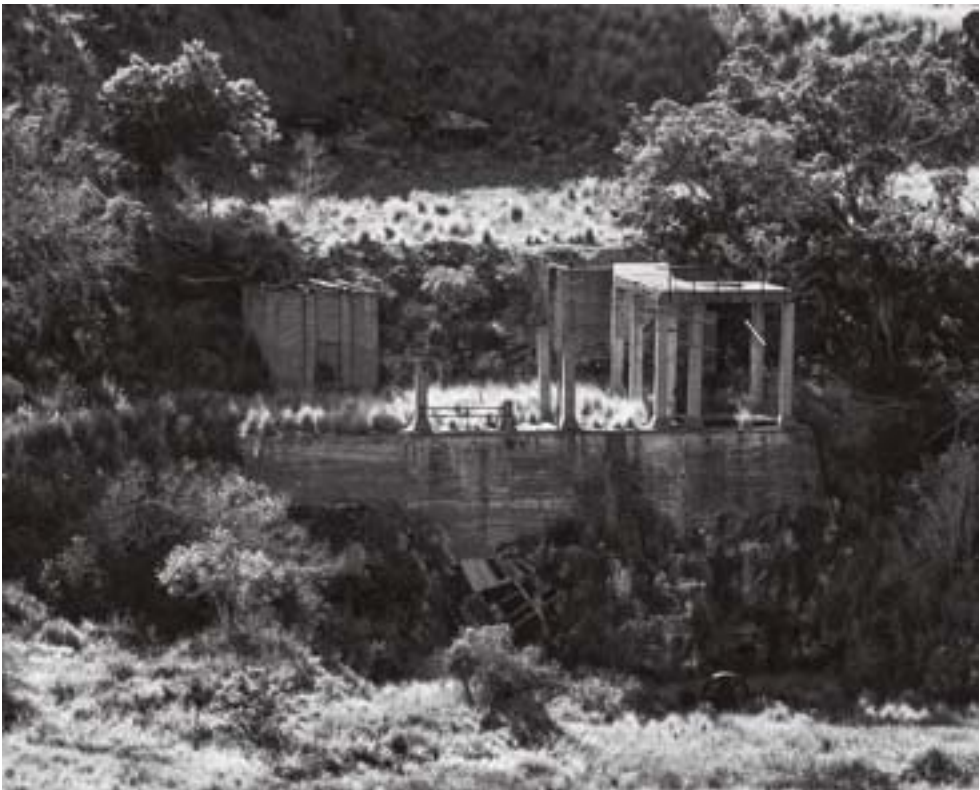
These wonderful photos are the winning photos from the March Competition of the Rockhampton Photography Club. This month the B-Grade digital competition had the set subject of Animals, while the Open & Masters digital competition had the set subject of Plants. The B-Grade Print competition was for Mono photos, i.e. Black & White or a photo toned with a single colour.

In addition to the Competition Night in March, we also have a Portrait outing, a Bird Photography outing, a Tabletop Photography Workshop and a Lightroom and Photoshop Workshop.

And we are conducting our twice-yearly Photography for Beginners workshop on Sunday 21 March.

If you would like to participate in any of these outings as a guest, or if you are interested in taking our Beginners' Course, please email us at info@rockyphotoclub.org.au and let us know.

But for now, enjoy the winning photos!



B-Grade Print 3rd Place - Neil Malick - Mt Etna Ruins.



B-Grade 1st Place (Tie) - Darcy Allen - Mudcrab.



B-Grade 1st Place (Tie) - Anthony Hall - Bored.



B-Grade Print 1st Place - William Renton - On Lookout.



Open 3rd Place - Gordon Worley - Passion.



Masters 3rd Place (Tie) - Glenda Worley - Red.



B-Grade 2nd Place - Darcy Allen - Jellyfish.



Sir Graham McCamley is one of the founding fathers of the Brahman breed as it is today.

Trials for a breed apart

This week CQ Today continues looking at cattleman Sir Graham McCamley’s recollections from his book, Roads in the Sky. Our 10th excerpt details the Tartrus Trials.

What became a great catalyst for change in the beef industry were two official trials conducted at Tartrus.

“Shirley and I decided to ask the appropriate research organizations, DPI (Department of Primary Industries) and CSIRO, to come on board with our thoughts about the potential of the Brahmans and to do further trials to prove this, or not - otherwise we would stay with our poll Herefords

“We started performance testing in 1963, having put the first Brahmans in the herd in 1958. I waited until we had a fair influence of Brahmans.”

Tartrus Brahman Stud No. 77 was registered with the Australian Brahman Breeders’ Association in January 1963.

The first trial, run by CSIRO and later Uni-



versity of Queensland, monitored the fertility of crossbred cattle.

Don Lamond from the CSIRO, who was researching reproduction in beef cattle, started to test about 600 of the Tartrus cows. All up, 3000 would be assessed.

The second trial, run by the Queensland DPI, evaluated the performance of crossbreds and assessed any drop-off in the productivity of brigalow land after clearing.

“The DPI wanted to look at the drop-off of in the fertility of the soil, to see what they could do about that. They wanted to know, when you pull this brigalow land and burn it, how quickly it goes back - the fertility does go back, of course.”

As Tartrus had some of the first developed brigalow in the area (particularly river brigalow) and a comprehensive system of record keeping, Graham and Shirley were more than keen to take part.

The brigalow was never eliminated, just controlled. It was a pattern that land cleared five or six years earlier would soon be dotted with young brigalow suckers, from two feet to four feet high.

Although in the right conditions pasture grasses could burn off the regrowth, it was not always a given.

“If you do the trials over only a few years, you get too much variation in season, because the variation in droughts and floods is usually a seven-year cycle,” Graham said.

“We decided to go longer, through two periods of the normal seven-year cycle.

“We kept getting more value-based information all the time - because we went from the half-breeds to the three-quarter breeds, to the seven-eighths to the purebreds. That’s at least seven years for a start.”

For his decision to trial Brahman blood,

Graham faced a lot of criticism - especially since his father was president of the Poll Hereford Society from 1955 to 1957 and one of the most renowned poll Hereford breeders and sellers in the country.

“The Hereford and also the Poll Hereford Society said I was the worst thing ever for them. Dad later on said he was too old to make a change but realised there was value in using Brahmans in tropical Australia.”

Graham would go on to become one of the founding fathers of the Brahman breed as it is today.

Sir Graham’s book Roads in the Sky, is available for a generous donation to The Lady McCamley Memorial Foundation from his office at 87 Bolsover Street, Rockhampton or Georges Menswear in William Street, Rockhampton.

The Lady McCamley Memorial Foundation is an ATO registered charity whose focus is on suicide prevention. Receipts are issued for all donations received.

The foundation is run by a diverse board of dedicated volunteers united in a desire to support rural Queensland families.

Distinctive: A short history of the Brahman breed

By Sir Graham McCamley

The first cattle, called zebu cattle, were humped to protect their neck from wild animals like lions.

Zebu cattle were first brought to Australia for the zoo in Melbourne - four head of male bulls, later sold to four stations, three

in Central Queensland and one in North Queensland.

Brahmans were bred from Zebu-cross cattle, and the first Brahmans to come to Australia were greys from Edgar Hudgins and his family in Texas, USA. These were imported by Queensland cattlemen in 1954, 50 head of cattle by ship.

The name Brahman came from the priests in India. There are more cattle veterinarians in India than most of the world as the cattle there are sacred, never slaughtered for beef. India only exports buffalo meat.

Crossbred Brahmans survived the drought of 1962 and the breed is tick immune.

Cattle ticks became resistant to arsenic after ticks from Timor got into Australia. A German company, Bayer, came out with a DDT mixture for cattle ticks called Rucide, it was a huge saviour.

Because of ticks and blight in our poll Hereford herd, we commenced trials with DPI and the CSIRO in 1963.

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Are you ready for divorce

This week Dr Vanessa Ghea from Rockhampton City Psychology joins us again to talk about whether you are really ready for a divorce.

Dr Ghea regularly helps people facing separation to consider whether they have thought through the decision clearly and objectively and are really prepared to live with the consequences.

Were you ever really committed to a shared life?

To be really married a couple must have created a relationship that included an "us" or a "we". Many people who are considering a divorce have never had a marriage that was anything more than two individuals meeting their own needs. They may have raised children and shared a home but they participated in those activities from a competitive rather than a unified position.

If you have not developed a genuine "we" in your relationship this would be the time to either commit to learning how to do that or to admit that you have never really had a marriage.

Are you truly ready for divorce or are you just threatening?

Divorce is often threatened, especially in heated marital arguments for the following reasons:

- Out of anger and frustration;
- To gain power and control over the other person, to get them to see things your way;
- To finally be taken seriously that you want real change;

As a wakeup call that the marriage is faltering.

People who consistently threaten divorce lose credibility with themselves and their partner.

What is your intent in wanting a divorce?

FAMILY LAW

WITH PAULA PHELAN



Any agenda, other than ending the marriage, is an indication that you are not ready to divorce.

If you are hoping that through the divorce the other person will change and start treating you better, realise how much they have lost or pay for how much they have hurt you, you are getting a divorce for the wrong reason.

Divorce has no power to right wrongs nor change people's hearts and minds. Divorce can only do one thing, end a marriage, and in so doing free each person to make new attachments to new people.

Can you handle the unpleasant consequences of divorce?

Divorce brings change and grief because it is the loss of the "happy family" dream. Hurts, disappointments, loneliness, failure, rejection, inadequacy can all take hold of the psyche when we are in this extremely vulnerable passage.

To be ready for the ups and downs of separation/divorce it is necessary to have a support system of family and friends who will be there to help you emotionally and practically when needed.

One of the hardest consequences of divorce is needing to face another person's pain, be it your children's, your family or friends because divorce affects so many people's lives.

It is important to create a team around you



Are you truly ready for divorce or are you just threatening?

that cares for all areas of your welfare during this difficult time.

The first thing that you must do after you have separated is to recognise that it's okay to have different feelings.

At times such as these, it's normal to feel sad, angry, exhausted, frustrated and confused – and these feelings can be intense. You may also feel anxious about the future.

Accept that reactions like these will lessen

over time. Even if the relationship was unhealthy, venturing into the unknown can be frightening.

Paula Phelan is a Family Lawyer with Specialist Accreditation in this area from the Queensland Law Society. She has been a lawyer for 25 years and is the director of Phelan Family Law, a Rockhampton legal firm specialising in Family Law only. Website: phelanfamilylaw.com.au



Communities should come together, not break apart.

Perfect image not reality

We once had images of the joys of a small town, the friendships, the safeness, the support and the sense of happiness people had living in a township.

However, now it seems that small communities are disjointed, often having factions within the community and community organisations and businesses are in competition with each other.

One must wonder what has changed in the social fabric of these communities over the years or was that perfect image of a small town just that and not a reality.

To live somewhere where people are in their own wars against neighbours, old friends or even new people they haven't even met yet, must be totally exhausting and tiresome.

I believe that people have a natural default setting of being good, helpful and generally happy and to not to be these things must take enormous effort.

People aren't you tired of the rubbish

that goes on? He did this, she said that, they meant to do this and on and on it goes. Small town bickering, bullying and just darn rudeness will continue while individuals choose to let it.

Remember when it comes to defining bullying, if you are witnessing bullying, then you are as guilty as the actual perpetrator. Don't witness or participate in the unwanted behaviour of others.

Why not just relax and go back into default mode, you'll feel better and become good, helpful and happy again.

DEAR GLADSTONE

LYNDAL HANSEN



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Saying goodbye is tough

Saying goodbye to someone we love for the last time is one of the hardest things we'll ever have to do; one of the toughest hurdles we'll ever have to overcome.

It's during these times we learn to deal with the pain that settles on our heart, the numbness that takes over our body and the resilience that time tacks onto our spirit. It's an indescribable moment that weakens us and strengthens us at the same time.

My dear Toowoomba Nanna passed away in the early hours of Saturday morning.

It was such a surreal feeling as we received the news we were dreading but also quite grateful for.

Amongst all of our warring emotions, we found great comfort in knowing her suffering came to a peaceful and painless end.

We get so used to having someone with us, so full of love and life, and then suddenly they are no longer there.

This is the toughest part.

The agony and grief that sets in can feel almost too big and brutal to bear, especially for one person to carry on their own.

We are so blessed to have such a beautiful support network to help us through and feel less alone as we navigate the initial grieving stage.

Support goes the longest way when that strong sense of vulnerability kicks in and we are at the mercy of our emotions.

It is terrible to admit but it is during times like these that we are yanked out of the everyday chaos and reminded of what is really important and how short life really is.

Navigating grief can be such an unforgiving process but I feel like we can reach the other side of it as stronger human beings with a greater sense of appreciation for life and all that remains.

It teaches us to give life our absolute all until we can't anymore.

THIS WEEK WITH JORDIE



I am holding my people much closer, hugging them tighter and telling them how much I love them every day.

The sweet memories of Nanna are now flooding through; memories I had held at arm's length while I let grief in its rawest form take over.

Nanna was one of the strongest women I was honoured to know and call my grandmother.

Her mere presence had a beautiful blend of peace and power, the kind of presence any woman could ever dream of carrying.

She had a special outlook on life, a radiant smile, a gentle spirit, great selflessness, unconditional love for her family and a natural ability to always see beauty in the world around her. These are only some of her many qualities that I adored.

So here's to our beautiful Nanna and celebrating her wonderful life and powerful impact she had on ours.

May she rest easy and may her legacy live on forever.

"In life we loved you dearly, in death we love you still. In our hearts you hold a place, no one else will ever fill" – anonymous.

Jordie has said goodbye to her grandmother, Phyllis Lynch.



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GET TO KNOW HERE FOR GLADSTONE.

Here for Gladstone is the joint community contributions of Rio Tinto Yarwun, Boyne Smelters Limited and Queensland Alumina Limited into Gladstone. Growing Gladstone, together.

Through Here for Gladstone, our three local businesses have joined forces to improve the livelihoods and welfare of the region.

Here for Gladstone represents the locals we employ, the suppliers we engage, the work we do to tackle social issues such as mental health and domestic violence, the events we sponsor and the formal community programs we develop to help Gladstone grow.

In 2019, our three aluminium and alumina operating sites spent more than a half a billion dollars (\$531 million) on local suppliers, employed more than 2,600 Gladstone residents full time and engaged more than 1,100 contractors. The sites collectively employed 95 local apprentices and trainees and spent more than \$700,000 on community investment programs and sponsorships.

There are three flagship community development programs that live under Here for Gladstone's formal community programs.

Innov8or, which launched in August 2020, is a 24-week training, mentoring and development program designed to accelerate innovations from concept to commercialisation. Eight of Gladstone's finest fledgling innovators were selected for Startup Gladstone's inaugural Innov8ors program. Here for Gladstone provided the founding funding of \$80,000 a year to see the program develop, with all three operating sites providing mentors in niche fields such as robotics, drone technology, digital development and artificial intelligence. Building on this, Innov8ors has just launched the Youth Innov8ors program through Gladstone State High School.

MindCare, a new joint project delivered by Here for Gladstone and Gladstone Foundation, is an integrated mental health hub developed to improve access to and information on mental health support and services.

Finally, our business "boot camp", Here for Business, which provides coaching and no-interest loans for new and established businesses in Gladstone. The program helps business owners from a range of industries learn the fundamentals of business success, including developing business plans, exploring marketing strategies, financial management discipline and risk assessments. Since the program was established in late 2017, 23 businesses have gone through the 12-month mentoring program, and we have invested more than \$670,000 in micro loans. These businesses have created more than 74 new local jobs. .

These formal community programs are governed by an Advisory Board of community leaders and industry experts

On top of our original investment, we made additional contributions during 2020 to help our communities recover from COVID-19.

We made a \$1.25 million commitment over five years to the Royal Flying Doctor Service (Queensland Section) to improve emergency and remotely delivered



health care services across regional Queensland. The partnership funds the maintenance of the patient transfer facility in Gladstone and contributed to the construction of a world-class Aeromedical Retrieval Simulation Hub in Bundaberg.

We contributed \$80,000 to Gladstone's Not-For-Profit House (NFP House) to launch a program to help local charities and other NFP organisations recover from the impacts of COVID-19 restrictions.

Finally we donated \$24,000 to help seven local schools transition back to school after learning from home, and also hosted business continuity workshops to coach businesses to get back on their feet.

Here for Gladstone contributes to many organisations that aim to improve the daily lives of the Gladstone community, such as employment, economic diversification, health services, mental health support and family and domestic violence support.

A 'Here for Gladstone' Facebook page, has just been launched, our new social media presence will allow us to unearth the stories of the people we support, be it small business owners through Here for Business, a local supplier who has won a big contract, or a new apprentice intake. .

Our new Facebook presence gives us the opportunity to engage with our community, and for the community to get to know Here for Gladstone and the work we do a whole lot better.

Together, Rio Tinto Yarwun, Boyne Smelters Limited and Queensland Alumina Limited are the largest employers and economic contributors to the region directly employing more than 2,600 men and women who call Gladstone home. We recognise that our business's success is so much more than commercial; which is why we aim to be embedded within and valued members of the Gladstone community.

Here4gladstone.com.au
FB: @hereforgladstone

Here for
Gladstone



Feast of beef will impress

A world class line-up of Australia's finest chefs has been assembled to cook for you in the Beef Australia Chef restaurant at Beef 2021 in May.

The Celebrity Chef program at the triennial event never fails to impress, as chefs prepare a range of delicious dishes that celebrate Australia's best beef, with a focus on 'tasty cuts'.

To kick off a big week at Beef 2021, Tasmanian trailblazer chef Analiese Gregory, Duncan Welgemoed from South Australia's renowned 'Africola' restaurant and NSW Television personality 'Fast Ed' Halmagyi will take charge of lunch and dinner service on Monday, 3 May.

High profile chef Matt Moran is partnering with Dominique Rizzo, on Tuesday, 4 May.

One thing you may not know about chef Matt Moran, who will enjoy his first visit to Beef Australia, is that he is a true fourth generation farmer.

His family still runs a property in the Central Tablelands of New South Wales. Queensland's Dominique Rizzo, with over 30 years in the hospitality industry, loved being part of the Celebrity Chef program in 2018 so much that she is back in the kitchen this year.

Chef Ben Willis from 'Aubergine' Restaurant in Canberra, and Tony Howell from Cape Lodge in WA tie on their aprons on Wednesday, 5 May, and on Thursday, 6 May, Victorian Scott Pickett from Melbourne's 'Estelle Bistro' and 'Matilda 159 Domain' will take kitchen centre stage with Martin Boucher from 'Phat Mango'

fame in Darwin.

Rounding off the week, renowned chef and TV presenter Adrian Richardson returns to the stove in 2021 representing Victoria, joined by Queensland's own Nick Holloway, chef and co-owner of Nu Nu Restaurant in Palm Cove, Tropical North Queensland.

Returning to Beef Australia as head chef for the third time of the Celebrity Restaurant, Gareth Collins has been eagerly anticipating this event since 2018, and accompanied by executive chef Shane Bailey, the stage is most certainly set for five glorious days and nights of 'foodie heaven'.

Prepare for a delight of the culinary senses, as the 2021 chefs make their pilgrimage to Rockhampton to deliver a dining experience to remember. To find out more about the chefs cooking for you at Beef 2021 and to purchase your tickets for lunch and/or dinner Monday to Friday go to: <https://beefaustralia.com.au/about/celebrity-chefs/>

- Monday, 3 May – Analiese Gregory (TAS) and Duncan Welgemoed (SA).
- Tuesday, 4 May – Matt Moran (NSW) and Dominique Rizzo (QLD) .
- Wednesday, 5 May – Ben Willis (ACT) and Tony Howell (WA) .
- Thursday, 6 May – Scott Pickett (VIC) and Martin Boucher (NT) .
- Friday, 7 May – Adrian Richardson (VIC) and Nick Holloway (QLD).



High profile celebrity chef Matt Moran will tie on his apron and cook in the Celebrity Chef Restaurant at Beef 2021 in May.



Program subject to change. Check our website for up-to-date information.



beefaustralia.com.au

FREE EVENT
TICKETED EVENT
* TICKETED IN TABLES OF 10

	Sunday 2 May	Monday 3 May	Tuesday 4 May	Wednesday 5 May	Thursday 6 May	Friday 7 May	Saturday 8 May
Nutrien Livestock Commercial Cattle Competition Judging [CQLX]	●						
'Off the Lead' Stud Cattle Exhibitors Meet & Greet & Suncorp Bank Battle of the Breeds	●						
Westpac Property Tours	●	●	●	●	●		
*Commonwealth Bank Nose to Tail Dinner	SOLD OUT						
City Tours		●	●	●	●		
Dining and Bars		●	●	●	●	●	
Trade Fair		●	●	●	●	●	
Junior Cattle Competitions		●				●	
*Celebrity Chef Lunch & Dinners		●	●	●	●	●	
Ergon Energy Entertainment Stage		●	●	●	●	●	
CQUniversity Beef Australia Symposium		●					
Beef Australia Seminars		●	●	●	●	●	
Cooking Demonstrations		●	●	●	●		
*Rabobank Beef Industry Awards Dinner presented by Queensland Country Life		●					
Nutrien Livestock Commercial Cattle Sale [CQLX]		●					
*Nutrien Livestock Commercial Cattle Awards Dinner		●					
*The Main Event' Lunch with Jeff Horn and Fred Brophy	SOLD OUT		●				
Nutrien Livestock Stud Cattle Competition			●	●	●		
Major Entertainment Event			●		●		
*ANZ National Beef Carcase Competition Awards Dinner			●				
LAWD Great Debate				●			
Pitch in the Paddock presented by evokeAG				●			
*Graeme Acton Beef Connections Lunch supported by Westpac				●			
*Rural Press Club Breakfast	SOLD OUT				●		
Auctions Plus Next Generation Forum					●		
Nutrien Livestock Stud Cattle Parade of Champions					●		
Nutrien Livestock Stud Cattle Interbreed Championship					●		
*Westpac High Tea					●		
Cattlyst presented by JBS					●		
Beef Business Soiree presented by Warners Fine Jewellery					●		
*Empire Apartment Hotel & Knight Frank Agribusiness Classic Wallabies Sportsmans Lunch	SOLD OUT						
*NAB Ladies Lunch	SOLD OUT					●	
Hats n Heels						●	
Classic Wallabies 'Inner Sanctum' Corporate Pavilion						●	
Classic Wallabies V Beef Barbarians Rugby Match						●	
*The Real Group Gala Ball supported by James Cook University & NAB							●

Beef Australia is proudly supported by our Principal Partners



Who's cooking in the Beef 2021 Celebrity Chef Kitchen?

The Celebrity Chef Restaurant pairs some of Australia's best beef producers with chefs from across the country. Each pair will deliver a magnificent luncheon and dinner daily, from Monday 3 May to Friday 7 May.

Monday – Analiese Gregory (TAS) & Duncan Welgemoed (SA) & 'Fast Ed' Halmagyi (NSW)
Tuesday – Matt Moran (NSW) & Dominique Rizzo (QLD) | **Wednesday** – Ben Willis (ACT) & Tony Howell (WA)
Thursday – Scott Pickett (VIC) & Martin Boucher (NT) | **Friday** – Adrian Richardson (VIC) & Nick Holloway (QLD)
Alison Meagher aka 'Butcher Girl' & Beef Australia Executive Chef Shane Bailey will help to bring the full program to life.

Tables are selling fast, so secure yours online now at beefaustralia.com.au



Australia's premier beef industry event



All tickets available online at beefaustralia.com.au



Beef Australia is proudly supported by our Principal Partners



Cleaning up the coast

By Matthew Pearce

Capricorn Coast Landcare Group's Clean Up Australia Event was a great success on Sunday 7 March, with 180 kilograms of rubbish removed from Cedar Park, Yeppoon Inlet and surrounds.

Thirty-eight volunteers took part in the clean-up, including teachers and students from St Ursula's College.

Landcare coordinator Sabrina Burke said interesting finds on Sunday included four trollies removed from Fig Tree Creek and Ross Creek (not included in the 180kg total), three abandoned tyres and a wallet with a driver's licence inside.

"Landcare prefers to cover the same area every year because every time we go back

there's so much rubbish there," she said.

"It's a high traffic area and if we don't do it, no-one else will."

But the popularity of Clean Up Australia Day has raised Ms Burke's hopes that people were people were getting the message.

"Generally we have a lot of families attend our clean-up, but this year I think there was just so many Clean Up Australia Day events on the coast that they were spoilt for choice," she said.

"This is a good thing, because last year there was more rubbish collected on Clean Up Australia Day nationwide than ever before and I think that with Covid it will be even more again this year."

See page 23 for the Emu Park Lions Club clean-up



Capricorn Coast Landcare Group's Clean Up Australia Day event was a big success with students and teachers from St Ursula's College making up the bulk of volunteers.

Pictures: MALCOLM WELLS



More than 60 women banded together to raise funds for the ICare Community Project.

Coast shows care on Day

More than 60 women banded together this week to celebrate International Women's Day and raise much needed funds for Livingstone Shire Council Community Centre's ICare Community Project.

Since the project commenced in 2017, it has received \$53,295 in generous contributions, issuing \$39,005 in grocery and fuel vouchers to those in need.

Portfolio holder of Healthy and Inclusive Community, Councillor Pat Eastwood, said the Community Centre was safe, welcoming, accessible and available to all.

"It is a space that offers a wide range of services and is available for any community member who may be experiencing hardship," Cr Eastwood said.

"When times get tough, and they do get tough, it is important for residents to know that they have somewhere they can go for support."

Cr Eastwood said the fundraising event,

held at Footlights Theatre, was a huge success.

"Residents had the opportunity to take some time out, enjoy lunch and a glass of bubbles, socialise with their friends, and watch the entertainment," Cr Eastwood said.

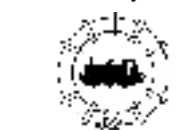
"The theme of the event, #ChooseToChallenge, highlighted the achievement of women, raised awareness against bias, and encouraged women to take action against equality. The event raised \$2,078.34 in total, which is a fantastic outcome for this vital community project.

"As a community member and councillor, I am proud to get behind and support events like this."

To find out more about The Community Centre and International Women's Day, please visit www.livingstone.qld.gov.au/communitycentre or <https://www.internationalwomensday.com/>



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Join us at Oak Tree Park Avenue for

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MONDAY 15TH MARCH

CQ Mobility – 10:00am

The team will introduce gadgets and equipment to help seniors keep moving and make life easier around the home.

Balance Class – 1:00pm

Instructor Pam will conduct a range of movement and stretches for seniors, accompanied by beautiful music.

Dementia Info. Session – 2:30pm

Specialist Trish will discuss Dementia and everything you need to know about it.

TUESDAY 16TH MARCH

Rex Marine Singer – 9:30am

An exciting live performance of country songs accompanied by the guitar!

Rockhampton 60 and Better – 1:00pm

A visit from an organisation for over 60's. They organise various activities and social events throughout the year.

WEDNESDAY 17TH MARCH

Morning Tea – 10:00am

Vector Health – 10:30am

The professionals who specialise in senior health issues will demonstrate exercises for those who have restricted movement ability.

Saint Patrick's Day Lunch – 12:00pm

A green themed Red Roster lunch with lucky door prizes for the best dressed man and woman!

THURSDAY 18TH MARCH

Men's Shed – 9:30am

A visit from the Men's Shed - a local group of men and women who get together to socialise and create!

Morning Tea – 10:30am

FRIDAY 19TH MARCH

Rumba SA – 8:30am

Instructor Pam will conduct an exercise class accompanied by upbeat music for those who want to move and stretch!

Scrabble – 10:00am

Arts and Crafts – 1:30pm

Instructor Colleen will teach an arts and crafts class.

RSVP 1300 367 155
SESSION SPOTS
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Morning tea for RFDS

By Liam Emerton

The Rockhampton RFDS Volunteer Auxiliary returned to the social scene last week when it hosted its first morning tea since Covid restrictions took hold last year.

Two-hundred supporters of the Royal Flying Doctors Service booked their spot at the Frenchville Sports Club.

The first morning tea back was so popular that sadly 37 people were turned away due to the Auxiliary complying with Covid regulations.

"It was a wonderful success with over 200 patrons and we had 37 people we had to turn away which was a shame," said RFDS Volunteer Auxiliary's Rose Swadling.

"It is our first event since the Covid lockdown and we sincerely thank the whole community for the generous support they gave to us on the day.

"And we look forward to working on that.

"The Royal Flying Doctor Service is close to each and every one of us."

Mrs Swadling said it was a great morning for everyone involved and important for people to catch up.

"It was a wonderful success purley because there hasn't been too many opportunities to get together and socially network.

"People need to go out and be socially connected and see their friends.

"It was a diverse community group that was there and it was so wonderful to see the happy faces.

"And to know that we're all there for the right reasons wanting to support an institution such as the Royal Flying Doctors Service.

"We've all got families and we never know when we're going to need them."

The next morning tea for the Rockhampton RFDS Volunteer Auxiliary will be held at the Frenchville Sports Club on 30 June and Mrs Swadling recommended people booked early to avoid disappointment.



The Rockhampton RFDS Volunteer Auxiliary members with an RFDS Nurse. 231000

Pictures: LIAM EMERTON



Linda Hardy, Julie Curran, Rosemary Jones, Sandra Deboer, Sue Brand and Judy Schwarten.



Lynette Hilan, Shirley Brooks, David Horton, Cynthia O'Brien, Beverly Burton, Gene Horton, Jean Cowie, Evelyn Accutt and Shirley Connor.



Carol-ann Carolan, Melody Williams, Cherie Weatherall, Sara Dawes and Carolyn Price.



Marilyn McQuaid, Rita Greany, Maryanne Muller, Cecilia Abbott, Anne Conway and Mary Benney.



Back, Judy Kanuth, Kate Bauman, Lyn Olive, Joyce Weedel, Diann Brooks, front, Thel Pritchard, Betty Rutherford and Del Kajewski.

Multicultural styles

She accessorizes it charmingly with a gold necklace from her wedding. It has a thick round shape which is aligned with her high round neckline. She also wears a pair of honey

Abidah completes her look with a nice pair of beige shoes from her wedding. She loves these shoes very much and says she wears them often because of the comfort of the blocked heels and the sexy look of the two



fall down easily, giving her a natural and chic look. These two gorgeous ladies definitely beautified International Women's Day in Central Queensland and represented a wonderful combination of traditional and modern style.



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PROPERTY

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view
.com.au

STYLISHLY SOPHISTICATED DREAM HOME!



AS soon as you arrive at this address, you'll see the level of quality and attention to detail that has been poured into this striking family home from the Merbau timber fencing to an extra wide driveway and the lush Sir Walter lawns, this home is truly impressive.

Welcome inside to find an extra wide hallway and 9ft ceilings promoting a sense of light and spaciousness complimented nicely by the luxe vinyl flooring and tasteful pendant lights.

On the lower level you'll find the 4th bedroom and power room along with an extra large garage, spacious laundry opening straight out onto the clothesline and a separate media room that can be closed off for the full movie experience. The hallway opens out to the open plan heart of the home which definitely delivers the wow factor.

The dreamy kitchen features stunning Caesarstone benchtops with a waterfall edge, a convection oven and an electric oven plus a plate warmer, butler's pantry with shelving and drawers, dishwasher, 2 x tectonite sinks, and even internet connection and plumbing for a smart fridge.

Wander upstairs to find 2 more bedrooms both with built-in cupboards and generous in size, a deluxe bathroom with a stand alone bath tub that is perfectly positioned to see the ocean whilst you soak the day away.

Leaving the best to last is the master bedroom suite that boasts incredible ocean views spanning over the Keppel Islands.



The master domain encompasses a built-in office space then leads in to the bedroom with plush carpets, incredible ocean views to wake up to, a built in makeup nook, walk-in robe with custom cabinetry and the contemporary ensuite featuring dual ring light mirrors and dual sinks and deluxe dual rain showers. Absolutely stunning!

Outside this home just keeps getting better and better with a saltwater pool with lights at night finished off with glass balustrading and contemporary stone tiles.

There is a 6 x 4m shed with power and insulation with double gated side access to drive through to the shed if needed. The lawns are taken care of with a high end Rain bird watering system, keeping the property in pristine condition.

There are so many extras that have been packed into this home including air-conditioning units in every room, contemporary black matte fittings throughout, aluminium security window coverings both upstairs and down, custom



cabinetry in all built-in cupboards, extra wide paths surrounding the perimeter of the home and so much more.

Located in Lammermoor, the beach is within walking distance or only a 2 minute drive and Rosslyn Bay Harbour is only 4 minutes away to launch the boat. Sacred Heart Primary School is very close by also.

We invite you to come and discover this sensational almost new home for yourself. Homes as immaculate as this are very rare. Act now. ●

HOME ESSENTIALS

Address: 36 Shoalwater Circuit, LAMMERMOOR **Description:** 4 bedrooms, 2.5 bathrooms, 2 garage **Price:** Offers over \$850,000 **Inspect:** This Saturday, 12noon-12.30pm
Contact: Esme and Claudia Coren 0438 336 861, YEPPOON REAL ESTATE, 4938 3777



OPEN
Saturday
12-12.30



Characteristic home with sea views

5 | 2 | 4

- 5 bedrooms, 2 bathrooms & internal laundry
- Stunning modern kitchen with quality appliances
- Ample entertaining options inc. sea view balcony
- Storage underneath home + workshop
- Drive through high clearance car garage
- 916m2 allotment with private, established gardens

24 Coleman Crescent
Pacific Heights
\$749,000
Adam Cook
0434 247 964



Fabulous sea view penthouse unit

3 | 2 | 2

- 210m2 sea view unit with 3 brms, 2 bath
- Ducted air-conditioning & high ceilings
- Tiled floors throughout living areas
- Full length front veranda with stacker doors
- Kitchen with stunning timber bench top
- Garage includes a workbench & cupboard
- Communal lap pool, private courtyard
- Short stroll to Farnborough Beach

3/21 Strow Street
Barlows Hill
Offers over \$649,000 considered
Andrew Dowie
0429 391 379



OPEN
Sunday
12-12.30



Rare rural property close to beach

4 | 2 | 5

- 4 bedroom rendered double brick home
- Country kitchen w/ wood benchtop & gas stove
- Front veranda with rural views
- 3 bay 9x6m & 2 bay 6x6m powered sheds
- Drinkable bore pumps 500gal/hr, water tank
- 8.87 hectare property with dam
- BBQ area and deck area with spa
- 5kw solar, chook pen & plenty of room

679 Keppel Sands Road
Tungamull
\$598,000
Leisa Richardson
0427 251 008



Huge family home with a pool!

4 | 2 | 2

- Over 300m2 air-conditioned, open plan living
- Separate media room with air-con
- Design kitchen, granite bench tops & gas stove
- Large master bedroom with ensuite & WIR
- Entertaining area overlooking the inground pool
- Close to schools, shops & tavern
- Short drive to Cooe Bay & Lammemoor beach
- This home really does tick all the boxes.

78 Swordfish Avenue
Taranganba
\$545,000
Esme & Claudia Coren
0438336861 /
0423877414





3 Mortensen Street Park Avenue



This highset home is situated in the handy location of Park Avenue. It is within walking distance to schools, shops and parks. It features a very spacious lounge room upstairs and all rooms are fitted with air-conditioning and fans. The main bedroom also includes a built-in wardrobe. Sitting on a very comfortable 605m² block, this home also offers side access. The large back yard makes it perfect for families and includes a shaded concrete area to entertain.

For Sale
\$348,000

View
By Appointment
ljhooker.com.au/3MBHVW

Contact
Jackson Rees 0434 274 467

LJ Hooker Rockhampton 07 4922 2122



1 Main Street Park Avenue



Looking to Downsize, buy your First Home or Invest! Look no further! This home is close to Schools, Shops & Transport. Check out the list of features this property has to offer! It features 6.6kw Solar Electricity, Gas Hot Water, 6m x 7m Shed, Plenty of Car Parking, Huge Entertaining Area, 2 Bedrooms with Built-in Cupboards & a Sleepout, 652m² Allotment, Air conditioned Open Plan living, Neat & Tidy Kitchen & Bathroom.

For Sale
\$228,500

View
By Appointment
ljhooker.com.au/3KEHVW

Contact
Jackson Rees 0434 274 467

LJ Hooker Rockhampton 07 4922 2122



14 Sleipner Street Mount Archer



Come and experience one of Rockhampton's hidden suburbs and premium locations at the top of Mount Archer National Park. Here you will find yourself relaxing and enjoying the cooler climate that this position and home has to offer in this picturesque setting. The property features 3 bedrooms all with built-in wardrobes, 2 bathrooms, large kitchen & dining area, new roof and fresh exterior paint.

For Sale
\$455,000

View
By Appointment
ljhooker.com.au/3jyhvw

Contact
Gavin Jenkins 0419 761 300

LJ Hooker Rockhampton 07 4922 2122



4/93-95 Pennycuik Street West Rockhampton



You will find this unit located in the Golfside unit complex that is situated just a hop step and a jump to the picturesque Rockhampton Golf Course. Positioned at the end of Pennycuik Street you will not find a quieter location on the Southside of Rockhampton.

- * 2 bedrooms with built-ins and main with split system air conditioning
- * Spacious combined kitchen, dining and living area with split system air conditioning
- * Central bathroom with shower only

For Sale
\$179,000

View
By appointment
ljhooker.com.au/36qhvww

Contact
Gavin Jenkins 0419 761 300

LJ Hooker Rockhampton 07 4922 2122



25 Crick Street Kawana



This beautifully renovated home offers a large galley kitchen equipped with stone bench tops and stainless steel appliances. The open plan design allows the lounge, kitchen and dining areas to effortlessly flow together. There are four generous size bedrooms, the main bedroom also offers an ensuite and WIR. Descend the stairs to a great size rumpus room and bar area. The lower level also boasts a kitchenette and a third bathroom. Enjoy the outside with a entertaining area which overlooks the inground concrete pool and spa.

For Sale
\$669,000

View
By appointment
ljhooker.com.au/39MHVW

Contact
Jade Carr 0439 989 636

LJ Hooker Rockhampton 07 4922 2122



11 Harrup Street West Rockhampton



Situated in a quiet neighbourhood close to schools, shops and hospitals is where you will find this super neat and tidy home.

As you enter the home you will be greeted by a large lounge room, complimented by rich, polished timber floors which flow throughout.

There are three good size, built in bedrooms all serviced by a centrally located bathroom.

The kitchen and dining area are also combined.

For Sale
\$259,000

View
By Appointment
ljhooker.com.au/3GQHVW

Contact
Trent Neven 0407 597 303

LJ Hooker Rockhampton 07 4922 2122



36 McColl Street Norman Gardens



Looking to get into your first home or start your investment portfolio then this highset home is ready and waiting for you.

- * Fully repainted interior
- * Three bedrooms all with aircon, ceiling fans and built in robes
- * Airconditioned living area
- * Updated bathroom
- * Large fenced backyard backing onto school oval
- * Two car accommodation

For Sale
\$289,000

View
By Appointment
ljhooker.com.au/3HEHVW

Contact
Brit Wheeler 0407 228 860

LJ Hooker Rockhampton 07 4922 2122



10 Lauga Street Park Avenue



Located in the heart of Park Avenue, property of this size isn't often available.

Whether you are wanting to renovate or redevelop, this property has unlimited potential and being so close to St Joseph's Primary School and shopping on Main Street the location is ideal.

Going to Auction at 10.00am on Saturday 27 March 2021 however offers to purchase prior to this date are welcome.

For Auction
Saturday 27th March 2021
10:00am

View
ljhooker.com.au/3M5HVW

Contact
Brit Wheeler 0407 228 860

LJ Hooker Rockhampton 07 4922 2122

FOCUS ON ... REAL ESTATE

NOT OFTEN SEEN ON THE MARKET

SITUATED on a 1503m² elevated block and offering stunning views over North Rockhampton, this rendered two storey home will delight.

Entry to the home is on the top level where you will find the kitchen, living and bedrooms. The master suite is stunning with corner spa in the ensuite and with access to the verandah to enjoy the views and breeze.

Downstairs has a large media room with sliding doors to the backyard and entertainment area. There is also a powder room meaning guests don't need to go upstairs making this not only the ideal family home but great for entertaining also. Homes like this don't often come to the market so act quick to grab your piece of Frenchville. ●



HOME ESSENTIALS

Address: 15 Murlay Avenue, FRENCHVILLE **Description:** 4 bedrooms, 2 bathrooms, 2 garage **Price:** \$619,000 **Inspect:** By appointment
Contact: Brit Wheeler, 0407 228 860, LJ HOOKER, ROCKHAMPTON, 4922 2122

PROPERTY WITH SOLID POTENTIAL

THIS property is your perfect opportunity to enter the property market or further increase your portfolio. This is a tidy and presentable four bedroom house ready for you to add your touch.

The home features polished timber flooring to the open plan lounge and living areas with timber beams complimenting the floor. The dining and practical kitchen are semi open plan and boasts a great amount of cupboard space for storage. The bathroom is purposeful and neat and tidy with a nice inviting bath tub. Three of the four bedrooms have air conditioning to maintain a cool atmosphere.

Outside is a good sized fenced yard, a single carport and an under cover alfresco area on the eastern side, perfect for afternoon entertaining. Currently tenanted with room to improve on the return. ●



HOME ESSENTIALS

Address: 25 Wattle Street, BLACKWATER **Price:** \$129,500
Description: 3 bedrooms, 1 bathroom, 1 garage **Inspect:** By appointment
Contact: Dee 0428 770 557, REAL ESTATE VISION GROUP

REAL ESTATE VISION GROUP

BLACKWATER 07 4982 6055 14 Mackenzie Street
EMERALD 07 4987 7055 Shop 2, 2-8 Mayfair Drive



\$209,500
5/41 Rufus Street, Blackwater
3 bed 3 bath 2 car



\$390,000
20 Summer Red Court, Blackwater
4 bed 2 bath 2 car 1 shed



\$20,000
45 Evans Street, Blackwater
Vacant land. 959M2



\$129,000
32 Myall Street, Blackwater
3 bed 1 bath 1 car



\$129,000
11 Fay Street, Blackwater
3 bed 1 bath 1 car



\$154,500
12 Acacia Street, Blackwater
3 bed 1 bath 1 car

Your Family Agency in the Central Highlands



FOR SALE

 2 & 3  2  1

7 Adelaide Park Road, Yeppoon

This ready to move in & recently completed spacious duplex is a must see, offering:

- * 1 x 2 Bedroom & 1 x 3 Bedroom all with Built Ins & Fans
- * Main with Ensuite, WIR & A/C
- * Spacious open plan kitchen/lounge/dining with A/C
- * Stylish main bathroom with separate toilet
- * Single Remote Garage with extra storage & laundry
- * Private covered patio, Fully Fenced
- * Projected rent: 3brm - \$450p/w & 2brm - \$390p/w
- * Short Distance to Yeppoon's CBD and schools

This charming duplex is situated in a great location and perfect investment property

FOR SALE

\$789,000

AGENTS

Kevin Doolan
0408 192 883
kev@professionalsemupark.com.au

Professionals Emu Park

07 4939 6411 - professionalsemupark.com.au



CAN'T BEAT THAT LOCATION!!!!

Motivated vendor requires a sale this weekend.

Live a coastal lifestyle at this very well presented property situated in prime location only 300m to the beach. This home has something for everyone with ample space for indoor/ outdoor living and the opportunity for dual living. Featuring wrap around 3.6m wide verandahs on 3 sides (up & downstairs) making entertaining a breeze.

2 generously sized bedrooms with built-ins upstairs. Downstairs can be utilized as a rumpus or ideal for dual living featuring; spacious open plan rumpus/living with kitchenette & 3m high ceilings. Outside has plenty to offers with a garden shed, 9x6m powered shed & a 6 x 6m carport & solar panels.

Easy & well maintained gardens & lawn. Only 25mins to Rockhampton & 20mins to Emu Park. If you are looking for a change to take full advantage of coastal living than this property is a must to inspect.

Open Home, Saturday 13 March 2-2.30pm

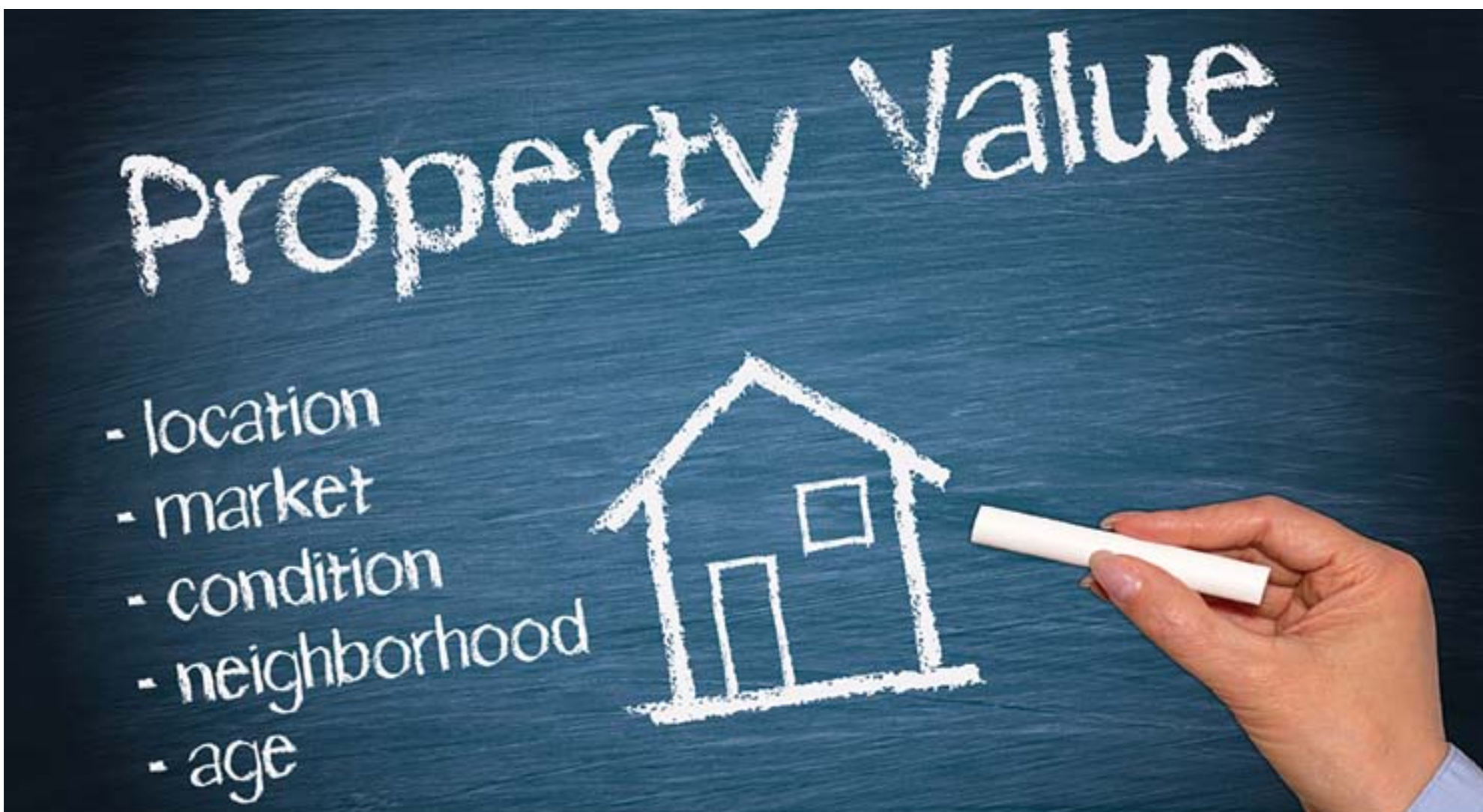
Contact Kevin Doolan

0408 192 883

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Gardening

Neil Fisher



Plan now for better roses

Last week I had an opportunity to view the rose gardens around the Alpha War Memorial. The garden was planted 12 months ago after much preparation.

The result is that the roses in these gardens have grown beyond expectations, healthy and full of blooms. And these gardens are perfectly ready for this year's Anzac Day service.

One variety of plants that would benefit from garden preparation now is the ever-popular rose. As the rose enthusiast motto goes, "the better the preparation, the better the result."

So if you are planning a new rose garden there are some handy hints to follow.

Firstly, it is always important that the soil where roses are to be planted be loose, friable and organically enriched. At this stage, uncomposted green materials can be used because, by the planting, it will have been broken down. Materials to use could include animal manure, grass clippings, vegetable waste, eggshells and other organic items that will decompose.

If you haven't prepared the area by this time in April, you will only be able to use materials that have already been decomposed. If the area is already an existing garden, remove the remaining mulch, loosen the top layer of soil, then replace or add more mulch to the surface. It is very important to remember to always allow a 100mm radius of area around the plant stems clear of mulch, as this is needed to promote air circulation, which is essential for good growth.

The single most important requirement for successful rose growing is selection, and many local gardeners would vouch for research of the best species grown in other gardens in our district as the best to initially start your own garden. A champion country rose gardener was quoted as saying a few years ago "If you buy only those roses known to be grown in a climate similar to ours, and plant them in a well prepared, well drained soil in a sunny situation, then only extreme neglect will kill them".

ROSE TYPES

What are the various types of roses available on the market, such as the difference between a miniature rose and a standard rose, what an old-fashioned rose is or why should I buy a hybrid tea rose instead of a floribunda rose? So, here is a simple description that differentiates each type of rose.

- Floribunda roses - are small, compact-growing shrubs, that produce multiple clusters of single to fully-double flowers during spring and autumn. It is not unusual for a floribunda rose to produce clusters of 25 flowers in a single display. An ideal rose for formal garden beds or small hedges.
- Hybrid tea roses - are the most commonly available rose type. They are best described as having large and often fragrant flowers borne nearly all year round. Flowers of the hybrid tea roses generally have long stems, making them ideal for cut flowers. You can expect these roses to grow up to 1500mm in height.
- Miniature roses - are dwarfed versions of either hybrid tea or floribunda roses, but only growing between 200 and 500mm high. These roses make excellent tub plants and can even be used indoors for short periods of time, a few days. They are also quite suitable for rockeries, and can even be used in formal boarder hedges.
- Standard roses - are either hybrid tea or floribunda roses that have been grafted to a strong understocked base. Heights may vary depending on the height of the understock. These roses are used for more formal or centre-piece displays, and definitely make a feature point in the garden.
- Climbing roses - are usually either floribunda or hybrid tea rose hybrids that tend to ramble with their more flexible stems allowing them to be trained to cascade over walls, trail along fences or be placed on trellises, pergolas or trees, offering an alternative to Bougainvilleas.



A Barcaldine climbing rose.



The Daniel Morcombe Rose is a hybrid tea rose.



The rose garden at the Alpha War Memorial.



The Iceberg rose is a Floribunda rose.

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12458671-SN37-20

Rural Matters

A tribute to women in ag

By AgForce Young Producers Council member Helen Woodland

There are few industries in Australia that owe so much to the contribution of women as agriculture.

Since the earliest days of European settlement in carving one of the world's largest agricultural economies out of the scrub, women have contributed significantly to everything from manual labour to business management and policy development.

Yet it wasn't until 1994 that women were legally recognised as farmers in their own right.

And there are further signs that despite half of everything we eat, half of the rural workforce, and half of all farm income in Australia being produced by women, industry still needs to do much to ensure greater representation of women not only in the paddock but in the board room as well.

According to information from Invisible Farmer, women make up less than 10 per cent of all agricultural commodity councils, while my own experience, as a working agribusiness professional with a small beef herd, has shown me firsthand that there are still many more men actively involved in the industry than women.

But encouragingly, things are changing. At AgForce, elected women represent almost every commodity and region, and of course we have Georgie Somerset, our first woman General President, who recently commenced a new two-year term.

One of Georgie's goals when she began her role at the top of AgForce in 2018 was to encourage more women to come through the ranks and step into commodity-specific leadership roles, and we are now starting to see this taking place.

The numbers will continue to change, and the industry will continue to prosper, if we provide yet more opportunities and support for young people who want to live a life on the land, and if we better promote the countless opportunities that exist for women within agriculture.

Whether that's taking up a trade, working in ag sciences, or stepping up to represent on a council or board – the possibilities are endless.

So this International Women's Day let's celebrate and be proud of all our wonderful achievements and the contribution women make to Australia and the lives of those around us each and every day.

But as an industry and as a society let's also not lose sight of how far we still have to go.



AgForce Young Producers Council member Helen Woodland says the agricultural industry owes a lot to women.

Numbers down but quality good at CQLX Gracemere

CQLX Gracemere combined agents had a decreased yarding of 4269 head on Wednesday, 3 March, comprising of 2100 steers, 1630 heifers, 332 cows and 114 bulls.

Cattle came from as far south to Gin Gin, as far north as Nebo and most local areas.

Quality and condition were good across most sections with several well-bred lines on offer. Competition came from normal processors although there was one from last week not present.

Feedlot restockers were also well represented with best bred lines selling strongly and some plain description a little lesser.

HIGHLIGHTS OF THE DAY

Murphy Family, Raglan sold 18 No 0 Brahman steers to avg 510ckg weigh 285kg to return \$1451 hd



I & G Ohl, Olenga sold 85 Droughtmaster cross steers to top at 570ckg to avg weight 238kg to return \$1263

K & M Stewart, Ridglands sold Brangus Steers at 596c/kg weighing 268kg to return \$1599 head.

P & F Ariens, Calliope, sold Brahman Steers at 596c/kg weighing 215kg to return \$1281 head.

Frank Ellrott, Nankin Sold Droughtmaster weaner steers for 536ckg weighing 244kg to return \$1,311 p/h

S & L Struss, Biloela sold Angus Steers for 420c weighing 483kg to return \$2031

LA & KF Kraatz, Milman Sold Charbray Feeder Steers for 414ckg weighing 475kg to return \$1,967 p/h

Bullrush Past Co. Nebo sold a line of No.9 Brangus steers for 418ckg weighing 475ckg to return \$1,987 p/h

Charlevue C/C, Dingo sold Brangus weaner steers for 526ckg weighing 277kg to return \$1,459p/h

J Baccon, Bajool sold Droughtmaster

Weaner Steers for 584c weighing 256kg to return \$1497

WA & SJ MacDonald, sold Brangus Heifers for 335c weighing 612kg to return \$2051

SJ & SA Jones, Lexington Ogmores sold 101 No. 0 Brahman heifers topping at 448c weighing 292kg to return \$1308 with a breeder buying most of them.

Bullrush Past Co. Nebo Sold Prime No.8 Brangus heifers for 342ckg weighing 541kg to return \$1,850 p/h

Tarcoola Cattle Co, Morinish sold Droughtmaster Cross Heifers for 382c weighing 378kg to return \$933

Pitmoss Pty Ltd, Dalma sold Euro Cross No.1 Heifers for 524 weighing 178kg to return \$1425

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More storms on the way

By Weather Forecaster Mike Griffin

Tropical Cyclone Niran caused damage around Cairns last Monday (1 March) as it rotated its way into a Cat 4 Status last Thursday hitting New Caledonia last Friday.

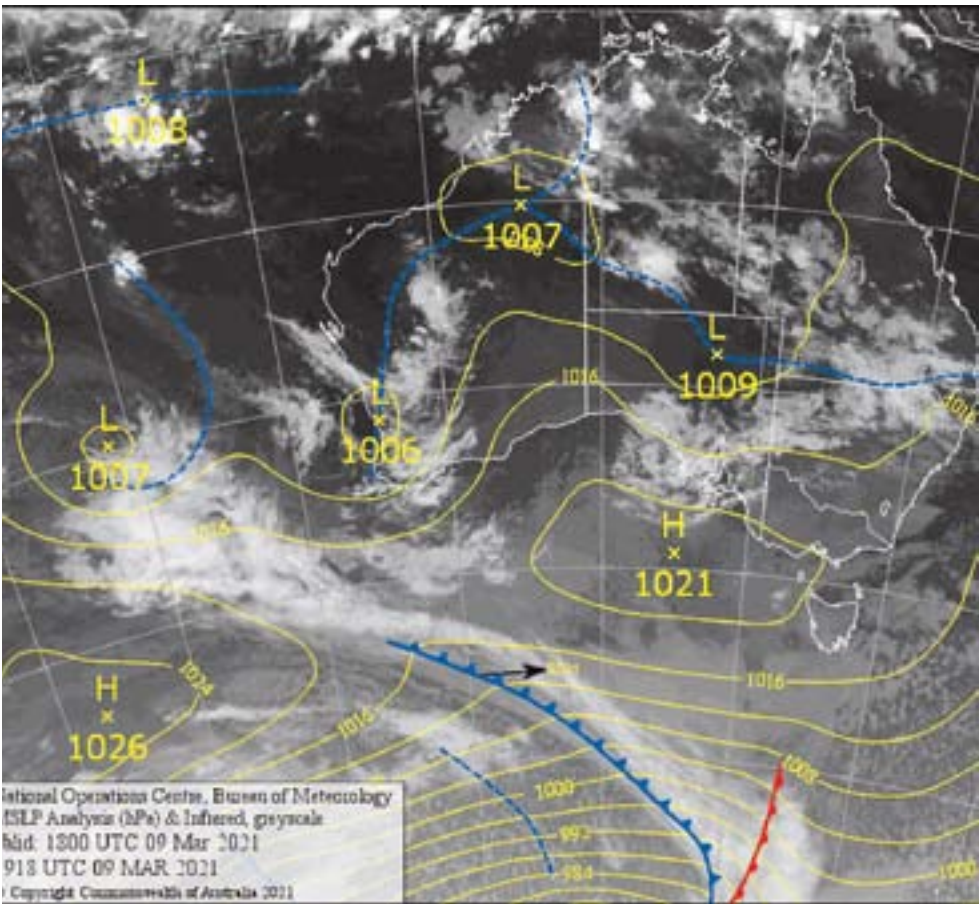
The Australian Banana Growers' Council, estimated about 11,000 hectares of crops were affected from the Cassowary coast to Cairns. About 150 farms were damaged, with the and clean-up possibly taking 12 months. Many trees down, thousands of homes without power as power lines were brought down, from southern Cairns to Gordonvale. Forcing the closure of the Bruce Highway. Some reports of tornado like damage. The highest 24-hour rainfall was Clump Point, which saw 276 millimeters (10.8 inches).

Niran reached a Cat 4 possible Cat 5 north west of New Caledonia. On 5 March Niran hit the southern flank of Grande ,the main island, as a Cat 3 with reports of 150kph gusts. Many houses lost roofs, roads were impassable, large swells forced ships to run aground and 70,000 houses lost power. Luckily no fatality reports to date.

Rocky Souths's Sunday storm started near the Yeppen just after 1.30pm.

One loud crack and the rainfall came down with large drops causing the roof gutters to run. In the space of 15 minutes it was all over. Fons at Ward Street recorded 12.5mm, Alison at Jessie Street 10.5mm, Mike in Dagmar 10mm, Ken at Penlington 8mm, Mike at Athelstane Tce. 8.3mm and the airport 4.4mm. North Rocky missed out for a change. The upper instability affected most of Central Queensland with isolated falls reaching as far west as Longreach.

Biggest falls were in a line from Durling to Yatton. Olive Smith recorded 206mm near Durling (the local river was in instant flood), Bingegang 57, Yatton 52, Upper Ulam 52, Glenlands 25. Billaboo west of Emerald recorded 83mm, Cooina 64, Serpentine which will help



the Fairbairn Dam. The more storms in the Central West with Longreach town recording 44mm, another 13mm Monday night then 12.4mm late Tuesday. Then a very isolated storm about Mt. Larcom with 26 mm at Raglan, Boolaroo Tops 12mm and Cowley 8mm late Tuesday, Best falls in months!.. Denise at Stockyard Point recorded 45.5 mm for the

Month of February. One of the driest on record. Keeping with the unusual dry start to the year across CQ. Mt. Morgan is on Level 6 water restrictions. Lucky Rocky has the Fitzroy River and the Barrage with a good flow.

FORECAST

A lazy high in the Bight is associated with a

trough running east/west near Brisbane (see map). For the last week a weak ridge along the Queensland coast caused light NE winds, associated with humid very warm to hot conditions.

This was tempered along the coast with sea breezes in the afternoon. An inland cloud band (ICB) extends from SEQ to the Kimberley. On Wednesday isolated storms are dotted with irregular spacing from the Darling Downs, Blackall/Carters Bore. Birdsville/Alice Springs, the Tanami Desert, Balgo Hill to just north of Derby. Pluss storms about the Top Ent into Cape Yorke Peninsula.

The ridge to the south sneaks up along the coast making the winds more easterly. Tending slowly ESE by Thursday evening. This moderate breeze should cause the osolated coastal brief showers Thursday and an the odd thundery shower from Biloela to Dingo westwards during the evening. The ICB, after some Severe Storms (flash flooding and destructive winds?) in the Darling Downs, should slowly travel north. Reaching Taroom/Rolleston late Friday and maybe the Drummonds and Longreach overnight.

The ICB should remain to the west of Capricornia with isolated severe storms over the weekend. Springsure and maybe Emerald could get these. Then if the Upper Trough (UT) develops; storms may develop in a line from Dysart/Bluff/Moura/Gayndah with the odd severe cell reaching western Capricornia late Monday into Tuesday. It get's tough from here!! If the UT develops and stalls over southern Queensland!

Major storms will cause havoc in the south. It's possible for the northern edge to "pipe" in over western Capricornia. Triggering storms each night from Wednesday to Thursday and maybe Friday. The River City and the coast are in the firing line. This might be the rain we are looking for if we pray hard enough?

SPORTS QUIZ

1. Who was runner-up in the Women's Singles Final at the 2021 Australian Open?

2. How many minutes are the halves in a game of Rugby Sevens?

3. In what African country was the sport of miniature golf first played?

4. A tetrathlon consists of swimming, riding, running and what other discipline?

5. How many total gold medals has Australia won at Winter Olympic Games?

6. How many players are there on a lacrosse team?

7. Who will Leicester City play in a 2020–21 FA Cup quarter-final?

8. Who will coach the NRL's New Zealand Warriors in 2021?

9. Which AFL commentator announced his retirement from calling the sport on the eve of the 2021 season?

10. In what Olympic event has New Zealand won their biggest tally of gold medals?

11. The Australian national netball team is known by what nickname?

12. Which Sydney-born former Socceroo is the current head coach of English Football League Two club Oldham Athletic?

13. What year did Pauline Mencerz win the women's world surfing championship?

14. How many teams are competing in the 2021 AFL Women's season?

15. What sport was featured in the 2002 Australian film *Crackerjack*?

16. Which current NBL head coach will also be the head coach of the Australian men's national basketball team for the upcoming Olympics?

17. What year was the inaugural NRL season of the Gold Coast Titans?

18. Which country won the 2017 Women's Rugby World Cup?

19. Australian professional darts player Simon Whitlock is known by what nickname?
- 

Simon Whitlock



20. In golf, what is a score of two strokes under par at hole known as?

21. Which batsman has scored the most runs in the history of the Indian Premier League?

22. How many drawn grand finals has there been in VFL/AFL history?

23. Which Australian swimmer won the men's 100m freestyle at the 2016 Rio olympics?

24. Which horse won the 2021 Australian Guineas after being at 301/1 odds?

25. The participants of which sport can be referred to as toxophilites?

26. Which Indigenous rugby league player represented Australia, NSW and Queensland between 1964 and 1981?

27. Which champion Australian female athlete has won both WNBA championships and AFLW premierships?

28. Will Power is the only Australian driver to win which famous motor race?

29. In 2017, which Australian bowler took match figures of 12/70 against India in a Test match?

30. Who has scored the most goals in the history of the FIFA World Cup?



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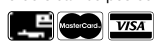
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▼ Public Notices and Event



AUCTION - ABANDONED VEHICLES

Notice is given under Section 100(6) *Transport Operations (Road Use Management) Act 1995* an auction of abandoned vehicles will be held at 11am Tuesday 30 March 2021. The catalogue is available from the Council website under public notices. Vehicle inspections from 10am on the day at Waste Transfer Station, Blain Drive, Gladstone. All vehicles for auction will have to be towed. Safety aware site, no open shoes permitted, and potential bidders will be given site induction.

12486134-SN11-21

▼ Public Notices and Event



NOTICE OF BALLOT FOR AGM

Members of The **Frenchville Sports Club Limited** (ACN 009 932 469) are advised that a secret ballot shall be held to determine the four available positions of Director of the Board.

Ballot forms can be obtained from the Returning Officer at The Frenchville Sports Club, 105 Clifton Street, Frenchville, from 10am - 5pm Monday - Friday, or 10am - 2pm Saturdays. Membership card or photo identification must be provided.

Ballot must be obtained and placed in the ballot box no later than 5pm Thursday 25 March 2021.

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Announcements

▼ Deaths

BRAZIER, Gweneth Mabel 'Gwen'

Of Keryn Drive, The Caves
Passed away peacefully on
Wednesday 3rd March 2021

Aged 82 years.

Dearly loved Wife to Barry. Adored Mother and Mother in law to Sue and Andrew, Larny and Vince, Stuart (dec), Lyn, Jenny and Chris. Cherished Grandmother, Great grandmother, Sister, Sister in law and Aunt to her family. Friend to Many.

A Funeral Service was held for Gwen on Wednesday 10th March 2021.



FINLAYSON & McKENZIE (AFDA)
56 William Street, Rockhampton
Phone 4922 1269

12486238-SN11-21

▼ Deaths

EFFENEY, Pauline Ida

Late of Upper Dawson Road, Rockhampton and Capricorn Adventist Retirement Village, Yeppoon. Peacefully passed away at Sunset Ridge Retirement Village, Zilzie on Monday, 8th March 2021.

Aged 88 years

Beloved Wife of Leonard (dec'd). Dearly loved Sister of Patricia (Pat) Elliott. Much loved Mother and Mother-in-law of Robert and Deb, Peter and Madonna, Mary and Anthony Schick, Terence (dec'd) and Joanne, Paul and Christine, Mark and Anne, Gerard and Tina.

Loved Grandmother of Timothy, Rachel, Katelyn; Julianne, Melissa, Amanda, Natalie; Jessica, Lauren, Grea; Kathryn, Brendan, Amy; Louise, Michael, Tom, Sarah; Jillian and Alyse.

Loved Great-grandmother of James, Zoe; Abigail, Phoenix, Loma; Tavian, Azealia; Grace, Olivia, Eve; Lachlan, Emily.

Relatives and friends are respectfully invited to attend a Mass of Thanksgiving to celebrate the Life of Pauline to be held at the Sacred Heart Catholic Church, Tabor Drive, Yeppoon this Friday, 12th March 2021, commencing at 3:30PM

A private family committal will follow on Saturday, 13th March 2021.

If preferred, in lieu of flowers, donations to St Vincent de Paul Society Queensland would be appreciated.



FINLAYSON & McKENZIE (AFDA)
56 William Street, Rockhampton
Phone 4922 1269

12486703-DL11-21

▼ Deaths

ROBERTS, Russell Ian

Late of Haynes Street, Park Avenue.
Passed away surrounded by family on
Saturday 6th March 2021.

Aged 71 years.

Loved Husband of Delphine Roberts.

Loving Father and Father-in-law of Richard Roberts, Terry and Marney Roberts, Rebecca and Blair Toby. Cherished Grandfather of Emalee-Jane, Maddison and Indianna Roberts, Coen and Harrison Toby.

Family and Friends are invited to attend a Funeral Service to Celebrate the life of Ian to be held at Tucker and Nankivell Chapel, 166 Alma Street, Rockhampton this Friday 12th March 2021 commencing at 10am.

Following the service, the committal will be at North Rockhampton Cemetery.



TUCKER & NANKIVELL
FUNERAL & CREMATION DIRECTORS

12486585-CG11-21

▼ Deaths

TAYLOR, Lea John

Late of North Rockhampton
Passed away peacefully on
Saturday 6th March 2021.

Aged 66 years.

Dearly Loved Husband of Svetlana
Much Loved Father and Father-in-law of
Shannon and Alan Butterworth,
Glenn and Carissa Taylor, Ryan and Abby,
and Stepfather of Velera.

Cherished Grandfather of Courtney, Taylor, Clayton, Grace, Cooper, Cruz, Cash, Chase, Tallis and Tatum. Loved brother of Wayne (dec'd).

Relatives and Friends are respectfully invited to attend a Service to Celebrate the life of Lea to be held at Rockhampton Baptist Tabernacle Chapel, 650 Norman Road, North Rockhampton this Friday 12th March 2021 commencing at 11am.

Live-Streaming available on
Tucker and Nankivell website.



TUCKER & NANKIVELL
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12486540-JW11-21

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ROGERS, Maureen Fay

of Pillich Street, Kawana
Passed away peacefully on Monday 1st March 2021
After a short illness

Aged 86 years.

Dearly Loved Wife to John. Much Loved Mother and Mother in law to Tony (dec) and Julie, Jo-Anne, Gary, Derek and Amber, Kerry. Grandma to 13 Grandchildren and 7 Great grandchildren. Aunt, sister and sister in law to her family. Relatives and Friends are respectfully invited to attend a Celebration of Maureen's Life to be held at the East Chapel Rockhampton Crematorium on Thursday 11th March 2021 commencing at 2 pm.

Flower tributes will be most welcome.



FINLAYSON & McKENZIE (AFDA)
56 William Street, Rockhampton
Phone 4922 1269

12485976-CG11-21

▼ In Memoriam

BENJAMIN Mitchell Burnard (Foof)

11-2-85 - 10-3-18

3 years have gone so fast
but the ache still remains
Still as deep, still as lost
Miss you Son forever and always
Father, brother, grandson,
uncle, friend

Gone but never forgotten



REST IN PEACE

Yeppoon set for States

YEPPOON SLSC

The Yeppoon Surf Life Saving squad will be heading to the North Kirra Surf Club for the Queensland youth State Championships this weekend, with the team ranging from under-11s to under-15s.

It is wonderful to see such a huge team heading to the Gold Coast this year - 32 youngsters in total.

They have all dedicated their Sunday mornings and some weekday afternoons to the nipper season to train or compete, and it is this dedication and hard work that has got them to where they can compete at a state level.

For some, this trip is not the first, however for the under-11s this is their first trip away for states and it was impossible to wipe the smile from their faces.

One thing we love most about our Yeppoon team is the camaraderie and teamwork they

show each other. They are not only a surf team, they are a surf family.

A special mention needs to be made to the following youngsters who are competing in the iron person event, which is an ultimate test in our sport:

- U11 - Ty Lynch, Will Goudie, Jude Page, and Clíodhna O'Rielly.
- U12 - Kurt Lynch, Peyton Goudie, Oram McGilvray, and Logan Young.
- U13 - Kayla Althaus, Neassa O'Rielly, and Fletcher Scanlon.
- U14 - Edie Hemson and Maddie Lynch.
- U15 - Alex Cumming.

On Tuesday the team members were presented with their state packs, which were kindly put together from the amazing sponsors Regals Dental, DC Motors, The Real Group, Rocky Feed and Seed, Livingstone Shire Council, and CQ University.



The Yeppoon SLSC is taking on the junior State Championships this weekend.

Right across the Central Queensland fairways

ROCKHAMPTON VETERANS GOLF

On Monday, 8 March, 42 players played a 14-hole 2 ball Ambrose event on the back nine, playing 10, 11, 16, 17, and 18 twice.

The winners were Pat Charles and John Baly with 53, while the runners up were Don Bunt and Des Pill with 54.

- Rundown: Peter and Patricia Beck 55; John Barrie and Bob Blair 55; John Seeman and Peter Dawson 55; Wayne Butler, a visitor from Mackay, and Glen Chopping 55.
- Pin shots: Hole 11 - the Jolt vouchers were won by Neville and Barbara Funch with 18 centimetres, on hole 17 the men's was won by Merv Price (10cm) and the women's

Karen Baker (24cm), and on hole 18 two teams were in the hole - Nola Taylor and Lorry Donaldson, and Col and Judy Lindsay.

Next week's game is a 4B multiplier. Names for the tri-series are still being taken for those interested.

YEPPOON LADIES

On Tuesday the ladies played a Bisque, sponsored by June Bowden.

- Overall winner: Barbara O'Brien +8 on countback (OCB).
- 2nd: Brunhilde Garratt +8 OCB.
- 3rd: June Bowden +6.

Nearest the Pin

- Captain's shot - Hole 6: Pat Buntain 46 centimetres.
 - Hole 11: Hazel Coombs 26cm.
 - Hole 18: Kathy McPhail 11cm.
- NORTH ROCKHAMPTON**
The March Monthly Medal was sponsored by Capricorn Promotional Products.
- Monthly Medal winners
- Division 1 (15): Matthew Richter 71.
 - Division 2 (16): Peter Bugler 65.
 - Men's winner: Peter Bugler 65.
 - Runner-up: Blake Couch 68.
 - Third: Vince Swift 69.
 - Fourth: Dean Allen 70.

- Fifth: Joel Stephenson 70.
 - Ladies winner: Janet Gull 70.
 - Ladies runner-up: Temalesi Buadromo 71.
 - Rundown: Matthew Richter 71, Gayle Mooney 72, John Berry 72, Cathy Skinner 72, Lakepa Buadromo 72, Paul Jorimann 72, Reg Field 73, Paul Conway 74, Denis Ford 74, Darryl Cameron 74, Bruce Simpson 74, and Sarah Lacey 74.
- Pin shots
- Men's Division 1: Dean Allen.
 - Men's Division 2: Kev Young.
 - Ladies: Janet Gull.
 - All-in: Dean Allen
 - 13 March: Single Stableford - Mark Crone.

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Reporting to CQ Today's Advertising Manager you will be able to work autonomously as well as a part of a small team outside of the traditional office environment. Your skill set will include a drive to succeed, a strong work ethic and good interpersonal skills.
While experience in the media industry would be helpful, a successful sales background is necessary. As part of your position, you will be given full training and guidance that will enable your success.
CQ Today was introduced into the Central Queensland Region in August 2020, employing 8 staff, this newspaper has established a strong readership base in the communities it covers.
Please email your applications to david.richardson@cqtoday.com.au

Positions Vacant

CQToday
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Out in the deep with Dags

By Darryl Branthwaite

Over the past couple of decades or more that I have been writing these columns for the local paper, I have watched many young people with a passion for fishing catch their first fish and go on to become very good anglers in their teens and into their 20s and beyond.

There's my lad Matthew and all of his friends such as Thomas Hayes, Jordan Roper, Cameron and Brandon Gillett just to name a few, but there are also certain families who just love being on the water from water skiing and wakeboarding through to setting crab pots and chasing big fish, like the Price Family in Gladstone.

Now, I met Nicole when I was working at Raine and Horne in Gladstone, and her husband Zac has his own carpentry business. They have two lads Dylan and Cooper, who are both mad keen fishermen.

Dylan is right into his spearing. Four years his junior, Cooper, is now bigger, at 12-years-old, than his brother, and chases the big jewies. He even scrounges around pilfering some old 30lb braid off one of his dad's reels, which could be all of 20 years old, to kit this outfit up to jig this amazing black jew around 18 kilo-

grams and 15 to 20 minutes to land.

Well done Coops!

In an announcement last Monday, as of 8 March, until 1 January 2022, black jew are now off the take list due to dwindling stocks across Queensland. For more information, check out the DAF website.

Around the region last weekend, the water flattened out for Friday and Saturday and a heap of you took full advantage of it - filling eskies with Spanish mackerel, long tail tuna, cobia, trout, reds and sweeties.

In close, the banana prawns are on the move in the creeks and inlets. A good sign for the novice is the mud being stirred up in one spot as the prawns school up, working their legs on the bottom to flush out food.

Remember - you are allowed a 10-litre bucket full per person.

I see that the Baffle Creek Family Fishing Festival is now looking for sponsorship. This event is set to be held from 20 to 25 September and if your company would like to participate and help out this small group I'm sure you will be greeted with open arms. The Baffle Creek system is massive and absolutely loaded with fish with plenty of creeks, inlets and tributaries

to explore in a tinny or kayak.

Easter will be with us soon and the Moura Muddie Water Classic is set down for that weekend.

If you are looking for things to do or places to go for a fish over Easter, then I wouldn't look anywhere past the Southern Great Barrier Reef. There are plenty of facilities from the Discovery Coast in the south to Tannum/Boyne and Gladstone in the central part, and the Capricorn Coast in the northern end.

There are plenty of camp sites, boat ramps and trailer parking. All these places have a VMR or Coast Guard to keep an ear open for your call and there's plenty of knowledge in the bait and tackle shops so make good use of them.

It's the new moon on Saturday and my favourite lunar phase but there are storms predicted and my best advice is to let someone know where you are going, and if a storm cell or squall comes at you - have a plan!

Hooroo,
Dags

RIGHT: 12-year-old Cooper Price with his 18-kilogram black jewfish.



Fishing with Hooked Fishing Charters

It was another beautiful weekend on the water

The team at Hooked Fishing Charters have had a beautiful weekend on the water and caught plenty of great fish.

The shot of the weekend was Neil Bland and his mates reeling in a huge kingfish while on a charter with Hooked Fishing.

Neil and the crew were clearly stoked with the awesome catch!

CQ Today would like to say thanks to Hooked Fishing Charters for their continued support of the CQ Today fishing section.



Neil Bland and friends brought in this huge kingfish on the weekend.

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Rockhampton Cycling Club Champions: George Tucker, Victoria Smith, Brock Baldwin, and Caden Ruff. Back row from left: Jamie Baldwin, Macca Wright, Lachlan Hallmark, and Emylia Stjernqvist.

Rocky revival

By Renay Buchanan

Friday night saw the rejuvenation of the Rockhampton Cycling Club Championships at the Kenrick Tucker Velodrome. It has been a number of years since the club has held a Track Club Championships and the two-day race weekend was well-supported by club members with 31 and 28 riders respectively competing in the event.

It was a different program compared to a usual race night, with feedback from competitors and spectators that they immensely enjoyed the different rounds of racing. The individual events enabled spectators to cheer on each rider as they pushed themselves to their limit on the track.

Riders eagerly awaited the announcement of the final times at the end of each section of racing to see how they fared against their competitors, and themselves. Many personal bests were recorded over the two days of racing.

Friday night started with the Sprint qualifying rounds, which comprise of a flying 200-metre timed event to determine the riders' placings to 'ride off' against those in their class. Although the night graced the riders with only just the gentlest of breezes, the high humidity made the air quite heavy. A couple of great PBs were set, including from under-15 rider Victoria Smith who knocked a massive 0.67 seconds off her previous best time - clocking an average speed of 50.27 km/h over the 200 metres.

Next on the schedule was the Individual Time Trial (ITT). Junior under-11 and under-13 riders rode 333 metres (one lap), while the rest of the field rode 500 metres (1.5 laps). Lachlan Hallmark, who is off to the National Track Championships, elected to ride 'the kilo', 1000 metres, and came home in a blistering time of 1min13:31 seconds.

Riders finished the night with a longer Scratch race to stretch out the legs.

Day two commenced with the Sprint

rounds following on from the Qualifying the night before. Classes with six riders had three races to qualify for the final four, with the winner moving straight through and the losers moving to the repechage to see who would take up the final spot in the top four.

First and second place had a best of three final, while third and fourth had a single race to fight it out for the bronze position.

There were gutsy efforts by all riders, especially in B Grade, which saw Kiah Rothery and Macca Wright taking it one apiece in the first two rounds - calling for the third and deciding round to declare Kiah Rothery winner. A shaking of hands and falling to the ground afterwards showed a fantastic race was had, with both riders well and truly giving their all.

The night then moved into the Keirin races, a favourite for all riders. The luck of the draw sets your position behind the motorbike, but the race from then on is yours to decide.

Individual pursuits finished the night's proceedings, with riders asked to dig deep and produce their best controlled effort over 1000 metres (juniors) or 2000 metres (seniors).

Although there were quite a few grimaced faces over the last lap or two, all riders came away happy they had given it a go - some for the very first time.

The night ended with the presentation of sashes to the Club Track Champions for 2021...

- U11 – Brock Baldwin.
- U13 – George Tucker.
- U15 – Victoria Smith.
- U17 – Caden Ruff.
- Women – Emylia Stjernqvist.
- C Grade – Jamie Baldwin.
- B Grade – Macca Wright.
- A Grade – Lachlan Hallmark.

The Frenchville Roos hop right into the next round

By Liam Emerton

The Central Queensland Premier League season is almost upon us and on Saturday night the Frenchville Roos proved why they are the team to beat.

The Roos took on the Nerimbera Magpies' First Grade squad in the FFA Cup at Pilbeam Park with the travelling side running away 4-1 winners.

An opening goal to the Roos' Ryan Hawken came midway through the first half, but the Magpies' new keeper Josh Dorron made some crucial saves to keep his side down just one goal at half-time.

The Magpies' keen defence was then broken down two minutes into the second half when Frenchville captain Jordan Miller doubled his squad's lead by converting from the penalty spot.

Nerimbera pulled a goal back late in the second half before Sam Reynolds and Jackson Lems both scored to finish the Magpies off.

That match means that Frenchville will move forward to the next stage of the FFA Cup, where it will play local rivals Bluebirds United in what will be an intriguing clash.

In other footballing news, the Capricorn Coast Eagles FC hosted the Frenchville Roos in the Kappa Women's Super Cup at Apex Park.

In that contest, Cap Coast's Bia Neves McAlister opened the scoring in the 24th minute before a Paige Richmond double extended the home side's lead to 3-0.

Frenchville attempted a late comeback with captain Jade Parkin scoring a goal in the 63rd minute, but it was too little, too late for the travelling side which was knocked out of the competition.

That match came in the Round of 128, which will also see local Gladstone soccer sides Central FC and Clinton FC test each other this weekend.

Central and Clinton both had successful runs in the Frenchville six-a-side competition and faced each other in the Gladstone Community Women's competition grand final last year with the Central team coming out victorious on that night.

It will be a good test for the squads, which will jump into the inaugural CQ Premier League Women's competition in two weeks.



Frenchville's Ryan Hawken celebrates after scoring the opening goal in the FFA Cup contest.

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On the track with Tony

By Rockhampton Jockey Club CEO Tony Fenlon

G'day, this is Tony.

EVERYTHING is rearing to go for our St Patrick's Day race meeting at Callaghan Park this coming Saturday.

It is the first of the Rockhampton Jockey Club's feature Saturday race meetings for 2021.

There is much happening on-course for both the serious racegoers, as well as the social ones who are expected to be on-course.

As of Tuesday, when I penned this column, there were still some tickets available for the Pimm's Party at the Park.

Not many, mind you, but still some.

Attendees in previous years were quick to make bookings for Saturday when they became available.

The \$120 per person includes entry to the races (as well as the party), reserved seating, a light lunch with dessert, plus a four-hour drinks package from 12.30 to 4.30pm.

This is inclusive of Pimm's, beer, wine and soft drink as well as live music being played.

It represents great value, so get in touch with us at Callaghan Park today to see if there are still some vacancies.

Tell them Tony sent you.

AS WELL over here at Callaghan Park we have been fielding many inquiries about the dates of our feature race days associated with the Winter Racing Carnival.

So, mark your calendars or note it on your phones that the Rocky Newmarket is set for Friday, July 9. Naturally the Rockhampton Cup will be run the next day on Saturday, July 10.

Our major sponsors include XXXX and Phil Peel Jeweller.

They're not far away at all.

NOR FOR that matter is the Capricornia Yearling Sale Racing Carnival at Callaghan Park, running from Thursday, 8 April through to Sunday, 11 April.

This year is a little different.

Social activities kick-off with the Rum City Foods 2YO Calcutta on Thursday, 8 April from 6pm at Callaghan Park.

The Calcutta will centre around the \$143,000 Capricornia Yearling Sale 2YO Classic (1200 metres), which will be run at Callaghan Park on Saturday, 10 April.

That Saturday represents a massive day of racing with around about \$300,000 in prize money up for the taking.

That day is being preceded by the TAB Country Cup meeting at Callaghan Park on the Friday.

After the races on Saturday, it is off to the Robert Schwaren Pavilion in Rockhampton for a complimentary barbeque as well as a select parade of yearlings.

Of course, the 2021 CYS commences at 11am sharp on Sunday, 11 April.

Close to 100 aristocratic and well-bred thoroughbred yearlings will go under the hammer from 11am on the Sunday.

It probably sounds like a well-worn cliché for this time each year but honesty the calibre of yearlings on offer after reading the catalogue looks the best ever in the long running Rockhampton Sale.

The yearling sale, the only one of its kind

in regional Australia, goes back to the late '80s and has produced some beauties.

That will happen again this year.

By the way, catalogues for the 2021 edition are available at our Callaghan Park offices.

HOW about last Friday's Rocky winner, Emilee's Empire - a bargain buy from the 2019 CYS.

Bred by longstanding CQ thoroughbred breeder Susan Peddle from Dululu, Emilee's Empire, a daughter of Carrara, sold for just \$3000.

Last Friday was the first occasion that Emilee won a race, taking her earnings to around \$92,000.

That may not sound right, but it is as she had recorded 10 previous placings - including nine seconds.

Under what I saw as a very good ride by Cecily Eaton, trainer Lyle and wife Helen Wright's Emilee's Empire broke her duck.

It is just a lovely story all-round.

Emilee's Empire is a daughter of locally based stallion Carrara and Alton Down's breeder Bruce Watts has three of that progeny listed at the 11 April Rocky sale.

Locally, Aleya's Dream has been another recent winner sired by Carrara.

Susan Peddle will offer a draft of yearlings by the very well-bred stallion Altius (AUS) at the 11 April sale.

Being by top sire, the late Redoute's Choice, the stallion Altius won on four occasions and is a close relation to Group 1 winners Elstroem and Haradasun.

With that sort of a pedigree, Altius should

produce his share of winners.

ONCE again, our younger trainers have been having a ball getting plenty of winners.

Ricky Vale landed a Callaghan Park double last Friday with I Love This Hippy and Hil-flager, which should go close again on Saturday.

Darryl Johnston won with Lingalonga Lass, while Chris Attard scored with Auxin.

Then at Mackay on Monday there was another one for Ricky Vale with Trump Me.

Also at Mackay, Clinton Taylor won with Hey Pal while Nick Walsh led in Princess Rules a winner after he won with Solar Panel at Rocky last Friday.

Stephen Rundle also trained the Mackay winner Motherlode.

Good work and keep it going, trainers.

FINALLY, all eyes will be peeled on the television monitors throughout CQ on Saturday when our brilliant unbeaten filly Sweet Dolly runs in the \$500,000 Jewel 2YO (1200 metres) on the Gold Coast.

Dolly is unbeaten in three starts with winnings of \$177,750 - not bad for a \$600 purchase price.

After Dolly wins on Saturday, her earnings will skyrocket to \$477,750.

Good luck to Callaghan Park trainer Kevin Hansen, Michelle Walker and family, and to jockey Justin Stanley who for argument's sake could be claimed as a Rockyite.

All of Central Queensland, and particularly Rockhampton, runs with you.

Until next week,

Tony

There's no break in talent at Rocky table tennis

By Allan Clarke

Despite losing some opportunities to play table tennis last year due to the effects of Covid-19, the standard of play in top grade at the Leichhardt Park Table Tennis Centre so far this year has been quite good.

After this week only three rounds of competition remain before the premiers are decided in the two divisions, and in the top section three sides are sharing first place - not far in front of the remainder of the field.

These teams consisting of Dane Coughlan and James O'Sullivan, Rayden Smith and Nick Green, and Joel Coughlan and Ann-Louise Stewart will be out to gain as many

points as possible during the remaining fixtures in the hope of winning the first past the post premiership. Solid results from some of the other sides in the competition could see other challengers for the flag, and of course some of the leaders will be pitted against each other and there can be only one victor in each clash.

Second division sees the contestants split on the leaderboard with Chris Leitner and Linda O'Sullivan looking strong in holding a three-point cushion over Pam Clarke and Emily Steffen, and this pair hold a similar lead over the combination of Dave Milverton and Patricia Green. While the remaining teams are probably out of the picture, they

could easily assist to rearrange the finishing order as the season unfolds.

The local club continues to look towards expanding participation in the weekly beginner-junior coaching program. Boys and girls from around six years of age attend this session from 4.30pm on Thursdays and qualified coaches are on-hand to teach the basics of the sport. Newcomers are welcome and all they need to bring is non-marking footwear to start them off in a sport offering exceptional hand-eye coordination skills that they can play for life out of the weather, including any potential effects from the sun.

With the tournament season getting into full-swing, regular attendees will have

plenty of travelling to contend with over the next few months. Locals always support the Bundaberg Open, which is being staged on 20 and 21 March, and entries close soon. The state junior and closed titles will form quite a carnival during the Easter school holidays in Townsville, and leading contenders from Rocky will be in attendance.

The Anzac long weekend sees the Townsville Open underway, while the Mackay Open is only one weekend later. The Brisbane Open will take place in mid-May and then on the last weekend of May local organisers will be hoping the Rockhampton Open receives plenty of support from both locals and players from other clubs.

Snake Pit's fight night

By Liam Emerton

Rockhampton's Snake Pit Gym (SPG) is set for a busy weekend when it sees five fighters compete on the same day.

On Saturday Thomas 'The Tank Engine' Wilkins, Torin O'Brien, Julia Reed, Braith Peterson and Alisha Lorroway will all take on fights across three different venues.

Wilkins will fight in a pro boxing contest in Brisbane, O'Brien will contest a Muay-Thai match in Cairns, and Reed, Peterson and Lorroway will take to Yeppoon - with all contests taking place on Saturday, 13 March.

Head trainer and owner of SPG Torin O'Brien was full of praise for his fellow fighters and said it's great for them to be in the ring this weekend.

"Alisha is an absolute workhorse, she's a mum, a nurse, and also trains her guts out," said O'Brien.

"This is going to be her third fight for the gym and her improvements have been huge.

"We've also got Julia fighting, which is her debut fight and her younger brother Braith who is having his sixth fight.

"So we've got a brother and sister duo fighting on the same card at Yeppoon, along with one of our main trainers Alisha.

"Then on top of that, you've got Thomas Wilkins fighting one of the biggest prospects in Australian boxing down in Brisbane.

"So, overall, it's a pretty big night for us."

The team at Snake Pit Gym is excited about all of the competition but O'Brien had mixed feelings about not being able to be in his team's corner.

"It feels like the first time I'm letting the kids walk to school by themselves," he said.

"I know they're going to be fine but I can't help but freak out.

"As a coach, especially with these three in particular fighting in Yeppoon, there's a lot of hard work and emotion invested in them.

"To not be there, whether they win or lose, it's going to be hard for me.

"But that's the way it goes, we're in demand and we have to make these little sacrifices to give everyone the same opportunity."

Central Queensland does not host a combat sports event like Road To Glory 6 at Yeppoon frequently but it will be fantastic to see our local fighters give it their all.



Snake Pit Gym's five fighters who will take centre stage in three different venues this weekend. Pictured are: Thomas 'The Tank Engine' Wilkins, Alisha Lorroway, owner and head coach Torin O'Brien, Braith Peterson, and Julia Reed. Picture: SUPPLIED

"It is really good - it's not often that we fight here locally," said O'Brien.

"We've got four fighters who might not ever fight locally again - it just costs too much money for the regional shows.

"It's the first fight in their hometown, and I know that sounds good, but it's actually a nerve-racking experience.

"Everyone who wants you to win will be there but everyone who wants you to lose will be there too.

"If you lose down in Brisbane nobody cares

too much, but up here it's a bit different so the pressure is on.

"It's all fun and games but it's going to be pretty cool."

O'Brien said there's been a lot of tough work from everyone involved at SPG to prepare for this incredible weekend.

"We've got two of our main fighters, one of them happens to be a highly-rated professional in Luke Ruddick and Brad Dyer, they're going to be running our team in Yeppoon," he said.

"Jake Dorocinski, he's another one of our professional fighters, he's going down to Brisbane to corner Thomas in his pro boxing fight.

"And then we've got Benji Wright who's flying from the Gold Coast to Cairns to look after me.

"It's not just me as the coach - it really is a team effort.

"All these people deserve a massive pat on the back. It's a huge effort what we're going through, and I'm just so grateful that I have all these people to support us."

It was a Downlands domination in Rockhampton

By Liam Emerton

Toowoomba's Downlands College has walked away victorious after a brilliant showing at the Regional Rugby Championships.

The travelling First XV took on our Rockhampton Grammar School boys in the grand final on Sunday at Rugby Park but were too quick off the mark for the local team.

Downlands took the game to RGS early and found itself up 31-0 at half-time after a dominant display by outside backs Jarvis Buddy and Albert Dynevor.

The Rocky side stood up in the second half and made a real impact, fighting hard to drag itself back into the contest with two tries, but after sustained pressure the Toowoomba team broke quickly through an intercept and iced the match - winning by 26 points.

Rockhampton Grammar School captain Carter Wight said it was a tough tournament.

"The [Downlands] boys played good, solid footy in the first half," he said.

"It's pretty tough in these conditions - it was pretty hot.

"Us Grammar boys, we came through in the second half but Downlands just got away from us in the back end.

"A couple of the boys pulled up sore from Saturday's games and we didn't start the game how we usually would want to start.

"They just stunned us at the start by putting a few tries on us."

Downlands captain Fraser Leslie said it was a great match and competition for his boys.



Leading the charge: Rockhampton Grammar School captain Carter Wight leads his side out onto the pitch amongst a swarm of supporters and media. 230802 Picture: LIAM EMERTON

"Our plan was to match the energy and to just give it our 100 percent," he said.

"We have a couple of quick boys, so our game plan was to hit it hard in the middle

and spread it out wide and it worked perfectly.

"This is pretty important for us and the school - it sets a platform up for us for the

rest of the year."

The tournament leads both sides into the Ballymore Cup, which will be held at the beginning of April.



Caribee's Jade Mauger in the IM event.



Swimmers diving off the blocks at the CQ Swimming Championships



Gladstone Souths' Zilzee Andrews performing in the backstroke event.

Impressing at CQ champs

By Liam Emerton

The Central Queensland Swimming Championships saw more than 400 competitors turn up for a weekend full of record-breaking and personal bests.

Teams from Rockhampton, Emu Park, Yeppoon, Gladstone, Tannum Sands, Emerald and all across the Central Queensland district descended upon the WWII Memorial Pools in Rockhampton.

Two swimmers who found themselves amongst plenty of accolades were Rocky City's Taryn Roberts and Caribee's Jack Kelly, who both produced some phenomenal swims.

Roberts won the Bill Sweetenham Trophy for the 400-metre individual medley, the New Hamilton Trophy for 800-metre freestyle, was crowned the middle distance champion, and broke the oldest record at the event.

Kelly was able to pick up the Bill Sweetenham Trophy for his 400-metre individual medley, the John Allen Trophy for an incredible 1500-metre freestyle swim, and score the middle distance champion award.

Those two were joined on the list of major trophy victories by Yeppoon's Indee Cossart and Caribee's Zachary Thomsen, who took out the Vorley Newman Trophy for 9 years highest points, as well as Tyler Seagrott (Caribee) who won the newly created Terry Fellows Memorial Award for highest points in multi class events.

In the age championships, Emerald Swim Club picked up some great results with three of its athletes picking up their respective age trophies.



Rocky City's Ashton Rodgers breaks through the water. 230909

Pictures: LIAM EMERTON



Taking off in the backstroke event.

Kyle Taylor took out the boys' under-15s trophy, Saffron Davis secured the girls' under-13 championship, and Tegan Sprought took out a hotly-contested girls' under-14s trophy.

Rocky City found its fair share of success in the age championships as well with four age champions and three runners up.

Amelie Smith (12 years girls), Lachlan Kuss (13 years boys), Jack Lynch (14 years boys) and

Matthew Richardson (17-and-over boys) all found age championship success in their respective groups.

Gladstone-based swim teams took out three combined age championships with each club having its own individual winner.

Boyne Tannum Bullets' Madison McKenna continued her fine form in the pool by winning the 10 years girls age champs, Gladstone South's Ryan Asher took out the 12 years boys

accolade, and Gladstone Gladiator Annabel Cox won her 11 years girls trophy.

All-in-all the Caribee club found the most success with an incredible eight age champions leading to the Rocky team being crowned the club with the highest overall points.

The event itself was the biggest in over a decade - a great sign of how well our swimming community has come together during the pandemic era.

The action-packed AFLX electrifies Ryan Park

By Liam Emerton

The Alpha Sport AFLX was a blast at Ryan Park on the weekend, with six clubs participating in the fast-paced competition.

And it was the Glenmore Bulls that came out on top with both their men's and women's squads taking out their respective titles.

The Glenmore Bulls squad battled against the Boyne Island Tannum Sands Saints in their final, while the Bulls' ladies took on the South Rockhampton and Gracemere Kangaroos.

The double for the Bulls will be a massive confidence boost with the AFL Capricornia competition set to start in April.

AFL Capricornia Competition Manager Brad Matheson said it was a great way for the squads to get a great hit out.

"It was a good competition and it was great to see the clubs get behind it and support the game," he said.

"It was great for us to get down to Ryan Park and play some football down at the Frenchville Sports Club on the fantastic facilities they've got there.

"It's our third year now so we've become quite used to the format.

"It's a really exciting way to watch the footy, it's a lot closer and there are a lot fewer players - so it's great to see quick, open footy."

Despite the AFLX competition flopping at the national level, the local format of AFLX



The Glenmore Bulls women took out their respective competition. 230776

Pictures: LIAM EMERTON



The Glenmore Bulls were successful in their title chase.

seems to be picking up and gaining traction for each passing year.

"At this time of the year there's still a long time before the season and squads aren't back to full strength yet so it's a good opportunity for clubs to get a good solid match

simulation on a smaller venue with smaller numbers," said Matheson.

"Especially regionally it gives up more scope to youth girls footy and also playing in some of the regions out west where they might not have those facilities or numbers.

"So we can still provide games on a smaller basis."

Matheson said the Glenmore Bulls will be stoked with their performance in the competition, walking away with two major prizes from Alpha Sport.

"It's a fantastic start for the Glenmore Bulls," he said.

"In any competition, you want to get there and get the win out of it and boost yourself up with a bit of confidence for the season ahead.

"It was a really strong performance by the club.

"We will see a lot of clubs now get into the full-size practice matches, playing the full four quarters and full 18-a-side."

Goats are ready for a rugby return

By Liam Emerton

The Gladstone Goats Rugby Union Football Club will be ready for a full year of high-intensity action - beginning this weekend.

The Rugby club's fixtures for the Rugby Capricornia season have been released this week and the draw looks favourable for our GRUFCs.

The men's A Grade XV will face a tough challenge in the first round of the competition when it takes on the might of the Dawson Valley Drovers. That match will take place this weekend at Moura and will see the return of the Drovers which took last season off.

The men will then take on the reigning Reserve Grade champions - the Colts Rugby Union Club. In Round 3 the Goats will finally

host their first match of the season when it welcomes Biloela to the great Marley Brown Oval.

The Goats' first home contest will take place on 27 March and the team will be hoping for a great crowd of loyal supporters.

The next round will see the club travel to the Frenchville Pioneers home ground Ryan Park before taking a few weeks off.

The GRUFCs will return to action on 1 May when it hosts the Cap Coast Crocs in a rematch of last season's semi final.

The week after will then see a fierce match as the Brothers Rugby Club hosts the Goats in a 2020 grand final replay - one that will be extremely personal for the Gladstone squad.

The reverse fixtures of the first three rounds will then take place consecutively with Glad-

stone hosting two home games back-to-back before heading to Bilo.

The last three contests will see the GRUFCs host Frenchville and Brothers before travelling to Yeppoon to face Cap Coast in the final regular season match.

Women's 7s squad will also not host a match until week three of their competition, travelling to Rockhampton and Frenchville in the opening two weeks. The GRUFCs Ladies won't play arch rivals Brothers Rugby Club until 15 May however that match will be a home contest.

A few games are still to be allocated however the Women's 7s team will be all guns blazing when it comes up against Biloela and Colts in the first round this weekend.

Boyd's title

By Gurney Clamp

Yeppoon and Central Queensland champion golfer Boyd Watts won the Star Precision Electrical Men's Biloela Open Championships on Sunday with a 109 gross score.

Watts won the event by just one shot from fellow Yeppoon Golf Club member Aiden Scott, who finished on 110.

Biloela's Don Macklin won the B Grade on 125, also by one shot from Biloela's Millar on 126, and Biloela's Col Nevell finished on 139 to win the C Grade by three shots over Rockhampton's Nathan Schofield on 142.

Damien Roll, with a 107 Nett, won the A Grade Nett from Calliope's Chaise Pearce on 109.

Biloela's Greg Cruickshank on 107 won the B Grade Nett from Biloela's Reece Schulte on 111, with Biloela's Terry Zillman winning the C Grade Nett on 111 from Yeppoon's David John 121.

Gladstone swimmers seriously light up the pool

By Liam Emerton

The Central Queensland Swimming Championships took place on the weekend with three Gladstone-based clubs attending the event.

All three found relative success with Boyne Tannum, Gladstone South and Gladstone Gladiators Swim Clubs all participating in the meet.

Each Gladstone-based club took out a singular state championship with Boyne Tannum Bullets' Madison McKenna winning the 10 years girls age champs, Gladstone South's Ryan Asher earning the 12 years boys championship, and Gladstone Gladiator Annabel Cox winning the 11 years girls trophy.



11-years age champion Gladstone Gladiator Annabel Cox in the breast stroke event.



Aston Little steams forward in the IM event. 230909

Pictures: LIAM EMERTON



Zilzee Andrews performing backstroke at the CQ Champs.



Gladstone Gladiator Federica Tiboni surges forward.



The Boyne Tannum Bullets had a great showing at the CQ Champs.



Gladstone South's Ella Cox.



Vanquishing their demons

By Liam Emerton

It's one trial match and one win for the lads at the Central Queensland Premier League's Central FC.

The Gladstone-based soccer club took on Bluebirds United at Webber Park on Saturday night for Central's first trial of the year.

Central came out on top in that contest with a strong 3-1 win against last season's competition runners up.

It was the first time that the team had played United since their shocking 7-0 defeat in the semi-final at Webber Park last season.

The match was also the first time David Longden had taken over this Central FC first grade squad and said it was a great win for his players.

"This is our first pre-season hit out," said Longden.

"There's a little bit to work on but the guys played really well.

"In patches out there we knocked the ball around great.

"We held control of the ball, created quite a few chances.

"And our backline worked really hard and well together to stop Bluebirds from having many chances."

Longden said it was an important win mentally for his players - especially the ones who suffered in that horrific loss last season.

"It's a good win for the guys to get their heads up," he said.

"And try and put a few demons in the past.

"We had a number of players who did really well.

"Our midfielders played great - Jayden Clark did really well to control that centre and Dylan Clark marshalled the backline superbly.

"New player Giaan Kapp got on the score sheet which was also great."

The Central squad tended to play through

the middle before splitting the ball into the wider areas and producing a cross - aimed at the head of prolific striker Garth Lawrie.

"We've got a bit of a game plan this year," said Longden.

"There are a few things we can tweak.

"We will have another pre-season game [this week] we hope.

"We've got to do some more tweaking.

"We have to get the guys up to another level and each game we have now we will get fitter and sharper."

Longden said his role as coach has been a great fit so far and the players have adapted well to his methods.

"The boys are responding really well," he said.

"We've had really good numbers at training.

"We're working hard and a bit of pre-season fitness is helping.

"And now as we get closer to the start we can start working on some patterns and movement with the ball."

The win will certainly boost the confidence of the players in the Central FC squad with the CQ Premier League swiftly approaching.

Especially when Central will take on Bluebirds United in the first game of their season - although this time FC will have the home ground advantage.

That match will be previewed in CQ Today's next edition.

The Gladstone-based squad will be joined by Clinton FC in the top-tier Central Queensland competition this season.

Clinton FC will take on Capricorn Coast Eagles FC in their first outing as a CQ Premier League team since the 2019 season.

Having a year break may see the club, which finished third in that aforementioned competition, do some terrific things and push the other sides out of those critical top spots.



Central FC coach David Longden looking over his first game in charge of the 2021 squad. 230977
Pictures: LIAM EMERTON

