Thursday, 4 March, 2021

CQ Today GLADSTONE

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Just pawsome!

By Jamie McKenzie

Legally Blonde The Musical, a sell-out performance at the Gladstone Entertainment and Convention Centre, has a couple of four-legged furry superstars.

Bruiser Woods, the companion of lead character Elle Woods, is famously a Gemini and has made legal history.

Then there's the stoic and more charismatic British Bull Dog called Rufus, who Elle Woods helps Paulette Bonafonte rescue from a disagreeable ex-husband.

The fictitious character didn't have a speaking role in the perfectly performed play but certainly did have a mind of his own and was somewhat of a challenge for its handler to keep on point and on guard.

In auditioning for the role, the show's casting team had no hesitation in selecting the big huggable and slightly eccentric canine.

When he first strode on stage on opening night, there was a round of 'apaws'. The Musical is all about stereotypes and not judging a book by its cover and dogs are no different.

So, Bruiser is the cute, tiny adorable one with 'Rufus' looking totally the opposite. He only had just over a month to perfect his performance in rehearsals but was up to the task.

With only a face a mother could love, Rufus who was inseparable from Paulette, the pair played a major part in cementing the key messages and didn't miss a beat.



Rufus the British Bull Dog with Paullette Bonafonte in a scene from Legally Blonde The Musical.



By Jamie McKenzie

International seafarers on trading ships at Gladstone and Abbot Point are trialling a new Wi-Fi system to help keep them in touch with families on distant shores.

Member for Gladstone Glenn Butcher said Maritime Safety Queensland (MSQ) had teamed up with Telstra, Insite Communications and not-for-profit Seafarer Centres to trial 'Wi-Fi in a box' units for seafarers.

"There are 1.65 million seafarers working around the world and many have not been able to take shore leave, or even leave their shins for short periods, because of Covid-19 they can't come ashore they can't contact their families or access services such as counselling.

"That can be incredibly isolating for these workers who are keeping our supply lines running and helping our economic recovery from the pandemic.

"In Queensland, we are committed to ensuring decent working and living conditions for seafarers, so we've been looking at ways to improve their situation.

"I am a big supporter of Gladstone's Mission to Seafarers, the team do an incredible job assisting over 12,000 seafarers that visit their centre every year. seafarers on ships anchored or berthed in the ports of Gladstone and Abbot Point."

The initiative builds on recent support provided to seafarers by MSQ, working with port-based charities, to provide care packages containing essential supplies such as toiletries as well as snacks, games and other items to lift the morale of seafarers aboard ships or in hotel quarantine.

MSQ was recently recognised nationally for its work in seafarer welfare when it won two awards at the 2020 Daily Cargo News Shipping and Maritime Industry Awards.

Mr Butcher said that if the trial proved successful it could be rolled out to other Queensland ports through not-for-profit Seafarer Centres.

ing a central role in supporting the trial Wi-Fi program which will give seafarers a chance to call home.

Acting CEO Craig Walker said GPC pilots will assist with the drop-off of the Wi-Fi box to crews out at Anchorage Point over the next sixmonths while the trial is underway.

"Our marine pilot servicing operation at GPC are internationally recognised for their efficiency and safety," Mr Walker said.

"At GPC we are home to a professional and dedicated team of pilots who will be supporting the program.

"We have strong and trusting relationships with our customers and are pleased to be helping their crews at this crucial time when they are away from their families for so long."

restrictions," Mr Butcher said.

"Many of these ships lack the means of providing their crew with internet access and if

"MSQ got together with Telstra and Insite Communications, who have developed and donated two portable Wi-Fi units for use by

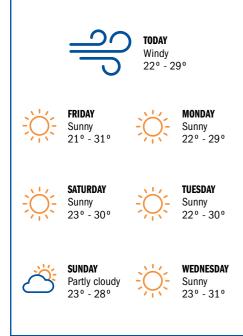
Gladstone Ports Corporation (GPC) is play-



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WEATHER



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Artist workshops at Tannum Sands CWA

By Jamie McKenzie

There are not too many Country Women's Associations clubs that can boast they have a recognised artist visit with them every week to share skills, inspiring works, and a unique perspective on the arts with its members.

Country Women's Association, Tannum Sands are lucky enough to have exactly that.

Melissa Peacock, of A Country Art Practice, has dedicated every Wednesday since November to the CWA and will carry right through to the end of April for 24 weeks.

Ms Peacock is tasked with creating a series of ephemeral environmental art installations and permanent garden art pieces using organic material that is specifically from the site. Community members are also invited to collaborate with Ms Peacock on site at the hall in Tannum Sands.

In addition, Ms Peacock leads a series of community workshops at the hall, where anyone from the community, for the cost of a gold coin donation, can learn new skills and experience the arts from a novel viewpoint.

The weekend workshops offer participants the chance to make handmade paper seedling boxes, botanical paper, cyanotype prints, eco printing and woven baskets.

Throughout Ms Peacock's residency, the artworks created aim to reflect the local landscape and the character of the locale and the unique stories of each contributing member.

"By using organic material sourced on the hall's site and nearby, along with recycled items, the project also promotes sustainable practices and environmental stewardship which is consistently a strong focus in all of my community arts projects," said Ms Peacock.

"We have many regulars attend the Wednesday collaborations and many passers-by often stop out of curiosity to see what I'm up to. This is what I love most about public art when the general community can witness the progress of the art forms and interact creatively as much as they wish. I've made friends in the process and I have connected with people that I would not usually.

President of the Tannum Sands CWA Natalia Muszkat said, "the purpose of the project is to bring a new concept to the community,



Two CWA Tannum Sands members showing off their handywork.

where through collaboration, new works are created, QCWA historic contributions are recognised and community assets become revitalised and activated through the arts.

"This project will be closely linked to the beautification of the hall's gardens in preparation for the branch's 50th anniversary in 2021," added Ms Muszkat.

Works from the project to date are currently being exhibited at Gladstone Airport Art-Port.

There are two weekend workshops remaining which will be at the Tannum Sands CWA hall following its brief makeover.

The Country Women Meet Art: Artist in Residence Community Project is funded by the Regional Arts Development Fund which is a Queensland Government and Gladstone Regional Council partnership to support local arts and culture in regional Queensland.

For more information, please follow the Tannum Sands branch of Queensland Country Women's Association @QCWATannumSands-Branch, A Country Arts Practice @acountryartspractice or email qcwatannumsands@ hotmail.com and acountryartspractice@mail. com





Dead and unnoticed

Last year's scourge of newspaper closures triggered by COVID-19 had calamitous effect community and business.

News Corp alone with the most stock in local rags confirmed over 100 newspapers went digital and some just went.

Readers and businesses were marooned however, most moved on by accepting the loss of their regular read as just one of many pandemic casualties.

Though dead and gone, a certain demographic of reader still mourns the loss of the classifieds pages they would religiously scan to study the funeral notices.

For many this was the most common exercise for keeping apprised of who had passed, when funerals were arranged, and the media used to publicly commiserate by printing a 'with sympathy' notice.

Yesterday a CQ Today reader pronounced to me they entirely missed a friend's funeral because they had no inkling their friend had passed. This was certainly an inconvenience and disappointing but on the gloomier side, it deprived the reader of the opportunity to share their grief and support the grieving.

At least once a week, I will hear from a reader what they missed most about the death of their local paper is the death of the funeral notice pages. Unhappily, these readers are not technologically predisposed to sift through social media to hear up up in a page of deather.

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Examples of the use of local material in the creation of inspiring art pieces.

to keep up with news of deaths.

For those who fruitfully converted to digital news, their subscriptions are worthless when it comes to funeral notices as the online papers don't carry a classifieds section, let alone a section dedicated news of the deceased.

Regrettably, there's unlikely to be a funeral notices service except for the few remaining print newspapers.

This newspaper, for instance, still publishes them.

But if we learn anything out of this, then its perchance we should connect with our loved ones in person while they are still alive because for now that's the only solution.

- Jamie McKenzie

QId less attractive

By Duncan Evans

Queensland's attractiveness as a destination for investment in resources has declined substantially over the last five years, according to the recently released 2020 Fraser Institute Survey.

The annual survey is delivered to thousands of mining and exploration companies across the world in an attempt to assess how mineral endowments and public policy factors such as taxation and regulatory uncertainty affect exploration investment. Survey responses are tallied to rank provinces, states and countries according to the extent that public policy factors encourage or discourage mining investment.

The most recent survey was compiled between August and November last year. The data collected generates a metric called the Investment Attractiveness Index, which takes into account both policy perception and mineral potential in ranking the attractiveness of a particular destination.

This year, Queensland is ranked in 16th position, a fall of six places over the last five years.

Queensland Resources Council Chief Executive Ian Macfarlane has expressed disappointment at the result but in an interview with CQ Today, said the state government was beginning to adopt a more positive attitude towards Queensland's resources sector and this may well engineer a reversal in the state's sliding rank.

"If I can be so bold, in the last six to eight months we've seen a bit of a change in direction from the Queensland government towards the resources industry, and it's been a lot more positive. That's the first thing, you need a state government that is positive about the industry, is positive about its future, is positive in terms of the industry having a long-term place in the economy," he said.

Specifically, Mr Macfarlane raised the issue of an overly cumbersome, extended and unreliable approvals process as a key threat to investment in Queensland.

"That's been a big deterrent," he said.

"I think the commitment of the Queensland government to reforms under the Environmental Protection and Biodiversity Act and the potential for a 'one-stop shop', a one pathway process, is probably the single most important thing. That we can actually have certainty around timing. We understand that some projects won't be approved and some projects will be, but we don't want to wait five, eight, 10, or in the case of New Hope, 15 years. We want to know there's a process where approvals will be given or applications will be rejected. But we won't have to do it twice, once for the commonwealth and once for the state. That is the key area of policy we'd want to see change. And the government's working towards that

The Association of Mining and Exploration Companies (AMEC), however, has cast doubt on the validity of the survey's conclusions.

In an AMEC media release, Chief Executive Officer Warren Pearce said the survey had missed the mark and highlighted extensive government support throughout 2020 and the ability of Australian miners to continue production despite the presence of a global pandemic as evidence that our sector was more attractive than the survey indicated.

"Despite the impact of Covid-19, Australia has seen record production and exports, and near record levels of mineral exploration and mineral investment," he said.

"These achievements have been made possible by the commitment of industry and government to work together.

"This achievement, at a time when many operations in competing mining jurisdictions had been forced to close or operate under severe restrictions, has drawn significant international investment to Australia's vast minerals prospects, where it was clear we would be able to continue operations."

Figures released by the Australian Bureau of Statistics on March 1 also seem to belie the survey's conclusions.

Overall expenditure on exploration across Queensland's resources sector last year was \$679.4 million, almost \$130 million above expenditure levels in the 2019.

"Exploration expenditure in minerals increased by 18 percent to \$411.7 million in 2020 with coal, silver, lead, zinc, nickel, cobalt and gold all up," Mr Macfarlane said.

For an extended profile of Central Queensland resources company TerraCom, turn to page 14.

Don't paws, why not adopt a pet now?



PETstock Rockhampton's Jacquelyn Bunge with some cute kitties that need homes for National Pet Adoption Month. Capricorn Animal Aid's Adoption Day will be held at PETstock Rockhampton on Sunday, March 7, with National Adoption Day the following Sunday, March 13. See next week's CQ Today for the full story.



Reef fears

By Matthew Pearce

The Capricorn Conservation Council fears Clive Palmer's proposed Central Queensland Coal Project (CQC) will pose irreversible damage to the Great Barrier Reef and protected wetlands.

The state government announced on Friday, February 26, that it would allow the project, located near St Lawrence on the Bruce Highway, to move to the next level of assessment.

Coordinator Dr Coral Rowston said the Capricornia Conservation Council was 'extremely disappointed' with the decision.

"With big government, business and industry all setting targets for reduced emissions, we don't need another coal mine. We certainly don't need developments that threaten the Great Barrier Reef and the Broadsound Wetlands and Broadsound Fish Habitat Area," she said.

"Central Queensland needs to embrace the future and look to invest in the lucrative renewables market, not to create another emission producing mine."

Dr Rowston said a report from the Independent Expert Scientific Committee on Coal Seam Gas and Large Coal Mining Development found the mine would have significant environmental impacts on the reef and wetlands.

"The results of this scientific review are frightening. The IECS are saying that there are no feasible mitigation measures that could safeguard these irreplaceable and internationally significant ecological assets," she said.

"Capricorn Conservation Council believes that the government should have taken heed of the scientists' advice and sent this proposal back with a refusal to accept it.

"The scientists are saying that there will be a high probability of pollutants entering the waterways. They also noted that there will be a disturbance of sodic soils which are prone to erosion."

Dr Rowston said the government's decision "made a mockery" of the Reef 2050 Water Quality Improvement Plan 2017-2022.

"We can't help being disappointed that this project has made it as far as the Environmental Impact Statement phase."

In their fact sheet on the project, Central Queensland Coal said independent consultancies found the mine would have no significant impacts on the wetlands or Great Barrier Reef, a finding they said was ignored by the IECS report.

A partnership between Central Queensland Coal and Fairway Coal Pty Ltd, the proposed Central Queensland Coal Project would be an open cut operation employing up to 250 people.

There are plans to extract up to 10 million tonnes per year of product thermal and coking coal and, if approved, construction would start in July 2022.

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Moving from Melbourne

By Matthew Pearce

Real estate agent Troy Davis couldn't be happier after joining the exodus from the 'big smoke' to the Capricorn Coast.

Research released last week by the Regional Australia Institute shows one in five metropolitan residents are currently considering the move to regional Queensland.

And the figures are no surprise to Mr Davis, who made the move from Melbourne in September.

"We had been talking about moving up to Rockhampton for quite some time as my wife is from the region," he said.

"We've got two kids, aged four and eight, and we originally spoke of us heading up when our eldest was going to go into high school."

But when Covid-19 hit, the family's timetable was moved up.

"I was on JobKeeper and my wife was able to continue working from home, so we were in a really good situation where we were able to dip our toe in the water, so to speak," he said.

The Davis family chose to live in Yeppoon after falling in love with the area.

"Rockhampton is lovely, but I love the beach, I love the water and the sea breeze is a bit cooler here as well," he said.



Troy and Ursula Davis with children Leo, 4, and Jackson, 8, love their new home on the Capricorn Coast.

"We planned to stay in the area at least until Christmas 2020, and then decide whether we were going to stay or go back to Melbourne.

"But within the first month we pretty much knew we weren't going to head back home."

With the decision made, it was time to get serious, including risking potential border clo-

sures by returning to Melbourne to pack up their house.

"Once we'd decided to stay, I was lucky enough to pick up a job with Yeppoon Real Estate, starting a whole new career," he said.

"It's been a big adventure, a massive undertaking, especially when you've got kids involved. It's been a whole new change for them as well."

But the Central Queensland lifestyle has made all the upheaval worth it.

"It's great for a young family, you've got the outdoors lifestyle and the whole playground of the ocean just straight out your front window, it's certainly more relaxed here."

Covid-19's minimal impact on Central Queensland compared to Melbourne has also made a big difference.

"We'd been in lockdown pretty much since March, in one house with us and the two young kids all falling over the top of each other," he said.

"Here you don't have to wear a facemask, you're able to walk around freely and don't have to worry that the person you're talking to at the shop is going to pass on some terrible disease.

"Just the fresh air and the freedom that you

feel, once that gets taken away from you, you really see the importance of it and how much it means to you."

But not everything is different in the Sunshine State.

"I was very happy to come up here and find an Aussie Rules football team, the Yeppoon Swans. They're a great bunch of blokes and it made it even more of an easier transition for me," he said.

"There's a couple of other new players who are also from Victoria and they've all said the same thing about how much they love the area."

Having managed to secure a rental property despite the very tight Capricorn Coast market, Mr Davis said his next step was to purchase a home.

"It's a very, very hot market at the moment. There's a lot of people like myself that are coming up and making the Capricorn Coast their home.

"Exponential growth is predicted for Central Queensland in the next couple of years and I think it's a really exciting time for the area.

"But the most important thing for us is being able to watch our young kids grow up in a community that's growing and flourishing through these times."

Bradbury's beer is taking off in Central Queensland

By Liam Emerton

Australia's most famous winter Olympian dropped into Central Queensland this week to say g'day and promote his new beverage.

Steven Bradbury OAM with his new beer -Last Man Standing - in hand, made his way to the Big Beer Festival.

The famous speed skating gold medalist even met Rockhampton's very own 'Bradbury' - Chris 'Pineapple' Hooper.

He then had a chance to drop in at the local tennis grounds and have a hit with one of our young tennis stars.

"The beer has been pretty successful for a start-up business," Mr Bradbury told CQ Today.

"We poured our first beer in the Port Office Hotel in Brisbane in October 2019.

"So over the last five days, we've headed north for the first time now that we're in every Dan Murphy's between Cairns and Coffs Harbour.

"I don't think the regional centres get a lot of love from the beer companies so we were pleasantly surprised by the support and reception of all the stores we did tastings in.

"We've added some new venues on tap and a bunch of new bottle shops.

"If anyone wants to make contact about stocking our new beer, either in carton form in a bottle shop or in keg form, we're all ears."

Mr Bradbury said it was great to be back in Central Queensland and enjoyed the response from the public.



Steven Bradbury OAM flanked by late Australian Wallaby Roydon Prosser's sons Damian and Stephen.

"We went to Gympie, Maryborough, Bundaberg, Gladstone and Rocky," he said. "It's been a pretty intense few days with-

out much downtime. "And we finished off at the Big Beer festival

on Saturday night here in Rocky.

"Where we got to let our hair down and have a bit of fun which was good.

FRESH DAILY

"We sold a lot of beer and introduced a lot of people to what I believe is the best lager in Australia.

"I may be a little bit biased obviously," Mr Bradbury chuckled.

"The sales that we were doing after people had their first tastings of it in-store is proof that it's going to sell well in a hot climate."



The Last Man Standing beer.

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Running like crazy for a good cause

By Matthew Pearce

Grandmother Darlene Rae Bowen knows the impact a diagnosis of Phelan-McDermid Syndrome can have on a family.

As part of Phelan Crazy for Chelsea, Darlene planned to run 5km on a treadmill every hour for 24 hours at AmbitionZ Fitness in Rockhampton.

The fundraising event, in honour of her granddaughter Chelsea, who has Phelan-Mc-Dermid Syndrome, started at 9am on Friday, February 26.

"We didn't quite make it to 24 hours. I did 89km in 20 hours, raising just over \$8800," she said.

"I'd just like to thank everybody for their support, it really went beyond my expectations.

"When we first started we thought \$2000 would be a good number, but then it went past \$2000, then \$5000, then \$6000, it just went crazy over the 20 hours.

"We were online so people were watching from all over the world, including on on the Phelan-McDermid website. Families from overseas were putting up notes for us.

"So many businesses, friends family and strangers have donated so much to the cause."

Phelan-McDermid syndrome (PMS) is a rare genetic condition caused by a deletion or other structural change of the terminal end of chromosome 22 in the 22q13 location or a disease-causing variant of the SHANK3 gene.

PMS can result in a variety of afflictions including absent or delayed speech, intellectual disability, autism, poor muscle tone, seizures, gastrointestinal issues, heart conditions, kidney and lung conditions, sleep apnoea, behavioural issues and a low immune system.

Darlene said the aim of the fundraiser was the raise awareness of the syndrome in the community.

"Maybe someone who's struggling will hear about the syndrome, have a look on the foundation site and see what the symptoms are," she said.

"We were just lucky that Chelsea got a chromosome test done, her doctor didn't know what was wrong with her initially.

"And even when a diagnosis is made, people might not know that there's help out there. Re-



Darlene Rae Bowen runs on the treadmill for Phelan Crazy for Chelsea.

becca (Chelsea's mum, Rebecca Bowen) didn't know, she just went searching on the internet and then we got involved with the foundation.

"Being in a regional area also doesn't help as we have less support than in the capital cities."

Funds from Phelan Crazy for Chelsea will go toward helping families with travel and accommodation for the Phelan-McDermid Syndrome Foundation Australia's next conference in 2023 . "It's a very rare condition, with less than 200 diagnosed in Australia, including four in Central Queensland," she said.

"We suspect there are a lot of other children out there with it but it costs a lot of money to get tests done and if doctors don't know to test for it, it just doesn't get tested.

"It's just such a rare disease and we don't get any government funding, so the fact that everyone's got on board has blown me away."

Eleven people involved in two car crash

RACQ Capricorn Rescue was tasked to the scene of a two-vehicle accident involving 11 people north of Rockhampton on Monday.

A RACQ Capricorn Rescue spokesperson said the vehicles sideswiped each other on the Bruce Highway at Kunwarara before 7am, causing a suspected broken leg and pelvis to one of the drivers.

A heavily pregnant woman, one of eight occupants in a vehicle heading north, was transported to Rockhampton Base Hospital by road ambulance as a precautionary measure. Two teenagers, aged 15 and 17, in the vehicle heading south were assessed for any possible injuries at the scene, however, were found to be unharmed. The driver of the vehicle was transported to Rockhampton Base Hospital by the RACQ Capricorn Rescue helicopter in a stable condition.

Production hits stage

Rockhampton Grammar School (RGS) brought the Pilbeam Theatre back to life last weekend when the long-awaited production of Mary Poppins Jnr finally had the chance to hit the stage.

With a spoonful of sugar, Cherry Tree Lane, home to the Banks family, came to life on stage with the magical Mary Poppins and her good friend Bert joining a cast of enthusiastic Year 6 and Year 7 students.

The RGS Primary musical production team first emailed then-primary students in February last year before hosting auditions in March and were ready to start rehearsals in Term 2, 2020, until Covid temporarily closed the curtain on proceedings.

Students started rehearsals as soon as possible with the plan to still perform in September. The show was then bumped back to October, but with theatre restrictions still in place, Mary Poppins Jnr was rescheduled for February 26-27.

Musical Director Michael Robertson said it had been an entire year since students first signed up for the musical.

"We thought let's scrap it but these kids really wanted this opportunity," Mr Robertson said.

"To see the musical come to fruition on the stage and to see the fun and enjoyment of the students on the stage, and the audience as well, everybody has been waiting to get back and witness live theatre and be a part of it.

"I've never seen so much commitment. Normally everyone is already heavily committed but to ask for an entire year is a big ask.

"Those students were rehearsing three to four times a week, for the majority of the time. The parents' commitment to get them to rehearsals was amazing along with the RGS staff and supporters giving up their time."

Mr Robertson found it surreal watching the performance on stage after such a long build-up.

"It came together really well. If there were any positives out of the whole situation the students had more time to develop their characters for quite a difficult show, both character and song wise," Mr Robertson said.

"As soon as we hit the theatre it was like we were there yesterday."



(Back from left) Lucy Perry-Barr (Winifred Banks) and George Pentecost (George Banks) and (front from left) Jade Harmsworth (Jane Banks) and Magnus Connell (Michael Banks).

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DEAL WITH A LOCAL YOU

Mine safety reassured

By Matthew Pearce

A \$1.6 million project to upgrade the dam wall and install additional pumping infrastructure will ensure safety at the Mount Morgan mine, according to the Department of Resources.

In last week's edition of CQ Today, Rockhampton resident Tom Foster said poisonous water from the old Mount Morgan mine site had had a devastating impact on the region's waterways.

Mr Foster, who has a background in engineering and quarrying, said he had been raising concerns with state government officials and the Rockhampton Regional Council since a major fish kill following flooding in the Fitzroy River in 2013, which the state government at the time concluded was due to natural causes.

He said the No. 8 Dam in front of the mine lake was responsible for the mine filling up and overflowing in 2013, and said remediation works should be undertaken immediately at the mine site and No. 8 Dam to prevent the leaching of poisonous water into the river systems in the future.

He also said the mine's spillway should immediately be condemned.

In response, a Department of Resources spokesperson said the department had actively managed the legacy issues at the Mount Morgan Mine for almost 25 years.

"The Department of Resource's site management priorities are protecting public safety, reducing the water level in the open cut pit (OCP), and minimising the volume of poorquality seepage into the adjacent Dee River," they said.

The spokesperson said the OCP water level



Rockhampton resident Tom Foster.

was 5.66m below the spillway level, which is well under the lowest pit water level recorded in over 20 years.

"A seepage interception / pump back system which minimises offsite impacts from acid mine drainage, a lime-dosing water treatment plant and the use of mechanical evaporation to dispose of water directly from the OCP have all greatly assisted in reducing the water level in the OCP.

"The Department of Resources is also undertaking a \$1.6 million project to upgrade the wall of Dam 8 and install additional pumping infrastructure to divert clean runoff away from the OCP."

All works associated with the No. 8 Dam upgrade are expected to be completed by June 2021.



The Mount Morgan Mine site has long had issues with environmental contamination.



Professor Michael Cowling, one of three recognised educators from CQ University.

Three of the best at CQUni

By Jamie McKenzie

Three educators from CQUniversity Australia have been recognised with national teaching awards as part of the prestigious Australian Awards for University Teaching (AAUT).

The awards celebrate outstanding achievements in university teaching and nominations are assessed by an independent panel of expert academics from across the higher education sector.

The successful award recipients from CQUniversity include Professor Michael Cowling (Award for Teaching Excellence) and Dr Ashley Holmes and Dr Ramadas Narayanan (Citations for Outstanding Contributions to Student Learning).

Information and Communication technology expert, Prof Cowling's Award for Teaching Excellence was considered in the category of physical sciences and related studies.

The accolade recognised his demonstrated excellence, leadership and sustained commitment to teaching and learning in higher education.

Prof Cowling's Queensland government workshop series 'Weaving Technology into the Fabric of the Classroom' trained hundreds of educators in the use of innovative technology. Additionally, as part of his CSIRO-supported 'Professor Tech' program, he has presented to students in a significant number of K-12 schools.

Prof Cowling is also a highly regarded technology and science communicator writing articles and appearing on radio and television to talk about the impact of technology on education and daily life.

This is the second year in a row that a CQUniversity learning and teaching specialist has been recognised with an Award for Teaching Excellence, with Professor Kate Ames honoured in 2020 for her commitment to ensuring distance and online learners are 'central to the classroom'.

Digital media specialist Dr Holmes and mechanical engineering lecturer Dr Narayanan both received for citations for outstanding contributions to student learning which recognise and reward the diversity of contributions made by individuals and teams to the quality of student learning. Citations are awarded to those educators who have contributed to the quality of student learning in a specific area of responsibility over a sustained period.

CQUniversity's Vice-President, Academic, Professor Helen Huntly congratulated her colleagues on their achievements and noted that their recognition was well-deserved.

"I am delighted to see Professor Cowling, Dr Holmes and Dr Narayanan recognised with these awards."

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Voting early

By Duncan Evans

The early voting window for Rockhampton's open Division 3 seat began on Monday and will continue every weekday until election day on March 13.

Eligible voters can stop by the James Lawrence Pavilion at the Rockhampton Showgrounds on New Exhibition Road to cast a ballot.

Five candidates have nominated for the seat and they are: Leyland Barnett, Christian Shepherd, Deanna Beatson, Grant Mathers and Dave Bauer.

On the first day of voting, CQ Today visited the showgrounds to assess developments and talk with punters and candidates.

Mr Mathers stood diligently by his corflutes and greeted electors and offered them campaign literature. Mr Mathers plans to man the booth all day every day until March 13.

"I'm here until five o'clock this afternoon. And then I'll go home and quickly slip on some other clothes. Then I'll go and spend around an hour-and-a-half while I've got daylight just talking to people in their front yards. I'll do that for two weeks," he said in a kerbside conversation with CQ Today.

To date, Mr Mathers has logged 624 kilometres in his car driving around Division 3, getting to know his potential constituents. He has also delivered some 5500 campaign letters.

The letters were produced by a local printer at a cost of just under \$800. Mr Mathers said his 80 corflutes cost \$800 and the stakes to hold them up another \$400.

"But I'm 100 per cent self-funded," he said.

"As a single dad, I can't afford to spend too much money. But I've got to invest in my own future and what my passion is, and my passion is to get in and try to do something for the area."

Volunteers with Deanna Beatson's campaign were also present outside the showgrounds and noted that Ms Beatson had distributed 4,000 letters so far.

Mr Mathers' skills in retail politics were apparent on the day.

Emerging from the polling station, Laurie Effeney, a pensioner who lives in Berserker, said he had voted for Mr Mathers and decided to do so after talking briefly with Mr Mathers at the booth.

"Look, I don't know any of them really, but



Grant Mathers and volunteers with Deanna Beatson's campaign fish for votes by the Rockhampton Showgrounds.

I was talking to the chap (Mr Mathers) just up there, and we had a conversation, and I went in, and there you go, done," he said.

When asked which of Mr Mather's ideas for the division he found compelling, Mr Effeney replied:

"Oh, he didn't give me anything that was up front much. I'm here because I have to be here. And I've got to give a vote to somebody. And he seems a reasonable sort of a fella, so we'll give him a go."

The elector base is some 7600 and the voting method will be Optional Preferential Voting (OPV), which means voters are not obliged to number every candidate on the ballot to retain a formal vote. They can choose to vote for just one candidate, or mark preferences for some or all of the candidates.

Division 3 covers the areas immediately east of the Fitzroy River, namely Lakes Creek, Nerimbera, Koongal, Berserker and The Common. The division includes a number of prominent tourist destinations and businesses, including the Callaghan Park Racecourse, the Lakes Creek meatworks and Mount Archer National Park.

In last week's edition of CQ Today, we profiled candidate Deanna Beatson. Turn to pages 16-17 for our final set of profiles of the remaining candidates.

A hobby that's in full flight

By Matthew Pearce

Keeping birds can be an addictive hobby, according to Rockhampton Finch and Parrot Social Club member Lance Wood.

The club will hold its 13th Annual Bird Sale on Sunday, March 7 at the Robert Schwarten Pavilion at the Rockhampton Showgrounds.

Lance has been breeding birds for 40 years, including finches, masked lovebirds, quails and parotletts, and has been a member of the social club since its formation 14 years ago.

"It's fantastic relaxation, my wife enjoys it too so we can just come out here and feed the birds and its a lot of fun," he said.

"We have plenty of room here at



Rockhampton Finch and Parrot Social Club member Lance Wood, with some Gouldian finches, is looking forward to this weekend's bird sale.

the Golden-shouldered Parrot.

"There's a wide range of native and exot-

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Parkhurst but some people have cages nearly as big as this in town, but it takes up most of their yard."

The social club meets on third Sunday of every month at members' houses and the bird sale has been a tradition from the beginning.

"We thought Rocky had always needed a bird sale, as there was a lot of people interested in the hobby but nowhere for them to really purchase birds or get together to know where to find them," Mr Wood said.

"People come from as far as Townsville and Brisbane to attend. They know that if they want to get birds or bird products and seed, they need to come to the Rocky sale."

Doors open at 8am for the sale, which runs from 9am until noon.

Entry is \$2 with children under 13 free. A donation will go toward the conservation of

well as carry boxes, cages, nesting boxes, all you need to house and care for your birds," Mr Wood said.

"We have bird boxes and feeders coming from from Brisbane and Bribie Island and seed from Biloela and Toowoomba.

"The Robert Schwarten Pavilion is massive, it's one of the better venues out of all the bird sales I've been at."

The sale is supported by Rockhampton Regional Council as well as Newsome's Tyre and Mechanical, Rocky Feed and Seed and Greensteel.

Covid rules apply, with attendees asked to register in the foyer before entering the hall. A lucky door prize will be drawn from the register valued at \$100.

Everyone is welcome to attend and the club is always looking for new members.



CHDC Business and Investment Attraction Manager Peter Dowling.

Mining propels Highlands

By Duncan Evans

Mining is the indispensable industry propelling growth across the Central Highlands region, a recently released economic profile report compiled by the Central Highlands Development Corporation (CHDC) has revealed.

Mining contributed as much as 67 per cent to economic activity in the Central Highlands for the 2019-2020 financial year, or \$7.08 billion in output from a total figure of \$10.56 billion

The flow-on wealth that mining has brought to the region pushed household median weekly income to \$1823, above the \$1402 recorded across Queensland.

With a population pegged at 28,701, the Central Highlands area is centred on the agricultural and mining services town of Emerald, situated three hours' drive west of Rockhampton on the Capricorn Highway. The boundary stretches north into the Bowen Basin mining towns of Tieri and Middlemount, as far east as Duaringa, south towards Springsure and Rolleston and out west towards Rubyvale. Renowned coal mines such as Curragh, Jellinbah, Kestrel, Ensham and Gregory Crinum dot the landscape.

'The output generated by mining is estimated to be more than \$7 billion last financial year, which is about \$2 billion more than 2018-19 and reflects the strong ongoing coal de-

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mand," said CHDC Business and Investment Attraction Manager Peter Dowling.

The the report also details a range of other metrics, from housing construction and rent costs to median age and projected population growth, to present a broad-based picture of the region.

Tourism, an amalgam of activities across various industry sectors such as retail, accommodation, cafes and restaurants and cultural and recreational services, generated \$218.5 million in total output, a fall from \$236 million recorded in the previous year.

In an interview with CQ Today, Mr Dowling acknowledged that the area was tilted heavily towards mining and that this over-reliance on a single source of prosperity carried a particular set of risks. Bluntly put, if mining declines, it is highly likely that the Central Highlands will decline with it.

"CHDC has been proactive in acknowledging where our industry drivers are. We understand that the resource sector is dominant. If there wasn't a resource sector here, the dynamics and the economy and society as a whole would change dramatically," he said.

To guard against this latent instability, the CHDC and regional officials are working actively to expand and reform a purely resources-based economy into something more diversified and complex.

"We have just recently partnered with a national cooperative research centre for TIME, and TIME stands for the 'Transformation in Mining Economies'. That project is looking at exactly that, the transformation of mining economies and looking at national examples of how we can transition regions like those in the Bowen Basin, those in the Pilbara, those in other resource regions of Australia, both from a rehabilitation perspective but also from a future land use and maximising economic and social development opportunities out of that," he said.

"We are very mindful, we don't sit there and rub our hands and say this will last forever."

In recent months, CQ Today has profiled a number of incipient CHDC-supported startup companies working in the Agtech space. If these and other companies like them escalate, the region could become a cauldron of Agtech innovation and production. Tourism is also listed as a potential source of long-term growth.

"On a micro level, like many regions, we continue to work hard at stimulating sectors like our tourism sector, or what we call the visitor economy. We've got a visitor economy strategy," Mr Dowling said.

The Gemfields and the spectacular Carnarvon Gorge are regularly listed as tourist highlights. Aside from these star attractions, however, the region lacks other comparable tourist draws that could realistically sustain long-term industry and Mr Dowling acknowledged that this presented a challenge.

There are challenges ahead," he said.

"From my perspective, the key drivers of our tourism market are the natural assets that we have. That's tourism. Our visitor economy is driven by business consultants and contractors that come into the region, and they fly in or drive in and stay in our motels. The tourism sector of that visitor economy are more the drive markets.

"What we would like to do is facilitate greater product development. What we mean by that is create driving trails, create products where they can get a flight from Brisbane, come into an Emerald, pick up a car or a campervan, or something like that, or go a visit the Carnarvons and go and do other things.

In terms of infrastructure development, Mr Dowling highlighted connectivity and improved telecommunications as the key investments needed for the region.

"We need to enhance that greatly," he said. "The consistency of capacity across regions. Fibre optic networking is really important, and the other forms of telecommunications that go with that. So it's more about what is the right fit for the right part of the region."



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Legatees carry the flame

By Duncan Evans

Member for Keppel Brittany Lauga has plenty to keep her occupied in her roles as a mother and member of state parliament representing the interests of some 37,000 electors across the Capricorn coastline and hinterlands.

Her range of service, however, isn't confined to these twin responsibilities. Ms Lauga also allocates part of her time to the sacred obligation of serving the nation's veterans and their families as one of Central Queensland's newly inducted 'legatees'.

A legatee is a volunteer with the Legacy organisation, a non-profit enterprise originally founded in 1923 to support the widows and children of fallen Australian servicemen in World War I.

Since its birth in the 1920s, Legacy has grown to encompass 45 clubs spread across the country, along with a club in London. The clubs provide various forms of support to the families of veterans, and presently assist some 65,000 widowers and 1800 children and dependants with a disability.

Brian Hollins OAM, chairman of Legacy Rockhampton and Central Queensland, spoke with CQ Today about two striking aspects of Legacy's mission.

Firstly, the organisation doesn't funnel its attention solely to Australian servicemen and women. It will also assist those who fight alongside Australians in theatres of war.

"Any veteran with operational service, and that includes the veterans of allied nations that served in the same theatre of war as Australians, we will support their widow, family, no matter what the cause of their death," he said.

In Central Queensland alone, Legacy supports the widow of a New Zealand veteran and some half a dozen British ex-servicemen.

"If it's a Commonwealth nation, and they were in the same theatre as us, we'll take them on and try and support them," he said.



Legatee Brittany Lauga (far left) stands with fellow legatees and Defence personnel in the backyard of widow Lila Collins in late 2020.

Secondly, Legacy follows Australian veterans for their entire lifespan, ready to offer assistance at any necessary moment, regardless of how distant the service may have been.

"As an example, we've just had a Vietnam veteran pass away from natural causes, and we're now supporting his wife. And when I say natural causes, I mean well after he left the military," Mr Hollins said.

The Central Queensland chapter of Legacy opened up in 1947. Each club is an independent entity operating under a common set of by-laws.

Altogether, Legacy Rockhampton and Central Queensland supports just under 400 people across the region, including 15 children

and five adults with disabilities.

Legatees carry out the support work but do not themselves need to be veterans. They are drawn from a wide variety of backgrounds and inducted into service after a careful selection process.

"We're really desperate for more legatees," Mr Hollins said.

"We have 23 at the moment, volunteers, and they're flat-strapped. One of our legatees in Gladstone, for example, supports 35 widows. Of that 35, five would have a high level of need.'

Legatees visit with the widows and families of veterans and engage with them socially to help alleviate potential social isolation. Lega-

tees also engage in a considerable amount of advocacy work.

"The legatees will do everything, from talking to a utility provider, a phone provider, to advocate on the widow's behalf if she has concerns about any sort of service she's receiving," Mr Hollins said.

To mark her induction as a legatee late last year, Ms Lauga participated in a 'backyard blitz' alongside defence personnel to help clean up the yard of war widow Lila Collins.

"Brittany has just joined us," Mr Hollins said.

Presently, Ms Lauga is charged with looking out for an elderly lady and a 12-year-old girl.

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Helping make a meal of it

By Matthew Pearce

The pressures of Covid-19 means Meals on Wheels is busier than ever, with the organisation putting out a call for volunteers.

Meals on Wheels Rockhampton business and operations manager Margo Haks said volunteers were the backbone of the business.

"We can provide meals at a reasonable cost for the client because we're not paying wages," she said.

"Without our volunteers the cost of a meal would be so much more, so we we're very fortunate to have them."

Ms Haks said people didn't need to have any special skills to volunteer.

"We will guide them through everything and do all the training here, whether it's the food preparation or the delivery side," she said.

"Its a nice place to work, the kitchen is airconditioned so it's nice and cool. We really look after our volunteers."

Meals on Wheels operates five days a week but also prepares frozen meals for the weekend, so that their clients don't miss out on those days.

"You're not restricted to specific hours but we find a lot of the volunteers in the kitchen prefer to come for the five hours to see the whole process though," Ms Haks said.

"We start in the morning packing deserts, we make sandwiches and salads, dish up hot meals that the chefs have prepared and then it's packing it into the Eskies for delivery."

While there are about 120 Meals on Wheels volunteers in Rockhampton, Ms Haks said they needed about 35 volunteers a day, with Covid-19 making them busier than ever.

"With Covid restrictions we're still delivering to the client's front door and limiting the contact by not entering into their homes. A lot of our clients are preferring that as they're very aware of Covid.

"This way, if they're getting a bit more fragile, they don't have to go the supermarket and line up, we provide them with a hot meal right at their door, including soup, a main meal, desert and a juice, or they can have a salad and sandwiches."

Volunteers can work as much or as little as they like, which means some weeks are busier than others.

"Now that the borders are open, a lot of our beautiful volunteers are away. They're not obliged to stay, so they can take off and have a bit of a holiday whenever they want," she said.

"Some people come one day a week and some three, we appreciate any help we can get.

"A lot of our delivery people actually come five days a week. It's a bit of a men's club too, they have a sit down and chat solve the problems of the world.

"We're very, very fortunate that a lot of peo-



Volunteers Ken Mitchell and Bill Connor ready to deliver meals for Meals on Wheels Rockhampton.

ple do come every day. Sometimes we have to get the office girls out to help but that's taking them away from their job."

People of any age are welcome, from all walks of life.

"A lot of people who come here and do it say its just a nice way to give back to the community. They feel really fulfilled when they do it," Ms Haks said,

"If anyone is anyone is on a Centrelink program where they're required to do their 15 hours' community service, this is a great place to do it as that could be just three days in the kitchen.

"Some people have restrictions on what they can do but we're happy for anyone to just do what they can. We appreciate it so much what our volunteers give us."

If you want to volunteer contact the office on 4928 0540, email info@mowrockhampton. org.au, or call in to kitchen at 350 Berserker Street, Frenchville.



Volunteers Rhonda Howells, Heather Feder, Alice McConnell and Denell Corley hard at work in the kitchen at Meals on Wheels Rockhampton.

New outlet spreads the news at Yeppoon Central

By Matthew Pearce

A new newsgency has opened its doors at the Yeppoon Central Shopping Centre, but it's staffed by some familiar faces.

Nextra Yeppoon Central's last day of operation was last Saturday, February 20. But Daniel and Lisa White, who already operate Cedar Park News, have stepped in to fill the void, opening Yeppoon Central Lotto & News on Tuesday, March 2. "We've owned Cedar Park News for three years and we knew the newsagent at Yeppoon Central was closing so we took the opportunity to expand our business," Lisa said.





"We employ 10 staff between both shops and you'll find the same friendly customer service between at both locations, we're very happy to be here."

Yeppoon Central Lotto & News offers the usual lotto and casket, cards, newspapers and magazines as well as range of gifts that you won't find at the Cedar Park store, like Peppermint Grove Candles and Handmade by Ella.

The newsagent is be located in the old Leonard's Chicken spot across from Donut King.

The newsagent at Yeppoon Central carries a range of gifts.



Yeppoon Central Lotto & News opened its doors on Tuesday, March 2.

Daniel and Lisa White and Carol Apap celebrate the opening of Yeppoon Central Lotto & News.





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The war on drugs

By Duncan Evans

The federal government is investing heavily in anti-drug programs across regional Australia to reverse a growing tide of drug use disorders.

The Royal Australian College of General Practitioners (RACGP) recently received some \$7.9 million in funding from the government to upskill GPs on how best to treat patients locked in the grip of drug addiction.

The funding financed the development and delivery of a training program called the Alcohol and Other Drugs GP Education Program. The online program offers a range of modules designed to help GPs develop essential skills such as how best to screen, discuss and treat drug use disorder challenges and take on leadership positions in the field.

Chair of the RACGP Addiction Medicine Network Dr Hester Wilson spoke at length with CQ Today about substance use disorders in the regions and the challenges GPs face in combatting this widespread problem.

"The difference in terms of rural regional is that there are less services available, and also being part of smaller communities, sometimes it can be difficult to seek help because you don't want other people to know," she said.

"The other really important core thing from a general practice point of view, is that GPs are absolutely at the centre of an approach to providing healthcare for people living in their area, in rural areas. In city areas, you have more options. But the GP is absolutely core, even more so, in the rural regional areas."

Rudyard Kipling once remarked that there are two kinds of people in the world: doctors and patients. Though we often focus on the plight of patients, the stresses faced by GPs in rural locations is also a challenging reality. Dr Wilson noted that parts of the modules were designed to help GPs manage anxieties brought on by treating complex drug use disorders.

"That's a part of the training, looking at self-care. Looking after yourself. Only taking on what you can take on. Looking for support structures around you. Certainly, that's been an issue that has come up with some of the GPs that are doing the advanced training. I'm involved in mentoring some of those GPs, and it's around support. It's being able to call up a colleague and say: 'this is what's happening, what do you reckon?'"

"There are a subgroup of patients who have a very severe substance use disorder, and that's a chronic illness, and it's not an easy one. It's going to be an ongoing longitudinal kind of intervention to support that person to do things differently. And there may will be times when they do need specialist support. Now that is an issue for our rural regional GPs, because there are limited drug and alcohol services in rural regional areas.

"Sometimes this can be complex and it's okay not to know exactly what to do. GPs, we've got to know everything. To call on that specialist support, and to access it when you need it, is incredibly important."

In Dr Wilson's conception, recovery from substance use disorders should be focused around meeting the goals of the patient and using metrics such as being a better parent, being able to work or being able to interact with friends.

RACGP President Dr Karen Price hopes more rural and remote GPs will take up the training in light of the negative influence the pandemic has had on drug consumption rates across the regions.

"The pandemic has been a very trying time for many people and as a result, substance use problems have worsened. There is no more important time for GPs in towns across the nation to put their hand up and further improve their skills."

Dr Price's claims of a worsening situation in the regions are supported by the February 25 release of the Australian Criminal Intelligence Commission's (ACIC) 12th report into the National Wastewater Drug Monitoring Program. Through monitoring the composition of wastewater at various locations across Australia, a detailed picture of drug consumption can be ascertained and long-term trends can be identified.

The report, which collected data between April and August last year, presents some troubling conclusions. Altogether, Australians spent an estimated \$8.9 billion on methylamphetamine, cocaine, MDMA and heroin in the fourth year of the program. Seventy-eight percent of this, or \$6.96 billion, was spent on methylamphetamine.

The report paints a particularly grim picture for rural Australia. It found that per capita consumption of cocaine and heroin in capital cities exceeded regional consumption. However, the per capita regional consumption of all the other drugs measured by the program exceeded that in capital cities.

The population-weighted average consumption of methylamphetamine and fentanyl in capital cities decreased, while consumption of all other drugs increased. During this period the regional consumption of methylamphetamine, heroin and fentanyl decreased, while alcohol, nicotine, cocaine, oxycodone and cannabis increased and MDMA consumption remained relatively stable.

"Drug markets are resilient. In the year to August 2020, the annual estimated consumption of cocaine, MDMA and heroin was at the highest level recorded by the program and the consumption of methylamphetamine at the second highest recorded level," ACIC CEO Michael Phelan APM said.

The Local Drug Action Team (LDAT) program established by the government in 2016 is intended to embed a community support structure into the regions to assist healthcare providers and law enforcement bodies in tackling substance use disorders.

The program emphasises building 'protective factors' in the community by working to prevent substance use disorders from forming in the first place. LDATs can be any mix of schools, educational institutions, health workers, police, community organisation, businesses and local government bodies who unite to drive a community-led response.

Protective factors include evidence-based drug education, encouraging participation in positive social activities, instilling a sense of belonging and connectedness to community, school and family, encouraging participation in recreational activities and in programs and activities that build and maintain purpose and direction in life.



Chair of the RACGP Addiction Medicine Network Dr Hester Wilson.

Michelle Landry, federal LNP member for Capricornia, is calling for the formation new LDATs across the regions.

LDATs can receive \$10,000 in initial funding and further funding will be available.

"I see alcohol and other drugs, including ice, are issues for the entire community and not just for individuals. People who are addicted to drugs and alcohol are often our friends, relatives and colleagues and they deserve our full support," Ms Landry said in a statement released to CQ Today.

"Local Drug Action Teams work on the ground in their communities, using local knowledge to implement evidence-informed harm prevention and minimisation projects that are tailored to the needs of their local area."

Problem stretch of road to undergo a major upgrade

By Jamie McKenzie

Producers, business owners, workers, residents and tourists will yield security from a campaign to improve a problematic stretch of road near Emerald, according to Deputy Prime Minister Michael McCormack.

The Australian Government has unlocked \$3 million to upgrade the Willies Creek Royles Road in Bingegang, central regional Queensland, with construction to kick off in the coming months.

Deputy Prime Minister and Minister for Infrastructure, Transport and Regional Development Michael McCormack said the project is funded under the federal \$4.6 billion Roads of Strategic Importance Initiative, which is better connecting regional communities and businesses.

"These works will significantly improve the safety and traffic flow, delivering improved access and road links for the region," the Deputy Prime Minister said.



"Freight operators will considerably benefit from these upgrades as Willies Creek Royles Road is a primary route to major hubs and ports."

Assistant Minister for Road Safety and Freight Transport Scott Buchholz said improving road safety, cutting travel times and boosting community access are key priorities for the federal government.

"Willies Creek Royles Road is connected to the Capricorn Highway and is currently unsealed with poor alignment and narrow width," Mr Buchholz said.

"Paving and sealing the road will make the roads safer - benefiting all locals using the route."

Federal Member for Flynn Ken O'Dowd tr

Deputy Prime Minister Michael McCormack with Flynn MP Ken O'Dowd discussing the Willies Creek - Royles Road upgrade.

said around 10 kilometres of the Willies Creek Royles Road will be upgraded to a seven-metre seal width. "Associated drainage, signage, road fixture and road furniture works will also be carried out," Mr O'Dowd said.

"Regional employment will also get a boost with the project expecting to support approximately 15 jobs."

Easy way to find funding

By Jamie McKenzie

There is more than \$200 billion worth of grants currently in the Australian market that anyone can access from local businesses to community groups, not-for-profits and individuals.

Grants are offered by all levels of government and philanthropic groups, such as trusts and foundations; corporates and high-networth individuals. Almost all business grants come from government.

Grants are provided for projects, not organisations. You can't get funding just to run your organisation: you need to identify a specific need and present it as a project, with a beginning and an end. For business, grant funding is available for a broad range of activities.

To make things easier in the Gladstone region, the council has partnered with powerful grant search engine, GrantGuru, to launch a free funding finder service to help connect grants with projects.

The Gladstone Region Funding Finder is an online platform that provides the community with greater visibility of grant availability from government, corporate and philanthropic sectors, and provides support in grant application development.

The site features a comprehensive list of grant and funding opportunities and features advanced filtering, allowing a user to narrow down their search by activity, industry, and current and future grants.

Gladstone Councillor Chris Trevor said users of Gladstone Region Funding Finder can register to receive email alerts of new grants, save favourites and access tips on how to apply for grants.

"The Gladstone Region Funding Finder has access to more than 1140 grants worth a combined total of \$221 billion, making it a onestop shop for finding grants," Cr Trevor said.

"The platform allows users to watch videos



Gladstone Regional Council Councillor Chris Trevor.

on how to find grants and offers strategic tips on writing compelling applications which can increase your chances of receiving grants.

"It's also important to note that Gladstone Region Funding Finder will not replace any of the funding streams available for groups and organisations under Council's Community Investment Program.

"Council's highly successful Community Investment Program will continue and complement Gladstone Region Funding Finder in order to provide further diversity of grant opportunities."

Cr Trevor said the decision to use the Grant-Guru platform came as a result of Council's response to the Covid-19 pandemic.

"Council's Local Disaster Management Group requested the stand up of both the Human and Social and Economic Recovery Groups as one of several strategies in response to Covid-19," he said. "These groups were tasked with the role of developing recovery strategies to rejuvenate the Gladstone Region with the Human and Social Recovery Group consisting of representatives from various community support services.

"Several initiatives were developed by the committee to support the recovery process, including the need to provide the community with greater awareness of grant availability and support in developing grant applications."



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TerraCom is on the ropes

By Duncan Evans

The share price of Central Queensland coal company TerraCom Resources collapsed on Monday following the release of the company's half-year results for the period ending December 31, 2020.

The share price sunk 32 per cent throughout the trading day as investors grappled with some bleak realities exposed in the report.

The company revealed an after-tax net loss of \$60.4 million and its earnings before interest, tax, depreciation and amortisation booked a loss of \$27.5 million.

The market capitalisation of the company declined from roughly \$100 million before Monday's announcement to some \$75 million at the end of the trading day as the share price crashed from 14 cents at the opening bell to 9.5 cents at the close. At the time this paper went to print, the share price hovered at 9.4 cents, a decline of 2 per cent on the day, and the company was valued at \$71 million.

Though Monday's movement was particularly dramatic, the trend in TerraCom stock has been consistently negative for years. On March 1, 2019, stock in the company was priced at 63 cents per share.

TerraCom's signature Australian operation is the Blair Athol coal mine located near Clermont. The company is also involved in Africa through its South African operations. The company is contracted to supply coal to South African public utility Eskom and is permitted to export surplus coal after its domestic obligations have been met.

CQ Today spoke at length with TerraCom Chief Executive Officer Danny McCarthy on the Friday immediately before the March 1 release and then again two days after Monday's rout to gain a clearer picture of the company's position and ambitions.

An impressive feature of the company's operations at Blair Athol has been its success in reducing operating costs to sub \$60 per tonne. With an average January thermal coal price of \$77 per tonne, these margins could serve as an important source of profitability in the near term.

"Up until July last year, we were basically outsourcing all activities on the mine. The mining, the coal haulage, the train loading," Mr McCarthy said when asked how Blair Athol had managed to trim operating costs.

"We saw the turn in the market, earlier in last year, with regards to where the coal price was heading, so we set about putting plans in place to bring all of the activities back, or inhouse, and do everything as owner-operator, and with that, we also gained a lot of efficiencies that just weren't realised under the previous outsourcing model with various different contractors."

TerraCom began as an exploration company. Its first operation was a mine in Mongolia and it was listed on the Australian Securities Exchange in 2010. The Blair Athol acquisition came about in 2017.

"The company has always had aspirations it is by internal discipline and ingenuity.



TerraCom Resources Chief Executive Officer Danny McCarthy.

of being a low-cost producer," Mr McCarthy said when outlining the general ambitions of the company.

"Blair Athol was the first substantial operation for the company worldwide, and then only naturally our ambitions are to grow our business in Africa. We've got a real appetite for emerging markets in Africa. Bulk commodities initially," he said.

This appetite led to the acquisition of South African coal business Universal Coal in June 2020 and the planned acquisition of Anglo African Minerals and its bauxite resources in the Republic of Guinea.

"That (the Universal Coal acquisition) got us a footprint and a beachhead to launch into wider Africa. Our long-term aspirations are to have a major foothold in coal. We believe in coal. Some people don't, but we do. And also to diversify in other bulk commodities, starting with bauxite."

Operating in Africa offers the possibility of a great wealth but carries with it substantial Sovereign Risk. A lack of established property rights, substandard infrastructure, mercurial governments and an unstable regulatory environment means that the success of a business, particularly in the high-risk high-reward field of mining, is often disproportionately determined by uncontrollable external factors than it is by internal discipline and ingenuity. TerraCom's South African operations are influenced heavily by its obligations to Eskom and the demands of the country's electricity grid.

"We're currently heavily geared towards Eskom, which is the local energy provider. Our intention is to heavily gear that towards export. We'll be exporting our first shipment of coal ever in the next few weeks. It's just been held up due to some high rain," Mr McCarthy said.

Eskom sets prices, though TerraCom believes the contracts are reasonable.

"We obviously have to negotiate with Eskom, like everyone else. But it's a reasonable price."

TerraCom believes it can expand production to place a greater weight to the export component of its operations in South Africa.

"We've been vocal in our strategy that we will increase production to put a greater weighting to the export market," Mr McCarthy said.

"Our de-risking strategy is to turn as much as appropriate into export."

A note of concern raised during the interview was the company's unstable debt position.

Its annual financial report for the year ending June 2020 revealed a troubled balance sheet. Its current assets were listed at some \$88 million while its current liabilities were pegged at \$331 million, producing a current ratio of 0.27. Current ratio measures the ability of a company to meet its short-term obligations and a ratio below 1 signals that a company may be saddled with unsustainable debt and at risk of default.

The March 1 report demonstrates that the company's debt position has worsened considerably since June last year. Total current assets are now listed at \$18.1 million and current liabilities are listed at \$280.7 million, producing a current ratio of 0.06.

The company is pursuing a re-financing program to place it in a more stable and resilient position, though the details of this program, and whether it will be successful, remain unclear.

Monday's report does not clarify matters and postpones the release of details to late March, stating that:

"Due to the challenging operating environment brought about by Covid-19, ever changing ESG policies of financiers and other major events (including US political turmoil) the Company has experienced delays on completing the refinance program."

Following Monday's turmoil, Mr McCarthy has been on the phone talking with rattled investors.

"To give the context and I guess give people confidence that our business is under control," he said.

"With South Africa, it's purely a volume game. When Covid hit South Africa, there was a few things happening over there. Power demand went down, so we've basically lost 25 percent of volume, of what we were geared up to sell. The new power stations that are coming online in South Africa are terribly unreliable, so they're not taking contract volumes, and we're now back to where they've got on top of their maintenance issue. There was a whole heap of things."

He said emphatically that the company was not going into administration.

"We are okay. While it's disappointing, we've got a very good strategy going forward."

The Blair Athol operation employs 155 people directly and the site is a key employer for the Central Highlands region.

"Supporting the local community and region is important to us," Mr McCarthy said.

"We're not the biggest employer in the region, but we are a big employer. Plus 75 per cent of our people are local, and we're proud of that."

Altogether, Mr McCarthy's outlook for TerraCom remains upbeat, despite a shrinking share price, uncertainties regarding the company's debt and negative earnings.

"We've got some new markets that we're tapping into, in India, which are yielding very good results for us. We've got very good coal, so we've got good demand and we're a reliable producer," he said.

"We've seen a little bit of softening in the headline coal prices, but we're still closing contracts at very healthy pricing."

Distance is no barrier to STEM for young students



By Matthew Pearce

Youngsters from across the Central Queensland region are discovering the benefits of STEM.

Rockhampton State High School, in partnership with CQUniversity, is leading the Queensland Virtual STEM Academy at Central Queensland Young Scholars program.

CQ students in Years 5 to 9 are invited to join other students from across Queensland to undertake the innovative STEM enrichment program, delivered from the Queensland Virtual STEM Academy studio at Rocky High.

The program delivers enriched learning experiences for students with interest and ability in Science, Technology, Engineering and Mathematics (STEM), with a focus on how these apply in the Central Queensland region.

Programs include mitigating the spread of disease in partnership with the Rockhampton Regional Council, developing new ways to reduce bushfire impacts with the Queensland Fire and Emergency Service and finding solutions to the problem of colonising Mars with former NASA researcher and current CQUniversity lecturer, Professor Stephen Moore.

Students connect from their home school online through a program called iSee using webcams and microphone headsets.

In Round 1, the QVSA at CQ Team will deliver programs to over 220 students from across the region, including schools in rural and remote locations.

QVSA at CQ Teaching Team, Breeha Sinnamon, Benjamin Rutherford and Damien Kelso.



Executive Manager of Advance Rockhampton Greg Bowden with Capricornia Chamber of Commerce President Phil Henry at the announcement of the partnership on Tuesday morning.

Pro-business partnership

Two Central Queensland pro-business organisations are coming together in an official way as of this week.

Advanced Rockhampton and the Capricornia Chamber of Commerce are coming together to support local businesses, particularly in the Rockhampton region.

The partnership looks to increase the level of engagement and collaboration between Advance Rockhampton, the Capricornia Chamber of Commerce and local businesses over the next 12 months, focusing on retail and small business activation, increasing collaboration and growing the diversity of offering across the region's retail precincts.

Executive Manager of Advance Rockhampton, Mr Greg Bowden, said revitalising precincts is an evolution not a revolution.

"Rockhampton and Rockhampton Regional Council is well progressed on this journey with many great activations and enhancements made across the city," Mr Bowden said.

"Now is the time to concentrate on increasing collaboration across the current traders and businesses and create new opportunities to increase the diversity of offering and the attraction of new businesses to the city.

"Forming this partnership delivers upon one of Advance Rockhampton's goals to build better relationships with mutually aligned organisations across the region.

"This is about building our retail presence not only for locals but for visitors from across Queensland including those in Western Queensland, who rely on getting to the business and economic capital of Central Queensland to experience what we have to offer."

Capricornia Chamber of Commerce Presi-

This is about building our retail presence not only for locals but for visitors from across Queensland"

dent, Phil Henry, said customer service and business vibrancy will increase the attraction for customers and new businesses to visit and invest in the CBD.

"Our two organisations have similar agendas and this relationship gives businesses hope that two like-minded agencies are focused on building business in the Rockhampton region," Mr Henry said.

"We have a great opportunity to build a CBD precinct that we can be proud of, but that will take all parties to be working together towards that same common goal.

"We believe the region is in a prime position to launch itself into the future and continue to offer an environment for businesses to prosper and grow.

"The first step of the partnership will be to complete a precinct mapping exercise identifying who the key players are in each precinct and where the opportunities are for growth.

"In parallel to this mapping exercise we will be launching the Rockhampton Region Precinct Activation Survey. This survey aims to get feedback from local industry players on what we can realistically do to help business thrive in the future."



MONDAY MARCH 8 A fun filled day of various games held in the village centre 9:30am at the Yeppoon Village

1:30pm at the Capricorn Coast Village

TUESDAY MARCH 9 A legal information session on advanced health directives, EPOAS, and wills 10am at the Yeppoon Village 1:30pm at the Capricorn Coast Village

WEDNESDAY MARCH 10 Tap into the creative side of your brain with an art class! 10am at the Yeppoon Village 1:30pm at the Capricorn Coast Village

THURSDAY MARCH 11 An information session on patio gardens & outdoor plants, and how to maintain them 11am at the Capricorn Coast Village

FRIDAY MARCH 12 A challenging and fun day of brain teasers held in the village centre



9:30am at the Yeppoon Village 1:30pm at the Capricorn Coast Village

RSVP to 1300 367 155 Session spots are limited!

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Thursday, 4 March, 2021 CQ TODAY 15

1300 367 155

Division 3 candidates

In last week's edition of CQ Today, we profiled candidate Deanna Beatson, one of five contenders running for Rockhampton's Division 3 seat. This week we feature our final set of four profiles, compiled by CQ Today reporter **DUNCAN EVANS**. We hope readers can use these profiles to gain a sharper picture of each of the candidates and determine which of them is closet to their own personal ideal.

Christian Shepherd

Christian Shepherd is a serious and thoughtful young man affiliated with Katter's Australia Party.

He ran unsuccessfully for mayor in the recent in the January by-election as one of the youngest candidates in the race. His comparatively meagre result, garnering just 1.69 per cent of the first preference count, or 758 votes, belies the range and depth of thought he has dedicated to Rockhampton's prospects and how the city might be improved upon.

During that election, he offered up a wealth of innovative ideas and he believes many of these will be transferable to the Division 3 election, though some of the region-wide policies might not applicable and the ideas underpinning his campaign for a council seat will generally be smaller and more contained in their focus.

"It'll be more limited to an extent," he told CQ Today.

"But it's much the same. My focus will still be on lowering rates and water fees, making sure that public spaces and parks are utilised well but utilised efficiently."

Mr Shepherd also reiterated the importance of investing in small sporting clubs.

"If the council has the money to be investing sums of like \$30 million into the art museum, for example, not that the museum doesn't deserve to exist, but if there's that type of excess money in the coffers, then we could be doing a lot more and relying on the state government less to invest in local sports clubs.

"Local sports clubs would really pay big dividends because it doesn't take much, for only a couple of \$100,000 to a couple of million, which is a lot of money. Like I said, I do respect ratepayers money but that can make a very lasting change to hundreds of people per week for decades," he said in an earlier interview with CQ Today.

A particularly striking idea is his proposal for a creek rehabilitation project across Division 3, centred around Moores Creek, Frenchmans Creek, Thozets Creek and Lakes Creek.

"They're all becoming problem spots," he said.

"I know that Frenchmans Creek and Moores Creek at least, perhaps Thozets as well, as time goes on they're expanding and they're pretty much getting washed away to the point that they're going to start encroaching on people's private property,



Christian Shepherd.

backyards. That's an issue that council needs to deal with.

"I've also had someone I've never met before or anything message me and say, 'hey, I know you've been vocal about creek rehabilitation. And they said they live on Creek Street, which backs onto Moores Creek, sort of behind North Rocky School, and because of all the debris and all the rocks that get pushed down, it completely changes the terraformation of the creek, and they're getting their backyards flooded now."

Mr Shepherd hopes to address these division-specific concerns as councillor.

"Cost of living and quality of life are always front and centre for me."

Mr Shepherd grew up in Koongal and now lives in Berserker. He has extensive work experience in procurement, logistics and retail banking.

From a region-wide perspective, rapid growth, in people and construction, is the crux of Mr Shepherd's vision. He believes Rockhampton did not properly exploit Central Queensland's mining boom to lock in long-term growth and worries that the same opportunity for securing sustainable long-term growth may be passing by once again in the era of Covid-19.

Over the next few days, Mr Shepherd plans to appear in public where he can, post on Facebook and distribute media releases to spread his message.



Dave Bauer.

Dave Bauer

Dave Bauer was born and raised in Division 3 and has lived in the district for the last 16 years.

Talking with Mr Bauer, his close familiarity with Rockhampton is immediately apparent.

"I have moved around different parts. Depot Hill, Allenstown, Park Avenue, those sorts of places," he told CQ Today.

Mr Bauer's work experience is likewise extensive and varied. He started working as an eight-year-old boy.

"I used to go the racecourse and open the gate to let the horses in and keep the cattle out," he said.

"I was on a pound a week. It was good money."

He has since pursued a range of jobs, including stints as a bartender and pie man, and worked for some 13 years as a fireman on the railway.

For most of his life, however, Mr Bauer has dedicated his energies to real estate.

"For the last 30 odd years I've been in real estate," he said.

When asked why he was running for council, Mr Bauer immediately claimed that council bureaucracy was excessive and that if he was elected, he would work to streamline the administration.

"The main thing is we're heavily overloaded and top heavy with bureaucrats. You take the old cartoon you used to see years ago, where one council bloke was digging the hole, standing on the shovel watching, and then they go in for for their turn. Well all those blokes they had the experience on how to dig the hole. Now what you've got is one bloke in the hole digging the hole, and you've got six bureaucrats telling him how to do it, and they wouldn't have a clue of how to do it."

Mr Bauer also hopes to ramp up apprenticeship numbers in local council.

"You've got to get the kids off the street," he said.

"The way to get the kids off the street is to start going to the forefront on starting apprentices. I don't know how many apprentices the council employs, but I dare say it wouldn't be a great deal. They tend to now, the bureaucrats run the show. It used to be run from the Town Hall. Now they rent out offices in East Street and other places around. I am sure that needs to be pruned quite a bit."

Mr Bauer would like to clip the influence of the council CEO.

"I know there's a CEO that's got a lot of the pull. So it won't be an easy task. They tend to go along the line of putting on more bureaucrats and contract the work out. That needs to change."

Mr Bauer also hopes to reform rates notices.

Finally, when asked what kind of councillor he would be if elected, Mr Bauer replied:

"I always work on the basis people know me. They know I don't tell them bulls—t. You can put that in the paper if you want. I'm always a straight shooter."

Mr Bauer's motto is: "I'll be here tomorrow to back up what I say today."

WIN A RARE SPARES ROCKYNATS General Admission 3-day passes

CQ Today & Advance Rockhampton are giving readers the chance to win 1 of 10, Rare Spares Rockynats general admission 3-day passes. To enter simply fill out this form and drop into the entry box at CQ Today Suite 4/214 Bolsover Street Rockhampton or enter via our website www.cqtoday.com.au/competitions. Entries close 10am Wednesday 24th March 2021

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Leyland Barnett

Leyland Barnett has lived in the Rockhampton region all his life and has run for local office on multiple occasions.

Most recently, he ran unsuccessfully for the position of mayor in the January 23 byelection. In that race, he ended with 1.28 per cent of the first preference count, or 573 votes

His lacklustre results are not reflective of the passion and dedication he put into the campaign.

Mr Barnett has thought seriously about the problems afflicting Rockhampton and offers a surplus of ideas on how the city might be improved upon.

In this campaign, Mr Barnett plans to focus on the issue of crime in Division 3.

In an interview with CQ Today at the Rockhampton Showgrounds following the ballot draw, Mr Barnett spelled out the details of his tough-on-crime position.

"In Berserker itself, I've lived in that area itself for over 28 years, and one of the major issues in that area is crime. And council can do something with crime," he said.

"They can improve street lightning, they can look at CCTV mobile cameras that can be locked up in different areas.

Mr Barnett wants to implant CCTV cameras in certain 'problem areas' around Berserker.

"Rockonia Road years ago was brought up with regards to street racing, hooning and stuff. Other areas, there are problem areas with partying. Some of those areas, residents are constantly complaining about disturbances with late parties, all of that sort of happening in the street. Swearing and unsocial behaviour," he said.

"And the thing with the CCTV cameras, the technology is there where they can actually lock them up in a tree or up on the pole and have them there temporarily to take footage of those problem areas."

In addition to CCTV cameras, Mr Barnett wants to implement neighbourhood watch and crime watch patrols to reduce crime in the area.

"Also looking at community group centres like PCYC, giving youth hope and encouragement, giving them those job building skills that they need to get out there and start off in the world. And so organisations like that can be supported and promoted and helped with council. The police at the end of the day are the ones that can do really something about it, but council can get in behind and assist police where they need assistance," he said.

Mr Barnett believes in hard work and free enterprise and wants to see Division 3 buzzing with business activity. His crackdown-on-crime message is connected in part to his pro-business sentiments. Reduce crime, and business investment will follow, he reasons

"That will encourage people to come into the area," he said.

"It's not only a matter of tackling the crime head on. It's also about preventing crime, and that's where we need to look at



Leyland Barnett.

what is causing this crime." When asked what kind of councillor he

would be if elected, Mr Barnett replied: "I'd be communicative. I'd be working as a team player. That's the key to getting

things moving in council. It's not just myself, it's the rest of the team." "I'm not afraid to go out and talk to rel-

evant bodies to get things moving.'

Mr Barnett's campaign slogan is: 'Your voice, our voice in Division 3.

"We need a representative. We need someone that's going to voice the community's concerns. You have a look at this 41 degree heat we're experiencing. It's not just the business people and the developers we've got to look after. We've got to look after the residents, the elderly. The people who are struggling out there in the community, who can't afford to pay their electricity bills. We really need to be supporting the community right across the board."

Grant Mathers

Grant Mathers, the brother of Councillor Cherie Rutherford, is running for the Division 3 seat to act as a conduit between public will and council decision-making.

His ties to Rockhampton are deep and long-standing. Moving to the city at the age of two, he grew up in the small street of Painswick in Berserker and later raised a family in Koongal.

"I absolutely love the region," Mr Mathers told CQ Today.

"Division 3 is in my blood. I'm very passionate about it.

Mr Mathers' decision to compete for the seat comes from a belief in participation.

"I'm one of the first people to always tell people 'stop complaining and start doing', and I'm in the situation where I need to walk the walk," he said.

Mr Mathers is conducting an extensive door-knocking campaign to better understand the needs and concerns of residents.

"We need to find out what needs to be done around the place, and go from there, and then go forward from there.

"And that's why I'm spending as much time door-knocking as I possibly can.

"Everyone's asking what my policies are, what I what to see happen. But as far as I'm concerned, as a councillor, from outside looking in, my job, it doesn't really matter what I think or what I want. I need to talk to these people, constituents, my neighbours. Find out what their concerns are, what their issues are.

"I work for them, right? So I've got to then take that forward to the council table, find out what I can do, and then from there, go back to those people and report to them what I've actually done. Whether I've failed, and have to say no I can't fix what the issue is, or whether I can go back with a big smile and say 'yes, I've fixed this'.'

That being said, while hoping to serve as an open and sincere advocate, Mr Mathers also wants to establish his own ideas and vision for the future development of Division 3.

"I still have my dreams for what I want to see. What I'm saying there is that it's not my position to make my dreams try to become a reality over the constituents.'

Mr Mathers has some intriguing dreams for the area. For one thing, he has raised the prospect of transforming the North Rockhampton riverfront.

"It's great, it's lower area, it's more natural than the other side of town. Those sporting fields that are there. It could be a really family-focused area," he said.

In addition to a focus on Division 3, Mr Mathers hopes to collaborate with all councillors for the greater good of the entire region.

"We have to have a vision for the Rockhampton region. It's for the greater good of everyone, not just for our divisions.

Mr Mathers cites stimulating growth as a key goal moving forward.

"I think that's what we need. We need to build a stronger community, a community



Grant Mathers

that looks after each other better."

"We need to grow our rates base. We all say we want to work hard to keep rates as low as we can. But we have to realise that the only way, without getting into the council and seeing what needs to be done and what we can do, normally you would sit there are think, the only way we can reduce rates is by reducing services, and no one wants that.

"And so the easiest way, from an outsider's point of view looking in, is to grow that rates base. More money coming in, and then from there, it might stop the rates going up as much."

Mr Mathers' background is in business and corporate events management. He has 10 years' experience in a management role in the car industry and has worked on many of the major events that have come through Central Queensland, including a stint as venue manager for Beef Australia in 2015.

"I believe all the time I've spent doing this work has led me to get the skills that I actually need, and will be transferable to a councillor," he said.

Friday 7 May 3:30pm • Main Game 6:30pm

The Classic Wallabies, a team comprising a host of former Australian International Rugby stars will tackle the might and determination of the Beef Barbarians, a group of cattle industry representatives drafted from the length and breadth of the country!

Includes pre-match curtain raiser games, half time activities, pop up food and beverage outlets, post-match live entertainment, plus the chance to meet the Classic Wallabies.

Curtain raisers: 'Beef Capital Plate' U21s City V Country Womens 10's 'Beef Capital Cup' U21s City V Country Mens



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Classic Wallabies match

Love your rugby? If your answer is 'yes', then mark Friday, May 7, from 3.30pm during Beef 2021 on your calendar in big capital letters.

The Classic Wallabies are set to light up Rockhampton's Victoria Park with their fancy foot work and quick wit, as they tackle the Beef Barbarians, a team of beef producers and industry identities especially drafted for this one challenge, from right across the country by 'super selector' Brad Hanson.

This is a game not to miss. All the action kicks off at 3.30pm with the 'Beef Capital Plate' U21s City V Country Women's 10s and 'The Beef Capital Cup' U21s City V Country Mens, followed by the Classic Wallabies V The Beef Barbarians clash and live entertainment post-match.

The Classic Wallabies are made up of former Rugby Internationals featuring our own local boy, Stephen Moore.

A great place to watch what no doubt will be very spirited rugby, is to secure a ticket to the Classic Wallabies Inner Sanctum Pavilion.

The program, spread over a five-hour window of non-stop action and entertainment, offers families exceptional value for money, with adult admission \$15 and kids under 18 admitted free. All attendees, including the kids, must secure a ticket online under the Beef 2021 Covid Safe Event Plan. Bars and food outlets will be operating, and live entertainment will begin immediately after the main game, which will kick off at 6.30pm. Everyone on ground will have the opportunity to meet the Classic Wallabies - an autograph and selfie hunters delight.

For just \$95 per person you will not only see "the game they play in heaven" between two fantastic teams - you can upgrade to a Private Corporate area where you will rub shoulders with the Wallabies. The Package includes ground admission, food and beverage package in a private area.

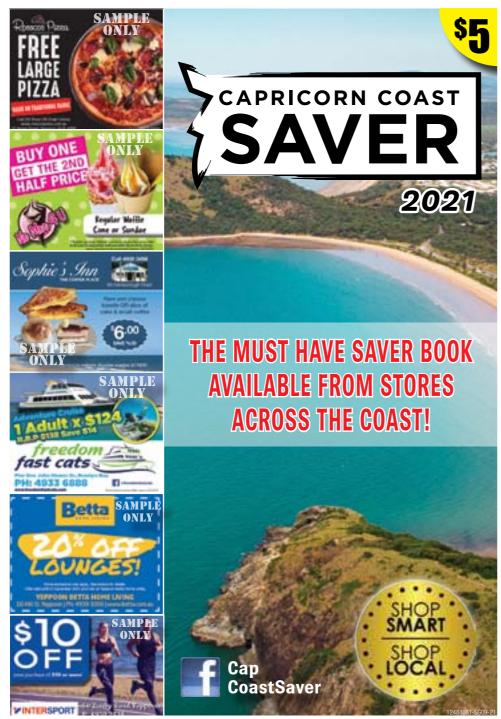
The Empire Apartment Hotel and Knight Frank Agribusiness Classic Wallabies Sportsman's Lunch sold out within just days of the release of tickets, so interested people are urged to get in quick to secure a place at what will be one of the most anticipated afternoons of rugby, and a highlight of the Beef 2021 program.

The Classic Wallabies are renowned for their work right across Australia but particularly in regional and rural communities. They allow people not blessed with a Campese sidestep or an Ella flick pass to participate in a game of rugby regardless of shape, size, background or skill level.

Friday, May 7, is sure to be a classic day on the Beef 21 calendar. Tickets are on sale now at: https://beefaustralia.com.au/program/



The Classic Wallabies will tackle the Beef Barbarians during Beef21 in May.





LAWD Great Debate			
Pitch in the Paddock presented by evokeAG			
*Graeme Acton Beef Connections Lunch supported by Westpac			
*Rural Press Club Breakfast	SOLD OUT		
Auctions Plus Next Generation Forum			
Nutrien Livestock Stud Cattle Parade of Champions			
Nutrien Livestock Stud Cattle Interbreed Championship			
*Westpac High Tea			
Cattlyst presented by JBS			
Beef Business Soiree presented by Warners Fine Jewellery			
*Empire Apartment Hotel & Knight Frank Agribusiness Classic Wallabies Sportsma	ns Lunch SOLD OUT		
*NAB Ladies Lunch	SOLD OUT		
Hats n Heels			
Classic Wallabies 'Inner Sanctum' Corporate Pavilion			
Classic Wallabies V Beef Barbarians Rugby Match			
*The Real Group Gala Ball supported by James Cook University & NA	\B		
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Comedy for a cause

Department of Agriculture Water and the Environmen

By Matthew Pearce

Sally Ford has found that laughter is sometimes the best medicine and she hopes others will feel the same this weekend.

Hosted by CQ Comedy Club, a comedy fundraiser on Sunday, March 7 at Yeppoon's Strand Hotel will raise funds for 'Sally's Lipoedema Life', featuring comedians Wes Graham and Chubbz O'Connor, music from Louise James FX and a circus performance from Flow Fitness.

Diagnosed at the start of last year with li-



poedema, Sally needs \$60,000 worth of surgery and has so far raised \$17,500 through fundraising.

She said the condition meant her lymphatic system didn't work properly.

"Normally the lymphatic system will filter all the toxins out of your body but mine transfers the toxins into toxic fat which stores on your your backside, the tops of your legs, the bottoms of your legs and your arms," she said.

"The bottom of my body and arms are just getting fatter and fatter. And it's a medical condition, which means diet and exercise won't help me at all."

Sally said Australia was the only country that classed lipoedema as cosmetic, with others classing it as a medical condition.

"And because it's cosmetic it doesn't have 3

Sally Ford with her daughters Savannah and Izabella.

a Medicare provider number," she said.

"My health insurance would pay for \$2000 per surgery, but each surgery is \$13,500 and I'm looking at needing four, so it will help but it's nowhere near the amount I need."

Sally's first surgery is on March 15.

"I'm already overwhelmed that people have donated so much, I'm slowly getting there," she said.

The comedy fundraiser will be held at the Strand Hotel, Yeppoon, on Sunday, March 7. This is an adults only event, with admission \$25 per person. Doors open at 3pm.

Current Affairs Matt Canavan



Our Christian principles

The next census will be taken on August 10 this year and it will likely confirm that fewer than half of all Australians now consider themselves Christian.

At the last census, in 2016, just 52 per cent of Australians described themselves as Christian. There has been a remarkable fall in the proportion of Australian Christians, from 88 per cent in 1966.

There is nothing inherently wrong in Australia moving to a non-Christian society. Many will celebrate a more diverse and multicultural Australia.

But there are also risks as well because Christian principles are the foundation from which modern Western societies became the most free and prosperous in history.

Many of us now fail to even detect the echoes of Christianity in these values. The modern distaste for sexism or racism echoes Galatians 3:28 "There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus."

It was Christians that helped dismantle some of the more brutal practices of the ancient world. Before Christ, it was common for parents to murder unwanted children and Christians campaigned strongly against these horrors.

It was a Christian, St Telemachus, who helped end the inhumanity of gladiatorial games. He threw himself onto the floor of the Coliseum to save an unlucky victim. When Telemachus himself was killed by the Gladiator, the crowd was horrified and the resulting backlash led to the end of human killing for sport.

And, Europe became the first part of the world to abolish slavery when the Christian king, Charlemagne, pronounced his opposition to it, although it took centuries for it to finally vanish from Europe. None of this is to absolve Christianity for the many sins committed by some of its misguided proponents. From modern day child abuse in the churches, to medieval justifications for imperialisms, Christians are not perfect. But then neither is any religion or ethical system.

Christianity was and remains a unique approach to looking at the world. Christians worship sacrifice. No other religion has its God killed in perhaps the most brutal possible way, crucifixion. A torment Jesus went through to help save others.

Christianity exalts the importance of the individual and teaches that each human has worth regardless of their appearance or actions. This is something that Christianity inherited from Judaism ('man is made in God's image') and its importance is hard to understate. Most other human societies are organised hierarchically, with those at the top having more valuable lives than those at the bottom.

Christianity teaches that everyone, even criminals, will receive God's mercy and grace.

Non-Christians may respond that all of these things are just common sense. It is true that you do not need to believe in the Trinity to hold the view that you should treat people like you would like to be treated. The question is though will such common sense be all that common in a post-modern secular society?

There are at least some signs to worry. Perhaps the most marked departure from Christian principles is the emergence of a new 'dualism' in post-modern thinking. Dualism is the belief that our minds are separate from our bodies and you can see it in the modern view that we can become whatever gender we choose regardless of our biological reality.

This can become a problem because if we all develop our own realities in our minds there will be little that binds us together. If I am the master of my domain, and can choose my gender, sexuality and even race, why do I need to listen to others, let alone love them?

There was never a perfectly Christian society but striving for perfection probably made society better. Let's hope we don't lose that pursuit in the modern rush to make our own selves the new gods.



Local government or some kind of corporation?

I read with interest Russell Claus's view on how a council should run in last week's CQ Today.

Russell's claim that elected people were politically interfering in day to day council operations and that council officers required more autonomy is worrying.

I know Russell was headhunted here for a specific role, which should have been clear and, given such parameters, he should have had the autonomy to do the job without fear of favour from local government politicians med-



running of council.

No one with any sense wants councillors telling road workers how to do their jobs, but equally when stuff ups inevitably occur surely the ratepayer is entitled to redress through their elected councillor. That is why we have elected people to ensure that the rate dollar is not squandered and that policies aimed at bettering the lot of the ratepayer and advancing the amenity and liveability of the city prevails.

I'm willing to bet that not one ratepayer knows whether the budget for the art gallery is under or over, whether it is on time or if it is true that there's been a hold-up because the wrong insulation was approved, it is our right to know, as indeed it is the state government's which has invested the lion share of the money.



avour from local government politicians meddling and illegally directing him otherwise.

Illegal, because the Local Government Act specifies the role of elected councillors and precludes them from interfering in operational matters.

So any officer who is intimidated or told to do the wrong thing has the full protection of the law. Witness the case at Logan when the state government sacked every elected official because of such a charge. Not only that, but there are a myriad of tribunals and other fora to which an aggrieved civic bureaucrat can appeal. I know of one instance where an elected person was hauled before a state tribunal because he stated a certain officer should be sacked. He was repeating the words of his constituents who had received no help from this highly paid, powerful public servant.

To claim that the power of elected people be even further watered down suggests we should Robert Schwarten says recent elections have been run on 'nothing more than slogans'.

just get rid of the idea of local government and set up some sort of corporation, pay them a king's ransom and let them do as they please just the way all the other big corporations do.

That body could set a rate for everyone to pay if that is all that we want. I do not agree.

Despite having no constitutional right to exist, local government is fundamental to our democracy.

I would argue that too many elected councillors hide behind the excuse of not having the power to directly interfere in the day to day It all comes down to policies or the lack thereof. The last time I can recall a local election fought on policies is back in the days when we had the Labor Vs Conservative Civic Independent Group.

The teams brought internal accountability, every member pulled their weight, policies were articulated and, if the team got elected, the policy was enacted. The last elections have been run on nothing more than slogans. I yearn for the day that at least the party to which I belong revives the policy of endorsed Labor candidates at local government level. It works in Brisbane and it worked here.

Q&A

with Brittany Lauga, State Member for Keppel



MP Brittany Lauga on the 2020 election campaign trail with John Hempseed and Bruce Craig.

What is the best advice you've ever received?

Proper preparation prevents poor performance.

What is something you do in your spare time?

Hit the mountain bike trails at First Turkey (although any spare time is scarce in this job!). What is something most people don't know

about you?

I played in the Rocky ladies cricket comp. I was opening batswoman, wicket keeper and a leg spin bowler. Hitting a six in the grand final was a highlight!

What do you do for work and what do you

enjoy about it?

I've served as the Member for Keppel in the Queensland Parliament since 2015 and as Assistant Minister for Education since 2017. I love working with people, standing up for our region in Brisbane and fighting for jobs and infrastructure. As the daughter of a state school teacher, I was born to work with schools, teachers, students, teacher aides and P&Cs as Assistant Minister for Education.

What is your favourite spot in the Central **Queensland region?**

Chasing Spanish mackerel in Keppel Bay. What would be your last meal if you could choose?

Sukiyaki - a Japanese hot pot dish is my absolute favourite meal.

What is something you think CQ needs?

The detox and rehab centre which is currently under construction is something Central Queensland has needed for a very long time. I'm proud to have fought for it and look forward to the centre receiving its first patients later this year.

What guests (dead or alive) would you invite to a dinner party?

Karen Gilliland, Barack Obama, Bob Hawke, my late grandmother Mary Ayscough and my late Aunty Mandy Jones.



'Inclusivity' is defined as the practice of providing equal access to opportunities tand resources for people who might otherwise be excluded or marginalised, such as having physical or mental disabilities or belonging to other minority groups. Here are three ways you can be more inclusive in your everyday life:

Mindful communication - listen more and talk carefully

Be an active listener when someone is talking and respect the time of the person in front of you. Be attentive and sensitive and show that you are listening by asking following up questions.

Avoid assumptions

Ζ

Every person has their own unique characteristics and personality. Sometimes assumptions are often developed unconsciously so it is important to recognise this and ask 'what would I do if I was in their shoes'.

Establish a sense of belonging for everyone

Sometimes it is just a matter of taking the time to get to know someone as a person to make them feel included. For each individual to bring their best self forward, a sense of belonging must first be established. Having a connection to a group of people that makes you feel like you can be yourself is really important.



Hello, we are RV friendly

By Jamie McKenzie

You may have passed 'RV Friendly Town' signs many times, but do you know what it means?

There are a considerable number of selfcontained Recreational Vehicles on the road in Australia that do not usually stay in a traditional caravan park, not needing the amenities and only wanting a campsite with more basic facilities.

According to the RV Daily website, an RV Friendly Town must have available parking in the town centre with access to general shopping areas. It must have short term low-cost overnight parking for self-contained vehicles as close as possible to the CBD. RVs must have access to potable water and importantly, they must have access to a free dump point at an appropriate location.

Gladstone's commitment to growing the Recreational Vehicle (RV) market has taken another step toward making our city attractive to RV owners with the installation of a Dump-Ezy dump point in Gladstone.

The dump point, located along Cemetery Road, allows RV users a place to dispose of their grey water and black water waste.

Gladstone Councillor Glenn Churchill said there would be many flow-on benefits by having a dump point located within the Gladstone City area.

"The RV industry is a growth market and if we can get people off the Bruce Highway and in parts of our region, including Gladstone City, they can enjoy what's on offer and experience some of the attractions we have," Councillor Churchill said.

"The RV industry contributes extra dollars to our community and local businesses, so the dump point is another piece of the puzzle to ensure the continued growth of this market in



Gladstone Mayor Matt Burnett with Councillor Glenn Churchill showing off the new RV friendly dump point.

the Gladstone Region.

"There are other dump points within the Gladstone region but this one is significant because it's located in the city and is publicly available for users."

Cr Churchill said the dump point's centralised location would give travellers extra incentive to explore the nearby area.

"The dump point is within walking distance of major shopping centres, food outlets, a service station and the award-winning Lions Park," he said.

"It's not only about attracting the RV market here, but also relying on people to spread the word that this facility is now available.

"If you roll out the encouragement for them to be here, they will talk to others and then others will come." Cr Churchill added that the installation of a dump point formed one of many parts to the Gladstone Region Recreational Vehicle Strategy.

It's time to step up and clean up our own backyard

Lions Club of Emu Park update

The Lions Club of Emu Park are urging residents to 'step up to clean up' for Australia's largest community-based environmental event, Clean Up Australia Day.

The club's annual clean up will be held on Sunday, March 7 from 7am to 9am with registration at Lions Park (near the bowls club), in Pattison Street, Emu Park, where helpers will be allocated an area for clean up.

Get a group together or bring your family and friends.

Garbage bags will be provided, but please use sunscreen and bring hats, gloves and water bottle. There will be a free sausage sizzle with cold drinks for helpers following the clean-up.

Any queries about the clean-up, or if you are aware of a site in need of a clean up, please contact Denis on 0458 183 483.

Please take a little time to make a difference. Step up for your local community to protect and conserve the environment for our future.



The Lions Club of Emu Park at a previous Clean Up Australia Day event.



OPINION

Letters: editorial@CQToday.com.au Text: 0487 024 124

Academia nonsense

One has to question, how long are we to suffer the academia gender political identity culture killing stupidity that universities are peddling?

Universities are pushing to have the terms like breastfeeding replaced with chest feeding, mother replaced with birth person, father replaced with birth support person coupled with gender fluidity.

Just because academics brains are out of kilt, the rest of the population does not have to be subjected to this utter mindless stupidity!

If these people are supposed to be the future world intelligensia, then we are doomed to live in a world of utter mindless stupidity!

One of the tenets of the communist manifesto is to divide the population to gain control and what better organisations are capable of peddling this tenet than the universities .

NWH Timms,

Bungundarra

Save the ABC

I have watched Rupert Murdoch for all of his years of world media domination, and it is quite obvious that his accumulated wealth and power is not, and never will be, enough for him

Since being handed a thriving newspaper business by his father, he has systematically swallowed up local, regional, national and international media outlets to become the richest and most powerful man in the world. And still he lusts for more!

Currently, he is trying to drive the ABC out of business, backed up by shock jocks, Sky news, and his News Limited. He is being aided and abetted by Morrison and most of his conservative members of parliament who have not only slashed ABC funding, but react badly to any criticism of them, or exposure of their dodgy activities

Look at the right wing types who criticise the ABC. Andrew Bolt who is scathing in his extremism, Alan Jones always fault finding and nagging, and Rowan Dean who wants the ABC closed down. Not to mention outspoken Lib/ Nat members demanding ABC privatisation.

Every one of them a champion of competition, but screaming loudly when faced with genuine competition from a widely trusted public broadcaster.

I have noticed that those who accuse the ABC of left wing bias are heavily influenced by the above right wing commentators. So much so that an independent, balanced, accurate broadcaster is under threat.

Probably, the most effective way we can support the ABC is to contact our local federal member of parliament by letter, email, or





The ABC Capricornia building in Rockhampton. Mr Bambrick writes this week in support of the ABC.

phone to demand that full funding should be restored and no more cuts.

You and I can save the ABC. Sitting on the sidelines will not be enough.

Alan Bambrick, North Rockhampton

Text to the Editor

Thanks for great customer service

Mark and Velma wish to thank Pat, his family and staff at Gunna-Do Hardware, Denham and Canning Street, for the amazing customer service that has been given to us over many years. We have taken our problems, bought excellent products and been given first-class advice from experienced, cheerful and knowledgeable employees. We very much regret that this well-stocked shop will be closing and all

their clients will miss them tremendously. God's blessings to you all at Gunna-Do. Mark and Velma Weaver

Touch in Rockhampton

When I arrived in Rockhampton in 1978 I was approached by Brian Hammond who I was working with at the time, to see if I would like to play touch football with his club 'F Troop,' which I did and enjoyed many good years there.

Just recently, a few old heads got together and were discussing how much the game had changed over the years, to the stage it is at today.

And when talking about past exploits on the touch field, the obvious question came up, when I was asked to name the best players I played with or against back in those old days,

to Ranger St. A right turning lane won't fix the problem. Needs a redesign.

GIBBO, YEPPOON: Why are the LNP MPs pushing only for first home buyers to access their superannuation to purchase a home? What about people who have owned property before, but are renting? People who have separated? Lost everything through a failed business, etc. How about anyone who currently doesn't own a home and would like to? Sick n tired of ig

so here they are.

- Wingers: Warren (Woggy) Wesser, Noel Edwards.
- Links: Jeff Liddel, Mark Giebel (not sure of the correct spelling).
- Middle: John Tranberg, Rod (Flicka) Pratt, Doug Goldston, John Hill.
- Reserves: Duncan MacMeekin, Sid (The Kid) Finigan, Daryl Landsberg, John Shaw.

This team I have selected will cause a few arguments among those of my time, but others will have their opinion, and that is fine.

And while speaking about touch here in Rockhampton, no person has contributed more to this game than Rod Pratt, who continues to this day to be involved in Rockhampton Touch. Good on ya mate!

Jack Lewis. Berserker

ON THIS DAY

March 4 is recognised as Grammar Day. On this day in history:

1238: Battle of the Sit River: Mongol forces of Batu Khan overcome Russians under Yuri II of Vladimir-Suzdal near Yaroslavl in Russia, ending Russian re-

JIM, CQ: I would like to give Ken Dooley of Yeppoon some info. Your friends who say they're not getting vaccinated are some of the far more intelligent people, they're not sheeple. I have heard three highly qualified medical scientists who seem not to be controlled by any government, who say it can take 10 years to develop a vaccine, five years of developing and five years of

An elderly man is stopped by the police around 2am and is asked where he is going at this time of night.

The man replies, "I am on my way to a lecture about alcohol abuse and the effects on the human body, as well as smoking and staying out late."

The officer then asks, "Really? Who's giving that lecture at this time of night?"

The man replies, "That would be my wife.'

A bear walks into a bar and says, "Give me a whiskey and ... cola."

"Why the big pause?" asks the bartender. The bear shrugged. "I'm not sure, I was born with them."

testing to see if its safe. Anyone who trusts any government these days has quite low intelligence, they use mainstream news to brainwash the people. I would like to meet you Ken so I could show you real, factual information.

LL: Well said Robert re: vaccinations.

FAW: Cr Fisher in his regular gardening column said he went for a stroll through the Rockhampton Botanic Gardens. Did the councillor have a real good look at the state of our jewel in our crown? To say our gardens are a bit rough is an understatement. They are becoming embarassing. Tom Wyatt must shake his head.

Z51 GRACEMERE: Lawrie St upgrade fails to fix a major traffic problem. Traffic lights are needed at Ranger St not Russell St. Traffic on Russell St is minimal compared norant politicians who focus on first home buyers only.

BB, D, HILL: Japan's protection wall, 245 miles, cost \$12 billion to protect from water damage, no matter what u call it. They didn't procrastinate for 29 years and still no show like our Southside Levee. Maybe these people are just smarter than us. Well done, Japan.

COLT, ROCKY: They had a good look at the aged care sector, but I think they have overlooked the fact that most only operate on the government funding. The fees paid by patients go to the shareholders and CEOs. These places' turn over a big yearly profit, so I don't see why the taxpayer should be paying the dollars to upgrade the system. They should have looked closely at who's ripping off the system.

sistance.

1801: Thomas Jefferson is the first US President to be inaugurated in Washington, DC.

1861: Abraham Lincoln is inaugurated as the 16th US President.

1902: American Automobile Association (AAA) founded in Chicago.

1933: Franklin D. Roosevelt inaugurated as 32nd US President, pledges to pull US out of the Depression, "We have nothing to fear but fear itself".

1936: First flight of the airship Hindenburg at Friedrichshafen, Germany.

2009: International Criminal Court issues an arrest warrant for Sudanese President Omar Hassan al-Bashir for war crimes and crimes against humanity in Darfur becoming the first sitting head of state to be indicted.

World Day of Prayer

The Salvation Army church at Kabra on the corner of Wyndah Street and Mt Morgan road will celebrate the World Day of Prayer this Saturday at 10am. The country being remembered this year is Vanuatu and the theme if the meeting is 'building on a strong foundation.'

History centre open

The Mt Chalmers History Centre on School Street will be open this Sunday, March 7, from 10am to 2pm. View a pictorial display of life in an old gold and copper mining town. Free entry but donations are appreciated. Contact Marie on 07 4934 4293.

Mindfulness meditation

Mindfulness and compassion meditation is held every Saturday from 4.30pm to 5.30pm at the Women's Health Centre at 225 Bolsover St, Rockhampton.

Run by Sama, a Buddhist nun in the Theravada tradition, the sessions focus on the Buddha's 'Four foundations of mindfulness':

mindfulness of body, feelings, thoughts and mental states.

Sama has practiced mindfulness for more than 20 years and has studied with a range of mindfulness teachers.

The Women's Health Centre is located at the corner of Bolsover St and Derby St.

BYO cushion, chairs provided. Attendance is free but donations to the Women's Health Centre are very welcome

Contact: bmsmetta@gmail.com 0478 630 888, text preferred.

Capricorn Resort reunion

This year is the 35th anniversary of the opening of Capricorn Resort Yeppoon (originally Iwasaki), and former staff have organised a reunion on March 5 to celebrate.

Although the resort has ceased operation, except for a golf course and Tsuruya Japanese Restaurant, it still holds precious memories as a former workplace for many Yeppoon locals.

Celebrations will be held at The Captain's Room of the Strand Hotel on Friday, March 5, from 6.30pm to 10.30pm. Cost is \$20 per person including finger food. Beverages may be purchased at bar prices.

Due to Covid numbers are limited. RSVP Elzabethmoss2020@outlook.com

Easter celebrations for **Senior Citizens**

The North Rockhampton Senior Citizens Club will host their annual Easter celebrations with a Easter bonnet/hat parade on Friday, 26 March at the Frenchville Sports Club, from 9.30am until 1.30pm.

The club will provide a morning tea and a two course luncheon with entertainment.

Cost is \$15 per person and bookings are essential by Friday, March 19. Contact Joyce on 4928 3688 or Annette on 0499 265 992. Raffles, lucky door prizes and prize for best bonnet/hat.

Senior Citizens luncheon

The North Rockhampton Senior Citizens Club will host a Seniors Luncheon on Friday, April 23, at the Frenchville Sports Club, featuring Anzac Day celebrations, a morning tea and

a two-course luncheon with entertainment, raffles and lucky door prizes.

Cost is \$15 per person and bookings are required by Friday, April 16. Contact Joyce on 4928 3688 or Annette 0499 265 992.

Capricorn Coast Historical Society

Want to do some family research or know more about your local community? Have some historical photos, maps or documents to share? Or just need a new calendar full of historic photographs? Capricorn Coast Historical Society has you covered.

The Bunker, located behind the Town Hall in Normanby Street, is open to the public from 9.30am to 12.30pm Tuesdays and Saturdays. Friendly volunteers are on hand to help with your family research enquiries. They're also available to scan and return your historical photos, documents and maps to include in their highly significant collection.

Membership costs \$10 for a single and \$15 for a couple, and brings a discount on purchases of books and on historical bus trips.

Colony is bird heaven

Any genuine bird photographer who found themselves standing right beside a colony of beautiful birds during breeding season could be forgiven for thinking that all their Christmases had come at once.

For me, this experience happened virtually by chance while we were enjoying a lovely cruise from Australia, down the eastern coastline of New Zealand, then home again.

Our ship had docked and we were on a shuttle bus taking us into the city. Travelling right in front of us was a white Kombi van which had written across the back, 'Gannet Tours'. I couldn't think of anything else I would rather do, while my wife was looking for all the bargains in the shops which wasn't my cup of tea at all.

I found the information centre and was lucky enough to get one of the last two seats available in the van. The tour was run by the National Parks rangers and all funds collected went back into supporting their work with the animals and birds.

We arrived at a really large Rookery filled to capacity with adult gannets and babies right



from the smallest that had just hatched to the largest that were practically as large as their parents.

The ranger told us that the majority of the birds that were there would be heading back to Australia, babies as well, where they would spend the rest of the year before returning to breed again.

A low fence marked how close we could go but some birds had nested right beside it.

What a smorgasbord of photos were available. Birds gliding on the wind currents like the pair pictured, others diving to the water and up again, virtually filling the sky while many kept guard on their chicks or brought food for them





Little Shrike-thrush by Noel Sawtell.



Rainbow Bee-eater by Noel Sawtell.

Helping people achieve their





Entertainment what's ON IN CQ

Musicals and more events

Every Saturday

Yeppoon Community Markets, 6am to 10am, Park Street Yeppoon

The Yeppoon Community Market is held each Saturday morning at the Yeppoon Showgrounds from 6am to 10am. Arrive early for your choice of the freshest local fruit and vegetables the Capricorn Coast has to offer. **Every Sunday**

Rocky Racecourse Markets, Callaghan Park, Rockhampton, 6am to noon

Rocky Racecourse Markets are held every Sunday and have a variety of stall, local fresh fruit and veggies, and good range of organic fruit and exotic fruits, locally made cakes and biscuits, chutneys and preserves, jewellery, brica-brac, ladies and children's fashions, collectable coins and notes, plants, and timber craft. A recent addition to the markets is organic pork, beef and dairy products, and for a relaxing change try reflexology. Disney character appearances throughout the year will keep the kids entertained.

Tram Rides at Archer Park Rail Museum, Denison Street, Rockhampton

The Archer Park Rail Museum in Denison Street, Rockhampton is open Sundays 9am-1pm. Bring the family along to look through the carriages and steam and diesel engines, change the train signals, see the Morse code table and lots more. You can also enjoy a morning tea in the refreshment room and take a ride on the Purrey Steam Train. Starts at 10am.

February 25 to March 6 Legally Blonde The Musical, Gladstone **Entertainment and Convention Centre**

CQ Today presents a Gladstone Regional Council production of Legally Blonde The Musical.

Legally Blonde is a fabulously fun, awardwinning musical based on the adored movie that follows the transformation of Elle Woods as she tackles stereotypes and scandal in pursuit of her dreams.

Action-packed and exploding with memorable songs and dynamic dances - this musical is so much fun, it should be illegal!

Elle Woods appears to have it all. Her life is turned upside down when her boyfriend Warner dumps her so he can attend Harvard Law. Determined to get him back, Elle generously charms her way into the prestigious law school. While there, she struggles with peers, professors and her ex. With the support of some new friends, though, Elle quickly realises her potential and sets out to prove herself to the world.

February 26 - March 6

One Act Play Festival, Walter Reid Cultural Centre



Patrons enjoy a ride around the venue at the Rocky Racecourse Markets at Callaghan Park in Rockhampton.

Rockhampton Little Theatre is proud to present a line-up of four one-act comedic plays that promise to have you laughing out loud. Covid-safe practices will be adopted, including allocated seating. There will be raffle tickets on sale and lucky door prizes awarded every night. Bar opens half an hour before each show. Suitable for all ages. So, come, enjoy a great night out and support our local community theatre.

Saturday, March 6

Gracemere Lions Markets, Conaghan Park

Gracemere Lions Markets are held on the first Saturday of the month, with the next market on Saturday, March 6 from 7am till noon.

There will be a variety of stallholders and community groups in attendance, with products including craft items, children's clothes, windchimes, toys, plants, homemade cakes, biscuits and slices, jams and preserves, bric-abrac, honey, local produce, fresh fruit and vegies and a whole lot more.

Lions will have a sausage sizzle, bacon and egg burgers, cold drinks, tea and coffee. If you missed out on getting one of Lions' famous Christmas cakes or puddings, there are still some available. For more information or to book a stall, phone Judith on 0467 223 824. Sunday, March 7

Fig Tree Creek Markets, Ross Creek

Roundabout, Yeppoon

Fig Tree Creek Markets are organised by Keppel Coast Arts and held on the first Sunday each month, adjacent to the Capricorn Coast Tourist Information Centre at Ross Creek Roundabout, Yeppoon.

Fig Tree Creek Markets stallholders display, demonstrate and sell unique, handmade, locally designed, home baked and home grown products. Celebrate the local creativity and enjoy live entertainment each month.

Proceeds from the stallholders fees collected also help KCA in other arts related activities within the community.

Mt Chalmers History Centre open day

The Mt Chalmers History Centre, 24, School St, will be open on Sunday, March 7 from 10am-2pm. View a pictorial display of life and times in an old gold and copper mining town. Free entry but donations are appreciated. Contact 4934 4293.

Thursday, March 11

Cowboy at the Gladstone Entertainment and **Convention Centre**

Cowboy is an interactive, solo contemporarydance work that unpacks one's ability to have a complete, genuine and meaningful experience as an imagined self. An original soundscore composed by Ben Ely transforms our surroundings into that of a Western Film.

March 19 to 28

Mamma Mia at the Pilbeam Theatre

Here we go again! The Covid-19 pandemic forced the closure of the record breaking run of Mamma Mia in March 2020, disappointing cast and audiences. Now, by popular demand, the production is being remounted featuring your favourite company members from the 2020 season!

Sunday, March 28

Causeway Lake Markets, Causeway Lake

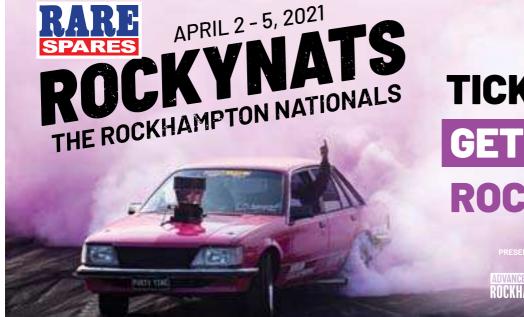
The Causeway Lake Markets are held on the fourth Sunday of every month from 10am to 12pm at Causeway Lake, at the northern end of the causeway. The stalls have a variety of fresh fruit and vegetables and other homemade products.

April 7 to April 14

Archer Park Rail Museum school holiday activities

School holiday activities will be held at Archer Park Rail Museum from Wednesday, April 7 to Wednesday, April 14, 10am to 1pm.

Bring the kids down to enjoy a Purrey Steam Tram ride and wander through the museum. The older children can collect APRM questionnaires and the adults can supervise them as they go through the museum finding the answers. There are 50 cent colour-in-packs for the younger children and there will be food on sale.



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ROCKHAMPTON



CQToday







A busy team

By Jamie McKenzie

What is the role of the production team and how would you best describe what it's like to work on such a high energy performance like Legally Blonde The Musical?

The production team is there to turn the creative team's vision into a reality, all the technical aspects, the budgeting and behind the scenes planning is carried out by the production team. Once the show is developed, the creative crew present it to the production crew and together, they make it a complete show.

What is it like to work on such a high energy performance? Tiring, exciting, challenging?!

It has been a lot of fun doing this musical, however there is always challenges with such a big show, the amount of microphones is phenomenal, the set and costume changes in modern musicals are fast paced and difficult, but we are always up for the challenge and it has been a joy bringing it all together for our communities' enjoyment!

This musical requires so many costume changes, props, locations and choreography, how would you rate it as production that is challenging for the production team?

A ten! This is a difficult show to produce - it is quick, the music is really challenging the costume changes are mostly done side stage for our leads. There are many, many technical aspects we weren't expecting when initially taking on this show. It's funny thinking back to it now, when Gladstone chose this musical we thought it might be a bit of 'an easy one' after doing such a big production with The Wizard

of Oz. But once we started getting involved and looking at the show in depth, we realised quickly that this would not be easy!

What does the production team hope that the audience takes away from this production? What messages do you hope to get shared?

We hope that our audiences leave feeling like they have just watched a professional production, and that they feel proud of what our community is capable of. From a venue and technical standpoint, I guess there is even a message that resonates with us, even a rural entertainment and convention centre can pull off some really big things! We are so fortunate to have these facilities and resources, and even luckier that we get to use them to develop and showcase the people that live here.

Does the production team get nervous leading up to each performance and how important is it that you are all working together to make things look seamless and inspirational for the audience?

Absolutely, we all get nervous! It is a huge task, things changing right up until opening night and keeping track of it all can be very challenging. However, the GECC staff is full of experienced professionals who pride themselves on their ability to deliver to a high standard, and we really care about our clients and our community, so it is very important to us that we do the show justice.

The team attend multiple rehearsals to ensure that we understand the show vision, it is a creative process and we feel very lucky that we get to develop our own shows.



Left to Right Jayden Allen, Josh Valks, Felicity Barker, Donna Ellis, Len Lester, Johlian Glindon, Josh Lov

ADVERTORIAL Rocky has a buzz about it so let's keep it that way



Advance Rockhampton as part of Rockhampton Regional Council is focussed on liveability, visitability and investability across our region. Our region is buzzing at the moment and while international borders are closed, people are flocking from capital cities to visit the regions. It is up to all of us in Rockhampton to talk-up all the great things we have to offer.

Coming out of the past year where events were either cancelled or numbers were limited, we are looking forward to an action packed year. Here are just a few key events

Check out the world class attraction at Mount Archer, go for a scenic river cruise or fish for some Barra on the Fitzroy, visit the Capricorn Caves or Koorana Crocodile Farm or soak up the nostalgia in Mount Morgan.

Rockhampton is such a liveable city and autumn has arrived so why not take a stroll through one of our peaceful parks. You cannot beat a day out at Kershaw Gardens in Rockhampton, Cedric Archer Park at Gracemere, and Number 7 Dam at Mount Morgan. Come on down to the Riverside Park and boardwalk, take in a meal and support our retailers in the CBD.

And to those looking for a little bit of adventure, load up the bikes and head to one



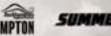
of our amazing mountain bike trails at First Turkey or Mount Morgan.

A little further afield, venture into one of the wider regions national parks at Byfield or Blackdown Tableland.

Visit www.explorerockhampton.com.au or www.advancerockhampton.com.au for more details and to stay connected sign up to receive our newsletter.

Don't leave it too late to be part of Rockynats – Volunteer opportunities and tickets are available at www.rockynats.com.au

Greg Bowden **Executive Manager,** Advance Rockhampton



This month we discuss liveability and visitability in the region.

Our region has so much to offer! It's a great place to live with 306 days of sunshine a year, a short drive to the beach, exciting physical attractions, a hospitality offering with great pubs and restaurants if you go looking and 2021 is packed with events that are not only unique but super exciting.

to whet your appetite:

- Rare Spares Rockynats: April 2-5 •
- Beef Australia: May 2-8
- 7 Rocky River Run: May 23
- Pop-up Polo: June 5
- Fitzroy River Barra Bash: 27-31 October
- And, the opening of the new Rockhampton Museum of Art later this year.

When it comes to what to do on your next free weekend why not pay a visit to see our growing family of Chimps and our Meerkats at the Rockhampton Zoo, then stay on and enjoy a picnic in the Botanic Gardens.

Snapping up musical VIPS

The Legally Blonde The Musical opening nights were terrific VIP events with plenty of welcome supporters arriving for the spectacular show.

Thursday night was an all inclusive sponsors night, while the Friday night show was CQ Today's own VIP night which allowed us to show gratitude to our best supporters in Gladstone.

Without our supporters' hard work and efforts, our publication wouldn't be what it is.

Please enjoy these social pics across the two nights, and thanks again to our great support-ers from across Central Queensland.













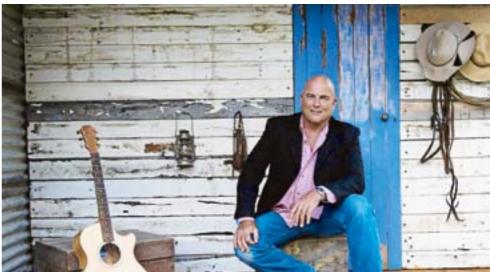








Country singer Brad Butcher can't wait for this year's Country on Keppel music festival.



James Blundell will perform on Great Keppel Island.

Brad can't wait for Keppel

By Matthew Pearce

Country on Keppel is back on July 16-18 and so is CQ singer-songwriter Brad Butcher.

Brad was lucky enough to be a part of last year's country music festival on Great Keppel Island and was in talks for the 2019 event as well.

"It's just great to have a country festival on our doorstep like that. It's Keppel Island, you can't go wrong, it's just stunning," he said.

"I actually met my wife on GKI as well, so it holds a special significance for us, but having played the festival last year, with the calibre of artists they had and knowing that they're building on that again, I know it's going to be a great country festival and I urge everyone to come across and check it out.'

Brad said he was looking forward to getting back on the road following an enforced break last year thanks to Covid-19.

When Covid hit, I had about 60 gigs cancelled overnight," he said.

"We're just starting to put a tour together again, pretty much from June this year It'll be back to normal, fingers crossed."

A new album is also being written and recorded "as we speak".

"It's a bit of a new direction for us. It's about going back to where I began, as not so much a serious songwriter, and easing the tension in many ways," he said.

"I've been recording it with a friend of mine called Benjy Pocock who lives on the Sunshine Coast, he's a hell of a musician and a good bloke. We're making it happen together which is really cool."

Highlights of Brad's career include winning 'a couple of Golden Guitars' at the Tamworth Country Music Festival and Country Song of the Year at the 2018 Queensland Music Awards.

"The awards are voted by your peers and it's



Jasmine Rae is one of the artists performing at Country on Keppel.

good to know they think highly of your work," he said,

"To win one of those awards is definitely a pinnacle of my career, as well as the four albums that I've made in the past.'

Brad said when his first album was released in 2012 he had "no idea" about the music industry

"I was just writing songs and putting them out there, I learned a lot from that album and I keep on learning," he said.

The popular country artist moved to Yeppoon two years ago and now lives in Rockhampton.

"I grew up in Mackay and then lived in Brisbane for close to a decade, so moving to CQ really felt like moving home," he said.

"I love it here and have a lot of good friends here. Growing up playing footy, I knew a lot of the guys from St Brendan's College and as soon as I got here and started talking to a few people so many old friends came out of the woodwork.

"All my family are still up in Mackay, and with a six-month-old daughter it's close enough for them to make a trip down here or for us to be able to go up there to catch up.'

Being unable to tour last year due to Cov-

id-19, Brad went 'back to work', getting a job at the Real Group as a groundsman.

"It was nice to be able to do that, rocking into work first thing in the morning, getting into that routine again, but it wasn't easy at first," he said.

"I was really lucky to find a job there, they're lovely people and so supportive of everyone in the community.'

The impressive line-up at Country on Keppel also includes Jasmine Rae, SaltbushSix, Cornell & Carr, James Blundell, Danny Phegan, Jonny Taylor, Bella Mackenzie, Aaron Jurd and Melissa Lukin

Losing locks for leukaemia

Rothery is taking the plunge and shaving her head to help those suffering from blood cancer

The Rockhampton local will get the chop - you send a powerful message of hope." orld's Greatest have at the CQUniversity Amphitheatre from noon to 1pm on March 12.

After 23 years of growing her hair, Gabby and share how a friend's young son was recently diagnosed with leukemia and that encouraged her to contribute.

"It just shows when you sacrifice your hair

"I have wanted to do this for a while now but have always been discouraged by how much I love my hair," Gabby said.

"I have decided to put my vanity aside and go for it. After all, those affected by cancer do not often have the privilege to choose if they keep their hair or not."

While Gabby has not been directly impacted by cancer, she considers herself to be one of the lucky ones with 47 Australians diagnosed with blood cancer every single day.

"I feel like this is the least I could do. Not many people can say they haven't been closely affected by cancer," she said.

"I want to express my gratitude for my good fortune and health while helping others. "I recently had a donor reach out to me

Gabby is also changing her fringe in lead up to the shave in a bid to raise additional funds.

"I really need the community to get behind me to help reach my goal of \$3000," she said.

"Thus far I have received great support from my colleagues at CQUniversity with everyone helping to run a barbecue, a bake sale and the CQUni Birdcage donating drinks for the event.

"No donation is too small - every dollar counts!"

То http:// donate visit: my.leukaemiafoundation.org.au/gabbyrotherv

Rockhampton's Gabby Rothery is shaving her head to help those suffering from blood cancer.



The Guide

TOP PICKS OF THE WEEK



SATURDAY SYDNEY GAY AND LESBIAN **MARDI GRAS 2021**

SBS 730nm

Not even a pandemic was going to get in the way of the spectacular spectacle of the 2021 Sydney Gay and Lesbian Mardi Gras. While there may be some differences to keep spectators and performers at the SCG safe, the glitz, glamour and utter fabulousness will not be compromised. Courtney Act (pictured), Joel Creasey, Narelda Jacobs and Zoë Coombs Marr make up the fab four in the commentary box as the hosts of this year's event. And fittingly, the theme of this year's event is "rise".

SATURDAY MISSION: IMPOSSIBLE -FALLOUT

NINE, 8.30pm

The Mission: Impossible franchise is one that keeps getting better with each film, and its sixth instalment is a thrilling, action-packed outing from start to finish. After Ethan Hunt's (Tom Cruise, pictured) decision to save his team results in stolen plutonium falling into the wrong hands, he must retrieve the material before it is used by a terrorist group and their mysterious leader. Joining regulars Simon Pegg, Ving Rhames and Rebecca Ferguson is Henry Cavill, who plays a CIA assassin tasked with monitoring the IMF team. Loaded with incredible set pieces, gripping tension and an excellent cast, Fallout is a superior action movie for all audiences.





MONDAY **OUTLANDER** SBS. 10.50pm

Saucy period dramas are all the rage (here's looking at you, Bridgerton), but Outlander has that added element of time-travel too, which has had many fans over its five seasons pondering what mod cons they'd give up to follow a handsome Scotsman around the hillside living 200 years in the past. Catch one episode and you'll see that it may not be that hard a decision to make. Tonight, with hearts always in the right place, Jamie (Sam Heughan) and Claire (Caitriona Balfe, pictured) have a difficult decision to make when a settler reveals their struggle as a bondservant and asks for help in freeing himself and his brother from an abusive master.

TUESDAY

MARRIED AT FIRST SIGHT

NINE, 7.30pm

Contemporary philosopher Alain de Botton has a widely popular article and YouTube talk titled "Why you'll marry the wrong person", of which the basic premise is that people are all a little bit odd and will inevitably disappoint you if you set exceptionally high expectations

of them (without analysing your own oddness). This up front pessimism of relationships is of course shielded from those looking for love on this frighteningly intriguing show. Tonight, relationship experts Mel Schilling, John Aiken and Alessandra Rampolla (pictured) analyse how our couples are doing on the intimacy front, with some 'nailing' the challenges, while

others are like awkward fish out of water.

> Caitriona **Balfe stars** in the timehopping drama Outlander

Friday, March 5

ABC TV (2)

6.00 News Breakfast. 9.00 ABC News Mornings. **10.00** Q+A. (R) **11.00** The Pacific: In The Wake Of Captain Cook With Sam Neill. (PG, R) 12.00 ABC News At Noon. 1.00 Back Roads. (R) **1.30 Outback Ringer.** (PG, R) **2.00 Rake.** (Mls, R) **3.00 ABC News Afternoons.** 4.00 Antiques Roadshow. (R) 5.00 Restoration Australia. (PG, R)

6.00 The Drum. Analysis of the day's news. 7.00 ABC News. Takes a look at today's top stories. 7.30 Gardening Australia. Millie Ross celebrates pears. 8.30 Vera. (Mv, R) Part 2 of 4. DCI Vera Stanhope investigates the mysterious death of a young man. 10.00 Mum. (MI) Jason has something he needs to say. 10.30 State Of The Union. (PG, R) 10.45 ABC Late News. 11.00 The Vaccine. (R) 11.15 The Weekly With Charlie Pickering. (R) 11.45 Aftertaste. (Mdl, R) 12.15 Rage. (MA15+adhlnsv)

ABC TV PLUS (22) 6am Children's

Programs. **5.50pm** Peppa Pig. **5.55** Ben And Holly. **6.10** Brave Bunnies. **6.20** Bluey. **6.30** Kiri And Lou. 6.35 The Adventures Of Paddington. 6.45 Andy's Dinosaur Adventures. 7.00 Dino Dana. 7.15 Odd Squad. 7.30 Spicks And Specks. 8.00 Doctor

SBS (3)

6.00 WorldWatch. 7.30 Italian News. 8.10 Filipino News. 8.40 French News. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. **11.30** Turkish News. **12.00** Arabic News F24. **12.30** ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Australia Says Yes. (MI, R) 3.00 NITV News: Nula. 3.30 Who Do You Think You Are? (PG, R) **4.30** Great British Railway Journeys. (R) **5.05** Jeopardy! (PG) 5.30 Letters And Numbers. (R)

6.00 Mastermind Australia. (PG) 6.30 SBS World News. 7.35 Viking Murder Mystery. (Mav, R)

- A look at an ancient Nordic murder mystery. 8.30 Going Places With Ernie Dingo. (PG) Ernie Dingo takes a trip to Cooktown. 9.00 Who Do You Think You Are? UK: Boy George. (PGa, R)
- Boy George explores his roots. 10.10 The Royals And The Nazis. (M) 11.10 SBS World News Late. 11.30 Dolly Parton: 50 Years At The Opry. (PG, R) 1.00 Miniseries: Deep Water. (Malv, R) 5.00 CGTN English News. 5.15 NHK World English News. **5.30** Deutsche Welle English News.

VICELAND (31) 6am WorldWatch. 10.30 SBS Courtside. **11.00** Basketball. NBA. Memphis Grizzlies v Milwaukee Bucks. **1.30pm** WorldWatch 2.30 The Last Lesbian Bars. 2.55 Gaycation. 3.40 WorldWatch. **5.05** The Joy Of Painting. **5.40** Shortland Street. **6.05** If You Are The One. **7.0** Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 Hoarders. (Final) 9.20 Mums Make Porn Germany. (Premiere) 11.05 Monogamish. 12.05am News. **12.30 MOVIE:** Holding The Man. (2015, MA15+) **2.45** NHK World English News. **3.00** Thai News. 3.30 Bangla News. 4.00 Punjabi News. 4.30 Sri Lankan Sinhalese News. 5.00 Late Programs.

SEVEN(7)

6.00 Sunrise 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: Murdered At 17. (2018. Mav) Cristine Prosperi. 2.00 House Of Wellness. (PG) 3.00 The Chase. Hosted by Bradley Walsh. 4.00 Seven News At 4. 5.00 The Chase Australia. Hosted by Andrew O'Keefe

6.00 Seven Local News. 6.30 Seven News. 7.00 Better Homes And Gardens.

Karen Martini makes barbecue prawns. 8.30 MOVIE: Tag. (2018, Mdls) A group of five friends decides to play a game of tag before the bachelor's wedding. Jeremy Renner, Isla Fisher, Ed Helms.

10.30 Ambulance: Code Red. (Ma, R) Follows the work of an ambulance service. **11.30 Surveillance Oz Dashcam.** (PG, R) **12.00 MOVIE: Stolen Youth.**

(1996, Mas, R) Sharon Lawrence. 2.00 Home Shopping. (R) 4.00 My Greek Odyssey. (PGI, R) 5.00 NBC Today.

7TWO (72) 6am Home Shopping. 6.30 Travel Oz. **8.00** Harry's Practice. **8.30** Million Dollar Minute. **9.30** NBC Today. **Noon** House Of Wellness. 1.00 Miniseries: Madoff. 3.00 Million Dollar Minute. 3.30 Weekender. 4.00 Better Homes And Gardens. 5.30 Escape To The Country. 6.30 Bargain Hunt.

NINE (5)

6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Ellen DeGeneres Show. (PG) **1.00 Amazing Grace.** (Ma, R) **2.00 Desperate Housewives.** (M, R) **3.00** Tipping Point. (PG) **4.00** Afternoon News. 4.30 Millionaire Hot Seat. (R) 5.30 Nine News Local. The latest news, sport and weather.

6.00 Nine News.

7.00 A Current Affair. 7.30 Escape To The Chateau. Dick is determined to make sloe gin. 8.30 MOVIE: Coming To America. (1988, MI, R) A pampered African prince travels to New York in search

of an American bride. Eddie Murphy, Arsenio Hall, Madge Sinclair. 10.50 MOVIE: Be Cool. (2005, Mlv, R) A former mobster enters the

music industry. John Travolta. **1.00 Surfing Australia TV.** (PGI, R) **1.30 TV Shop: Home Shopping.** (R)

4.00 Global Shop. 4.30 TV Shop: Home Shopping. (R) 5.30 A Current Affair. (R)

9GEM (52) 6am TV Shop: Home Shopping. **7.00** Creflo Dollar Ministries. **7.30** TV Shop: Home Shopping. **10.30** The Ellen DeGeneres Show. 11.30 My Favorite Martian. Noon Call The Midwife. 1.10 Days Of Our Lives. 2.05 The Young And The Restless. 3.05 Antiques F 3.35 MOVIE: Home At Seven. (1952, PG) 5.20 Heartbeat. 6.30 Antiques Roadshow. 7.30 David Attenborough's Seven Worlds, One Planet. 8.40 MOVIE: Earthquake. (1974, PG) 11.10 Law & Order 12.10am My Favorite Martian. 12.35 Antiques Roadshow. 1.00 TV Shop: Home Shopping.

WIN (8)

6.00 Headline News. 7.30 Entertainment Tonight. (PG, R) 8.00 Studio 10. (PG) 12.00 Tonight. (PG, R) **8.00** Studio 10. (PG) **12.00** Dr Phil. (PGa) **1.00** The Living Room. (R) **2.00** Entertainment Tonight. **2.30** My Market Kitchen. (R) **3.00** Judge Judy. (PG) **3.30 Everyday Gourmet With** Justine Schofield. (R) **4.00** Farm To Fork. (PG) **4.30** The Bold And The Beautiful. (PG) 5.0010 News First.

6.00 WIN News.

6.30 The Project. A look at the day's news. **7.30 The Living Room.** (PG, R) The gang help a family running a community kitchen. 8.30 The Graham Norton Show. Graham Norton chats with Kate Winslet, Stanley Tucci, Orlando Bloom and Kingsley Ben-Adir.

9.30 To Be Advised. 10.30 Just For Laughs Australia. (Mdls, R) Hosted by Tommy Little. 11.00 WIN's All Australian News. 12.00 The Project. (R) 1.00 The Late Show With Stephen Colbert. (PG) 2.00 Home Shopping. (R)

BOLD (81) 6am Home Shopping. 8.00 Star Trek: The Next Generation. 9.00 Diagnosis Murder. 10.00 Star Trek: Voyager. 11.00 Jake And The Fatman. Noon Nash Bridges. 1.00 WIN's All Australian News. 2.00 L.A.'s Finest. 3.00 Diagnosis Murder. 5.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 8.30 Law & Order: SVU. 10.30 CSI: Miami. 11.30 CSI: Crime Scene Investigation. **12.30am** Home Shopping. **2.00** Nash Bridges. **3.00** JAG. **4.00** Star Trek: The Next Generation. 5.00 Jake And The Fatman.

Who. 8.45 David Williamson's Emerald City. 10.50 Anh's Brush With Fame. **11.20** George Clarke's Amazing Spaces. **12.10am** Catalyst. **1.05** Parks And Recreation. **1.30** Reno 9111 **1.50** Zapped. **2.20** News Update. **2.25** Close. **5.00** Bing. **5.05** Little Princess. **5.20** Sarah & Duck. **5.25** Hoot Hoot Go! **5.35** Miffy's Adventures Big And Small. 5.40 Late Programs.

NITV (34) 6am Morning Programs. 7.20 My Animal Friends. 7.35 Molly Of Denali. 8.00 Little J And Big Cuz. 8.10 Aussie Bush Tales. 8.20 Waabiny Time, 8.45 Wapos Bay, 9.05 Kagagi, 9.30 Bushwhacked! 10.00 Faboriginal. 10.30 Drag Heals. **11.00** Big Name, No Blanket. **Noon MOVIE:** Crooklyn. (1994, M) **2.00** Intune 08. **3.00** Wapos Bay. 3.25 Bushwhacked! 3.55 Little J And Big Cuz. **4.00** Musomagic. **4.30** Move It Mob Style. **5.00** Fraggle Rock. **6.00** Going Bush. **6.30** Off The Grid With Pio. 7.00 NITV News: Nula. 7.30 MOVIE: Drop Dead Fred. (1991, PG) 9.15 Bedtime Stories. 9.25 Big Freedia: Queen Of Bounce. 10.55 Late Programs.

SBS MOVIES (32) 6am Kundun. Continued. (1997, PG) 7.45 The Straight Story. (1999, PG) **9.50** Toast. (2010, PG) **11.35** Project A. (1983, PG, Cantonese) **1.35pm** Maudie. (2016, PG) 3.45 The Three Musketeers. (1973, PG) 5.45 City Of Ember (2008 PG) 7.35 Alone In Berlin (2016 M) 9.30 Call Me By Your Name. (2017, M) 11.55 Haute Cuisine. (2012, M, French) 1.40am Easy Sex, Sad Movies. (2014, M, Spanish) **3.20** Zoology. (2016, M, Russian) **5.00** Toast. (2010, PG) 7.30 Highway Cops. 8.30 Escape To The Country. **9.30** Selling Houses Australia. **10.30** Property Ladder UK. **1am** The Fine Art Auction. **4.00** My Road To Adventure. 4.30 Escape To The Country. 5.30 Home Shopping.

7MATE (73) 6am Step Outside With Paul Burt. 6.30 Fishy Business. 7.30 Creek To Coast. 8.00 American Pickers. 9.00 Pawn Stars. 9.30 Storage Wars. 10.00 America's Game: The Super Bowl Champions. **11.00** A Football Life. **Noon** Doomsday Preppers. 1.00 Ax Men. 2.00 Gold Fever. **3.00** Shipping Wars. **4.00** Timbersports. 4.30 Pawnography. 5.30 Storage Wars. 6.00 American Pickers. 7.00 Pawn Stars. 7.30 MOVIE: Men In Black 2. (2002, PG) 9.20 MOVIE: Predator 2. (1990, MA15+) 11.35 Kinne Tonight. 12.05am Doomsday Preppers. 1.00 Ax Men. 2.00 Late Programs

9GO! (53) 6am Children's Programs. 11.00 Dance Moms. Noon Royal Pains. 1.00 The Mindy Project. 1.30 Snog, Marry, Avoid? 2.30 Malcolm. 3.30 Baywatch. 4.30 Knight Rider. 5.30 MOVIE: Kubo And The Two Strings. (2016, PG) 7.30 MOVIE: The Great Wall (2016 M) 9.30 MOVIE: The Mummy. (2017, M) 11.35 Big Heads. (Premiere) 12.35am Lethal Weapon. 1.30 Rivals. 2.00 Mike Tyson Mysteries. 2.10 Dance Moms. 3.00 Bevblade Burst Turbo. 3.30 Ninjago: Masters Of Spinjitzu. **4.00** Pokémon. **4.30** Pokémon Journeys. **4.50** Power Rangers Beast Morphers. **5.10** Bakugan: Battle Planet. 5.30 Yu-Gi-Oh! Classic

PEACH (82) 6am Cheers. 7.00 Friends. 8.30 Everybody Loves Raymond. 9.30 Becker. **10.30** Frasier. **11.30** Cheers. **Noon** WIN's All Australian News. **1.00** Medium. **3.00** Everybody Loves Raymond. 4.00 Becker. 5.00 Frasier. 6.00 Friends. **6.30** Neighbours. **7.00** Friends. **8.00** The Big Bang Theory. **9.30** The Conners. (Return) **10.30** Charmed. (Return) 11.30 The Big Bang Theory. Midnight Home Shopping. 1.30 Medium. 3.30 Frasier. 4.30 Home Shopping.

CONSUMER ADVICE (P) Pre-school (C) Children (PG) Parental Guidance Recommended (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence (R) Repeat (a) Adult themes (d) Drug references (h) Horror (s) Sex references (h) Medical procedures (n) Nudity (v) Violence

QLD

Saturday, March 6

ABC TV(2)

6.00 Rage. (PG) 7.00 Weekend Breakfast. 10.00 Rage. (PG) 11.00 Rage Mardi Gras Special. (PG) 12.00 ABC News At Noon. 12.30 Romeo & Juliet. (PG, R) 2.30 Old People's Home For 4 Year Olds. (R) 3.30 The Cook And The Chef. (R) 4.00 Soccer. A-League. Round 11. Brisbane Roar v Sydney FC.

6.00 Short Cuts To Glory: Matt Okine Vs Food. (R) Matt hosts a family dinner. 6.30 Landline. Presented by Pip Courtney. 7.00 ABC News. Takes a look at today's top stories. 7.30 Death In Paradise. (PG) A young woman is murdered. 8.30 Call The Midwife. (PG) Sister Frances is at a loss when she cares for a diabetic and recovering cancer patient. 9.30 Harrow. (Mav, R) Harrow, Fairley and Nichols conduct an impromptu murder investigation while on a hiking trip. 10.25 Miniseries: Apple Tree Yard. (MA15+av, R) Part 2 of 4. 11.20 Press. (Mls, R) Holly responds to an emergency call 12.20 Rage Mardi Gras Special. (MA15+adhlnsv) 5.00 Rage. (PG)

ABC TV PLUS (22) 6am Children's Programs. **7.15pm** Sir Mouse. **7.30** Spicks And Specks. **8.00** Ql. **8.30** Pride: Live At The Apollo. **9.30** Ross Noble: Stand Up Series. **10.00** Sammy J. 10.05 Would I Lie To You? 10.40 Why Are You Like This. **11.05** High Fidelity. **11.30** Penn & Teller: Fool Us. **12.15am** Escape From The City. **1.10** Chris Ramsey's Stand Up Central. (Final) 1.35 Would I Lie To You? **2.05** This Country. **2.30** Late Programs.

NITV (34) 6am Morning Programs. 12.15pm Yothu Yindi Tribute Concert. **1.45** Footprints On Our Land. **2.30** Basketball. Indigenous Championships. Replay. 3.30 Boxing Night To Remember. 4.00 Rugby League. Koori Knockout. Men's. Round 2. Bunjalung Baygal Warriors v Bourke Warriors. Replay. **5.00** On The Road. **6.00** Going Places. **6.55** Drag Heals. **7.20** NITV News Update. **7.30** Sydney Gay And Lesbian Mardi Gras. **11.30** Late Programs.



6.00 WorldWatch. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 2.00 Figure Skating. 2019-2020 ISU European Championships. Replay. 3.30 Destination Flavour China Bitesize. (R) 3.35 Algeria From Above. (R) 5.25 Who Do You Think You Are? UK. (Final, PG)

- 6.30 SBS World News. 7.30 Sydney Gay And Lesbian Mardi Gras 2021. Coverage of the 2021 Sydney Gay And Lesbian Mardi Gras from the SCG 11.30 MOVIE: Call Me By Your Name. (2017, Mlns, R, Italy, France, Brazil,)
- A teen falls for an older student. Armie Hammer, Timothée Chalamet. 1.55 VICE Guide To Film: New Trans Cinema. (MA15+ans, R) Trans
- filmmakers share their thoughts. 2.45 MOVIE: Kiki, Love To Love. (2016, MA15+ls, R, Spain) Five tales of
- love and lust. Natalia De Molina. 4.40 Destination Flavour: Japan Bitesize. (R) Presented by Adam Liaw. 5.00 CGTN English News.
- 5.15 NHK World English News. 5.30 Deutsche Welle English News.

VICELAND (31) 6am WorldWatch. Noon Basketball. NBA. Memphis Grizzlies v Milwaukee Bucks. Replay. **2.00** Dead Set On Life. **2.30** Front Up. **3.00** Insight. **4.00** WorldWatch. 4.30 Basketball. NBL. Adelaide 36ers v Cairns Taipans. 6.30 PBS NewsHour. 7.40 The Rise Of Trash TV. 8.30 The X-Files. 9.20 Romulus. 11.30 The Sunny Side Of Sex. **12.20am** Vogue Williams: Wild Girls. 1.20 Gaycation. 2.05 Late Programs.

SBS MOVIES (32) 6am Toast. Continued. (2010, PG) 6.45 Grace Of Monaco. (2014, PG) 8.40 City Of Ember. (2008, PG) 10.30 The Three Musketeers. (1973, PG) 12.30pm Family Law. (2006, PG, Spanish) 2.25 The Straight Story. (1999, PG) **4.30** Project A. (1983, PG, Cantonese) **6.30** Belle. (2013, PG) **8.30** The Kids Are All Right. (2010, MA15+) 10.30 Walk With Me. (2016, MA15+, Danish) 12.30am Late Programs

SEVEN(7) 6.00 NBC Today. 7.00 Weekend Sunrise. 10.00 The Morning Show: Weekend. (PG)

- 12.00 Horse Racing. Super Saturday and Randwick Guineas Day. 4.30 Border Security: Australia's Front Line. (PG, R) 5.00 Seven News At 5.
- 5.30 Creek To Coast.

6.00 Seven News. 7.00 Border Security: Australia's

- Front Line. (PG) Biosecurity officers make a very unusual and potentially devastating discovery in a package from China.
- 7.30 MOVIE: Men In Black: International. (2019, Mav) Two MIB agents uncover a sinister plot involving a traitor who is aiding an alien invasion. Chris Hemsworth, Tessa Thompson, Liam Neeson. 10.00 MOVIE: Wrath Of The Titans.
- (2012, Mv, R) After Zeus is imprisoned in the underworld, his son Perseus must rescue him before the Titan Kronos is released. Sam Worthington, Liam Neeson, Bill Nighy. 12.00 MOVIE: Borderline Normal.
- (2001, Mas, R) Two teenagers deal with loss. Caterina Scorsone, Robin Dunne. 2.00 Home Shopping. (R)
- 4.00 Get Arty. (R) 5.00 House Of Wellness. (PG, R)

7TWO (72) 6am Morning Programs. 10.00 Animal Rescue. 11.00 Horse Racing. Super Saturday and Randwick Guineas Day. Noon Weekender. 12.30 Creek To Coast. 1.00 House Of Wellness. 2.00 Sydney Weekender. 2.30 The Great Australian Doorstep. 3.00 Property Ladder UK. 5.30 The Great Outdoors: Greatest Escapes. 6.30 The Yorkshire Vet. 8.30 Escape To The Country. 11.30 Late Programs.

7MATE (73) 6am Morning Programs. 11.30 Your 4x4. Noon On Tour With Allan Border.12.30 Timbersports. 1.00 Blokesworld. 1.30 Aussie Dreamlivers Texas. 2.30 Fish'n With Mates. 3.00 Rides Down Under: Workshop Wars. 4.00 Football AFL Women's. Round 6. GWS Giants v Gold Coast Suns. **6.00** Megastructures. **7.00** Building Giants. 8.00 Mighty Ships.
9.00 Mighty Cruise Ships.
10.00 Air Crash Investigation.
11.00 Late Programs.

NINE (5)

6.00 Easy Eats. (R) 7.00 Weekend Today. 10.00 Today Extra: Saturday. (PG) 12.00 Destination WA. 12.30 Award Winning Tasmania. (R) 1.00 Netball. Constellation Cup. Game 3. New Zealand Silver Ferns v Australian Diamonds. 3.00 Endangered. (PGI, R) 4.00 The Pet Rescuers. (Premiere, PG) 4.30 The Garden Gurus. 5.00 News: First At Five. 5.30 Getaway. (PG)

6.00 Nine News Saturday. 7.00 A Current Affair. 7.30 Space Invaders. (PG) Experts help people declutter their lives.

8.30 MOVIE: Mission: Impossible - Fallout. (2018, Mlv) After a secret agent's decision to save his team results in stolen plutonium falling into the wrong hands, he must retrieve the material before it is used by a terrorist group and their mysterious leader. Tom Cruise, Henry Cavill, Rebecca Ferguson.

11.30 MOVIE: Empire. (2002, MA15+dlv) John Leguizamo. 1.30 My Way. (R) 2.00 TV Shop: Home Shopping. (R) **4.30 Global Shop. 5.00** TV Shop: Home Shopping. (R) **5.30** Wesley Impact. (R)

9GEM (52) 6am Newstyle Direct. 6.30 TV Shop. 10.00 Edgar Wallace Mysteries. 11.30 My Favorite Martian. Noon Hitchcock. 12.30 MOVIE: Mister Ten Per Cent. (1967) 2.20 MOVIE: West Of Zanzibar. (1954) 4.20 MOVIE: Flight From Ashiya. (1964, PG) **6.30** Rugby Union. Super Rugby. Round 3. Melbourne Rebels v ACT Brumbies. **8.45** Super Rugby Post-Match. 9.00 MOVIE: Hang 'Em High (1968, M) 11.20 Late Programs.

9GO! (53) 6am Children's Programs. **1.30pm** Xtreme Collxtion. **2.30** Liquid Science. **3.30 MOVIE:** Pokémon: Lucario And The Mystery Of Mew. (2005) 5.30 MOVIE: Stuart Little 2. (2002) 7.00 MOVIE: Despicable Me 2. (2013, PG) 9.00 MOVIE: Anchorman 2: The Legend Continues. (2013, M) **11.30** Big Heads. **12.30am** Lethal Weapon. 1.30 Surfing Australia TV. 2.00 Xtreme Collxtion. 3.00 Late Programs.

WIN (8)

6am Morning Programs. 8.30 The Offroad Adventure Show. (R) 9.30 St10. (PG) 12.00 Bondi Rescue. (PGal, R) 12.30 Destination Dessert. (R) 1.00 10 Minute Kitchen. 1.30 Everyday Gourmet. (R) 2.00 Three Blue Ducks. (PGls, R) 2.30 Australia By Design: Innovations. (Final, PG) 3.00 My Market Kitchen. (R) 3.30 Jamie & The Nonnas. (R) 4.30 Farm To Fork. (PG, R) 5.00 News

- 6.00 Bondi Rescue. (PGI, R) The beach can quickly become a nightmare for tourists not used to the precarious surf conditions. 6.30 To Be Advised. 7.00 Three Blue Ducks. (PG) Andy Allen,
- Mark LaBrooy and Darren Robertson make unexpected food discoveries in Canberra. 7.30 To Be Advised.
- 9.00 Ambulance. (Mals, R) It is St Patrick's Day, one of the busiest nights on the calendar for the paramedics in Liverpool with incidents involving a fatal stabbing, alcohol poisoning, broken ankles, substance abuse and cardiac arrests. 11.20 Inside The Children's Hospital.
- (PG, R) David Tennant narrates a behind-the-scenes look at Scotland's Royal Aberdeen Children's Hospital. 12.00 To Be Advised.

1.00 Home Shopping. (R) 5.00 Hour Of Power. Religious program.

BOLD (81) 6am Home Shopping. 9.00 Star Trek: Voyager. **10.00** Diagnosis Murder. **Noon** JAG. **1.00** The Doctors. **2.00** Jake And The Fatman. **4.00** iFish. **4.30** Mighty Machines. **5.00** Escape Fishing With ET. 5.30 Scorpion. 7.30 NCIS. 8.30 NCIS: New Orleans. 10.20 To Be Advised. 11.20 L.A.'s Finest. 12.15am Hawaii Five-0. 1.10 CSI: Miami. 2.10 48 Hours. 3.10 Elementary. 4.05 The Doctors. 5.00 Home Shopping.

PEACH (82) 6am Cheers. 6.30 Friends. **8.00** Everybody Loves Raymond. **9.00** Becker. **10.00** Frasier. **11.00** The Middle. **11.30** To Be Advised. 2pm Everybody Loves Raymond. **3.30** Friends. **6.00** Columbo. **7.30** Kojak. **8.30** Spyforce. **9.30** The Big Bang Theory. **10.30** The Middle. **Midnight** Home Shopping. **1.30** 2 Broke Girls. 4.00 Mom. 4.30 Home Shopping. 5.30 The Brady Bunch



Do you have an event coming up? We want to know!

Send the details to editorial@cqtoday.com.au and we'll publish it in our weekly Events Calendar.

Sunday, March 7

ABC TV (2)

6.00 Rage. (PG) 7.00 Weekend Breakfast. 9.00 Insiders. 10.00 Offsiders. 10.30 The World This Week. (R) 11.00 Compass. (R) 11.30 Songs Of Praise. (R) 12.00 ABC News At Noon. 12.30 Landline. 1.30 Gardening Australia. (R) 2.30 The Mix. (R) 3.00 Soccer. W-League. Round 11.

Canberra United v Brisbane Roar. 5.00 Australia Remastered. (R)

6.00 Antiques Roadshow. Hosted by Fiona Bruce. 7.00 ABC News Sunday. 7.40 Grand Designs New Zealand. Hosted by Chris Moller. 8.30 Harrow. (Mav) As Harrow's attempts to reconnect with his son are frustrated, Fern and James grow closer. 9.25 Silent Witness. (Mav) Nikki is forced to question police methods while investigating the murder of a teenage boy.

10.25 Miniseries: Patrick Melrose. (MA15+d, R) Part 1 of 5 11.25 Line Of Duty. (Mav, R) 12.25 Wentworth. (Mal, R)

SBS(3) 6.00 WorldWatch. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 Speedweek. 3.00 The Death Of Hitler. (PGav, R) 4.00 Sportswoman. 5.05 Soccer. Indigenous v National Premier Leagues. Koalas v Queensland. Highlights. 5.35 Hitler And Churchill. (PG, R)

6.30 SBS World News. 7.35 Michael Palin: Travels Of A Lifetime. (PG) Michael

Palin revisits his travel series. 9.20 Killer Bridges. (R) Investigates the collapse of Polcevera Bridge in Genoa, Italy, which killed 43 people. 10.20 Michael Mosley: Coro navirus Special. (PG, R) 11.20 Contagion. (Ma, R) 12.30 Travel Man. (R) 1.00 Do I Have To Take Care

Of Everything? (R)

Paris-Nice Race. Stage 1.

1.10 Cycling. UCI World Tour.

SEVEN(7)

6.00 NBC Today. 7.00 Weekend Sunrise. 10.00 The Morning Show: Weekend. (PG) 12.00 House Of Wellness. (PG, R) 1.00 Beach Cops. (PG, R) 1.30 Highway Patrol. (PG, R) 2.00 MOVIE: Grown Ups 2. (2013, PGInsv, R)

4.00 Better Homes And Gardens. (R) 5.00 Seven News At 5. 5.30 Weekender.

6.00 Seven News

7.00 Ultimate Tag. (Premiere, PG) Hosted by Abbey Gelmi and Matt Shirvington. 9.00 MOVIE: Kingsman: The Secret Service. (2014, Mlv, R) A troubled young man must prove his mettle after he is recruited into a secret British spy organisation. Taron Egerton, Colin Firth, Samuel L Jackson. 11.30 World's Deadliest: Bail Outs. (PGa) A father and son are trapped in a wildfire. 12.30 The Guardian. (Madsv, R) 1.30 Medical Emergency. (PG, R) 2.00 Home Shopping. (R)

NINE (5)

6.00 Easy Eats. (R) 7.00 Weekend Today. 10.00 Sports Sunday. (PG) 11.00 Women's Footy. (PG) 12.00 Netball. Constellation Cup. Game 4. New Zealand Silver Ferns v Australian Diamonds. 2.00 Customs. (PGa, R) 2.30 Driving Test. (PGI, R) 3.00 Space Invaders. (PG, R) 4.00 David Attenborough's Dynasties. (PG, R) 5.00 News: First At Five. 5.30 My Way.

6.00 Nine News.

7.00 Married At First Sight. (PGIs) The social "experiment" continues. 8.30 60 Minutes. Current affairs program,

investigating, analysing and uncovering the issues affecting all Australians. 9.30 Nine News Late. Takes a look

at the latest news and events from Australia and around the world 10.00 Uncovered: Killed By Hate. (Mav, R) Takes a look at hate crimes.

11.45 Young, Dumb And Banged Up In The Sun. (MA15+adlv) 12.35 My Way. (R) 1.05 The Xtreme Collxtion. (PG, R)

A look at the day's news.

WIN (8)

6am Morning Programs. 8.00 GCBC. (R) 8.30 Australia By Design: Innovations. (PG, R) 9.00 Luca's Key Ingredient. 9.30 St10. (PG) 12.00 All 4 Adventure. (PG, R) 1.00 The Offroad Adventure Show. 2.00 My Market Kitchen. (R) 2.30 Freshly Picked With Simon Toohey. (R) 3.00 Bondi Rescue. (PGI, R) 3.30 Roads Less Travelled. (R) 4.00 To Be Advised. 5.00 News

6.30 The Sunday Project. Panellists dissect, digest and reconstitute the daily news, events and hottest topics. 7.30 The Amazing Race Australia. The teams continue their race around Australia as they vie for the \$250,000 cash prize. 9.00 FBI: Most Wanted. After a suspect

escapes trial and goes on a murder spree, the team partners with his bail bondsperson, Jackie, in order to track him down. Jess continues to struggle with moving forward in his love life. **11.00** The Sunday Project. (R)

age. (MAIS+adnins) 4.10 Wentworth. (Mal, R) 5.00 Insiders. (R)

ABC TV PLUS (22) 6am Children's Programs. 7.15pm Sir Mouse. 7.30 Spicks And Specks. 8.00 Compass. 8.30 Louis Theroux: Mothers On The Edge. 9.30 To Be Advised. 10.25 Catalyst. 11.25 Devolution. 12.25am You Can't Ask That. 12.55 Restoration Australia. 1.55 Would I Lie To You? **2.25** This Country. **2.55** News Update. **3.00** Close. **5.05** Little Princess. **5.20** Sarah & Duck. **5.25** Hoot Hoot Go! 5.35 Late Programs.

NITV (34) 6am Morning Programs. 10.00 Softball. SA Premier League. 11.30 Rugby Union. Monsoon Rugby Union. 1pm Bowls. SA Super League. **1.30** Boxing Night To Remember. **2.00** Football. CAFL. **3.45** Football. Monsoon AFL. **5.45** African News. 6.00 APTN National News. 6.30 Artefact. 7.30 NITV News Update. 7.40 Going Places With Ernie Dingo. 8.40 For My Father's Kingdom. 10.25 Intune 08. 11.25 Late Programs.

3.10 Great British Railway Journeys. (R) 4.55 Destination Flavour: Japan Bitesize. (R) 5.00 CGTN English News. 5.15 NHK World English News. 5.30 Deutsche Welle English News.

VICELAND (31) 6am WorldWatch Noon It's A Match. 1.00 Basketball. NBL. Melbourne United v Brisbane Bullets. 3.00 WorldWatch. 3.30 Basketball. NBL. Illawarra Hawks v Perth Wildcats. 5.30 New Girl. 6.30 Brooklyn Nine-Nine. 7.00 Monty Python's Flying Circus. 7.35 Abandoned Engineering. **8.30** Why Women Kill. (Final) **9.30** United Shades Of America. **10.20** Late Programs.

SBS MOVIES (32) **SBS MOVIES (32)** 6am The Straight Story. Continued. (1999, PG) 7.00 The Three Musketeers. (1973, PG) 9.00 Project A. (1983, PG, Cantonese) **11.00** Mosley. (2019, PG) **12.55pm** Belle. (2013, PG) **2.50** City Of Ember. (2008, PG) 4.40 Family Law. (2006, PG, Spanish) 6.35 Grace Of Monaco. (2014, PG) 8.30 Who You Think I Am. (2019, MA15+, French) 10.25 Madame Bovary. (2014, M) 12.35am Late Programs.

WIIIION DOIIAR MINUTE. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.

7TWO (72) 6am Morning Programs. **7.30** Leading The Way. **8.00** David Jeremiah. **8.30** Shopping. 9.00 The Great Australian Doorstep. **9.30** Your 4x4. **10.00** House Of Wellness. **11.00** NBC Today. **Noon** The Zoo. **12.30** The Great Outdoors: Greatest Escapes. 1.30 To Be Advised. 2.30 The Yorkshire Vet. 4.30 Escape To The Country. 8.30 Wild Bill. 9.30 Bodyguard. 10.40 Late Programs.

7MATE(73) 6am Morning Programs. **11.00** Mighty Cruise Ships. **Noon** The Fishing Show. 1.00 Fish'n With Mates. 1.30 Buccaneers & Bones. 2.00 Football. AFL Women's. Round 6. Western Bulldogs v North Melbourne. 4.00 Football. AFL Women's. Round 6. Brisbane Lions v Adelaide. 6.00 Last Car Garage. 6.30 Border Patrol. 7.00 Border Security. **8.30 MOVIE:** The Hangover Part III. (2013, MA15+) 10.40 Late Programs

su i v Snop: Home Snopping. 4.00 Take Two. 5.00 News Early Edition. 5.30 Today.

9GEM (52) 6am Morning Programs. **7.30** In Touch. **8.00** Beyond Today. **8.30** The Incredible Journey. 9.00 TV Shop. 10.00 MOVIE: Seven Days To Noon. (1950, PG) Noon My Favorite Martian. 12.30 Garden Gurus. 1.00 Getaway. 1.30 Hitchcock. 2.00 MOVIE: Irma La Douce. (1963, PG) **5.00 MOVIE:** The Birds. (1963, PG) **7.30** Death In Paradise. **8.40** Chicago P.D. **9.40** Chicago Fire. 10.40 Late Programs.

9GO! (53) 6am Children's Programs. **1.30pm** Liquid Science. **2.00** Dance Moms. **4.00** 9GO! (53) MOVIE: Marmaduke. (2010, PG) 5.45 MOVIE: Alvin And The Chipmunks: Chipwrecked. (2011) 7.30 MOVIE: The Matrix Revolutions. (2003, M) 10.00 MOVIE: Life. (2017, MA15+) Midnight Lethal Weapon. 1.00 Mike Tyson Mysteries. 1.10 Dance Moms. 3.00 Power Rangers Dino Charge. 3.30 Thunderbirds. 4.30 Late Programs.

00 Home Shopping. (R) 3.30 CBS This Morning. Morning news and talk show. 5.00 Headline News Early. **BOLD (81) 6am** Shopping. **7.30** Key Of David. **8.00** Bondi Rescue. **8.30** ST: Voyager. **9.30** One Strange Rock. **10.30** Escape Fishing. **11.00** Scorpion. **1pm** The Doctors. **2.00** Australia By Design: Innovations. **2.30** The Offroad Adventure Show. 3.30 Reel Action. 4.00 Fishing Aust. 5.00 I Fish. **5.30** Bondi Rescue. **6.00** JAG. **7.00** Bondi Rescue. **7.30** NCIS. **9.25** NCIS: Los Angeles. **10.20** 48 Hours. 11.20 Late Programs.

PEACH (82) 6am The Brady Bunch. 8.00 The Big Bang Theory. 9.00 Neighbours. 11.30 Everybody Loves Raymond. **1pm** To Be Advised. 2.00 Everybody Loves Raymond. 3.30 Friends. 6.00 The Big Bang Theory. 9.00 Friends. 10.30 2 Broke Girls. **Midnight** Home Shopping. **1.30** Mom. **3.30** Everybody Loves Raymond. **4.30** Home Shopping. **5.30** The Brady Bunch.

Monday, March 8

ABC TV (2)

6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Landline. (R) 11.00 Grand Designs New Zealand. (R) 12.00 ABC News At Noon 1.00 Death In Paradise. (PG, R) 2.00 Rake. (Final, Mlv, R) 3.00 ABC News Afternoons. 4.00 Antiques Roadshow. (R) 5.00 Restoration Australia. (Final, PG, R) 6.00 The Drum.

7.00 ABC News. 7.30 7.30. Presented by Leigh Sales. 8.00 Australian Story. Australians tell personal stories. 8.30 Four Corners. Investigative journalism program that leads national debate and confronting issues that matter. 9.15 Media Watch. (PG) Hosted by Paul Barry. 9.35 The Pacific: In The Wake Of Captain Cook With Sam Neill: Resolution And Hawaii. (Final, PG) Sam Neill follows the path of Captain Cook. **10.20 You Can't Ask That.** (PG, R) 10.55 ABC Late News. 11.25 Catalyst. (R) 12.25 Wentworth. (Mlv, R) 1.15 Rage. (MA15+adhInsv) 3.40 Wentworth. (MIv, R) 4.30 The Drum. (R) 5.30 7.30. (R)

ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. **8.00** Doctor Who. **8.45** David Attenborough: Kingdom Of Plants. (Final) **9.40** To Be Advised. **10.45** George Clarke's Amazing Spaces. **11.35** Escape From The City. **12.30am** Adam Hills: The Last Leg. **1.10** Would I Lie To You? **1.40** Parks And Recreation. 2.05 Reno 911! 2.25 Zapped. 3.00 News Update. 3.05 Close. 5.05 Late Programs.

NITV (34) 6am Morning Programs. 1.45pm Artefact. 2.45 Fast Horse. 3.00 Jarjums. 3.55 Little J And Big Cuz. 4.00 Musomagic. 4.30 Move It Mob Style. 5.00 Fraggle Rock. 6.00 Going Bush. **6.30** On Country Kitchen. **7.00** Our Stories. **7.20** News. **7.30** A Woman's Calling. **7.40** Through The Wormhole With Morgan Freeman. 8.30 Karla Grant Presents. 9.00 It Takes A Village. 10.00 News. 10.10 Wild Black Women. 11.10 Late Programs.

SBS(3) 6.00 WorldWatch. 6.30 This Week. 7.30 WorldWatch. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 Al Jazeera News. 1.55 Hillary. (MI, R) 3.00 Warrior Women With Lupita Nyong'o. (PGaw, R) 3.55 Vote Yes. (PGa) 4.05 Great British Railway Journeys. (PG, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)

6.00 Mastermind Australia. (PG) 6.30 SBS World News. 7.35 The Secret Life Of

Lighthouses. (PG) Part 1 of 3. 8.30 24 Hours In Emergency: Best Laid Plans. (M) A 52-year-old

is rushed to St George's. 9.25 The Story Of The Songs: Aretha Franklin. (M) Looks at three of Aretha Franklin's songs. 10.20 SBS World News Late. 10.50 Outlander. (MA15+av) 11.55 Butter Lamp. (PGa) 12.15 Cycling. UCI World Tour. Paris-Nice Race. Stage 2. Oinville sur-Montcient to Amilly. 188km flat stage. From France. 2.15 VICE Guide To Film. (Malnv, R) 3.05 Great British Railway Journeys. (R) 4.50 Destination Flavour: Japan Bitesize. (R) 5.00 CGTN English News. 5.15 NHK World English News. 5.30 Deutsche Welle English News.

VICELAND (31) 6am WorldWatch. Noon Is Australia Sexist? 1.00 VICE. 1.35 Lethal Ladies: NZ Female Fighters. **2.00** Insight. **3.00** Why Do Men Earn More Than Women? **3.55** WorldWatch. 4.20 This Week. 5.15 The Joy Of Painting. **5.45** Shortland Street. **6.15** Forged In Fire Latin America. **7.05** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** Taskmaster: Champion Of Champions. **9.25** RocKwiz. **10.20** Late Programs.

SBS MOVIES (32) 6am Grace Of Monaco. Continued. (2014, PG) **6.05** Family Law. (2006, PG, Spanish) **8.00** Belle. (2013, PG) **9.55** Walking On Sunshine. (2014, PG) **11.45** The Piano Tuner Of EarthQuakes. (2005, PG, Portuguese) 1.40pm Cutthroat Island. (1995, PG) 3.55 Mosley (2019, PG) 5.45 Delbaran. (2001, PG, Farsi) 7.35 Woman At War. (2018, M, Icelandic) **9.30** Happy As Lazzaro. (2018, M, Italian) **11.50** Late Programs.

SEVEN(7)

6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 To Be Advised. 2.00 Criminal Confessions: Waterloo. (Mlv, R) 3.00 The Chase. 4.00 Seven News At 4. 5.00 The Chase Australia.

6.00 Seven Local News. 6.30 Seven News.

7.00 Home And Away. (PG) 7.30 Ultimate Tag. (PG) A high-octane physical competition that takes the popular childhood game of tag to new heights. 9.00 9-1-1. (M) The 118 believes their firehouse superstition has come true when they have the day from hell. 10.00 The Rookie. (Mav) John and Nyla escort four juvenile offenders. 11.00 The Latest: Seven News. 11.30 Station 19. (Ma) Andy and Sullivan are trapped in a car 12.30 The Guardian. (Madsv, R) 1.30 Medical Emergency. (PG, R) 2.00 Home Shopping. (Ř) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.

7TWO (72) Gam Shopping. 6.30 Travel Oz. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. 10.30 MOVIE: The Falcon In Hollywood. (1944, PG) Noon House Of Wellness. 1.00 Brit Cops. 2.00 Harry's Practice. 2.30 Million Dollar Minute. **3.30** To Be Advised. **4.00** Better Homes. **5.30** Escape To The Country. **6.30** Bargain Hunt. 7.30 Doc Martin. 8.30 Judge John Deed 10.30 Autopsy USA. 11.30 Late Programs.

7MATE (73) 6am Morning Programs. Noon Doomsday Preppers. 1.00 Buccaneers & Bones. 1.30 Gold Fever. 2.30 Graveyard Carz. 3.30 Counting Cars. 4.00 Last Car Garage. 4.30 Motor Racing. Dunlop Super2 Series. Highlights. **5.30** Storage Wars. **6.00** American Pickers. **7.00** Pawn Stars. 7.30 Pawn Stars South Africa. 8.00 Pawn Stars UK. 8.30 MOVIE: Jack Reacher: Never Go Back. (2016, M) 11.00 Late Programs.

NINE (5)

6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Ellen DeGeneres Show. (PG) 1.00 Getaway. (PG, R) 1.30 Married At First Sight. (PGls, R) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 Nine News Local.

6.00 Nine News. 7.00 A Current Affair. 7.30 Married At First Sight. (Mals) The social "experiment" continues. 9.00 Under Investigation: Janine Vaughan. (Mal) Experts take a look at the 2001 disappearance and suspected murder of Janine Vaughan. 10.00 Australian Crime Stories: The Money Of The Bomb. (Mv, R) Takes a look at the Qantas bomb hoax. 11.10 Nine News Late. A look at the latest news and events 11.40 The First 48: Bad Medicine. (Mav, R) 12.30 Tipping Point. (PG, R) 1.30 TV Shop: Home Shopping. (R) 2.30 Global Shop. 3.00 TV Shop: Home Shopping. (R) 4.00 Take Two. (R) 5.00 News Early Edition. 5.30 Today.

9GEM (52) 6am Morning Programs. 7.30 TV Shop. 9.30 Danoz. 10.30 Ellen DeGeneres **11.30** My Favorite Martian. **Noon** Australia's Top Ten Of Everything. **1.00** Days Of Our Lives. **1.55** The Young And The Restless. **2.50** Garden Gurus Moments. **3.05 MOVIE:** Orders To Kill. (1958, PG) **5.20** Heartbeat. **6.30** Antiques Roadshow. **7.30** London Kills. 8.40 MOVIE: Agatha Raisin: The Quiche Of Death. (2014, PG) 10.40 Late Programs.

9GO! (53) 6am Children's Programs. Dance Moms. Noon MOVIE: Madeline.
 (1998) 1.50 Snog, Marry, Avoid? 3.00 Social Fabric.
 4.00 Baywatch. 5.00 Knight Rider. 6.00 Malcolm. 7.00 The Nanny. 7.30 RBT. 8.30 MOVIE: Under Siege. (1992, M) 10.40 Paranormal Caught On Camera. 11.40 The Nanny. 12.10am Lethal Weapon. 1.10 Big Heads. 2.10 Dance Moms. 3.00 Beyblade Burst Turbo. 3.30 Ninjago. 4.00 Late Programs.

WIN (8)

6.00 Headline News. 7.30 Entertainment Tonight. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (PGadl) 1.00 To Be Advised. 2.30 Entertainment Tonight. 3.00 Judge Judy. (PG) 3.30 Freshly Picked With Simon Toohey. **4.00 Farm To Fork.** (PG) 4.30 The Bold And The Beautiful. (PG) 5.00 10 News First. 6.00 WIN News.

6.30 The Project. A look at the day's news. **7.30 The Amazing Race Australia**.

Hosted by Beau Ryan. 8.30 Hughesy, We Have A Problem. Dave Hughes is assisted by Becky Lucas and Nazeem Hussain, as well as a panel of celebrities, to discuss solutions to problems experienced in modern Australian life.

9.30 The Graham Norton Show. (R) Graham Norton chats with Kate Winslet, Stanley Tucci, Orlando Bloom and Kingsley Ben-Adir. 10.30 The Project. (R) A look at the day's news. 11.30 WIN's All Australian News. 12.30 The Late Show With Stephen Colbert. (PG) 1.30 Home Shopping. (R) 3.30 CBS This Morning.

5.00 Headline News Early.

BOLD (81) 6am Home Shopping. 8.00 Star Trek: The Next Generation. 9.00 Diagnos Murder. **10.00** Star Trek: Voyager. **Noon** Nash Bridges. **1.00** WIN's All Australian News. **2.00** Elementary. **3.00** Diagnosis Murder. **5.00** JAG. **7.00** Bondi Rescue. **7.30** NCIS. **10.20** To Be Advised. **12.10am** Home Shopping. **2.10** CSI: Miami, **3.10** Diagnosis Murder. **4.05** Instinct. **5.00** Nash Bridges.

PEACH (82) 6am Everybody Loves Raymond. 7.00 The Middle. 8.30 Everybody Loves Raymond. **10.00** The Big Bang Theory. **11.00** Frasier. **Noon** WIN's All Australian News. **1.00** Medium. **3.00** Everybody Loves Raymond. **4.00** Becker. **5.00** Frasier. **6.00** Friends. **6.30** Neighbours. **7.00** Friends. **8.00** The Big Bang Theory. 9.30 Two And A Half Men. 11.00 Late Programs

6.00 Headline News. 7.30 Entertainment

Dr Phil. (PGals) 1.00 To Be Advised. 2.00

Gourmet With Justine Schofield. (R) 3.00

Judge Judy. 3.30 Freshly Picked With Simon

6.30 The Project. A look at the day's news.

discovered in Afghanistan at the site of an

abandoned bus with a dead driver, Gibbs

accompanies her on a trip to find a group

of girls who were kidnapped from the bus.

Entertainment Tonight. 2.30 Everyday

Toohey. **4.00** Farm To Fork. (PG) **4.30**

The Bold And The Beautiful. (PG) 5.00 10

Tonight. (PG, R) **8.00** Studio 10. (PG) **12.00**

HAVE YOUR SAY WITH OUR LETTERS TO THE EDITOR

Email: editorial@cqtoday.com.au or text 0487 024 124

NINE (5)

Tuesday, March 9

CQToday

ABC TV (2)

6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Four Corners. (R) 10.55 Antiques Roadshow. (R) 12.00 ABC News At Noon. 1.00 Call The Midwife. (PG, R) 2.00 Poldark. (Mav, R) 3.00 ABC News Afternoons. 4.10 Antiques Roadshow. (R) 5.10 Grand Designs: House Of The Year. (R)

6.00 The Drum. 7.00 ABC News.

7.30 7.30. Presented by Leigh Sales. 8.00 Foreign Correspondent.

International affairs program. 8.30 Catalyst: Kill Or Cure – The Story Of Venom. (Final) Takes a look at pharmacological applications for poisons derived from Australia's venomous species. 9.30 The Truth About Getting Fit. (R) Hosted by Michael Mosley. 10.30 QI. (PG, R) 11.00 ABC Late News 11.15 The Business. (R) 11.35 Q+A. (R)

SBS(3) 6.00 WorldWatch. 7.30 Italian News. 8.10 Filipino News. 8.40 French News. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. **1.00** PBS NewsHour. **1.55** Hillary. (Ml, R) **3.00** Who Do You Think You Are? (PG, R) 4.00 Great British Railway Journeys. (PG, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)

6.00 Mastermind Australia. (PG) 6.30 SBS World News. 7.30 Great Australian Railway

- Journeys: Adelaide To Perth. (PGa, R)
- 8.40 24 Hours In Emergency: Nothing Can Divide Us. (M) A man is airlifted to St George's.

9.35 Michael Portillo's Abandoned Britain: Local Heroes - Manchester Fire Station. (PGa, R) Part 2 of 5. 10.30 SBS World News Late. 11.00 The Pier. (MA15+s) 12.00 Calling. (MI) 12.15 Cycling. UCI World Tour. Paris-Nice Race. SEVEN(7)

6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News.

12.00 MOVIE: Fugitive

At 17. (2012, Madv, R) 2.00 Criminal Confessions:

Baton Rouge. (Malv, R)

3.00 The Chase.

4.00 Seven News At 4.

6.00 Seven Local News. 6.30 Seven News.

reeling from a recent loss, Shaun declares he does not want to teach the new residents anymore

10.00 The Resident. (M) Nic struggles with her recovery 11.00 The Latest: Seven News.

11.30 Station 19. (Ma) 12.30 Anh Does Brazil. (PG, R)

1.30 Medical Emergency. (PG, R)

6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Ellen DeGeneres Show. (PG) 1.00 The Garden Gurus. (R) 1.30 Married At First Sight. (Mals, R) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 Nine News Local.

6.00 Nine News. 7.00 A Current Affair. 7.30 Married At First Sight.

Intent. (Mav, R)

(Mas) Intimacy Week continues. 9.00 Botched. (Malmn) Dr Paul Nassif has a tough case ahead of him when

a dog-bite victim needs some care. 10.00 Labour Of Love. (MI) Kristy spends time in the father-to-be house.

11.00 Nine News Late. A look at the latest news and events 11.30 Law & Order: Criminal

10.30 The Project. (R) A look

at the day's news 12.20 Tipping Point. (PG, R) 1.30 TV Shop: Home Shopping. (R)

WIN (8)

News First

6.00 WIN News.

7.30 The Amazing Race

Australia. The teams continue

vie for the \$250,000 cash prize.

8.30 NCIS. When Sloane's name is

their race around Australia as they

11.30 WIN's All Australian News.

12.30 The Late Show With Stephen

5.00 The Chase Australia.

7.00 Home And Away. (PGv) 7.30 Ultimate Tag. (PG) Hosted by Abbey Gelmi and Matt Shirvington.

9.00 The Good Doctor. (Ma) Still

wentworth. (Malsv, R) 1.35 Rage. (MA15+adhlnsv) 3.40 Wentworth. (Malsv, R) 4.30 The Drum. (R) 5.30 7.30. (R)

ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. 8.00 Doctor Who. 8.45 Why Are You Like This. 9.10 To Be Advised. 9.50 High Fidelity. 10.20 Brassic. 11.05 Pride: Live At The Apollo. 12.05am Ross Noble: Stand Up Series. **12.35** Parks And Recreation. 1.00 Reno 911! 1.20 Zapped. (Final) 1.55 News Update. 2.00 Close. 5.05 Little Princess. 5.20 Sarah & Duck. 5.25 Late Programs.

NITV (34) 6am Morning Programs. 1.30pm Urban Native Girl. 2.30 Nyami Ngaarlu-Gundi Woman Of The Water. 3.00 Jarjums. 4.30 Move It Mob Style. 5.00 Fraggle Rock. 6.00 Going Bush. 6.25 African American: Many Rivers To Cross. 7.20 News. 7.30 African American: Many Rivers To Cross. 8.30 Superstition. 9.20 NITV News Update. 9.30 Hunting Aotearoa. 10.00 Football. Monsoon AFL. Replay. Midnight Late Programs.

S.US Great British Railway Journeys. (R) 4 Destination Flavour: Japan Bitesize. (R) 5.00 CGTN English News. 5.15 NHK World English News. 5.30 Deutsche Welle English News.

Stage 3. 2.15 VICE Guide To Film. (Malv, R)

VICELAND (31) 6am WorldWatch Noon Inside Heston's World. 2.00 The Curse Of Oak Island. 2.45 Noma Australia. 3.45 WorldWatch. 5.10 The Joy Of Painting. 5.40 Shortland Street. 6.10 Asia's Next Top Model. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 VICE Investigates. (Premiere) 10.35 Miniseries: The Salisbury Poisonings, 11.30 News, Midnight Stories From Norway: The Musical! 12.50 Late Programs.

SBS MOVIES (32) 6am Morni Programs. 9.40 White Tuft, The Little Beaver. 6am Morning (2008) 11.05 Asterix: The Mansions Of The Gods. (2014, PG, French) 12.40pm Delbaran, (2001, PG, Farsi) 2.30 The Flintstones. (1994, PG) 4.10 The Piano Tuner Of EarthQuakes. (2005, PG, Portuguese) **6.05** Walking On Sunshine. (2014, PG) **7.55** Pili. (2017, M, Swahili) **9.30** Kuessipan. (2019, M, French Canadian) 11.40 Late Programs.

U Home Snopping. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.

7TWO (72) 6am Home Shopping. 6.30 Travel Oz. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. Noon House Of Wellness. 1.00 Brit Cops. 2.00 Harry's Practice. 2.30 Million Dollar Minute. 3.30 Sydney Weekender. 4.00 Better Homes And Gardens. 5.30 Escape To The Country. **6.30** Bargain Hunt. **7.30** Pie In The Sky. **8.30** Inspector George Gently. **10.30** Jonathan Creek. 2.30am Late Programs.

7MATE (73) 6am Morning Programs. **10.00** America's Game. **11.00** A Football Life. **Noon** Doomsday Preppers. 1.00 Ax Men. 2.00 Gold Fever. **3.00** Pawn Stars South Africa. **3.30** Pawn Stars UK. **4.00** Al McGlashan's Fish'n With Mates. 4.30 Pawnography. 5.30 Storage Wars. 6.00 American Pickers. **7.00** Pawn Stars. **7.30** Highway Patrol. **8.30** Outback Opal Hunters. **10.30** Mighty Rivers. 11.30 Late Programs.

J I AKE I WO. (R) 5.00 News Early Edition. 5.30 Today.

9GEM (52) 6am TV Shop. 7.00 Creflo. 7.30 TV Shop. 9.30 Danoz. 10.30 Ellen DeGeneres. 11.30 My Favorite Martian. Noon London Kills. 1.10 Days Of Our Lives. 2.05 The Young And The Restless 3.00 Antiques Roadshow 3.30 MOVIE: Dentist On The Job. (1961, PG) 5.20 Heartbeat. 6.30 Antiques Roadshow. 7.30 New Tricks. 8.40 The Closer. 9.40 Rizzoli & Isles. 10.40 Shades Of Blue. 11.40 Late Programs.

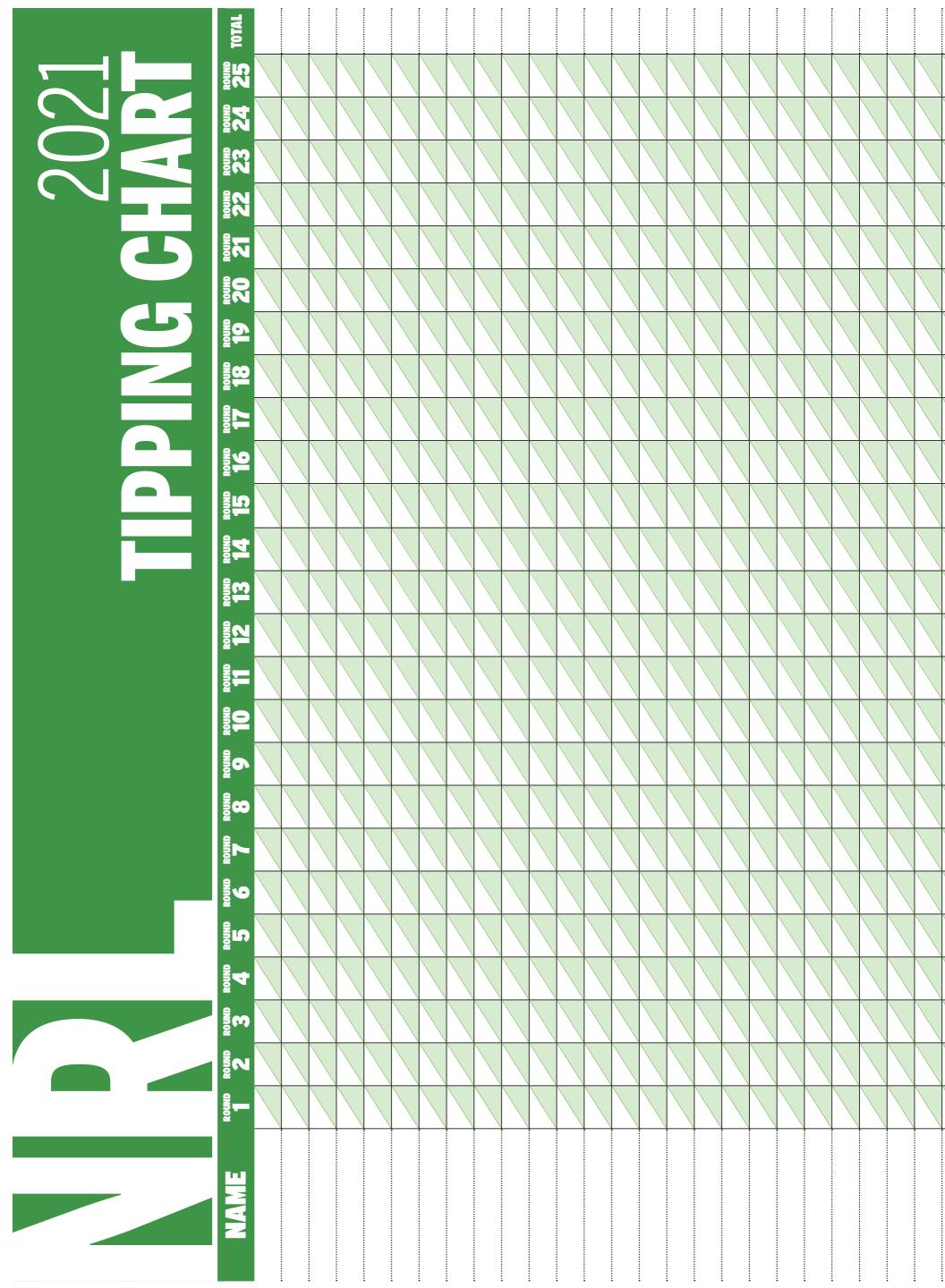
9GO! (53) 6am Children's Programs. **11.00** Dance Moms. **Noon** Royal Pains. **1.00** The Mindy Project. 2.00 Snog, Marry, Avoid? 3.00 Malcolm. 4.00 Dance Moms. 5.00 Baywatch. 6.00 Malcolm. 7.00 The Nanny. 7.30 MOVIE: Sherlock Holmes. (2009, M) 10.05 MOVIE: The Dictator. (2012, MA15+) 11.45 The Nanny. 12.15am Lethal Weapon. **1.10** Urbex: Enter At Your Own Risk. **2.10** Baywatch. 3.00 Late Programs.

DIDERT. (PG) Hostea by Stephen Coldert. 1.30 Home Shopping. (R) 3.30 CBS This Morning. 5.00 Headline News Early. BOLD (81) 6am Home Shopping. 8.00 Star Trek: The Next Generation. 9.00 Diagnosis **BOI D** (81) Murder. 10.00 Star Trek: Voyager. 11.00 Jake And The Fatman. Noon Nash Bridges. 1.00 WIN's All Australian News. **2.00** Elementary. **3.00** Diagnosis Murder. 5.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 8.30 CSI: Crime Scene Investigation. 10.25 CSI: Miami. 12.15am Home Shopping. 2.15 CSI: Miami.

3.15 JAG. 4.10 ST: Voyager. 5.05 Diagnosis Murder.

PEACH (82) 6am Frasier. 7.00 Friends. 8.00 Everybody Loves Raymond. 9.00 Frasier. **PEACH** (82) 10.00 Becker. 11.00 Frasier. Noon WIN's All Australian News. 1.00 Medium. 3.00 Everybody Loves Raymond. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 Mom. Midnight Home Shopping. **1.30** Medium. **3.30** Frasier. **4.30** Home Shopping.

Γ



	1st 2nd 3rd	ROUND 12 May 27–30 May 27–30 Broncos vs Storm Broncos vs Storm Cowboys vs Warriors QCB Stadium Tigers vs Dragons Panthers vs Bulldogs Panthers vs Bulldogs Panthers vs Bulldogs Panthers vs Bulldogs Rabitohs vs Eels Roosters vs Raiders Knights vs Sea Eagles McDonald Jones Stadium	ROUND 13JUNE 3-6JUNE 3-6Dragons vs BroncosDragons vs BroncosNetstrata JubileeTigers vs PanthersLeichhard OvalStorm vs TitansAAMI ParkKnights vs EelsMcDonald Jones StadiumByes: Raiders, Bulldogs, Sharks, Sea Eagles,Cowboys, Rabbitohs, Roosters, WarriorsROUND 14	JUNE 11–14 Sea Eagles vs Cowboys Lottoland Sharks vs Panthers Netstrata Jubilee Titans vs Roosters Cbus Super Stadium Rabbitohs vs Knights ANZ Stadium Rabbitohs vs Storm Mt Smart Stadium Warriors vs Storm Mt Smart Stadium Eels vs Tigers Bankwest Stadium Bulldogs vs Dragons ANZ Stadium
	Suncorp Stadium Carrington Park ANZ Stadium McDonald Jones Stadium Mt Smart Stadium WIN Stadium	ANZ Stadium Panthers Stadium Bankwest Stadium McDonald's Park Campbelltown Stadium s Lottoland Netstrata Jubilee Stadium	Suncorp Stadium Suncorp Stadium Suncorp Stadium Suncorp Stadium Suncorp Stadium Suncorp Stadium	QCB Stadium Mt Smart Stadium Netstrata Jubilee Stadium Cbus Super Stadium Apex Oval Bankwest Stadium
	Broncos vs Titans Panthers vs Sea Eagles Bulldogs vs Eels Knights vs Roosters Warriors vs Cowboys Dragons vs Tigers ROUND 9	MAY 6–9 Rabbitohs vs Storm Panthers vs Sharks Eels vs Roosters Raiders vs Knights Tigers vs Titans Cowboys vs Broncos Sea Eagles vs Warriors Dragons vs Bulldogs ROUND 10	MAY 14-16 Tigers vs Knights Sea Eagles vs Broncos Bulldogs vs Rabbitohs Roosters vs Cowboys Warriors vs Eels Storm vs Dragons Titans vs Panthers ROUND 11	MAY 20–23 Cowboys vs Knights Warriors vs Trgers Sharks vs Dragons Titans vs Bulldogs Roosters vs Broncos Raiders vs Storm Rabbitohs vs Panthers Eels vs Sea Eagles
	Donald Jones Stadium SCG Bankwest Stadium ANZ Stadium Mt Smart Stadium Panthers Stadium	Cbus Super Stadium HBF Park Central Coast Stadium Leichhardt Oval Bankwest Stadium Suncorp Stadium AAMI Park Glen Willow Stadium	ANZ Stadium GIO Stadium Netstrata Jubilee QCB Stadium Panthers Stadium Cbus Super Stadium Netstrata Jubilee	Stadium QCB Stadium Bankwest Stadium SCG AAMI Park GIO Stadium AAMI Park
	Knights vs Dragons McDonald Jones Stadium Roosters vs Warriors SCG Tigers vs Eels Bankwest Stadium Rourion Bankwest Stadium Rourion Ank Rourion Anx Rabbitohs vs Broncos Mt Smart Stadium Warriors vs Sea Eagles Mt Smart Stadium Panthers vs Raiders Panthers Stadium		rappinders vs. ligers Raiders vs. Eels Dragons vs. Warriors Cowboys vs. Buildogs ROUND 7 APRIL 22-25 Panthers vs. Knights Titans vs. Rabbitohs Eels vs. Broncos Sharks vs. Buildogs	Cowboys vs Raiders Tigers vs Sea Eagles Reosters vs Dragons Storm vs Warriors ROUND 8 APRIL 29–MAY 2 Raiders vs Rabbitohs Storm vs Sharks

	Suncorp Stadium	QCB Stadium	Panthers Stadium McDonald Jones	Stadium	WIN Stadium	Bankwest Stadium			SCG	Mt Smart Stadium	Panthers Stadium	GIO Stadium	McDonald Jones	Suncorn Stadium	Leichhardt Oval			Lottoland AN7 Stadium	Bankwest Stadium	Netstrata Jubilee
ROUND 15	JUNE 17–20 Broncos vs Rabbitohs	Cowboys vs Sharks	Panthers vs Roosters Knights vs Warriors		Dragons vs kalders	Storm vs Ligers Eels vs Bulldogs Titane ve Soa Fadloe	ROUND 16	JULY 1-4	Roosters vs Storm	Warriors vs Dragons	Panthers vs Eels	Pullugs vs Jea Lagles Raiders vs Titans	Knights vs Cowboys	Broncos vs Sharks	Tigers vs Rabbitohs	ROUND 17	JULY 8–11	Sea Eagles vs Raiders Pabhitobe ve Cowhove	Bulldogs vs Roosters	Sharks vs Warriors

Panthers Stadium Scully Park ANZ Stadium

Cbus Super Stadium GIO Stadiun

Raiders vs Sea Eagles Panthers vs Rabbitohs

Sea Eagles vs Tigers Central Coast Stadium Panthers vs Broncos Panthers Stadium Dragons vs Titans Netstrata Jubilee Stadium Bulldogs vs Sharks Bankwest Stadium

Bankwest Stadium Netstrata Jubilee

> Dragons vs Roosters Broncos vs Warriors

SCG

ROUND 24

McDonald Jones

Stadium AAMI Park

Bankwest Stadium Suncorp Stadium WIN Stadium

AUGUST 26-29

Bulldogs vs Knights

Eels vs Cowboys

igers vs Sharks

Dragons vs Panthers Broncos vs Roosters Suncorp Stadium Rabbitohs vs Titans Central Coast Stadium

Suncorp Stadium ANZ Stadium

Broncos vs Tigers Rabbitohs vs Bulldogs

ROUND 19

Mt Smart Stadium Netstrata Jubilee

Cowboys vs Tigers Sea Eagles vs Eels Warriors vs Bulldogs Sharks vs Knights

Bankwest Stadium SCG

QCB Stadium Sunshine Coast Stadium

Roosters vs Knights Cowboys vs Storm Rabbitohs vs Warriors

Eels vs Raiders JULY 22-25

-ottoland

Stadium

ROUND 23

AUGUST 19-22 Fitans vs Storm Stadium Suncorp Stadium

	KUUND ZU	JULY 29–AUGUST 1	E Roosters vs Eels	Tigers vs Warriors	: Broncos vs Cowbovs	Dragons vs Rabbitohs	Knights vs Raiders	E Storm vs Panthers	Bulldogs vs Titans	Sharks vs Sea Fagles	
	SCG	Mt Smart Stadium	Panthers Stadium	ANZ Stadium	GIO Stadium	McDonald Jones	Suncorn Stadium	Leichhardt Oval			
LY 1–4	osters vs Storm	rriors vs Dragons	nthers vs Eels	Ildogs vs Sea Eagles	iders vs Titans	ights vs Cowboys	oncos vs Sharks	gers vs Rabbitohs			

IIGERS VS KADDITOUS	ROUND 17	JULY 8–11	Sea Eagles vs Raider	Rabbitohs vs Cowbo	Bulldogs vs Roosters	Sharks vs Warriors	Ruse: Broncos Titan
	Netstrata Jubilee Stadium	Leichhardt Oval	AAMI Park	McDonald Jones Stadium	aiders, Bulldogs, Sharks, Sea Eagles,	s, Rabbitohs, Roosters, Warriors	
9	vs Broncos	s Panthers	s Titans		aiders, Bulldogs	s, Rabbitohs, Ro	VD 14

11–14	
gles vs Cowboys	Lottoland
s vs Panthers	Netstrata Jubilee
	Stadium
vs Roosters	Cbus Super Stadium
ohs vs Knights	ANZ Stadium
s vs Broncos	GIO Stadium
rrs vs Storm	Mt Smart Stadium
s Tigers	Bankwest Stadium

		,			_,						
Stadium Stadium	Storm, Knights, Eels,	ers			Cbus Super Stadium	- 1	GIO Stadium	QCB Stadium	AAMI Park	Mt Smart Stadium	
	Byes: Broncos, Titans, Storm, Knights, Eels,	Panthers, Dragons, Tigers	ROUND 18	JULY 16–18	Titans vs Eels	Sea Eagles vs Dragons	Raiders vs Sharks	Cowboys vs Roosters	Storm vs Knights	Warriors vs Panthers	
Varriors		••••	Lottoland	rrata Jubliee Stadium	per Stadium	NZ Stadium	GIO Stadium	art Stadium	est Stadium	NZ Stadium	

s Suncorp Stadium agles QCB Stadium ons ANZ Stadium Cbus Super Stadium Campbelltown Stadium

Broncos vs Knights Broncos vs Sea Eagles Rabbitohs vs Dragons Titans vs Warriors Cl Tigers vs Bulldogs Cam

AAMI Park

AUGUST 12–15 Storm vs Raiders

ROUND 22

Raiders vs Roosters GIO Stadium Sharks vs Storm Netstrata Jubilee Stadium Eels vs Panthers Bankwest Stadium

Sea Eagles vs Storm Lottoland Bulldogs vs Tigers Belmore Sports Ground Titans vs Cowboys Cbus Super Stadium

SEPTEMBER 2–5 **ROUND 25**

SCG

Roosters vs Panthers

Stadium GIO Stadium Bankwest Stadium Mt Smart Stadium

Raiders vs Dragons Eels vs Rabbitohs Warriors vs Sharks

Lottoland Panthers Stadium

Storm vs Eels Sea Eagles vs Bulldogs Panthers vs Tigers

McDonald Jones

AUGUST 5–8 Knights vs Broncos

ROUND 21

AAMI Park

Stadium

WIN Stadium Netstrata Jubilee

Knights vs Titans McDonald Jones Stadium Warriors vs Raiders Mt Smart Stadium

Roosters vs Rabbitohs Dragons vs Cowboys Sharks vs Broncos

Bankwest Stadium Netstrata Jubilee Stadium

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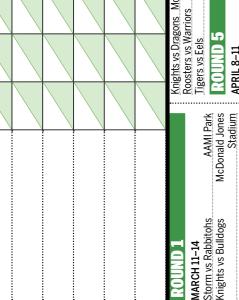
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Storm vs Rabbitohs Knights vs Bulldogs

Parthers vs. Cowboys Panthers Stadium Raiders vs. Tigers GIIO Stadium Dragons vs. Sharks Netstrata Jubilee Stadium SCG Suncorp Stadium Central Coast Stadium Roosters vs Sea Eagles Panthers vs Cowboys Warriors vs Titans Broncos vs Eels

ROUND 2 MARCH 19–21

tohs Lottoland s QCB Stadium Campbelltown Stadium Netstrata Jubilee Stadium Warriors vs Knights Central Coast Stadium Titans vs Broncos Cbus Super Stadium Bulldogs vs Panthers Bankwest Stadium Bulldogs vs Panthers Bá Sea Eagles vs Rabbitons Cowboys vs Dragons Tigers vs Roosters Campb Sharks vs Raiders n

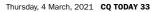
ROUND 3 MARCH 25-28

ROUND 4

APRIL 1–5	
Sea Eagles vs Panthers	Lottoland
Bulldogs vs Rabbitohs	ANZ Stadium
Storm vs Broncos	AAMI Park
Sharks vs Cowboys	Sunshine Coast
	Stadium
Titans vs Raiders	Cbus Super Stadium

Titans vs Raiders Cbus Super

C**Grat**





Wednesday, March 10

ABC TV (2)

6.00 The Drum.

6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Foreign Correspondent. (R) 10.30 Kurt Fearnley's One Plus One. (R) 11.00 To Be Advised. 12.00 ABC News At Noon. 12.30 National Press Club Address. 1.35 Media Watch. (PG, R) 1.55 Poldark. (PG, R) 3.00 ABC News Afternoons. 4.10 Antiques Roadshow. (PG, R) 5.10 Grand Designs: House Of The Year. (R)

7.00 ABC News. 7.30 7.30. Presented by Leigh Sales. 8.00 Hard Quiz. (PG) Presented by Tom Gleeson 8.30 The Weekly With Charlie Pickering. A satirical news program exposing the humorous, absurd and downright hypocritical. 9.00 Aftertaste. (Final, Mdls) The restaurant is a success. 9.30 Why Are You Like This. (Mal, R) Mia does Ramadan her own way. 9.55 Adam Hills: The Last Leg. (R) 10.35 Staged. (Ml, R) 11.00 ABC Late News. 11.35 Four Corners. (R) 12.20 Media Watch. (PG, R) 12.35 Wentworth. (Malsv, R) 1.30 Rage. (MA15+adhInsv) 3.35 Wentworth. (Malsv, R) 4.30 The Drum. (R) 5.30 7.30. (R)

ABC TV PLUS (22) 6am Children's Programs. 7.15pm Odd Squad. 7.30 Spicks And Specks. **8.00** Doctor Who. **8.45** Harry Seidler: Modernist. **9.45** Restoration Australia. **10.45** To Be Advised. 11.40 Louis Theroux: Mothers On The Edge. 12.45am Parks And Recreation. 1.05 Reno 911! 1.25 Chewing Gum. 1.50 Josh. 2.20 News Update. 2.25 Close. 5.00 Grandpa Honeyant. 5.05 Little Princess. 5.20 Late Programs.

NITV (34) 6am Morning Programs. 1pm African American: Many Rivers To Cross. **3.00** Wapos Bay. **3.25** Bushwhacked! **3.55** Little J And Big Cuz. 4.00 Musomagic. 4.30 Move It Mob Style. 5.00 Fraggle Rock. 6.00 Going Bush. 6.30 On Country Kitchen. 7.00 Our Stories. 7.20 NITV News Update. 7.30 Faboriginal. 8.00 Black As. 8.35 Heroes. 9.40 NITV News Update. 9.50 Message From Mungo. 11.00 Late Programs.

SBS(3)

6.00 WorldWatch. 7.30 Italian News. 8.10 Filipino News. 8.40 French News. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 1.55 Hillary. (Mav, R) 3.00 Who Do You Think You Are? (PG, R) 4.05 Great British Railway Journeys. (R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)

6.00 Mastermind Australia. (PG) 6.30 SBS World News. 7.35 Tony Robinson: Britain's Ancient

- Tracks: Dartmoor. (PG, R) Part 1 of 4. 8.30 Australia In Colour. (PG) Part 1 of 4. Documents the story of Australia through a collection of colourised archival footage.
- 9.30 Departure. (Premiere, Ma) An investigator looks into the mysterious disappearance of a British
- passenger plane over the Atlantic. 10.20 SBS World News Late.

10.50 Romulus. (MA15+) 11.50 Oh Lucy! (PGI) 12.15 Cycling. UCI World Tour. Paris-Nice Race. Stage 4. 2.15 VICE Guide To Film. (MA15+v, R) 3.05 Great British Railway Journeys. (PG, R) 4.50 Destination Flavour: Japan Bitesize. (R) 5.00

CGTN English News. 5.15 NHK World English

News. 5.30 Deutsche Welle English News. VICELAND (31) 6am WorldWatch Noon Inside Heston's World. 2.00 The Curse Of Oak Island. **2.50** Noma Australia. **3.20** Stories From Norway: The Musical! **3.45** WorldWatch. **5.10** The Joy Of Painting. **5.40** Shortland Street. **6.10** Vs Arashi. **7.05** Jeopardy! **7.35** 8 Out Of 10 Cats Does Countdown. **8.30** Wellington Paranormal. **9.05** MOVIE: The Conversation. (1974, M) 11.10 Late

SBS MOVIES (32) 6am Morning

Programs. 7.15 The Piano Tuner Of EarthQuakes. (2005, PG, Portuguese) 9.10 Delbaran. (2001, PG, Farsi) **11.00** Cutthroat Island. (1995, PG) **1.15pm** White Tuft, The Little Beaver. (2008) 2.40 Black Narcissus. (1947, PG) 4.35 Asterix: The Mansions Of The Gods. (2014, PG, French) 6.10 The Flintstones. (1994, PG) 7.50 Billy Bloom. (2017, M) 9.30 Wadjda. (2012, PG, Arabic) 11.20 Late Programs

SEVEN(7)

6.00 Sunrise. 9.00 The Morning Show. (PG) 11.30 Seven Morning News. 12.00 MOVIE: Dreamhouse Nightmare. (2017, Masv, R) 2.00 Criminal Confessions: Edmonton. (Mlv, R) 3.00 The Chase. 4.00 Seven News At 4. 5.00 The Chase Australia.

6.00 Seven Local News. 6.30 Seven News.

- 7.00 Home And Away. (PGsv) 7.30 Border Security: Australia's Front Line. (PG) A look at immigration, customs and guarantine.
- 8.30 Miniseries: The Pembrokeshire Murders. (Malv) Part 3 of 3. A forensic breakthrough gives DS Steve Wilkins and his team the ammunition they need. 9.30 Pembrokeshire Murders:
- Catching The Gameshow Killer. (M) The true story of the Pembrokeshire Murders and how Welsh serial killer John Cooper was brought to justice. 10.30 The Latest: Seven News.

11.00 Criminal Confessions: The Kill Club. (MA15+av) 12.00 Code Black. (Ma, R) 2.00 Home Shopping. (R) 4.00 NBC Today.
5.00 Seven Early News. 5.30 Sunrise.

7TWO(72) 6am Home Shopping. 6.30 Travel Oz. 8.00 Harry's Practice. 8.30 Million Dollar Minute. **9.30** NBC Today. **Noon** House Of Wellness **1.00** Brit Cops. **2.00** Harry's Practice. **2.30** Million Dollar Minute. 3.30 Make It Yours. 4.00 Better Homes And Gardens. **5.30** Escape To The Country. **6.30** Bargain Hunt. **7.30** Frankie Drake Mysteries. 8.30 A Touch Of Frost. 10.50 Jonathan Creek. 1.15am ICU. 2.00 Late Programs.

7MATE (73) 6am Morning Programs. 10.00 America's Game. 11.00 A Football Life. Noon Doomsday Preppers. 1.00 Ax Men. 2.00 Gold Fever. 3.00 Classic Restos: USA Edition. 3.30 Blokesworld. 4.00 Al McGlashan's Fish'n With Mates. **4.30** Pawnography. **5.30** Storage Wars. **6.00** American Pickers. **7.00** Pawn Stars. **7.30** The Simpsons. **9.00** Family Guy. **9.30** American Dad! **10.30** Family Guy. **11.00** Late Programs.

NINE (5)

6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Ellen DeGeneres Show. (PG) 1.00 Driving Test. (PGI, R) 1.30 Married At First Sight. (Mas, R) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 Nine News Local.

6.00 Nine News. 7.00 A Current Affair. 7.30 Married At First Sight. (Mals) As the social "experiment" continues, the couples gather for the second dinner party. 9.00 Amazing Grace. (Ma) Grace scrambles to cope when Sophia's adoptive father delivers an ultimatum. 10.00 New Amsterdam. (M) Bloom comes to a startling realisation. **11.00 Nine News Late.** A look at the latest news and events. 11.30 Chicago Med. (MA15+am) Ethan puts his life in danger. 12.20 Tipping Point. (PG, R) 1.20 Explore: Medieval Mile. 1.30 TV Shop: Home Shopping. (R)

2.30 Global Shop. 3.00 TV Shop: Home Shopping. (R) 5.00 News Early Edition. 5.30 Today.

9GEM (52) 6am TV Shop. 7.00 Creflo Dollar Ministries. **7.30** TV Shop: Home Shopping. **10.30** The Ellen DeGeneres Show. **11.30** My Favorite Martian. **Noon** New Tricks. **1.10** Days Of Our Lives. 2.05 The Young And The Restless. 3.00 Antiques Roadshow. **3.35 MOVIE:** Sailors Three. (1940) **5.20** Heartbeat. **6.30** Antiques Roadshow. **7.30** As Time Goes By. 8.50 Midsomer Murders. 10.50 Silent Witness. 12.10am Late Programs.

9GO! (53) 6am Children's Programs. 11.00 Dance Moms. Noon Royal Pains. 1.00 The Mindy Project. 2.00 Snog, Marry, Avoid? 3.00 Malcolm. **4.00** Dance Moms. **5.00** Baywatch. **6.00** Malcolm. **7.00** The Nanny. **7.30** Paranormal Caught On Camera. **8.30 MOVIE:** Sicario. (2015, MA15+) 11.00 Police Ten 7. 11.30 The Nanny. Midnight Lethal Weapon. **1.00** The Horn. **2.00** Snog, Marry, Avoid? **3.00** Late Programs.

WIN (8)

6.00 Headline News. 7.30 Entertainment Tonight. (PG, R) 8.00 Studio 10. (PG) 12.00 Dr Phil. (MI) 1.00 To Be Advised. 2.00 Entertainment Tonight. 2.30 Everyday Gourmet With Justine Schofield. (R) 3.00 Judge Judy. **3.30** Freshly Picked With Simon Toohey. **4.00** Farm To Fork. (PG) **4.30** The Bold And The Beautiful. (PG) **5.00** 10 News First.

6.00 WIN News.

6.30 The Project. The hosts and guest panellists take a look at the day's news, events and hot topics.

- 7.30 The Cube. Game show in which teams of two put their skills to the test by completing tasks in a perspex cube. **8.30 Bull.** (Mv, R) Bull and the team help
- defend a police officer involved in a federal civil suit over the use of excessive force in the shooting of an unarmed man. However, the politics of the situation causes tension within their ranks.
- 10.30 The Project. (R) A look at the day's news 11.30 WIN's All Australian News. 12.30 The Late Show With Stephen

Colbert. (PG) Hosted by Stephen Colbert. 1.30 Home Shopping. (R) 3.30 CBS This Morning. 5.00 Headline News Early.

BOLD (81) 6am Home Shopping. 8.00 Star Trek: The Next Generation. 9.00 Diagnosi Murder. **10.00** Jake And The Fatman. **Noon** Nash Bridges. **1.00** WIN's All Australian News. **2.00** Elementary. 3.00 Diagnosis Murder. 5.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 8.30 NCIS: Los Angeles. 10.20 NCIS. 12.10am Home Shopping. 2.10 CSI: Miami. 3.10 Diagnosis Murder. 4.05 Instinct. 5.00 JAG.

PEACH (82) 6am Frasier. 7.00 Friends. 8.00 Everybody Loves Raymond. 9.00 Frasier. 10.00 Becker. 11.00 Frasier. Noon WIN's All Australian News. 1.00 Medium. 3.00 Everybody Loves Raymond. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. 9.30 2 Broke Girls. Midnight Home Shopping. 1.30 Medium. 3.30 Frasier. 4.30 Home Shopping.

CQ TODAY A NEW ERA IN LOCAL INDEPENDENT NEWS

Programs.

Local News • Local Issues • Local People

Thursday, March 11

ABC TV (2)

6.00 News Breakfast. 9.00 ABC News Mornings. 10.00 Australian Story. (R) 10.30 To Be Advised. 12.00 ABC News At Noon. 1.00 Hard Quiz. (PG, R) 1.30 The Weekly With Charlie Pickering. (R) 2.00 Poldark. (Mv, R) 3.00 ABC News Afternoons. 4.10 Antiques Roadshow. (R) 5.10 Grand Designs: House Of The Year. (R)

6.00 The Drum.

6.55 Sammy J. (PG) 7.00 ABC News. **7.30** 7.30.

- 8.00 Back Roads: Agnes Water And 1770, Queensland. (PG) Paul West explores Agnes Water and 1770.
- 8.30 Q+A. Hosted by Hamish Macdonald. 9.35 Kurt Fearnley's One Plus
- One. Long-form interview show.
- 10.05 Aussie Inventions That Changed The World: Wartime. (PG)
- 11.00 ABC Late News. 11.30 Princess Margaret: The Rebel Royal. (PG, R) 12.25 Wentworth. (Malsv, R) 1.15 Rage

SBS (3) 6.00 WorldWatch. 8.10 Filipino News. 8.40 French News. 9.30 Greek News. 10.30 German News. 11.00 Spanish News. 11.30 Turkish News. 12.00 Arabic News F24. 12.30 ABC America: World News Tonight. 1.00 PBS NewsHour. 1.55 Hillary. (Mls, R) 3.00 Who Do You Think You Are? (PG, R) 4.00 Great Indian Railway Journeys. (PGa, R) 5.05 Jeopardy! (PG) 5.30 Letters And Numbers. (R)

6.00 Mastermind Australia. (PG) 6.30 SBS World News. 7.35 The World's Greatest Palaces:

- Lukshmi Vilas Palace. (Final, PG) Takes a look at Lukshmi Vilas Palace. 8.30 Michael Mosley: What's
- My Diagnosis. (M) Part 1 of 4. 9.35 Shadowplay. (MA15+) Moritz
- abducts his next victim. 10.40 SBS World News Late. 11.10 24 Hours In Police Custody. (M) 12.00 Julian. (PGa, R) 12.15 Cycling. UCI World Tour. Paris-Nice Race. Stage 5. Vienne to Bollène. 203km flat stage. From France. 2.15 VICE Guide To Film. (MA15+av, R) 3.05 Great

SEVEN(7)

6.00 Sunrise. 9.00 The Morning Show. (PG)

11.30 Seven Morning News. 12.00 MOVIE: Dead At 17. (2008, Mav, R)

- 2.00 Criminal Confessions:
- Placentia. (Msv, R) 3.00 The Chase.
- 4.00 Seven News At 4.
- 5.00 The Chase Australia.

6.00 Seven Local News. 6.30 Seven News. 7.00 Home And Away. (PGasv)

8.30 Wife Swap Australia. (PGI) A controlling mother-of-two swaps lives with a free-spirited mum who spends every dollar on fun.

9.45 Ant Middleton & Rebel Wilson: Straight Talking. (Mal) British adventurer Ant Middleton takes actor Rebel Wilson on the trip of a lifetime through Mexico.

10.45 The Latest: Seven News. 11.15 Celebrity Obsessed: Jodie Foster. (MA15+av, R)

6.00 Today. 9.00 Today Extra. (PG) 11.30 Morning News. 12.00 The Ellen DeGeneres Show. (PG)

6.00 Nine News. 7.00 Rugby League. NRL. Round 1. Melbourne Storm v

8.55 Thursday Night Knock Off. A post-Melbourne Storm versus South Sydney Rabbitohs match news and analysis

at the latest news and events from Australia and around the world. 10.10 Manifest. (Mav) Ben forms

12.00 Tipping Point. (PG, R) 1.00 A Current Affair. (R)

6.00 Headline News. 7.30 Entertainment Tonight. (PG, R) **8.00** Studio 10. (PG) **12.00** Dr Phil. (Mas) **1.00** To Be Advised. **2.00** Entertainment Tonight. 2.30 Everyday Gourmet With Justine Schofield. (R) 3.00 Judge Judy. 3.30 Freshly Picked With Simon Toohey. 4.00 Farm To Fork. (PG) 4.30 The Bold And The Beautiful.

6.00 WIN News.

6.30 The Project. A look at the day's news. 7.30 Bondi Rescue. (PGa) Lifeguards try to enforce social distancing

- 8.00 Territory Cops. A man is wanted for a domestic violence charge.
- 8.30 Gogglebox. TV fanatics open up their living rooms to reveal their reactions to popular and topical TV shows.
- 9.30 Law & Order: SVU. (Mav) Benson teams up with the Bronx SVU to track down a serial rapist with victims in both boroughs.
- 11.30 WIN's All Australian News. 12.30 The Project. (R) 1.30 The Late Show With





NINE (5)

1.00 Destination WA. (R) 1.30 Married At First Sight. (Mals, R) 3.00 Tipping Point. (PG) 4.00 Afternoon News. 4.30 Millionaire Hot Seat. 5.30 Nine News Local.

South Sydney Rabbitohs.

9.40 Nine News Late. Takes a look

an alliance with a student 11.10 New Amsterdam. (Mm, R)

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todayservices.com.au

CQToday

WIN (8)

12476878-SG52-20

5.00 10 News First.

+adninsv), orth. (Maisv, R) **4.30** The Drum. (R) **5.30** 7.30. (R)

ABC TV PLUS (22) 6am Children's Programs. **7.15pm** Odd Squad. **7.30** Spicks And Specks. 8.00 Doctor Who. 8.45 Penn & Teller: Fool Us. 9.25 Hard Quiz. 9.55 The Weekly With Charlie Pickering. 10.25 You Can't Ask That. 10.55 David Attenborough: Kingdom Of Plants. (Final) 11.50 Parks And Recreation. **12.10am** Reno 911! **12.30** Chewing Gum. **12.55** QI. **1.25** Brassic. **2.10** Josh. 2.40 Late Programs.

NITV (34) 6am Morning Programs. 12.15pm Another Country. 1.35 Bamay. 2.00 Red Earth Uncovered. 3.00 Wapos Bay. 3.25 Bushwhacked! 3.55 Little J And Big Cuz. 4.00 Musomagic. 4.30 Move It Mob Style. 5.00 Fraggle Rock. 6.00 Pete & Pio's Kai Safari. 6.30 On Country Kitchen. 7.00 Our Stories. 7.20 NITV News Update. 7.30 Going Places With Ernie Dingo. 8.30 MOVIE: Precious. (2009, MA15+) 10.30 News. 10.40 Late Programs.

British Railway Journeys. (R) .50 Destination Flavour: Japan Bitesize. (R) 5.00 CGTN English News. 5.15 NHK World English News. 5.30 Deutsche Welle English News.

VICELAND (31) 6am WorldWatch Noon Figure Skating, ISU Grand Prix, 2020 NHK Trophy. Replay. 2.05 Gaycation. 2.55 Gaycation: United We Stand. 3.45 WorldWatch. 5.10 NBL: Overtime 5.40 Shortland Street 6.10 Taskmaster Norway. 7.05 Jeopardy! 7.35 8 Out Of 10 Cats Does Countdown. 8.30 The Curse Of Oak Island. 9.20 American Runestone: A Viking Mystery. 10.10 Late Programs.

SBS MOVIES (32) 6am Morni Programs. 6.40 White Tuft, The Little Beaver. 6am Morning (2008) 8.05 Wadjda. (2012, PG, Arabic) 9.55 Black Narcissus. (1947, PG) 11.50 The Flintstones. (1994. PG) 1.30pm The Tale Of Despereaux. (2008. PG) 3.10 The Importance Of Being Earnest. (1952) 4.55 Forever Enthralled. (2008. PG. Mandarin) 7.35 Charlie & Boots. (2009, M) 9.30 Colette. (2018) 11.35 Late Programs

15 Miniseries: Madoff. (Ma) 2.00 Home Shopping. (R) 4.00 NBC Today. 5.00 Seven Early News. 5.30 Sunrise.

7TWO (72) 7TWO (72) 6am Home Shopping. 6.30 Travel Oz. 8.00 Harry's Practice. 8.30 Million Dollar Minute. 9.30 NBC Today. Noon House Of Wellness. 1.00 Brit Cops. 3.00 Million Dollar Minute. 3.30 Creek To Coast. 4.00 Better Homes And Gardens. 5.30 Escape To The Country. 6.30 Bargain Hunt. **7.30** Father Brown. **8.30** Murdoch Mysteries. **11.30** Andrew Denton's Interview. **12.30am** The Fine Art Auction. 3.30 Late Programs.

7MATE (73) 6am Morning Programs. **10.00** America's Game. **11.00** A Football Life. **Noon 7MATE (73)** Doomsday Preppers. 1.00 Billion Dollar Wreck 2.00 Gold Fever. 3.00 The Simpsons. 4.00 Al McGlashan's Fish'n With Mates. **4.30** Pawnography. 5.30 Storage Wars. 6.00 American Pickers. 7.00 Pawn Stars. 7.30 MOVIE: Pacific Rim. (2013, M) 10.00 MOVIE: Collateral Damage. (2002, M) 12.20am Late Programs.

Shop: Home Shopping. (R) 2.30 Global Shop. 3.00 TV Shop: Home Shopping. (R) 5.00 News Early Edition. 5.30 Today.

9GFM (52) 6am Morning Programs. 1pm Days Of Our Lives 1.55 The Young And The Restless. 2.55 Antiques Roadshow. 3.25 MOVIE: The Maggie. (1954) 5.20 Heartbeat. 6.30 Rugby League, NRL, Round 1, Melbourne Storm v South Sydney Rabbitohs. 7.00 Antiques Roadshow. 7.30 Taronga: Who's Who In The Zoo. 8.30 The Equalizer 9.30 Murder For Hire. 10.30 See No Evil. 11.30 Late Programs.

9GO! (53) 6am Children's Programs 11.00 Dance Moms. Noon Royal Pains. 1.00 The Mindy Project. 2.00 Snog, Marry, Avoid? 3.00 Malcolm. 4.00 Dance Moms. 5.00 Baywatch. 6.00 Malcolm. 7.00 The Nanny. 7.30 Young Sheldon 8.30 MOVIE: The Longest Yard. (2005, M) 10.45 MOVIE: Ted. (2012, MA15+) 1am Xtreme Collxtion. 2.00 Snog, Marry, Avoid? 3.00 Beyblade Burst Turbo. 3.30 Ninjago. 4.00 Late Programs.

epnen Coldert. (PG) 2.30 Home Shopping. (R) 3.30 CBS This Morning. 5.00 Headline News Early.

BOLD (81) 6am Home Shopping. 8.00 Star Trek: The Next Generation. 9.00 Diagnosis Murder. 10.00 Star Trek: Voyager. 11.00 Jake And The Fatman. Noon Nash Bridges. 1.00 WIN's All Australian News. 2.00 Elementary. 3.00 Diagnosis Murder. 5.00 JAG. 7.00 Bondi Rescue. 7.30 NCIS. 8.30 Hawaii Five-O. 9.30 L.A.'s Finest. 10.30 NCIS: Los Angeles. **11.30** Sherlock Holmes: Elementary. 12.30am Shopping. 2.00 Late Programs.

PEACH (82) 6am Frasier. 7.00 Friends. 8.00 Everybody Loves Raymond. 9.00 Frasier. 10.00 Becker. 11.00 Frasier. Noon WIN's All Australian News. 1.00 Medium. 3.00 Everybody Loves Raymond. 4.00 Becker. 5.00 Frasier. 6.00 Friends. 6.30 Neighbours. 7.00 Friends. 8.00 The Big Bang Theory. **9.30** Friends. **Midnight** Home Shopping. **1.30** Medium. **3.30** Frasier. **4.30** Home Shopping.

PUZZLES **SUDOKU**

To solve a Sudoku puzzle, every number from

1 to 9 must appear in: each of the nine vertical columns, each of the nine horizontal rows and each of the nine 3 x 3 boxes. Remember, no number can occur more than once in any row, column or box.

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QUICK CROSSWORD

ACROSS

1 Swamp (7) 5 Slid; dashed (7)

No.018

- 9 Tribes (5)
- 10 South American (9)
- 11 Wrath (3)
- 12 Connect; associate (11)
- Struggles; filters (7) 13 15 Dried or cleaned without
- wiping (6)
- 18 Scottish delicacy (6)
- 20 School (7)
- 22 Bug poison (11)
- 24 Common pet (3) 25

27

13

17

- Emitting (9) 26 Expel; escape (5)
 - Accounts (7)
- 28 Feather cleaners (7)

DECODER

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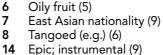
10

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23



Exchange (5)

Argues (7)

DOWN

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Epic; instrumental (9)

Strangest; craziest (8)

Those with faith (9)

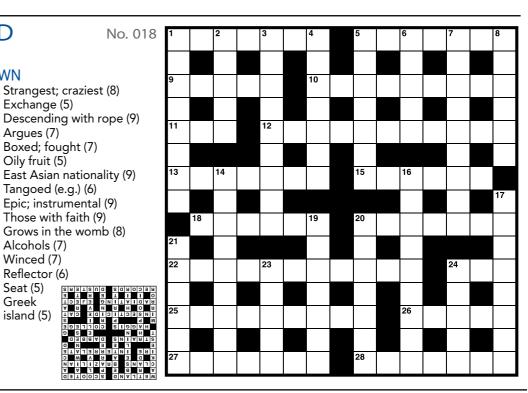
Boxed; fought (7)

- 16 Grows in the womb (8) 17
- Alcohols (7)
- Winced (7)
- Reflector (6) 23 Seat (5)



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19



No.018 WORDFIT

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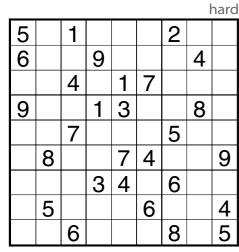
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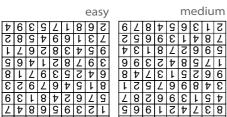
20

3 LETTERS

No.018

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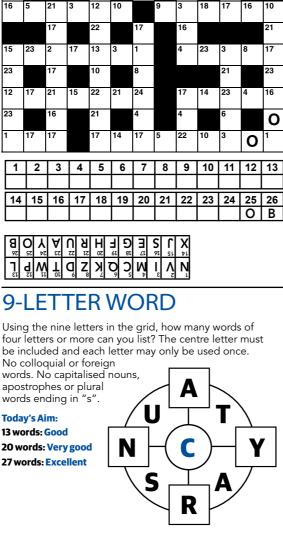


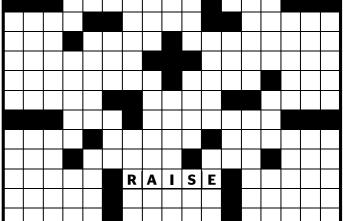


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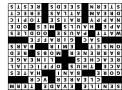






UGH	ABUSE	MUCUS	TOPIC	GIRAFFE
USE	AGENT	NAPPY	TRACE	LINEAGE
VCR	APART	OCEAN	TREAT	MISSILE
	ATLAS	ONSET	UNDER	REACHES
4 LETTERS	AURAS	OUTER	WANDS	
BANI	CEASE	PAUSE		8 LETTERS
BARS	CHINS	PRESS	6 LETTERS	BARRENER
EMIR	CREST	RAISE	FOSTER	OFFICIAL
ERAS	DREAM	REARS	OODLES	REGULATE
GORE	EAGER	RESTS	SENILE	SCENARIO
HYMN	EATEN	REUSE	THRILL	
MAST	EDICT	SECTS		
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THETA



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Puzzles and pagination © Pagemasters | pagemasters.com

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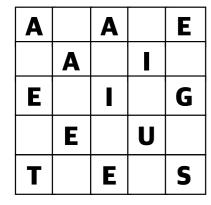
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05-03-21





hard

No. 018

Insert the missing letters to make 10 words – five reading across the grid and five reading down.

NOTE: more than one solution may be possible

S	S	Э	В	Т
Э	Λ	۸	Е	Я
9	Ν	I	К	Ξ
D	I	٦	A	۸
Э	S	A	В	A





- How many times has Australia 2 qualified for the FIFA World Cup finals?
- 3 Arrival and The Visitors are albums by which pop group?
- Who said 'World War IV will be 4 fought with sticks and stones'?
- Which 2018 sci-fi horror film 5 stars Robert Pattinson and Juliette Binoche (pictured)?
- Who has won the Artist of the Year category the most times at the American Music Awards?

- 7 How many sides does the Australian 50-cent coin have?
- The two hosts of SBS World 8 News are Janice Petersen and who?
- 9 Which city of New South Wales derives its name from an Aboriginal word meaning 'clear waters'?
- 10 What Australian news, current affairs and satire TV series began airing on SBS Viceland in 2013?

A88A **S** Five Snowman **Z**, Five **A**. A88A **A** Shor Snowman **Z**, Five **T** Short **A**. Albert Einstein **Z**, Migh Life **G**. Taylor Short **A**. Anton Enus **9**. Oueanbeyan **10**. The Feed

A big region needs a fast response

Remote road roll over



Multi-agency rescue

The sole passenger of a vessel taking on water successfully activated his EPIRB late one afternoon in February, prompting a multi agency rescue mission. The Australian Maritime Safety Authority swiftly alerted the RACQ CapRescue crew, tasking them to a location approximately 30 miles North East of Rockhampton in the vicinity of Corio Bay.

Once airborne Rescue300 successfully located the registered EPIRB and the ill fated vessel. Acting as the 'eyes in the sky' our helicopter stayed overhead tracking the vessel until the Yeppoon Coast Guard arrived on scene to tow it back to Rosslyn Bay. We're happy to report it was a great outcome for all involved.





Rescues were varied and widespread during February. As a result our RACQ CapRescue crews flew continuously, all across the Central Queensland region responding to emergency calls from regional hospitals, rural properties and motor vehicle accidents on remote highways and roads.

One of the more serious accidents involved a young 28 year old haulage driver who sustained multiple injuries after his large truck carrying timber logs overturned on a remote stretch of the Gladstone Monto Road south of Calliope.

Rescue300 was tasked to the accident just after 5.30am. Responding immediately, the RACQ CapRescue crew landed directly at the scene where our on board Critical Care Paramedic and Doctor further assisted the first responders already on scene.

racq Cap**Rescue**

After being trapped for several hours the 28 year old patient was extracted from the vehicle with serious head and lower limb injuries. He was stabilised at the scene prior to being airlifted to Rockhampton Base Hospital in a serious condition.

While there are many contributing factors that can lead to a horrific motor accident, our Rescue300 crew encourage all road users to do what they can to avoid these situations when getting behind the wheel. Remember the Fatal Five when driving and ensure you make it to your destination safely.

Proud payroll partner

Last week Community Engagement Officer Kim Moss spent time at Hastings Deering Rockhampton, as part of their Toolbox talk program.

"We are grateful to businesses such as Hastings Deering for having us along to talk more about RACQ CapRescue, in particular the benefits of workplace giving for our organisation," she said.

"Whilst most people in Central Queensland are aware of our service, having a chance to speak with staff in more detail is an invaluable opportunity."

Hastings Deering Central Queensland Area Manager, Peter Martin, said the company is very proud of their continued association with RACQ Capricorn Rescue.

"As one of the largest employers in Rockhampton with a workforce that supports the CQ region, it is important to give back to the community in which we live and work.

There have been countless times where we have seen the team at work, whether it be a car crash or winching flood affected residents to safety. This service is paramount to the community and just knowing it exists in our region gives you peace of mind."

"It was important to have a representative of RACQ CapRescue here to shed some light on the way they operate and to gain some insights into the "day in the life" of one of the crew.



Hastings Deering employee Brian Thring

It would be great to one day have the service 100% government funded, but for now our business and employees help keep the crew flying through this important community partnership."

If your business would like to help promote the value of workplace giving, please get in touch with Kim Moss today on 49229093 or email kimm@chrs.org.au





Colour Me Capricorn March 28 - Rockhampton

Scan for tickets

f in caprescue.org.au

Kids in separation



Following separation, there are a number of ways to come to arrangements for the joint parenting of the children.

1. 'The sensible handshake' where both parties agree to parenting arrangements and there is no formal documentation;

2. A parenting plan - a document that often comes out of counselling or mediation. It is a document that is evidence of what parents agreed but is non-enforceable.

3. Court orders - consent orders or orders that a court imposes on the parties. This is for those who are unable to reach agreement and require the enforceability of court ordered arrangements.

These arrangements can be thrown into disarray when one party wants to relocate the children to another town, city or location.

This may be for a number of reasons. The person may want to move where their parents or family live in order to receive assistance with the care of the children. It could be that they can't find employment where they are currently living, or that they have found a new partner and want to start a new life elsewhere.

The law provides that relocation of children is fundamentally about the rights of the children involved. Many parents think it is about their rights to move elsewhere. This is not the case.

A court will look at the relocation from the perspective of 'how does this relocation impact the rights of the child or children, to have a meaningful relationship with both parents?'

The younger the children, the less likely permission to relocate will be given, unless there is a major disqualifying factor about why one parent shouldn't spend time with the children.

What is key is the ability for parent-child bonding to occur and for the child to have fre-



Custody arrangements can be thrown into disarray when one party wants to relocate the children to another town, city or location.

quent, regular time with both parents.

When a child is older, relocation may be an option because they have already bonded with both parents and have an established relationship, which can be maintained despite distance.

Can children be relocated, even if I don't consent?

If relocation is being disputed between parents, the court's role is to weigh up the potential negative impact on the relationship between the child and the parent remaining.

If, for example, the children are to leave with the mother and the father is hands-on and takes the children to sport two afternoons a week and has them for four nights a fortnight; relocation could cause damage to that bond. The court will also consider the impact of the move to the child's social network - their peer relations and family support.

Because the court assesses the impact on the relationship for the child, the relocation doesn't need to be an interstate or international relocation.

A relocation as short-ranged as Rockhampton to Gladstone could be enough to alter the current routine and connection and be deemed as a negative impact on the child.

Paula Phelan is a Family Lawyer with Specialist Accreditation in this area from the Queensland Law Society. She has been a lawyer for 25 years and is the director of Phelan Family Law, a Rockhampton legal firm specialising in Family Law only. Go to phelanfamilylaw.com.au

Power of appreciation



I think the power of appreciation is often underestimated and I feel like we don't celebrate it nearly enough.

The capabilities of an appreciated human being are out of this world. We live in stressful times and we have so many downtrodden people questioning their self-worth and feeling like they can never do anything right.

Appreciation has helped me out of this toxic, unsustainable and miserable way of existing previously.

One of the best things I did was surround myself with people who genuinely support me, show they care, value me despite my mistakes and see something in me that others may have missed.

It is the people who have shown me love, patience and appreciation that have reminded me that I am worthy and what I do indeed matters.

Everyone deserves to have these incredible people in their lives.

These are the people who never doubt us even when we may lack confidence in ourselves, they teach us that our best is absolutely enough and they are not afraid to show us that we are valued.

In a world that has been conditioned to fixate on getting things right every time in all areas of life, we have lost sight of how important it is to make mistakes, accept them for what they are and learn from them.

Mistakes are part of who we are. Making them helps us to grow and develop. Let's face it, no matter how old we are, we will never stop learning.

Striving to be perfect human beings all the time will only ever end in bitter disappointment and exhaustion, particularly because a flawless human simply doesn't exist.

Although it is difficult in this fast-paced stressful time, we need to learn to appreciate when people put in effort because it is everything.

Showing others how much they are appreciated for trying their best, with or without making mistakes, goes such a long way. It can make all the difference with their confidence, attitude, self-esteem and their will to go the extra mile.

Appreciation makes the learning process easier. It balances out the good and bad in an educational situation. I think there needs to be so much more of it to keep us going through the mistakes and bad days and remind us that we are valued.

A sheer act of appreciation can restore our faith in ourselves, in humanity and in the process of learning. We are all entitled to make a mistake here and there.

We have to own and fix them but we can't let them overshadow all the good we have done and neither should anyone else.

When the voice of constant criticism overpowers the voice of appreciation, this constant negative outer-dialogue changes our innerdialogue. It becomes destructive which loses us our sense of purpose, value and desire to do good things.

Here's to South Australia's great wines



South Australia is home to 18 wine regions and has officially been named a Great Wine Capital of The World.

Last week I was lucky enough to do a whirlwind tour of four of the regions: Langhorne Creek, Adelaide Hills, McLaren Vale and the Barossa Valley.

First stop was Langhorne Creek, and what a start; Bremerton Wines has been producing wines since 1988. Lucy Wilson (marketing manager) and Rebecca Wilson (chief winemaker) are the first sisters in Australia to manage and run a winery. Their 2018 Chardonnay had been matured in French oak barriques for 12 months. This alongside the natural flavours of pink grapefruit and lemon zest has produced a wine with great ageing potential. The Adelaide Hills is one of the largest geographical wine regions in Australia. And amongst the most diverse in terms of climate, soil and topography. It is the closest wine region to the CBD of Adelaide, making it a favourite quick getaway. The Adelaide Hills region is the Australian mecca to taste the Austrian originated grape, Gruner Veltliner. The tasting sample I had at Hahndorf Hill Winery, had a range of fruit, white pepper and mineral flavours. With amazing length on the palate. The perfect wine with modern Australian-Asian cuisine.





Columnist WineBill at Langhorne Creek in South Australia.

Sales and Marketing Manager for Kay Brothers Amery Vineyards Michael Wehrs put on such a good tasting I attended in Brisbane about two years ago. That I promised myself, when I was next in McLaren Vale, I would make Kay Brothers my first call. They are the oldest McLaren Vale winery still in founding family hands. It boasts amazing panoramic views of their vineyards and the Mount Lofty Ranges.

I was poured a chilled glass of their Grenache Rose and this really sealed the deal of how good their winemaker is. It radiated vibrant aromas of thyme, rose petals and strawberries on the nose. With mandarin on the palate. Perfect with a Sunday picnic.

The Barossa Valley is widely regarded by national and international wine retailers, journalists, judges and consumers to be Australia's most famous wine region. The Barossa is home to over 40 grape varieties, but it is Shiraz that brings the applauds. With its brooding dark fruit characters and Christmas cake spice.

Yes, The Barossa Valley offers rare handmade Shiraz from some of the world's oldest vines. It's the home of the icons and innovators and it rewards the curious. And I dreamt of tasting a Henschke 2015 Hill of Grace. "Appreciation can make a day, even change a life. Your willingness to put it into words is all that is necessary" - Margaret Cousins.



Jordie Lynch says the power of appreciation is often underestimated.



INTERNATIONAL WOMEN'S DAY

INTERNATIONAL WOMEN'S DAY Leading the way for health



Representing just some of the great leadership in healthcare roles at Gladstone Hospital are (from left) Dearne Dunks, Deb Cleary, Nicole Branch, Veronica Parsons, Sandy Munro, Linda Medlin, Donna Coleman and

International Women's Day promotes gender equality and equal rights on a global scale, but it also gives us a great opportunity to celebrate the achievements of women in our local communities. Gladstone Hospital, which is part of the Central Queensland Hospital and Health Service, is proud of its diverse community of strong women.

Sandy Munro said she was proud to have achieved her career goals in Central Queensland, including being Director of Nursing in Gladstone, Executive Director

Nursing and Midwifery (Quality and Safety) fo CQHHS, and in 2018, taking on the operational Executive Director role for Gladstone-Banana. "There are leadership opportunities for women in all areas of our hospital, from operational, support and administrative roles; medical,technical and professional roles; nursing and midwifery; education and training; oral health; allied health; mental health and alcohol services; and the list goes on." Director of Nursing Nicole Branch said skills and passion determined career paths for women in nursing

and midwifery. "Gladstone Hospital's Nursing and Midwifery Leadership Team comprises more than 17 women, supported by a highly-qualified team of men and women. "The International Women's Day 2020 campaign theme is

#EachforEqual. "I feel fortunate to be surrounded by people who are equally committed to achieving our goal of great care for Central Queensland." Senior Project Officer - Community Engagement, Aboriginal and Torres Strait Islander Health and Wellbeing, Linda Medlin said International Women's Day was inclusive of all cultures of the world. "We are all parts of a whole and never is this more evident than in healthcare."

- Nicole Branch

"Here in Aus-

tralia, for Aboriginal and Torres Strait Islander women, the world can be our oyster, and we can achieve anything we dream to be.

"This includes being Deputy Director General and Chief Aboriginal and Torres Strait Islander Health Officer of Queensland Health Branch (Haylene Grogan), being a Director of Aboriginal and Torres Strait Islander Health and Wellbeing (Sharni Tippett), a Pro-Vice Chancellor of Indigenous Engagement, University of Queensland (Professor Bronwyn Fredericks) and a Nurse Unit Manager (Roslyn Wharton-Boland and Teri Cunningham)."

Here's to strong women!

May we know them. May we be them. May we raise them.

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Rockynats is selling fast

The fast approaching Rare Spares Rockynats event is revving up, with platinum and general admission three-day tickets now sold out.

Advance Rockhampton's Manager of Tourism & Events, Annette Pearce, said it's fantastic to see such strong interest five weeks out from this inaugural event.

"We've been working hard to deliver a jampacked program, and it's clear to see spectators are keen to join in the fun and be a part of the inaugural event this Easter long weekend," Ms Pearce said.

"Although platinum and three-day general admission tickets are sold out, there are still a limited number of premium gold tickets available, and great value two-day and one-day general admission tickets - but get in quick!"

Summernats owner Andy Lopez said the excitement and anticipation for Queensland's biggest automotive festival is incredibly high.

"Car entries are also officially sold out, with over 1200 of the wildest modified cars in the country hitting the streets of Rockhampton this Easter," Mr Lopez said.

"There'll be plenty of awesome bikes coming through the gates too. Bike entries remain on sale but are limited so we encourage any interested riders to secure their spot soon!"

The Rare Spares Rockynats, April 2-5 2021, is



proudly presented by Rockhampton Regional Council in association with Summernats. Tickets must be pre-purchased at www.rock-

ynats.com.au/gettickets

Want to experience the action up close and personal? Put your hand up today to be part of

the volunteer team. With a wide variety of roles available there's something for everyone. Find out more at www.rockynats.com.au/volunteer

RFDS Volunteer Auxiliary's morning tea

By Liam Emerton

The Rockhampton RFDS Volunteer Auxiliary had its opening morning tea of the year on Wednesday morning with a massive boost of support from the community.

Two-hundred people booked their sport for a lovely catch-up and to support the Volunteer Auxiliary, which helps provide funding for the Rockhampton Rural Flying Doctor Service.

It was such great support that due to restriction on numbers the auxiliary was sadly forced to turn 37 people away from the terrific event.

CQ Today will have all of the wrap up and more social photos in next week's edition.

Rural Flying Doctor Service Volunteer Auxiliary members and RFDS personnel at the morning tea event.





Help wanted for clean-up

Capricorn Coast Landcare Group and other community members are looking for rubbish collectors to attend Clean Up Australia Day events this weekend.

The Landcare clean-up event will be held on Saturday, March 6, starting at 8am, with volunteers meeting under the shady fig trees at Merv Anderson Park, Yeppoon, not far from the Information Centre

This year attendees are encouraged to dress up as Litter Heroes to raise awareness about the two-year 'What's Down Our Drains' project

The 'What's Down Our Drains' project is funded by the partnership between the Australian Government's Reef Trust and the Great Barrier Reef Foundation with support from Fitzroy Basin Association.

Attendees are encouraged to get creative with an upcycled or innovative DIY outfit, and prizes will be awarded for the best creations. A free morning tea for volunteers will follow.

Landcare coordinator Sabrina Burke said the annual clean-up would be more vital than ever this year.

'Clean Up Australia's annual Rubbish Report reveals that plastic waste has increased year on year, with further research indicating it will rise further in 2021 as a direct outcome of the Covid-19 pandemic.'

She applauded the Queensland government on the impending ban on single use plastics, due to roll out at the end of this year, which will include commonly littered items such as disposable plastic cutlery and straws.

"Landcare and other environmental organisations look forward to legislation being passed that will prevents poor alternatives like oxo-degradable plastic straws being sold as an nmentally-friendly product," she

The 2019 C2C event at St Ursula's College was attended by representatives from businesses, industry and tertiary training providers.

Communication is the key at C2C event

Communication will be the key to success at the Communication to Careers (C2C) event for St Ursula's College Year 10 students on Tuesday, May 18.

The C2C event, hosted by the college in collaboration with the Regional Industry Networking Group (RING) and CO Today, will see St Ursula's Year 10 cohort participate in a series of speed interviews (two-minute conversations) with representatives from local businesses, tertiary and training providers, and industry

St Ursula's careers advisor Natasha Oldham

said the annual C2C event allowed students to gain valuable information and insight from business representatives.

'The opportunity to practice communication skills with professionals is priceless," she said.

"Through these speed interviews and formal conversations, students learn about organisations' employment processes, industry expectations, and career pathways.

"The communication and feedback process assists students to build the beginnings of their own industry networks and increases their interpersonal skills, holding them in good stead to participate in job interviews.

'The support received from local representatives for this event has been tremendous in past years; it is a very structured activity that is energetic and uplifting, for both business representatives and students."

Representatives interested in participating in the C2C event are encouraged to contact Natasha Oldham via natashao@stursulas.qld. edu.au

"This clean up event is one of several organised to remove plastics, glass, aluminum cans, dumped household items and other litter from beaches, mangroves, parks and road verges before they wash out to sea and pollute Keppel Bay. '

There are more than 10 private and public clean ups running this weekend along the Capricorn Coast: one in Stanage Bay, two in Emu Park and several in Yeppoon.

There are also several other clean ups organized for Rockhampton and Gladstone, cities that are collaborating on the 'What's Down Our Drains' project.

'You may spot 'Be A Hero' pavement stickers in all three towns, which are hoped to get people thinking about doing the right thing when disposing their rubbish," Sabrina said.

Register or find a clean up site at www. cleanupaustraliaday.org.au

Styles of CQ with Neno Founder of Brisbane Dandelion Fashion blogger at www.nenoreview.com

with Neno



Twins electrify the night

Last Friday night at the Gladstone Entertainment Convention Centre, hundreds of people attended a wonderful show sponsored by CQ Today called Legally Blonde. It was an incredibly fun and entertaining musical produced by Gladstone Regional Council.

The outfits the characters wore during the show were interesting given that the story was about a girl called Elle, a fashionable young lady always concerned about dressing up in the perfect outfit while trying to secure her position and reputation as a star student of Harvard Law School.

There were so many ladies dressed up for the evening, but my eyes melted almost immediately at two girls wearing similarly tiered dresses, one in white and the other in pink.

As I approached them, I noticed that they were twins and I immediately wondered whether they liked to wear similar or 'twinned' outfits sometimes.

Ashlee and Emily Coleman are also both blondes and they stood out together in their soft colour dresses and looked thoroughly charming among the other ladies of the night.

Ashlee wears a maxi tiered dress in white from Billy J Boutique, and Emily wears a midi tiered dress in pink from Nice Martin.

Both dresses have a loose fitting cut and balloon sleeves which suit them both and which they find to be very comfy and flowy.

Ashlee's white dress is made of linen fabric, which she said felt very cool and breathable. Ashlee and Emily Coleman.

Emily's dress is made of cotton fabric and Emily also said the dress felt cool on her skin.

When asked what other things that they liked about their dresses besides the comfort, these two gorgeous ladies mentioned the pockets! Every modern girls seem to like pockets so much that it becomes an autoresponse to anyone complimenting their dresses.

Emily added that she loved the colour of her dress. And it absolutely fits with the theme of show, as the blonde Elle also loves pink and decides to wear pink at the end of the story and stay true to her own style even though she works as a lawyer.

The sisters, who both work at Auckland House Gladstone, choose simple yet lovely accessories to complete their look.

Ashlee wears a sweet key necklace, a gift from her father for her 21st birthday, and a pair of pearl earrings, while Emily wears a lovely silver bracelet on her left hand. The twins wear similar two straps white sandals from Kmart, which complement the soft colour theme.

Ashlee describes her style as very cottage, while Emily describes her style as anything comfortable. These two blonde ladies definitely nailed their look for the show, and like Elle would say: 'Oh my God, you guys!'





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CQ Today is proud to launch a new Welcome Magazine for the Central Queensland Region.

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This magazine comes just in time to target the thousands of visitors that come to our region for Beef Australia in May.

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Nurture CQ green shoots



There is a lot to like about our region. The ease of getting around, good schools, amazing opportunities for sports and outdoor activities, and at least in normal times, easy transport connections to larger centres.

The last 10 years have seen some great social investment, with features such as Kershaw Gardens, the riverbank, The Keppel Kraken and the Yeppoon Lagoon/The Rocks, offering public facilities equal to anywhere.

There are also a lot of people invested in our region, not just in a financial sense, but across innumerable volunteer roles where quite often a very small number of people take on huge responsibility and effort for the good of the rest of the community.

There are many medium sized businesses that we should be proud of, as they are growing and employing people. Twenty years old in February, The Investment Collective (which I run), is among them.

In the last week of January, CQ Today offered a full-page report on the establishment of a School of Advanced Manufacturing in Gladstone, and a School of Mining in Rockhampton by Central Queensland University (CQU). Politicians turned up in force for the opening, and with 311 construction jobs on the table, why wouldn't they?

Unlike the politicians, construction jobs are not top of my interest. More important to me is that each of these schools plays to our natural strengths. Our region is home to world class mines and heavy engineering/manufacturing. The fact they are world class is indisputable, as they operate in competitive international markets and would not survive if they were not.

Moreover, they are world class even though their operations are (rightly) subject to western safety protocols and environmental standards. The development of schools of Advanced Manufacturing and Mining is positive and dovetails perfectly with the strengths of the region. Done properly, it could see our region become a leader on the world stage.

There is however a disappointment for me in all this. Twenty years ago, via a report completed for what was the RDPDA, I recommended the development of specialties focussed around the support of industrial processing and instrumentation in particular. Then five or six years ago I was invited to present to a group of public sector leaders, and suggested amongst other things, a Centre for Mine Remediation as an endeavour that would play to our strengths.

By then however, CQU was deeply committed to a strategy focussing on international students. Despite success in that field, such offerings are not well-differentiated and have exposed many universities to the chill winds of Covid-19 and political tensions. CQU is a busi-



David French says Rockhampton has made little progress on flood-proofing the airport.

ness and some of this pain would have been mitigated if the university had exploited sensible niches to create an economic moat.

Moving on from the university, Rockhampton has made little progress on the levy and virtually none on flood-proofing the airport, the latter even with Alliance Airlines selecting our town as a maintenance base which potentially aligns with CQU's aeronautical offering. Currently, these delays are overshadowed by substantial government spending on the bypass, improvements at Shoalwater Bay, and other impending projects including a solar farm at Bouldercombe

This activity will last for a while and adds to recoveries in agriculture and resources, and the effect of people 'coming home' due to Covid-19. These are positives for our town, but perhaps except for Covid-19 led repatriation, they are cyclical. Eventually, the cycle will wane, and our region will find itself worse off than the previous economic bottom.

This is why it's critical that our community leaders grasp the opportunity during buoyant times to invest ahead of the lean times.

There needs to be much greater investment in things that play to our strengths, and that put our region on the map again. Things that overshadow the negativity, things of which the whole community can be proud.

For mine, a proper clean-up of the Mount Morgan Mine is long overdue, and spinning off that, a pumped hydro facility may well make sense (note Stanwell's recent advertisements looking to acquire renewable energy projects).

Our dump, which admittedly is vastly im-



Prime Minister Scott Morrison and CQU Vice Chancellor Nick Klomp launch the School of Advanced Manufacturing in Gladstone.

proved compared from 20 years ago, is still an underutilised resource, one that can attract federal money for the right projects.

Also, the university should relocate some of its courses to town, as I proposed perhaps 23 years ago, and as was started under the Smart City Initiative.

The council should also explore alternative funding methodologies, including public-pri-

vate partnerships.

At its heart, we can think of the failure to invest according to our strengths as theft.

That's because every day that goes by is one you and I don't get again. Every delayed initiative denies us the benefit of that investment. Progressive communities know that and now there are some green shoots here. How will our leaders nurture them?





THURSDAY, 11 MARCH 2021

DISCOVERY DAY

Come and experience a day in the life' of a St Brendan's student. Aimed at Year 6 students commencing Year 7 in 2022, we also welcome students from other year levels considering boarding and SBC in 2022.

For further enquiries or to register, contact Enrolments Officer Kylie Hedges on 49399485 or by email enrolments@sbc.qld.edu.au.

A parent tour will also be available at 4pm on the day. Registration is essential to adhere to COVID 19 regulation. Registration as above.

RSVP by 5 March 2021.

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MEETTHE PRINCIPAL CQToday





How long have you served at your school? I have had the great honour of being the Denison State School Principal for 6 years.

How did you get into your profession?

I had started an Engineering degree but was still involved in coaching Rugby Union and Outside School Hours Care. It became clear to me that making a difference to the lives of children through the power of education was where I should focus my energy

What are you most looking forward to in 2021? In 2021 I am really looking forward to having the

community back in the school and sharing in the success of our students and staff.

What do you love most about your school community? It is really difficult to highlight just one thing that makes the Denison State School community so great. For me, the thing that I would have to say that I love most about the Denison State School community is the supportive nature in ensuring success for all of the children in our care. I am most grateful for this as Principal.

Further information

As Principal, I take personal and professional responsibility for ensuring the success of our staff and students. I will be personally and professional accountable for the success of every teacher and student here at Denison State School.

> **Denison State School 16 Gray Street EMERALD QLD 4720** Phone 4980 7333





Rockhampton Girls Grammar School

How long have you served at your school? Commenced in January 2020

How did you get into your profession?

Education was a natural choice for me. My career now spans more than 25 years, most recently in independent girls' schools. It is a privilege to be Principal of Girls Grammar, a school with a strong history of encouraging and empowering girls to pursue their aspirations without limitations.

What are you most looking forward to in 2021? There is so much to look forward to at Girls Grammar! I enjoy joining the girls' lessons each week, spending time chatting with students and supporting them at their activities. I also value spending time with our parents and





How long have you served at your school? 18 months

How did you get into your profession?

I started my university study as an engineer because it was the subjects that I was good at. Unfortunately, I found that I did not enjoy engineering as it did not provide me the opportunity to make a direct positive difference. This is what drew me to education as I can make such a difference to the future of the amazing students in my school.

What are you most looking forward to in 2021?

I am looking forward to a full year with all of our students and consequently achieving excellence in education at Glenmore State High School.

What do you love most about your school community?

Our school community go above and beyond to the support our students.

Glenmore State High School Cnr Bruce Highway & Farm Street North Rockhampton 4701 Phone 4923 0333





Mick Roach

How long have you served at your school? This is my second year at St Anthony's Catholic Primary School.

How did you get into your profession?

I began teaching with the view to helping our young people be the very best they can be. I find leading a school community both rewarding and humbling.

What are you most looking forward to in 2021?

2021 is an exciting year at St Anthony's Catholic Primary School as we embrace our improvement priority of writing across the school. Our teachers are focused and unified in their commitment to our school improvement agenda. I am also excited about being able to offer extra-curricular opportunities for our students.





How long have you served at your school? 7 years

How did you get into your profession? By accident! Teaching was initially a stop-gap for me at the end of my 20s, which turned into a lot more

than that (for which I'm very grateful). What are you most looking forward to in 2021? Probably the main thing in 2021 is trying to settle back into the whole rhythm of a school year after last year. Every year is exciting seeing the growth in wisdom, stature and maturity in students as they are learning new things, trying new subjects and sports for the first time.

What do you love most about your school community? The people. Teachers who love their students and truly desire to see them become the best that they can be - not only academically, but as people too. Sometimes the lesson that helps us most in life might not be found on p272 of a textbook, but it may be on how to control our anger or how to stand up to peer pressure or how to overcome some negative habit, tendency or thinking pattern in our lives. I love seeing students who care for others, are friendly to new students, who desire the best for others. Parents, the vast majority of them, want the best for their children and work productively with the school as we both try to enable and achieve that.

Heights College 276 Carlton Street Kawana 4701 4923 1800





How long have you served at your school? I commenced as Principal of St Ursula's College, Yeppoon, in January 2021

How did you get into your profession?

My career started with a Bachelor of Applied Science (Hons) from UQ. I returned to University as a mature-age student and completed a Bachelor of Education (Hons) followed by Master of Education from USQ and am currently completing studies in a Master of Theology and Leadership at the Broken Bay Institute.

What are you most looking forward to in 2021?

In 2021, I look forward to fostering, in collaboration with students, staff and families, an environment where personal spirituality is developed in order to nurture young women who are strong and confident in being change agents in their world.

Alum so I am looking forward to our community events. Our regional trips are also a highlight as we visit our boarders' homes and see firsthand the towns they call home.

What do you love most about your school community? Girls Grammar is a very inclusive, supportive community where our girls are known, nurtured and supported. We are blessed to have great girls, engaged parents and a supportive and involved Old Girls network.

Further information - I very much enjoyed my first year at Girls Grammar and I am looking forward to working with our community to further build on the school's rich history.

Rockhampton Girls Grammar School Denham St, Rockhampton QLD 4700 Phone 4930 0900

What do you love most about your school community?

St Anthony's Catholic Primary School has a rich history and a exciting future that all in our community are proud to be part of. The St Anthony's Families are incredibly supportive and continue working with our staff to ensure we form productive partnerships with the focus on building community and enhancing student learning outcomes.

St Anthony's Catholic Primary School **390b Feez St, Norman Gardens QLD 4701** Phone 4994 8200

What do you love most about your school community?

I'm delighted by the collegiality between staff, and the wonderful sisterhood present among the students at St Ursula's College. It's testament to the College's Presentation values - Faith, Hospitality, Respect, Simplicity, Excellence, and Compassion - and how these are embraced and demonstrated daily by students and staff alike.

> St Ursula's College **Queen Street YEPPOON QLD 4703** Phone 4939 9600

> > 202011242154_2-CG50-20

Thursday, 4 March, 2021 CQ TODAY 43

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The benefits of Brahman

This week CQ Today continues looking at cattleman Sir Graham McCamley's recollections from his book, Roads in the Sky.

Our ninth excerpt details the Graham's first foray into the Brahman breed.

Graham's foundation herd at Tartrus was made up of horned Hereford cows, which were joined to poll Hereford bulls over that first decade. His father, Ted, on the other hand, ran poll Herefords.

Tartrus bullocks had begun to make a name for themselves in the last few years.

In 1959, at the Rockhampton Show, Graham and Shirley won first prize in the Class and Champion Pen of Bullocks with a pen of five poll Hereford bullocks, which sold for a Queensland record of £136 each.

1959 was also the first year they used Brahman bulls. It was to be a line the sand, but it wasn't an overnight epiphany.

They were aware that Herefords had some innate problems.

"In hot weather we had trouble moving the Hereford cattle. Many were affected with blight and simply walked into the river and got bogged," Graham said.

"We never realised that blight in one eye was so painful that it affected weight gain for up to six weeks, while blight in both eyes could impair weight gain far more severely.

"Because cattle ticks were so prevalent in the region, we had to dip with tickacides every three weeks to break the tick breeding cycle. It was an enormous drain on money and labour."

In 1951, arsenic had failed to kill the cattle tick, which has been brought in from Timor in 1912.

JB (Jack) Shannon, from one of the earliest and most respected families to settle in Central Queensland, had said there was never a tick he could not kill with arsenic.



He was wrong.

"JB Shannon lost one of the very good Hereford herds in Queensland to ticks. The cattle owners who already had zebu cross cattle and then later Brahmans did not have any problems with the ticks at this time," Graham said.

That same year, 1951, Bayer, the chemical company from Germany, introduced the insecticide Rucide (DDT compound).

But by 1958, cattle ticks had started to become resistant to DDT, Deildren and organic phosphates.

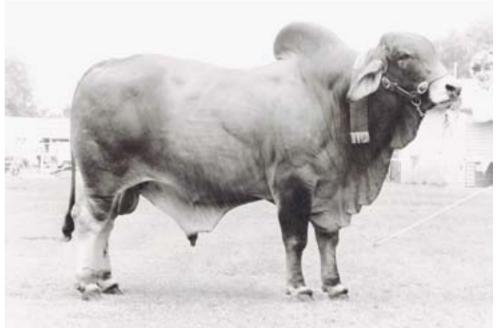
"Once again, cattlemen were facing a crisis similar to 1951 - but once again, the cattle producers who had gone into zebus (humped cattle) or zebu cross cattle or Brahmans had no problems with ticks, blight or buffalo fly, in the high grade Brahman herds."

The Australian Brahman Breeders' Association (ABBA) website describes the breed as originating in the United States in the early 1900s where it was developed from the progeny of four Indian cattle breeds with some infusion of British-bred cattle.

Evidence was mounting on the vigour of zebu crosses.

"Shirley and I decided in 1958 to make a known animal that had adapted to our climate (the zebu cattle brought into Australia from India) productive, instead of trying to make a known productive animal (the British breeds) adapt to our climate," Graham said.

"We both realised that the Brahmans were



Tartrus Rio 1272, the Grand Champion Brahman Bull and Grand Champion Interbreed Bull at the 1989 Tamworth Show.

a very adaptive breed of cattle, and we had a very productive breed of Herefords that weren't adapting.

"It was in that same year we were given our very first Brahman bull by the McCartney brothers - and we also purchased one from them. I also made the decision to buy one with less hump, a Santa Gertrudis, but the Brahman calves were far superior.

"The bulls were sent out to Shirley's property, Lyra Park, and we put each of them in a separate paddock.

"I thought I'd try Brahmans just to prove they were no bloody good!"

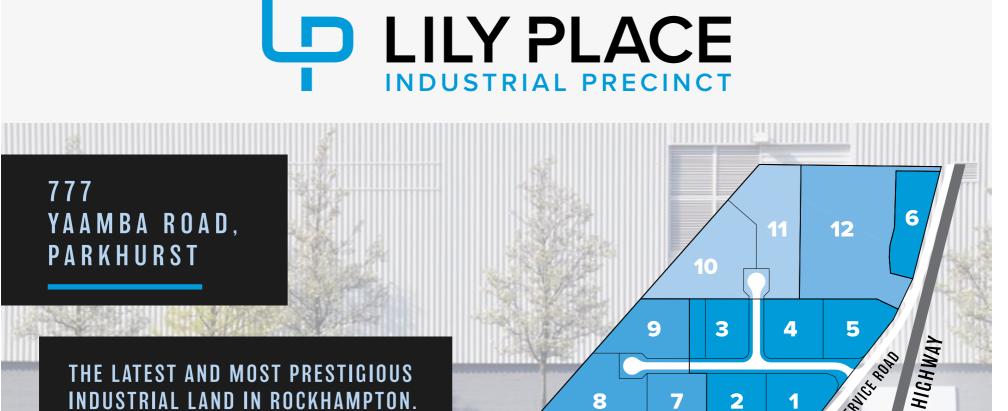
But while he set out to prove the downfalls

of the breed, but in the end he couldn't argue with the results.

Sir Graham's, book Roads in the Sky, is available for a generous donation to The Lady McCamley Memorial Foundation from his office at 87 Bolsover Street, Rockhampton or Georges Menswear in William Street, Rockhampton.

The Lady McCamley Memorial Foundation is an ATO registered charity whose focus is on suicide prevention. Receipts are issued for all donations received.

The foundation is run by a diverse board of dedicated volunteers united in a desire to support rural Queensland families.



LILY PLACE INDUSTRIAL PRECINCT.

Located on the highway of the northern entrance to Rockhampton, this location gives your business the perfect location.

With the ring road coming, it will give you access West to the Bowen Basin, North to Mackay and North Queensland, as well as South to Gladstone and South East Queensland.

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located just a short 15 minute drive to

vehicles, boats and much more with two powered, multi-bay sheds. Rainwater tank, for any looking to tend to the orchard or livestock.

verandah with a custom built bar and take in the spectacular hinterland outlook, enjoy entertaining in the large semi enclosed rear pergola or soak in the private spa.

Featuring:

- 5kw Solar power, 3 bay, 9m x 6m powered
- Drinkable bore pumping approx. 500 gal
- 8.87 hectare property with dam, chook pen
- Great property to ride motorbikes and property.



HOME ESSENTIALS

Address: 679 Keppel Sands Road, TUNGAMULL Description: 4 bedrooms, 2 bathrooms, 5 garage Price: Offers over \$599,000 considered Inspect: Sunday, 12noon-12.30pm Contact: Leisa Richardson, 0427 251 008, YEPPOON REAL ESTATE, 4938 3777









Stylish family home!

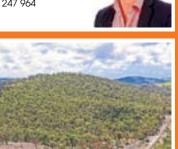
- 4 roomy bedrooms, air conditioned master
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- Ready to move into as soon as you would like!

25 Mei Lynn Way Taranganba Offers over \$440,000 considered Esme & Claudia Coren 0438 336 861









3 🖿 | 2 📛 | 2 🎧



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Rockhampton

LJ Hooker







14 Sleipner Street Mount Archer

Come and experience one of Rockhampton's hidden suburbs and premium locations at the top of Mount Archer National Park. Here you will find yourself relaxing and enjoying the cooler climate that this position and home has to offer in this picturesque setting. The property features 3 bedrooms all with built in wardrobes, 2 bathrooms, large kitchen & dining area, new roof and fresh exterior paint.



For Sale \$455,000

View By Appointment Ijhooker.com.au/3jyhvw

Contact Gavin Jenkins 0419 761 300

LJ Hooker Rockhampton 07 4922 2122





4/93-95 Pennycuick Street West Rockhampton

You will find this unit located in the Golfside unit complex that is situated just a hop step and a jump to the picturesque Rockhampton Golf Course. Positioned at the end of Pennycuick Street you will not find a quieter location on the Southside of Rockhampton. * 2 bedrooms with built ins and main with split system air conditioning

* Spacious combined kitchen, dining and living area with split system air conditioning

* Central bathroom with shower only



2 🕮 1 😓 1 🖨

For Sale \$179,000

View

By appointment ljhooker.com.au/36qhvw

Contact Gavin Jenkins 0419 761 300

LJ Hooker Rockhampton 07 4922 2122







15 Murlay Avenue Frenchville

4[⊡] 2[€]→ 2[€]

Situated on a 1503m2 elevated block and offering stunning views over North Rockhampton from the wide verandah and entertainment areas, this rendered two story home will delight.

Entry to the home is on the top level where you will find the kitchen, living and bedrooms.

Downstairs has a large media room with sliding doors to the backyard. There is also a powder room meaning guests don't need to go upstairs making this not only the ideal family home but great for entertaining also

For Sale \$619,000
View By Appointment Ijhooker.com.au
Contact Brit Wheeler 0407 228 860

LJ Hooker Rockhampton 07 4922 2122

36 McColl Street Norman Gardens

Looking to get into your first home or start your investment portfolio then this highset home is ready and waiting for you.

* Fully repainted interior

* Three bedrooms all with aircon, ceiling fans and built in robes

- * Airconditioned living area
- * Updated bathroom
- * Large fenced backyard backing onto school oval
- * Two car accommodation



For Sale \$289,000

View

By Appointment ljhooker.com.au/3HEHVW

Contact

Brit Wheeler 0407 228 860

LJ Hooker Rockhampton 07 4922 2122

All information contained herein is gathered from sources we consider to be reliable. However, we cannot guarantee or give away warranty about the information provided. Interested parties must solely rely on their own enquiries.

Rockhampton

LJ Hooker







1 Main Street Park Avenue

Looking to Downsize, buy your First Home or Invest! Look no further! This home is close to Schools, Shops & Transport. Check out the list of features this property has to offer!

It features 6.6kw Solar Electricity, Gas Hot Water, 6m x 7m Shed, Plenty of Car Parking, Huge Entertaining Area, 2 Bedrooms with Built-in Cupboards & a Sleepout, 652m2 Allotment, Air conditioned Open Plan living, Neat & Tidy Kitchen & Bathroom.



For Sale \$235,000 View By Appointment Ijhooker.com.au/3KEHVW

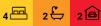
Contact Jackson Rees 0434 274 467

LJ Hooker Rockhampton 07 4922 2122

9 Jacaranda Place Norman Gardens

This neat and tidy four bedroom home is located in the heart of Norman Gardens. At the top of a quiet cul-desac it has everything for a family. The central family bathroom plus ensuite will make mornings a breeze while the large, separate living and dining areas give plenty of room for the family to come together.

- * Security screens throughout
- * Internal laundry
- * Built in wardrobes in bedrooms
- * Fully fenced backyard with patio



For Sale \$419,000

View By appointment ljhooker.com.au/39VHVW

Contact Jade Carr 0439 989 636

LJ Hooker Rockhampton 07 4922 2122







11 Harrup Street

West Rockhampton



3/2 Gillespie Street Wandal

Situated only a stones throw from multiple schools and hospitals is where you will find this neat and tidy three bedroom unit. In a gated complex of only 3 units this unit is perfectly positioned at the very end and offers a large lounge and dining area, well maintained kitchen and bathroom, 3 built in bedrooms, heaps of air conditioning and a rear deck and courtyard. The perfect investment opportunity, a great first home buyer option or even the occasional townhouse.



For Sale \$199,000

View ljhooker.com.au/3gbhvw

Contact Trent Neven 0407 597 303

Situated in a quiet neighbourhood close to schools, shops and hospitals is where you will find this super neat and tidy home.

> As you enter the home you will be greeted by a large lounge room, complimented by rich, polished timber floors which flow throughout.

There are three good size, built in bedrooms all serviced by a centrally located bathroom.

The kitchen and dining area are also combined.



For Sale \$259,000

View

By Appointment ljhooker.com.au/3GQHVW

Contact

Trent Neven 0407 597 303

LJ Hooker Rockhampton 07 4922 2122

LJ Hooker Rockhampton 07 4922 2122

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222 Bolsover St, Rockhampton. 07 4922 2122

12481242-SN07-21

HOME FOCUS

GORGEOUS FAMILY HOME, BEAUTIFULLY RENOVATED FROM TOP TO TOE!

FROM the moment you set eyes on this home you will be able to appreciate the love and attention to detail that has gone into making this what you see today.

Upon entering the home you will be greeted by a large galley kitchen equipped with stone bench tops and stainless steel appliances.

The open plan design allows the lounge, kitchen and dining areas to effortlessly flow together.

There are four generous sized bedrooms all serviced by a centrally located bathroom fitted with a spa. The main bedroom also offers an ensuite with dual shower head and walk-in robe. Descend the stairs to a great size rumpus room and bar area. If that wasn't enough wait until you see the oversized theatre room.

The lower level also boasts a kitchenette and a third bathroom perfectly positioned to service the enormous rear entertaining area which overlooks the inground concrete pool and spa.

Approximately 360 square meters of under roof living at your disposal with the added advantages of 2 street access, air-conditioning, sprinkler system and manicured gardens just to name a few. A great home in a great location that

must be seen to be truly appreciated.







HOME ESSENTIALS

VISION

Address: 25 Crick Street, KAWANA Description: 4 bedrooms, 3 bathrooms, 2 garage Price: \$669,000 Inspect: By appointment Contact: Jade Carr, 0439 989 636, LJ HOOKER, ROCKHAMPTON, 4922 2122

REAL ESTATE VISION GROUP

BLACKWATER 07 4982 6055 14 Mackenzie Street EMERALD 07 4987 7055 Shop 2, 2-8 Mayfair Drive



\$209,500 5/41 Rufus Street, Blackwater 3 bed 3 bath 2 car





\$390,000 20 Summer Red Court, Blackwater 4 bed 2 bath 2 car 1 shed





MAKING AN ENTRANCE

THIS property radiates street appeal with its individually designed statement front fence and gate.

The residence is a three bedroom family home. Each bedroom is a good size and has built-in robes plus air conditioning.

The purposeful kitchen with a suitable

out, new flooring and down lights throughout. There are split system air-conditioning and fans throughout.

Downstairs is a large secure area under the house whereby you can park a vehicle enclosed or use as storage, this area also contains the laundry.

\$20,000 45 Evans Street, Blackwater Vacant land. 959M2



\$129,000 32 Myall Street, Blackwater 3 bed 1 bath 1 car



\$129,000 11 Fay Street, Blackwater 3 bed 1 bath 1 car **\$154,500** 12 Acacia Street, Blackwater 3 bed 1 bath 1 car

Your Family Agency in the Central Highlands

island bench, finished in classic black granite and white 2 pac cabinetry and stainless steel appliances forms part of the large open plan modern living and lounge area.

This area is quite expansive and has air-conditioning and ceiling fans. Off from the dining area is a wrap around timber deck, perfect for entertaining or relaxing. Upstairs is also the practical grey and white tiled bathroom with a shower over bath and chrome fixtures.

This home has all new paint inside and

HOME **ESSENTIALS**

Address: 11 Taurus Street, BLACKWATER Price: \$259,000 Description: 3 bedrooms, 1 bathroom, 2 garage Inspect: By appointment Contact: Dee 0428 770 557, REAL ESTATE VISION GROUP

Outside in the great size backyard there features a built in fire pit on the patio, secure colour bond fencing with double gates to the Western side including drive through access to the large shed which has a roller door entrance and purpose built dog shelter at the rear.

The front of the property has a high double carport secure behind colour bond fencing. Situated on a large 1100m² block with automatic underground sprinkler system, this property has everything you need and more. Call today to enquire.

<section-header>

Location • Condition • Market

Neighbourhood • Security

TALK TO YOUR REAL ESTATE AGENT TO FIND OUT HOW YOU CAN ADVERTISE YOUR PROPERTY HERE. Or call CQ Today (07) 4863 5050





Gardening Neil Fisher

It's so easy being green

Would you believe that there are many shrubs and trees with green flowers? And in many cases, these plants can create quite a feature in a garden. Last weekend I travelled to Barcaldine and noticed this stunning small silver leaved tree with lime green flowers growing in an overgrown garden.

The tree was Eucalyptus kruseana or the bookleaf mallee. It is an unusual and very attractive small tree, growing to about 3m high by 1.5m wide. Eucalyptus kruseana has tiny, round, blue-grey, stalk-less leaves which cling densely to the branches.

In home gardens, this species often develops a single trunk rather than the multiple stems of a Mallee.

The bark of the main stem is reddish brown, but splits longitudinally and rolls at the edges to reveal pale green inner bark. It is the clusters of lime green flowers of Eucalyptus kruseana that become the feature of this tree. The flowers appear towards the end of summer and will attract many butterflies to the garden.

Some of the other green flowering feature plants for Central Gardens include an Australian icon flower. The Anigozanthos manglesii, or the red and green kangaroo paw or mangles kangaroo paw, would be known by many gardeners. This kangaroo paw is the floral emblem of Western Australia and the flower also appears on the state coat of arms. Anigozanthos manglesii is a medium sized kangaroo paw for a well-drained but well-watered position in full sun. Masses of large green flowers with a red throat will appear during spring and summer

Banksia robur, or swamp banksia, is a native to the Byfield area. The showy flowers form in a jade green colour and, as the flower ages, the colour progresses through bottle green, yellow to finally bronzy brown. Banksia robor is an open shrub with huge leathery leaves growing to 2m high and can almost be the same across.

Callistemon pachyphyllus green, or wallum bottlebrush, is a low spreading shrub 1m by 1.5m with narrow light green leaves. Lime green brushes are produced during spring and autumn. These flowers will attract numerous honeyeaters. It requires a sunny position and should be pruned after flowering. It should be noted that this plant is official known as Melaleuca pachyphyllus green.

Eremophila Bev Rice is a very attractive silver grev foliaged shrub that, during spring and summer, masses of lime green fuchsia- like



Hakea trineura from Seeney's Garden.

bird attracting flowers will engulf the shrub. Eremophila Bev Rice grows 1m by 1m in a welldrained sunny position.

Grevillea venusta, or Byfield grevillea, is a medium, very dense shrub 3-4m by 2-3m with broad shiny, bright green leaves and coppery new growth flowers of green and orange 8cm long, which appear during autumn and winter. It requires a sunny or lightly shaded position in a well-drained area. It is a very useful screen plant and provides something unique with its flowers.

Hakea trineura is native only to the Canoona area of Oueensland and the mid-north coast of NSW. It is not cultivated in great numbers locally, but would be available during this year. The plants have grevillea-like brown and yellowish to green flowers, broad gum-like leaves and clothes peg like seed pods.

Melaleuca argentea or silver leaf paperbark is a small tree with pendulous branches and cinnamon coloured papery bark. It makes a beautiful specimen tree when in flower, with clusters of large green-yellow bottlebrush flowers during winter. Melaleuca argentea is suitable for most of the soil types found in Central Queensland.

These are just a small collection of green flowering beauties for the garden.



Anigozanthos or Kangaroo Paw is known by many gardeners.



Eucalyptus kruseana.



Callistemon pachyphyllus green.





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Rural Matters

Priorities for agriculture

By AgForce Young Producers' Council Chair **James Henderson**

In Rockhampton in February, AgForce's groundbreaking Young Producers' Council met for the first time to set our priorities for the next two years.

Foundation sponsors Nutrien Ag Solutions and Suncorp were there to mark the occasion, and it was a chance to discuss what we believe will give young producers with a passion for agriculture - and agriculture full stop - the best chance to continue to succeed.

While rural wellness, ag education, diversifying income streams, and strengthening city/ country ties will all feature in our awareness campaign, three areas stood out: succession planning, financial literacy, and climate.

If agriculture and regional Queensland is to continue to grow and prosper, we must be able to give young people wanting to work in the industry a start.

Several factors, including devastating drought and crippling red and green tape, have many current farming families questioning their future.

We therefore must encourage governments to address the current problems with regulation and establish schemes that fund and support under 40s without current ties to agriculture, to enter the industry.

Alongside that, we need to ensure young people have the necessary financial skills to survive and succeed on the land once they get there.

Farming isn't only about cultivating land or raising stock. Managing a farm means managing a business. Budgets, balance sheets, income statements - we need to make sure these skills are taught.



AgForce says if Queensland agriculture is to continue to grow, we must be able to give young people a start in the industry.

Finally, we couldn't consider the future of agriculture without thinking long and hard about climate and natural disaster resilience.

The federal government's Future Drought Fund, which focusses on building resilience, is a step in the right direction, but legislation must take into account the needs of those in Australia in reducing its carbon footprint. rural communities doing it tough.

There is already significant investment taking place on farm to reduce erosion and runoff, sequester carbon, and increase bio-diversity, with agriculture leading all other industries in

Now it's about getting the message out there about the great work already being done, and continuing it so that we ensure our landscapes and waterways are left in the best condition possible for future generations.

Biggest yarding for 2021 at CQLX Gracemere sale

CQLX Market Report

There were 4990 head presented at CQLX's Gracemere sale on Wednesday, February 24, up 2690 head on last week's reduced numbers to make it the biggest yarding so far for 2021

Overall a good quality and conditioned offering drawn from the local areas, south to Gin Gin and north to Proserpine. There were the usual feeders and processors operating along with an increased restocker presence which included some from New

South Wales. There was an easing tendency throughout the day which varied with respect to the quality on offer.

HIGHLIGHTS OF THE DAY

DJ Parsons Raglan sold a run of Brahman cross steers to 426c weighing 517kg to return \$2202.

Rowlands Family-Humbolt, Comet sold heavy Charbray cows to top at 290.2c for 677 kg to return \$1966.

G & R Willett St Lawrence sold 20 steers to top at 602c weighing 188kg to return \$1095hd.

M. Forday Yeppoon sold Brangus weaner steers for 588ckg weighing 217kg to return \$1276hd.

BeeBlee Pastoral Co. Nebo sold a line of No.9 Brangus steers for 436ckg weighing 428kg to return \$1867. Woodlands Beef Thangool, sold Brahman Cross steers at 492ckg at 322kg to return \$1585 head.

S Hoare Duaringa, sold Brangus steers at 580ckg weighing 242kg to return \$1406 head.

M Morrice, Port Curtis sold Brahman cows for 294c weighing 502kg to return \$1476.

Pink Hills Pastoral Co. Stanage Bay Sold

No.0 Red Brahman Heifers for 482ckg weighing 226kg to return \$1092. A & R Edgar, Morinish sold Droughtmaster Cross Steers for 532c weighing 277kg to return \$1474.

GW Frankish sold Prime No.7 Heifers for 290c weighing 621kg to return \$1802.

Allambee Cattle Co, Rolleston sold a run of 256 Braford Cross Heifers topping at 508c averaging 440c weighing 315kg to return \$1390 per head.

Tarcoola Cattle Co, Dingo sold Hereford Cross Heifers for 480c weighing 298kg to return \$1432.

MAKE YOUR GARDEN

NEW STOCK! Flowers, Herbs & Vegies



A record dry for Rocky

By weather forecaster Mike Griffin

From November to February, Rockhampton recorded its driest four months in 80 years. Records started at the Rockhampton Airport in 1940.

On average 440.1mm falls between November and February.

This year only 74.2mm fell which is 16.85 per cent of our normal rainfall for the four months. February is traditionally our wettest month with 144mm. This year we only got 29.6mm. It is our second driest January/February with 61.2mm of rain falling. The driest was 37.4mm in 1965. This puts Rocky four inches below the January/February average, or a good 200mm.

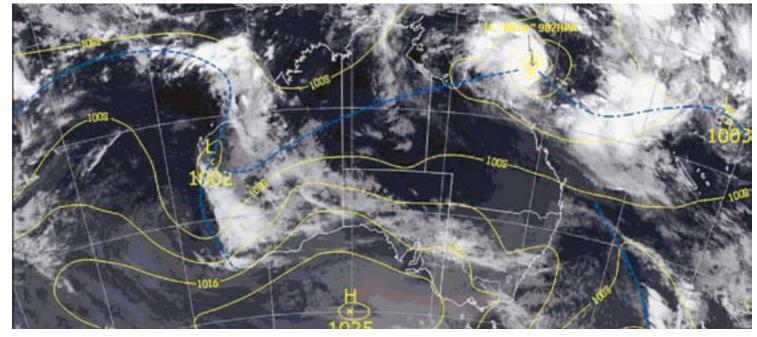
That is why most people have been cranky with no relief from the heat.

In the north east of the state, three cyclones have produced floods. In the south, storms have delivered good rain. In the middle, Central Queensland continues to be dry.

In the Central Highlands, the record low Fairbairn Dam got an inflow from heavy rain last Thursday on the Nogoa River. Reports of 146mm at Raymond and surrounds has added another 5 per cent to the depleted waters, with hope of high teen capacity in coming days.

Cyclone Niran - our fifth cyclone for the Australian summer - was named on Tuesday morning. It was the third cyclone for Queensland, after Imogen and Kime. The low that lead up to the cyclone started near Willis Island during the weekend. It was not symmetrical through the vertical, making hard to track with satellite telemetry. The cloud train that emanated from the thick cloud banding caused 200mm-300mm, which delivered heavy to extreme rainfall causing more flooding for the swollen rivers along the Cassowary Coast from Friday to Sunday. The top rainfall total was 341mm at Cardwell.

By Sunday the banding reached Alva to



Airlie, with 24hr totals of 214mm at Alva Beach and 125mm at Cannonvale. The Herbert River and surrounds was in flood again. Plus the closeness of the low to Cairns caused storms that brought down trees on Monday. By the time the cloud got to CQ it was mainly middle level which was rather high and thinning out. Yet, there were some isolated falls including 48mm Mount Kroombit, 26mm Krismark Downs, 25mm Lonesome Creek, 17mm Blue Hills. Bovne Island 14mm, Mount Kroombit 13mm. There was only a disappointing 1-3mm about the River City as the low wobbled its way towards the coast less than 200km east of Cairns before it was named at 5.12am Tuesday morning. Now it sits about 300km east north east of Cooktown as a Category 2/3, poised to

b travel east in the coming days.

FORECAST

The Mean Sea-Level Pressure Analysis and Infrared Greyscale Satellite image; shows Niran off Cooktown. Most of the rain bearing cloud is off-shore.

Yet there should be showers and the odd storm for the North Tropical Coast with gale force, possible storm force (gusts over 100kmh), southerlies and four to five metres seas for the North Eastern part of the Coral Sea. With the high tides this could cause beach erosion. Niran should track east/south east in coming days towards New Caledonia.

No cyclone rain for CQ - just the ridge in the south pushing north and, as the cyclone heads south east, the winds should strengthen along the coast by Thursday.

Just the odd coastal shower is expected

with gusts close to 30 knots or 56kmh offshore with 2-3 metre seas in Keppel Bay. Not good for the boaties! Early morning showers (1-3mm) should reach the River City as drizzle on Thursday with a moderate breeze. As Niran moves closer to New Caledonia, the winds should gradually ease making the weekend rather hot Saturday (35/36C). Brief coastal showers on Sunday morning may reach the Berserkers. Out west an isolated storm could develop around Springsure.

This should ease the maximums Sunday and Monday. Then the winds tend north easterly - great for the Boaties - particularly on Tuesday. Keep an eye on the sea breeze - this will make the mercury rise into the mid thirties by Wednesday. Storms in the South East Of Queensland may try for CQ late week.



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Master Cost VISA **Deadline for all classifications is** 10am Wednesday.

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CALL JOHN 0417 123 391

🖻 General Notices

Public Notices and Event

PROPOSED DEVELOPMENT

Make a submission from 05 March to 26 March 2021

Telecommunications Facility (Max height: 33.5m)

Where: 80 Clayton Road, Lammermoor, Queensland 4703 On: Lot 2 on RP843157

Approval sought: Development Permit for a Material Change of Use Application ref: D-293-2020

You may obtain a copy of the application and make a submission to: Livingstone Shire Council PO Box 2292 Yeppoon QLD 4703 enquiries@livingstone.qld.gov.au 1300 790 919

😰 General Notices 🛛 🤍	
✔ Public Notices and Event	V De
Proposed Development	
Make a submission from 8 March 2021 to 26 March 2021	L
MEDIUM IMPACT INDUSTRY	Dearly
Where: 107 Artillery Road, Ironpot	and Fa Granda
On: Lot 1 RP899412	Great
Approval sought: Development Permit for Material Change of Use	A priva Thurso
Application ref: D-14-2021	
You may obtain a copy of the application and make a	
submission to: Livingstone Shire Council PO Box 2292	K/
YEPPOON 4703 Email. enquiries@livingstone.qld.gov.au Ph. 1300 790 919	(B

www.livingstone.qld.gov.au

Public notification requirements are in accordance with the Planning Act 2016



Classifieds ©1300 666 808

Announcements

GRIFFITHS. eonard Frank (Len).

Of Mostyn Street, Berserker Passed away peacefully on Wednesday 24th February 2021

Aged 84 years

y loved Husband to Ann. Adored Father ather-in-law to Brett and Lisa, Suzanne. ad to Callan and Caitlyn and Josh. Grandad to Xander

vate service was held for Len on dav 4th March 2021.



ANN, Berenice **Constance** ebe/Grandma)

Late of McAuley Place, The Range. Formerly of Talford Street and corner of Fitzroy and Murray Street, Rockhampton. Passed away peacefully on Thursday 25th February 2021.

Aged 93 years.

Beloved Wife of Lindsay (dec'd) Much Loved Mother and Mother-in-law of Jeffrey and Paul, Robert and Laura. Cherished Grandma and Great-Grandma of Justin, Bradley, Chris and Stevie, Maddy and Nic, Nicholas and Bree, Abigail and Morgan.

Relatives and Friends are respectfully invited to attend a Service for Grandma to be held in the East Chapel of the Rockhampton Crematorium Thursday 4th March 2021 commencing at 10:30am.



MORAN **Jeffrey Desmond 'Jeff'**

Of Calder Street, North Rockhampton Passed away suddenly on Wednesday 10th February 2021 Aged 65 years

Loving Father to Trevor.

Adored Son to Des (dec) and Dawn. Wonderful Brother and Brother in law

WEBSTER, **Alan Byrnes**

Deaths

Of James Street, Mount Morgan Passed peacefully on Sunday 28th February 2021

Aged 87 years

Dearly loved Husband to Marie. Loving Step Father, Grandfather, Great Grandfather, Uncle, Brother and Brother in law to his family.

Relatives and Friends are respectfully invited to attend a Funeral Service for Alan to be held in the Kingdom Hall of Jehovah's Witnesses, East Street, Mount Morgan on

Tuesday 9th March 2021 commencing at 10am. A committal will follow at North Rockhampton

Cemetery at 1pm.



✓ Funeral Services

BAXTER, Phillip John 'Phil'

of Grantala Street, Manoora formerly from North Rockhampton. Passed away peacefully on Sunday, 28th February 2021

Aged 52 years

Loving Father of Ethan.

Dearly loved Son to Noel and Sandra (dec).

Much loved Brother to Alison, Stephen and Roslyn.

Family and Friends are respectfully invited to attend

a funeral service for Phil on Friday 5th March 2021

at the East Chapel Rockhampton Crematorium

commencing at 10 am.



Acknowledgements PUMFREY Kevin William 'Bill' Gwen, Roberta, Meredith and Families of the late Bill Pumfrey sincerely thank relatives and friends for their support, floral tributes, cards and phone calls at this sad time. The family are deeply grateful to the staff at Alexandra Gardens Home

for their care and friendship to Bill for his

time spent there.

Please accept this as our

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to Greg and Sandy.

Uncle to Philip, Kevin and Bonnie and Great Uncle to Remy.

Great mate to many.

Relatives and Friends were respectfully invited to attend a Celebration of Jeff's life, which was held at the East Chapel Rockhampton Crematorium on Wednesday 24th February 2021.



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REST IN PEACE 5





The CQ Capras were hard at work at training on Monday night.

The CQ Capras worked on their ball skills on Monday night.

It's all in his honour

By Liam Emerton

After their massive 22-point victory over the Sunshine Coast Falcons on Saturday, the Rockhampton Leagues Club Central Queensland Capras will head to Emu Park for an emotional match.

The Capras and the Emu Park Rugby League Club will play in the memory of Masada Simi Iosefa

Iosefa tragically passed away after a quad bike accident in the Northern Territory earlier this year.

Both clubs share a special bond for Iosefa, who played for the Capras and was set to captain the Emus this year.

The two teams will play in the final match of the day at 6.30pm, but will be supported by some fantastic contests.

Emu Park will take on the Norths Chargers in a Reserve grade game to kick off proceedings, followed by a CQ All-Stars versus Aboriginal All-Stars clash later in the afternoon.

A ladies contest will then take place with Emu Park set to take to the field against the Fitzrov Sharks women.

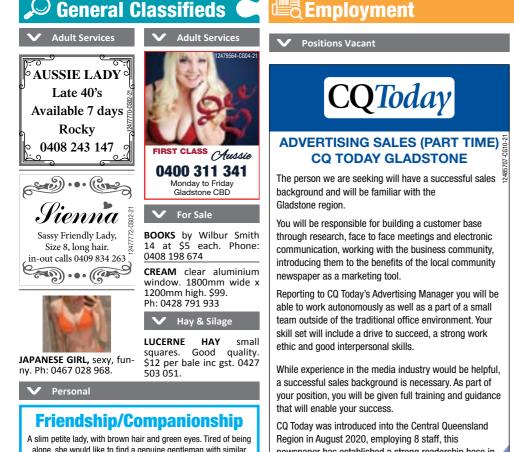
The opening match will begin at 1:30pm with the Reserve grade contest opening proceedings.



The Emu Park Rugby League Club and CQ Capras will be playing in memory of Masada Simi losefa.



Newly-appointed head coach Guy Williams will be full of confidence after picking up his first win in charge of the Capras outfit on Saturday.



CQToday

JOURNALIST - CQ TODAY

A unique opportunity exists for an experienced journalist to join an independent news media business serving the Central Queensland Region. A permanent full-time opportunity is now available.

CQ Today publishes a paid weekly newspaper that covers the Central Queensland Region, and we are seeking a journalist who will help us to build on our locally focused content.

The successful applicant ideally will have prior knowledge and experience within print and/or online media. You will work within a small, dedicated team of four journalists, gathering local news that is relevant to our readers. The abilities you will require to be a success in this role are initiative, a desire to succeed and the ability to seek out and write compelling articles while meeting our hard deadlines.

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The Rockhampton Brothers and Rockhampton Panthers are set to kick off proceedings on Friday night.

AFLX comp returns to CQ

By Liam Emerton

The passionate Central Queensland AFL Fans will have plenty to cheer about this weekend when the AFLX Challenge Capricornia comes to town.

Hosted at Ryan Park at the Frenchville Sports Club six clubs will compete for major prizes and momentum as we approach the regular season.

Games will kick off on Friday at 5.30pm with men's and ladies' teams both attending the shorter format competition.

The opening night will see Rockhampton Brothers AFL Club take on the Rockhampton Panthers in both men and women's competition before the Glenmore Bulls and Rockhampton Brothers take centre stage in the second match of the night.

Saturday will host 14 regular competition games before the finals begin at 5pm with teams from Gladstone, Yeppoon and Boyne Island joining the fray.

The women's final is set to take place at 7pm on Saturday night while the Men's final is scheduled for 7.30pm the same evening.



The Glenmore Bulls will be in action in the AFLX competition.

Softball is back in action with a bang this weekend

By Liam Emerton

The Rockhampton Softball season is set to begin this weekend, with all teams ready to get back on the diamond.

After an incredibly successful come-andtry day last weekend, the senior and junior squads will each have their chance to get back into the sport they love. Games kick off from 8.30am with the juniors, before the seniors begin their season at midday.

The divisions on the day will be Teeball, Under-13s, and Under-16s, and then Men's and Women's A, B and C Grade competitions.

It looks to be a stellar line up with 21 senior teams and 18 junior teams entering the 2021 season.

SPORTS QUIZ

- 1. Which Australian wheelchair tennis player recently won their seventh consecutive Australian Open wheelchair quad singles title?
- 2. Naomi Osaka, winner of the 2021 Australian Open women's singles title, was born in which Japanese city?
- 3. Which NBA team did Australian basketballer Ryan Broekhoff play for from 2018 to 2020?
- 4. In which country is Super Rugby team the Jaguares based?

- Which team won three consecutive AFL Premierships from 2001 to 2003?
 - 6. What are the names of the two Sydney-based Big Bash League cricket teams?
 - 7. The Hunter Mariners were a short-lived professional rugby league club based in which NSW city?
 - 8. Which Super Netball team won premierships in 2011, 2015 and 2016?
 - 9.Which WNBA team did Australian basketballer Michele

- 10. Which team did the Melbourne Aces defeat to win their second straight ABL championship?
- 11. In what city will the 2021 NBA All-Star game take place?
- 12. In what year did the first MotoGP season take place?
- 13. Which Australian batsman scored 45 in the recent first Twenty20 International match against New Zealand?
- 14. What form of martial arts will make its debut at the Tokyo Olympic Games?
- 15. What is the name of the Super Rugby team based in Perth?
- **16.** What AFLW team plays their home games at



.

- 0. How many players are there in a baseball batting lineup?
- 21. How many times did Australian basketball Lauren Jackson win the WNBA Most Valuable Player Award?
- 22. In Super Ruaby, the Blues
- 6. How many times did golfer Greg Norman win the British Open Championship?
- 27. Which AFL footballer won the Brownlow Medal in 2018 then missed the entire 2019 season through injury?



or	RSEA Park? 17. What type of farm was	are based in which New Zealand city?
to 1?	the first ever golf course located on?	23. Scuderia Ferrari racing driver Charles Leclerc
	18. What Australian state is interested in bidding for the 2032 Summer Olympics?	races under which flag? 24. In which major sporting competition is the Commissioner's Trophy
	19. In what city is the Supercars Championship event known as the Tasmanian SuperSprint held in?	presented? 25. Which EPL club did goal- keeper Mark Schwarzer play for from 1997 to 2008?

28. Which cricketer was named player of the series in the 2020/21 Big Bash League competition?
29. In which FIFA World Cup did the infamous vuvuzela make its presence felt?
30. Which F1 champion did Chris Hemsworth portray in the 2013 film *Rush*?

Dylan Alcott. 2. Osaka. 3. Dallas Mavericks. 4. Argentina. 5. Brisbane Lions. 6. Sydney Sixers and Sydney Thunder. 7. Newcastle. 8. Queensland Firebirds. 9. Phoenix Mercury. 10. Perth Heat. 11. Atlanta. 12. 1949 13. Mitchell Marsh 14. Karate 15. Western Force 16. St Kilda 17. Sheep farm 18. Queensland 19. Launceston 20. Nine 21. Three 22. Auckland 23. Monaco 24. Major League Baseball
 25. Middlesbrough 26. Twice 27. Tom Mitchell 28. Josh Philippe 29. South Africa 2010 30. James Hunt

Out in the deep with Dags

By Darryl Branthwaite

By now we should've had a decent wet season but alas we are now around 4-600mm of rainfall behind the eight ball, which in-turn really affects the creeks, river systems and eventually the saltwater systems of the mangroves and tidal outflow regions.

The likes of the Fitzroy really need a flush out to get rid of the hyacinth and also flush the prawns, small barra and other species out into the rest of the system.

The seasonal weather is so important in the big scheme of things, and even the recent amazing healthy harbor report card score of the Gladstone Harbour has a lot to do with the drought and lack of run-off.

In saying that, however, we are seeing amazing barra being caught in the Fitzroy, like Peter Adsett's 117-centimetre, and that's after hundreds of casts and this time using a gold Nils Master Spearhead lure, which had never caught anything in prior outings. It just goes to show that even with our vast array of lures, the tackle box always has the right lure, but which one is it?

Jordan Roper nailed this 95-centimetre Lake Awoonga gold a few days ago, with his friend's new lures called Lure Labs, a locally produced product. Check them out at www. lurelabs.com.au

With the creeks running off after a couple of storms this week, the barra will be certainly fired up.

Brian Dawson got his kayak wet last weekend fishing Callide, which was slow with the saratoga only taking bait as the water was heavy with sediment and the levels low. He also pointed out that the Kianga River had some flow from local rain runoff at the road crossing, but wasn't making it down-stream for some reason.

This past week, those who managed to wet a line out wide in the salt had been rewarded with some nice reds, along with trout, sweet-



Peter Adsett showing off his 117-centimetre Fitzroy River barra.

ies, and pelagics like Spanish, Cobia and Long Tail Tuna ending up in the esky.

The Long Tail Tuna we are seeing in our region at the moment are in pristine condition and make excellent sashimi.

Looking ahead, this weekend we have the last quarter lunar phase but the wind looks as though it might pull a few up from venturing off-shore. Those with bigger boats will enjoy having the place to themselves.

Easter is rapidly approaching and, with much focus being on the Gladstone region with the harbour festival and yacht race, there are some other events to entice the keen angler - such as the Moura Muddy Water Classic on 3 and 4 April.

This event is held at Apex Park on the Dawson River and nominations can be made on the Friday night ready for the 6am start on the Saturday.

There's plenty of camping available and for those interested the event has been going since 2003 and the competition has released more than 400,000 barra and Yellowbelly fingerlings to restock the river.

This event was postponed last year due to Covid, so let's hope it goes ahead this year.

Have a cracker weekend. Hooroo,

Dags



Jordan Roper with his 95-centimetre Lake Awoonga barra.

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Jacob White putts the ball on to the green.



Brendan Bachmann sizes his shot up.

Dave Battilana attempts a putt.

North Rocky was buzzing

By Liam Emerton

The North Rockhampton Golf Club hosted its Frenchville Sports Club sponsored men's open event on Sunday, with 112 competitors teeing off

That number meant that the club boasted 50 more keen golfers than last year's Covid-affected event, and 30 more than the 2019 edition.

The large field made for some intriguing results and plenty of great action across the oneday event.

The Par 70 course threw some challenges at the competitors but eventually Calliope's Matthew Crossley finished at the top with a oneunder-par 69.

Crossley was named Open champion with Rockhampton's Trent Lauga finishing just one stroke behind the Calliope golfer.

In the B Grade competition, Rockhampton's Bryce Heal earned a playoff victory over Calliope's James Smith after both golfers finished with a final score of 79.

The home club earned its plaudits in C Grade when Dave Donaldson took out that competition with a score of 87, followed closely by Yeppoon's Harold Buchholz who finished on 90. The full results:

- Open champion: Matthew Crossley (Calliope) 69; runner-up: Trent Lauga (Rockhampton) 70.
- B Grade champion: Bryce Heal (Rockhampton) 79 (playoff); runner-up: James Smith (Calliope) 79.
- C Grade champion: Dave Donaldson (Nth Rockhampton) 87; runner-up: Harold Buchholz (Yeppoon) 90.
- A Grade Nett winner: Glenn Cox (Rockhampton) 68 (ocb); runner-up: Ryan Mills (Nth Rockhampton) 68.
- B Grade Nett winner: David Battilana (Yeppoon) 68; runner-up: Mel Richmond (Nth Rockhampton) 69.
- C Grade Nett winner: Luke Nelson (Nth Rockhampton) 71 (ocb); runner-up: Josh Irwin (Nth Rockhampton) 71. Pin Shots
- #6 1st Shot: A) Mitchel Smith, B) Russ Fuary, C) Cohen Wassell.
- #13 3rd Shot: A) Matthew Crossley, B) Hayden Armstrong, C) Peter Mcauliffe.
- #15 1st Shot: A) Adam Mollis, B) Robert Williams, C) Jamie Truscott.
- #12 Long Drive: A) Ben Milne, B) Hayden Armstrong, C) Cohen Wassell.



North Rockhampton Open Champion Matthew Crossley with runner-up Trent Lauga and A Grade Nett winner Glenn Cox. Picture: COURTESY OF THE NORTH ROCKHAMPTON GOLF CLUB



Grant Burchmann, Sebastian Kilpatrick, Dave Pearce and Tony Taylor.



Harold Buchholz, Dave Battilana, Izac Grobler, and Aaron Lacey.



Russ Fuary, Chris Eaton, Blaise Ramsey and James Gough. Pictures: LIAM EMERTON



David Tweed, Jacob White, Brendan Bachmann and Matt Callow.



Rowan Coombes, Glenn Cox, Tim McMasters and Trent Lauga



Col Berry smiles as he hits one down the fairway.

Tony Taylor knocks one off the tee.

Aaron Lacey chips a shot out of the bunker.

Matt Callow putting.

On the track with Tony

By Rockhampton Jockey Club CEO Tony Fenion

G'day, this is Tony.

I'M VERY happy to be able to announce that the catalogue for the Capricornia Yearling Sale on 11 April at the Robert Schwarten Pavilion at the Rocky Showgrounds is now online.

It's just a matter of logging on to the Callaghan Park website and, hey presto, there will be all the info you will need right there at your fingertips.

Some 97 yearlings will go under the hammer and all the leading sires including Better Than Ready, Real Saga, Whittington, Spill The Beans, Power and Sepoy have yearlings in the catalogue.

From my quick count, some 38 stallions are represented so there is great variety to choose from.

Another innovation will be that online bidding will be available, with registrations for this facility closing with the selling agents Magic Millions on Friday, 9 April.

We anticipate that the hard copy, printed catalogues will be available from the RJC offices at Callaghan Park by Monday.

They are must reads and tremendous anticipation is already building, not only for the sales but the preceding two days of racing at Callaghan Park on Friday, 9 April and Saturday, 10 April.

THERE WAS plenty of atmosphere out at the Callaghan Park races last Saturday, with a good crowd in attendance.

It was pleasing to see local trainer Kerrod Smyth producing a winning double through the youngster Alikick in the QTIS 2YO Maiden (1100 metres) and Genoa in the BM 65 (1200 metres).

In fact, Kerrod's four starters last Saturday were all in the prize money.

Prickly Tick finished second to Bold Advance in the Maiden (1400m) after having the race in its keeping until within the shadows of the winning post.

His other starter, Fighting Faith, was a handy third in the BM 60 (1600m). All four were ridden by the highly competent Chris Whiteley.

Incidentally, Genoa, Fighting Faith and Prickly Tick - which are raced by Kerrod and his wife Glenda - were listed for sale at an online bloodstock auction this week.

This has come about as Kerrod has to enter hospital in the near future for eye surgery and is thereby reducing his current team in training.

I wish him well and am sure he will be back bigger and brighter than ever in the near future.

BUT Kerrod wasn't the only local trainer to have fine results at last Saturday's races.

Young trainer Nick Walsh had a dream result in the QTIS 3YO Jewel Qualifier (1100m), providing the quinella with Princess Rules (Elly Smith) and Aleysa's Dream (Ryan Wiggins).

Both horses are raced by local stalwarts Gavin Milner and family and the result was the continuation of a great run they have been experiencing in recent years.

There is a full sister, Lot 297 to Princess Rules, listed for sale as Lot 297 at the Magic



Millions March Yearling Sale on Tuesday, 16 March.

Runner-up Aleysa's Dream is a daughter of Carrara and Bruce Watts from Riverside Thoroughbreds, Alton Downs has two of that breed in the Capricornia Yearling Sale on 11 April.

From all reports, Princess Rules is unlikely to take advantage of automatic qualification for the \$500,000 QTIS 3YO Jewel (1200m) at the Gold Coat on 11 March.

It's also nice to see jockey John Stephens and his wife, the trainer Angela, back in the Callaghan Park winners' stall with brilliant mare Lepreezy.

It was a very good training performance from Angela as Lepreezy was first-up since last June.

As the racecourse TV interviewers say: "well done".

STEWARDS' reports are always good reading and nine times out of 10 they pick-up on horses which were unlucky in their respective races.

Often these horses come out and win at their next starts.

However, it's pretty rare for three horses in the same race – in this case a seven-horse race, the BM 65 (1200m) last Saturday - to legitimately look unlucky not to have really troubled the winner, Genoa. The trio were Ornate (second); Nailed It Nan (third), and Just Jessie (fifth).

I suggest you read the stewards' report for

the race in question, Rockhampton Race 5 from last Saturday's meeting on the RISA website.

The only problem is - what happens if that trio all meets again next start in a race? Which one should be backed?

Punting can be complex but one thing that looks more certain is that the Jim O'Sheatrained Spring Creek, a top close second to Lepreezy, should atone very soon.

I like the way Kinky Dreams won a trial over 900 metres at Callaghan Park on Monday for trainer Clinton Taylor and Justin Stanley.

Mark it down a winner in the near future. **I WOULD** never be forgiven if I did not mention the simply sensational win of Rockhampton's own Sweet Dolly on the Sunshine Coast last Saturday.

Dolly made a good field of youngsters look second rate in winning the \$125,000 QTIS 2YO Jewel Prelude (1000m).

Rocky racegoers love it when one of their own wins down south, and they certainly lapped up the win at the pretty liberal odds on offer about Sweet Dolly given that she looked a certainty if there is such a thing.

Upstairs in 'The Members' at Callaghan Park, people broke into applause when Sweet Dolly raced away.

It will be a repeat case when she wins the \$500,000 Jewel 2YO (1200m) at the Gold Coast on Saturday week.

Don't say I didn't tell you - Sweet Dolly is ever so special and congrats to Rocky trainer Kevin Hansen, owner Michelle Walker. and their talented pilot Justin Stanley.

I NOTICE that Callaghan Park trainer Jared Wehlow has the in-form Only Wanna Sing entered to run over 1200 metres in a 1MW Handicap at Eagle Farm in Brisbane on Saturday.

Only Wanna Sing has been most impressive in winning both runs back from a spell.

Last start it won by six-and-a-half lengths in a Townsville BM 75 (1200m) on 19 February when carrying 60 kilograms and could not have been more impressive.

Winning in Brisbane with 57.5kg - as is the case on Saturday - is very difficult and few older horses from this neck of the woods achieve the feat.

The race does look a suitable assignment for Only Wanna Sing but I expect that another locally-owned runner, Flying Crackerjack, trained by Tom Button will be hard to hold out. Flying Crackerjack has 54kg to carry.

Good luck to both camps.

FINALLY, don't forget the RJC's St Patrick's Day race program on Saturday, 13 March. Much will be happening out at Callaghan Park on the day, including fashions, dining and wining, and of course grand racing as the Irish say. Check out the Callaghan Park website for more info and where to get your online tickets.

Until next week, *Tony*.

The table tennis swerves right back into action

By Allan Clarke

The Rockhampton Table Tennis Association recently resumed competition activities for the year at the club's playing centre in Leichhardt Park on Campbell Street.

The city's advanced juniors started training very early in the new year as the Queensland Junior Championships are being staged during the first week of the Easter school holiday period at Townsville. Matthew and Emily Steffen, and Nick Green as well as Colte and Cruz Nolan will represent Rockhampton in both team and individual events at the Q-Juniors across the various age groups available to them.

Internationally, the under-18 section, which has been in place for numerous years, has been expanded to incorporate players

who are under-19 so it appears - starting this year - the upper-age group will have a broader field of participants than in the past.

Creating what will be a big carnival at Townsville, the annual Queensland Closed titles will be staged at the conclusion of the state juniors. This tournament attracts a vast array of leading players from each club to contest inter-association team matches, as well as the traditional singles, doubles and mixed doubles to determine the year's state champions, as well as the selection of state squads for national titles in the open category.

Joel Coughlan and Matthew Pettett will be entering the inter-club, two-person men's team fixture at the closed titles and will join forces in the men's doubles event. The city's best two under-19 players, Matthew Steffen and Nick Green, should gather plenty of valuable experience when the stay over from the Q-Juniors to form a team in the senior men's competition, and young Emily Steffen will enter for a composite team in the women's team events and the state's 2020 Junior Player of the Year should thrive in this competition as she continues to gather experience against players much older and obviously more experienced.

The current Rockhampton men's singles champion, Joel Coughlan, will be pleased to hear all the talk about the Tokyo Olympics going ahead as he is in the national squad for the Paralympics and is hopeful that his name will be included in the team to represent Australia when it is announced in the near future. Coughlan has been training hard, but unfortunately some competition and training opportunities planned for the southern states have been shelved due to the effects of Covid-19. Locally, he plays in the top-grade fixtures and puts in some training sessions with some of the city's leading senior and junior players. He also has off-court activities that are necessary for fitness requirements.

The Rockhampton Table Tennis Association is looking to expand participation in the weekly beginner-junior coaching program. Boys and girls from around six years-of-age attend this session from 4.30pm on Thursdays and qualified coaches are on-hand to teach the basics of the sport. Newcomers are welcome and all they need to bring is nonmarking footwear to start them off in a sport offering exceptional hand-eye coordination skills that they can play for life away from the sun.



Snapping up the soccer

With a weekend full of six-a-side soccer taking place at Ryan Park, CQ Today was bound to capture a plethora of great action shots.

The photos were taken right across the weekend, starting on Saturday and finishing on Sunday afternoon.

Bluebirds United were crowned champions of the men's competition, while the Mackay Lions walked away with the top prize in the ladies' competition.





The Bluebirds United A Grade squad with the six-a-side trophy after its win over Frenchville on Sunday afternoon. 230025 Pictures: LIAM EMERTON









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Thursday, 4 March, 2021 CQ TODAY 61

Rocky racers run riot

By Renay Buchanan

The under-19 Rockhampton track riders returned home this week, bringing with them a swag of medals from the U19 and Elite State Track Championships held in Brisbane at the Anna Meares Velodrome.

Rockhampton Cycling Club fielded the largest contingent of riders in the women's under-19 division and the second largest number of riders in the men's under-19 division, demonstrating Rockhampton's strength and talent in track cycling.

Rockhampton's women's under-19 riders accumulated a total of 10 medals, with Deneaka Blinco bringing home four gold medals in an unbeaten run in the Sprint, Keiren, 500 Time Trial, and with the other four women in the Team Sprint.

Deneaka said the highlight of the championships for her was: "just doing my best and racing to a high standard".

This is Deneaka's second year in the under-19s and she has built from her experiences last year to put in her best performance against her peers.

This is Lily Dowdle's first year in the category and she was overjoyed with being able to medal in all her events and setting a personal best in the 200-metre Sprint qualifying round.

It was the first State Track Championship for Emylia Stjernqvist, who only started velodrome racing 18 months ago. Emylia was excited to compete at the state level and, although she admits it was very challenging, she was very thankful to all those who guided and supported her - both in the lead-up to the event and at the championships. Emylia said her highlight was the Keiren racing.

"Although, overall in this race I did not stand on the podium, I felt strength and great achievement in my placing of each race - third in the heats, third in the repechage, and second in the 7-12 final. It was exciting," she said.

Ellyssa Ruff is no stranger to events like the State Championships, having been to every one since she was an under-9 rider. Ellyssa said: "The senior ranks had a different feel to it. It's more serious and I wanted to prove to myself that I could do it".

Ellyssa came home with an individual medal in the under-19 Scratch race, which she said was the highlight of her championships.

"Earning a bronze medal meant everything to me as it's the first individual medal since under-9s," she said.

The under-19 women had to qualify for



Our Rockhampton riders came up trumps at the Under-19 State Championships this weekend. Pictured, from back, are: Alex Murray, Declan Hollett, Lachlan Hallmark, Elliot Smith, Ellyssa Ruff (front), Lily Dowdle, Emylia Stjernqvist, and Deneaka Blinco.

their Team Sprint time against the Elite women as there were not enough under-19 women's teams for their own division.

To their credit, the Rockhampton under-19 women's team of Deneaka, Lily and Emylia set down a blistering time to place second overall against all the other Elite women's teams. This qualifying time put them in the gold medal final. Although they were also guaranteed a gold medal in the under-19 division, the Rockhampton women's Sprint team was keen to take it to the Elite women in the final and push them to earn their gold medal, and that they did.

The under-19 men's was a hotly-contested division, with riders coming in from the Queensland Academy of Sport to contest their favourite races. In an overall field of 18 riders, it was going to be hard to achieve a podium position but all of our four Rockhampton riders were on the podium throughout the championships.

Declan Hollett was the first of the Rockhampton riders to stand on the podium with a bronze in the under-19 men's Keiren on day one of the championships.

Lachlan Hallmark, in his second state championships, recorded the second-fastest qualifying time in the 200-metre Sprint and after quarter and semi-final rounds came away with the bronze medal. Lachlan was keen to tackle the 1000-metre Time Trial, in which he achieved his goal of a PB in a time of 1'08.836. Lachlan said he was "very pleased with achieving a PB in the time trial, it was the best experience racing against riders from all over Queensland".

This was Alex Murray's first state championships and he admitted he "wasn't expecting to do so well". But after the first day and making the final of the Keiren it has lit a fire in him to train hard and he is looking forward to next year's championships.

This was Elliott Smith's second state championships but his first as a senior rider. Elliott challenged himself by entering in races to gain experience and skills that would develop him as a rider.

The under-19 men's team still had the Team Sprint to come, and the Rockhampton team of Lachlan Hallmark, Declan Hollett and Alex Murray qualified well - securing a ride-off for the gold medal final. The Balmoral team had a last-minute withdrawal from one of their riders, so Rockhampton rider Elliott Smith made himself available to join them to make a composite team.

The Rockhampton Sprint team rode well in the final, with Lachlan Hallmark recording the fastest last lap of all teams on the night.

The night ended with all four Rockhampton riders, irrespective of the team, standing on the podium and walking away with a medal and the experience of a lifetime.

The Rockhampton under-19 riders would like to thank all the people who helped them to achieve their goals at the State Championships – their coaches, their teammates, the Rockhampton velodrome riders who push them every week at club racing, and especially their families. It is the love, support and care from all these people that help our young athletes excel at their sport and grow as an individual in doing so.

Hannah's sensational Sunday was a dream come true

By Liam Emerton

The Rockhampton Triathlon - hosted by the Fitzroy Frogs - has produced some wonderful triumphs since its inception, and the weekend's event was no different.

10-year-old Hannah Schwartz competed in the swim and run events around the Victoria Park complex on Sunday, earning a medal in the process.

Hannah, who lives with Down syndrome, participated in her own age group event and completed her run and swim in 20 minutes.

Swimming was Hannah's favourite part of the event and she was easily seen in the run, wearing brightly-coloured socks the whole way.

the impact of the triathlon.

"That message that I received on Sunday afternoon just absolutely made my day," she said.

"There are lots of stories out there like that.

"To hear from Skye, and how much of a difference our little event made to young Hannah, was great.

"For someone who has some disability challenges, it was amazing to have her compete in her age group."

The Triathlon event, itself, was spectacular as well with numbers on par with those from 2019



Hannah's mother Skye Schwartz was thankful for all those who helped her daughter have a great day. She even contacted the Fitzroy Frogs Facebook page and sent a heartfelt message to all the club's members.

"I just wanted to let you know she had a fantastic time and everybody was so supportive," Skye's message read.

"I cannot thank everybody enough for making us all feel included and just one of the team.

"Hannah has been wearing her medal all day and has not stopped talking about it.

"We look forward to the next event and will bring Hannah's three-wheeled tricycle so she can have a go at all the sections."

For Fitzroy Frogs' Michelle Williamson, the message was a wonderful way to realise

vilole nom 2010.

"We had just over 200 excited participants come on board on Sunday morning," said Williamson.

"We once again had a lot of first-timers giving their first triathlon a crack.

"The day went really well and everyone had a fantastic time.

"There were lots of smiles on people's faces at the end and the feedback we had from everyone has been nothing short of fantastic."

The next triathlon event hosted by the Fitzroy Frogs will take place this weekend on 7 March at Emu Park, the club's traditional home.

Events at Tannum Sands, Great Keppel Island, and Yeppoon will all be happening soon with registration expected to open very shortly.

Hannah Schwartz with her gold medal after Sunday's Triathlon event.

South is set for States

By Liam Emerton

The Gladstone South Swimming Club will be preparing its best-ever numbers for the Central Queensland Championships this weekend

The meet, held at the 2nd World War Memorial Aquatic Centre in Rockhampton, will feature 45 of Gladstone South's best.

It's been steady growth for the club - since its inception four years ago - which previously sent its best number of swimmers to the Queensland state sprint championships earlier this year.

President of the Gladstone South Swimming Club Ryan Chinner said it's exciting sending so many kids to a great event.

We will have about 45 swimmers down to CQ Champs - it's our biggest in the four years of the club's history," he said.

"We've had a massive increase in numbers going to every swim meet this season, so we're very happy with that.

'We had about 40 swimmers go to Rocky last weekend for the North's comp and we're

backing up again this week with another big group.'

Chinner said that the growth in numbers comes down to the fantastic work that the club and coaches have been doing.

"We've been growing in numbers pretty significantly," he said.

"We're pretty lucky that we've got a good coaching team led by Adam Eiseman who's been in the region all of his life.

"He was a national swimmer himself and has been an amazing coach for the last 10 to 12 years.

"He's backed by a really amazing team of learn to swim coaches and instructors who really develop our younger swimmers which is really key.

"If you have a big amount of young swimmers coming through that keeps your club strong moving forward."

With the National Swimming Championships approaching, the CQ Champs is a great opportunity for qualification and for swimmers to prepare for the big stage.



Gladstone South Swimmers prior to the State Sprints earlier this year.

"We've got a couple of swimmers that are

"There is a last-minute swim meet in Bris-

very close but I don't want to jinx it so we will

bane if they don't make it but I think they'd all

prefer not to go to Brisbane to qualify.'

Picture: GLADSTONE SOUTH SWIMMING CLUB FACEBOOK

"It's the last-ditch effort for a couple of WWII pool there," he said.

"CQ Swimming always does a good job running the meet there.

"It's one of the best pools in the area so kids always love going to the meets up in that one.

"We're looking forward to it and there's a cross-section of kids, as always, going with kids going to it who have only had two or three meets right up to the kids who are almost national level.

"And that's a really good mix."

All action of the Capras' showdown with the Falcons

The Rockhampton Leagues Club Central Queensland Capras took on Sunshine Coast Falcons on the weekend, with all men's grades competing against each other.

In the A Grade match the CQ Capras picked up a huge momentum boost for the season ahead, winning 32-10.

In the Hastings Deering Colts, the Falcons scored a 22-4 victory and the Mal Maniga Cup squads played out a thrilling 16-16 draw.

CQ Today would like to say thanks to John Todd for the great photos from the entire day, and we hope you enjoy them.





Pictures: COURTESY OF JOHN TODD (IMAGEBOX 4680)



Chinner was extremely proud to be able to send such a large team to the CQ Champs and is looking forward to the meet. "It's always a great meet and going to that

them," said Chinner.

see how it goes.





The magic of triathlon PAGE 62





The Clinton FC Ladies squad which finished second in the six-a-side competition on the weekend. 230217

Pictures: LIAM EMERTON

Our Classy Clinton shines

By Liam Emerton

The Clinton FC women are ready for the upcoming inaugural CQ Premier League soccer season after a brilliant performance in the Frenchville six-a-side competition on the weekend.

The ladies topped their group stage by storming through their six pool matches undefeated.

And what's more impressive is that the team scored 26 goals in those six matches and conceded just one on the way to topping the table.

Fellow Gladstone-based soccer team Central FC also had a terrific winning run in the group stage, topping the other group by scoring 33 goals in an undefeated run.

Clinton FC would then meet the Rockhampton Women's League champion, Bluebirds United, in the semi-final after that club finished second in Group A.

The Clinton squad grinded out a narrow 2-1 victory over the strong Bluebirds United team, while Central FC found itself eliminated from the competition after falling to the Mackay Lions.



Skye Alexander had a great tournament playing up front for the Clinton side.

club nominated for the new competition and that has Clinton Ladies premier league coach David Lederhose excited for the season to come.

"The girls kept to our structure that we wanted to play," said Lederhose.

"We played good structured football.

"We've been pre-season training since January, so we were fit and we were able to keep that up.



That set up a Mackay and Clinton grand final with the winner set to take out the major prize at Ryan Park.

Clinton looked great on the attack but an awkward cross and a deflected own-goal flicked up over the top of the Clinton keeper before hitting the inside of the post and dribbling into the back of the net.

Clinton pushed forward with a burst of pace and numbers, but it was to no avail as Mackay's keeper stood strong and kept a clean sheet.

Finishing runners up in a three-day competition is no easy feat and it proved that Clinton will be a force to be reckoned with come the start of the CQ Premier League Women's season.

The team finished higher than any other

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"The tournament, itself, was fantastic - the teams we came up against were all hard teams.

"And we're unlucky with that deflection in the grand final but that's football."

Lederhose said his squad is filled with gifted players who performed extraordinarily across the weekend, including the semi-final contest against Bluebirds United.

"We've got a couple of really talented players in this squad, as well as a good mixture of youth in there," he said.

"The girls just put their hearts into that Bluebirds game.

"We had probably 12 to 15 ice packs over on the bench after the game.

"It was a hard game and it took a lot out of us."

The team will now look forward to the first CQ Premier League women's season where it will set its sights on a successful season.



Zahara Goward conceded just three goals in eight games - keeping five clean sheets for her side.

"Obviously it will be the first premier league seasons for ladies," said Lederhose.

"We haven't played too many Rocky sides in the past so we're looking forward to it.

"There's only two teams in the premier league from Gladstone, which is us and Central.

"We've got a really deep squad and like I said we've been training the house down and playing really well.

"We had Mackay come down for a trial match a couple of weeks ago and we beat them 8-0.

"It was a really good lead up." Lederhose said the Ladies' premier league

season was a great way to grow interest in sport around Central Queensland.

"It's a big thing for women's sport as a whole," he said.

"It's starting to become recognised that they do play an attractive style of football.

"We just saw today that people stuck around to watch it.

"It's a good game of football. It's far more technical than it's ever been before.

"It will help grow the sport in the region, there's no doubt about that and now these younger kids who come through have a target to get to."